# 1sttheory: An R Package for Fast Computation of State Trait Models

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October 28, 2023

#### Abstract

This R (?, ?) package is a supplement for the article 'A Theory of States and Traits – Revised' (SMGC; Steyer, Mayer, Geiser, & Cole, in press). It is based on the structural equation modeling R package lavaan (Rosseel, 2012) and provides a convenient interface to compute some common models of the revised latent state-trait theory (LST-R theory). The main function of the package allows for easy specification of multistate, multistate-singletrait, and multistate-multitrait models. It automatically generates lavaan syntax for these models, runs the models, and returns model estimates together with reliability, occasion specificity, and consistency coefficients for the respective models.

**Keywords:** states, traits, reliability, occasion specificity, consistency

Cautionary Note: The package is currently under development and some things may change in the future. We are at an early stage of development and it is likely that the structure and key aspects of the two packages will change. We also plan to release the package on CRAN, once we are a bit further in the development process. Please report any bugs.

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#### 1 Introduction

1sttheory allows for easy specification of multistate, multistate-singletrait, and multistate-multitrait models. This vignette is structured as follows: We first describe the installation process in detail for nonexperienced users of R. Users who are familiar with package installation from local .zip files or from source (via Github) may wish to skip this section. We then present various kinds of LST-R theory models with syntax and model results.

#### 2 Installation

The R package 1sttheory can be installed from a local file. Therefore, we need to install the dependencies first. The installation has been tested under Windows 7 and under Linux (Ubuntu 11.10). It should also work under Mac OS X but we haven't tested it yet. Please make sure that you are using R version 3.0.1 or higher.

#### 2.1 Windows Installation

For a Windows installation (without Rtools) we suggest installing the dependencies from a CRAN mirror first by executing

```
install.packages("lavaan") ## for lsttheory
install.packages("shiny") ## for user Interface
install.packages("semPlot") ## for plots
```

in the console and then selecting a mirror next to you. After that, the R package lsttheory can be installed using the Windows binary file (with file ending .zip) as follows:

```
install.packages("D:/workspace/lsttheory_0.1-1.zip")
```

Please adjust the file path and version number accordingly.

#### 2.2 Linux Installation

We assume that Linux users are familiar with installing R packages from source. The source files is lsttheory\_0.1-1.tar.gz and can be downloaded from GitHub.

#### 2.3 Loading the Package

After having successfully installed the package, we need to load them:

```
library("lsttheory")

## Lade nötiges Paket: lavaan

## This is lavaan 0.6-15

## lavaan is FREE software! Please report any bugs.
```

#### 3 Multistate Models

The lsttheory pacakge contains several simulated example datasets. The first one that we use is the dataset  $\mathbf{d}_multistate.Itcontains4manifestvariables\mathbf{Y}_{it}$ , where the index refers to the *i*th manifest variable assessed at occasion t. This dataset has been used in Supplement C of Steyer, Mayer, Geiser & Cole (in press) to describe software input for lavaan for LST-R models.

```
data(d_multistate)
head(round(d_multistate,2))

##    y11    y21    y12    y22
## 1    3.03    3.76    4.15    5.26
## 2 -1.95 -1.11 -1.99 -0.52
## 3    0.94    0.53    1.10    1.85
## 4    2.44    2.45    1.36    2.03
## 5    3.72    3.59    0.33    1.56
## 6    3.16    3.64    2.25    2.79
```

#### 3.1 Multistate Model with $\eta_t$ -Congenericity

First, we use this dataset to fit a multistate model with  $\eta_t$ -congenericity and conditional mean independence (see Box 4.1 of SMGC). The main function of our package to be called by the user is lsttheory. See ?lsttheory for details. It is used to fit all models. The multistate model with  $\eta_t$ -congenericity can be specified as follows:

```
m1 <- lsttheory(neta=2, data=d_multistate)
print(m1)

##
## Multistate Model
##
## rely spey cony
## y11 0.92 NA NA
## y21 0.92 NA NA
## y12 0.93 NA NA
## y12 0.93 NA NA
## y22 0.91 NA NA
## ##
##</pre>
```

The 1sttheory function just requires two mandatory arguments: The number of common state variables  $\eta_t$  and the dataset to use. In the current version of our package, the dataset may only include the manifest

variables  $Y_{it}$  and these should be ordered by occasion t and indicator i, i.e.,  $Y_{11}, Y_{21}, \ldots, Y_{12}, Y_{22}, \ldots, Y_{13}, Y_{23}, \ldots$ . The 1sttheory function returns an object of class 1sttheory for which several methods are available. print(m1) shows reliability, occasion specificity, and consistency coefficients (see Box 3.1 of SMGC). For the multistate model only reliability coefficients are available, because traits are not modeled.

The function 1sttheory has automatically generated lavaan input syntax:

```
cat(m1@lavaansyntax)
## eta1 =~ 1*y11
## eta1 =~ la211*y21
## eta2 =~ 1*y12
## eta2 =~ la221*y22
## y11 ~ 0*1
## y21 ~ la210*1
## y12 ~ 0*1
## y22 ~ la220*1
## eta1 ~ ga10*1
## eta2 ~ ga20*1
## y11 ~~ eps11*y11
## y21 ~~ eps21*y21
## y12 ~~ eps12*y12
## y22 ~~ eps22*y22
## eta1 ~~ psi1*eta1
## eta2 ~~ psi2*eta2
##
##
##
##
## vareta1 := psi1
## vareta2 := psi2
## vary11 := 1^2 * vareta1 + eps11
## vary21 := la211^2 * vareta1 + eps21
## vary12 := 1^2 * vareta2 + eps12
## vary22 := la221^2 * vareta2 + eps22
## rely11 := 1^2 * vareta1 / vary11
## rely21 := la211^2 * vareta1 / vary21
## rely12 := 1^2 * vareta2 / vary12
## rely22 := la221^2 * vareta2 / vary22
```

and the lavaan output can be seen by calling:

```
summary(m1@lavaanres)
## lavaan 0.6.15 ended normally after 42 iterations
##
##
     Estimator
                                                        ML
##
     Optimization method
                                                    NLMINB
##
     Number of model parameters
                                                        13
##
##
     Number of observations
                                                        400
##
## Model Test User Model:
##
##
     Test statistic
                                                     0.894
##
     Degrees of freedom
                                                          1
     P-value (Chi-square)
##
                                                     0.344
##
## Parameter Estimates:
##
##
     Standard errors
                                                  Standard
##
     Information
                                                  Expected
##
     Information saturated (h1) model
                                                Structured
##
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
##
     eta1 =~
##
                         1.000
       y11
                         0.968
##
       y21
               (1211)
                                   0.030
                                           32.385
                                                     0.000
     eta2 =~
##
##
       y12
                         1.000
##
               (1221)
                         0.952
                                   0.029
                                                     0.000
       y22
                                           33.020
##
## Covariances:
##
                                 Std.Err z-value P(>|z|)
                      Estimate
     eta1 ~~
##
##
       eta2
                         2.240
                                   0.208
                                           10.794
                                                     0.000
##
## Intercepts:
                      Estimate Std.Err z-value P(>|z|)
##
##
                         0.000
      .y11
##
      .y21
               (1210)
                         0.518
                                   0.038
                                           13.504
                                                     0.000
##
                         0.000
      .y12
##
      .y22
               (1220)
                         0.732
                                   0.045
                                           16.215
                                                     0.000
               (ga10)
                         0.466
                                   0.092
                                           5.076
                                                     0.000
##
       eta1
##
       eta2
               (ga20)
                         0.952
                                   0.095
                                            9.989
                                                     0.000
##
```

```
## Variances:
##
                      Estimate Std.Err z-value
                                                 P(>|z|)
##
               (ep11)
                        0.261
                                  0.074
                                           3.527
                                                    0.000
      .y11
                         0.265
                                  0.070
##
      .y21
               (ep21)
                                           3.792
                                                     0.000
##
      .y12
               (ep12)
                         0.254
                                  0.079
                                           3.226
                                                     0.001
##
               (ep22)
                         0.285
                                  0.072
                                                    0.000
      .y22
                                           3.941
##
               (psi1)
                         3.103
                                  0.248
                                          12.523
                                                    0.000
       eta1
##
       eta2
               (psi2)
                         3.380
                                  0.268
                                          12.633
                                                    0.000
##
## Defined Parameters:
##
                     Estimate Std.Err z-value P(>|z|)
##
       vareta1
                        3.103
                                0.248
                                         12.523
                                                    0.000
                                  0.268 12.633
                                                    0.000
##
       vareta2
                         3.380
##
       vary11
                         3.365
                                  0.238
                                         14.142
                                                    0.000
##
       vary21
                         3.176
                                  0.225 14.142
                                                    0.000
##
       vary12
                         3.634
                                  0.257
                                          14.142
                                                    0.000
       vary22
                         3.347
                                  0.237
                                                    0.000
##
                                          14.142
                         0.922
                                  0.023
                                          40.825
##
       rely11
                                                    0.000
##
                         0.917
                                  0.023
                                          40.472
                                                    0.000
       rely21
       rely12
                         0.930
                                  0.022
                                          42.008
                                                    0.000
##
                         0.915
                                  0.022
                                          41.052
                                                     0.000
##
       rely22
```

The slot lavaanres in the m1 object contains the fitted lavaan object of class lavaan. See ?"lavaan-class" for more information and available methods.

#### 3.2 Multistate Model with Essential $\eta_t$ -Equivalence

The default setting of the 1sttheory function is to assume  $\eta_t$ -congenericity. If we want to assume essential  $\eta_t$ -equivalence, we need to specify an additional argument, namely the equiv.assumption argument, which is a list of equivalence assumptions. For the multistate model, the theta argument will be ignored. By specifying tau="ess", we assume essential  $\eta_t$ -equivalence:

```
m1 <- lsttheory(neta=2, data=d_multistate,</pre>
                equiv.assumption=list(tau="ess", theta="equi"))
coef(m1@lavaanres, type="user")
##
    eta1=~y11 eta1=~y21 eta2=~y12
                                    eta2=~v22
                                                    v11~1
                                                               la210
                                                                          v12~1
##
                  1.000
                             1.000
        1.000
                                       1.000
                                                    0.000
                                                               0.503
                                                                          0.000
                   ga10
##
        la220
                              ga20
                                        eps11
                                                    eps21
                                                               eps12
                                                                          eps22
        0.687
                  0.466
##
                              0.952
                                        0.313
                                                    0.217
                                                               0.343
                                                                          0.204
##
        psi1
                   psi2 eta1~~eta2
                                      vareta1
                                                              vary11
                                                  vareta2
                                                                         vary21
##
        2.997
              3.198 2.132
                                    2.997
                                                   3.198
                                                          3.310
                                                                          3.214
```

##	vary12	vary22	rely11	rely21	rely12	rely22
##	3.541	3.402	0.906	0.933	0.903	0.940

#### 3.3 Multistate Model with $\eta_t$ -Equivalence

Similarly, if we want to assume  $\eta_t$ -equivalence, we specify the equivalence assumption as follows:

```
m1 <- lsttheory(neta=2, data=d_multistate,</pre>
                equiv.assumption=list(tau="equi", theta="equi"))
coef(m1@lavaanres, type="user")
    eta1=~y11 eta1=~y21 eta2=~y12
                                                                y21~1
                                                                            y12~1
##
                                     eta2=~y22
                                                     y11~1
##
        1.000
                  1.000
                              1.000
                                        1.000
                                                     0.000
                                                                0.000
                                                                            0.000
##
        y22~1
                    ga10
                               ga20
                                          eps11
                                                     eps21
                                                                eps12
                                                                            eps22
##
        0.000
                   0.762
                              1.383
                                          0.462
                                                     0.320
                                                                0.639
                                                                            0.379
##
         psi1
                    psi2 eta1~~eta2
                                        vareta1
                                                   vareta2
                                                               vary11
                                                                           vary21
##
        2.936
                   3.088
                              2.132
                                          2.936
                                                     3.088
                                                                3.398
                                                                            3.256
##
       vary12
                  vary22
                             rely11
                                         rely21
                                                    rely12
                                                               rely22
       3.727
                 3.467
                            0.864
                                       0.902
                                                   0.829
                                                              0.891
##
```

#### 3.4 Multistate Models with Scale Invariance

In order to add scale invariance assumptions over time, we need to specify the scale invariance argument. The default is not to assume scale invariance. The scale invariance argument is a list of four entries. For the multistate models, only the first and the second entry are relevant. The first entry refers to scale invariance of intercepts and the second entry refers to scale invariance of loadings. For example, if we want to specify a multistate model with  $\eta_t$ -congenericity and scale invariance of intercepts and loadings, the function call is:

```
m1 <- lsttheory(neta=2, data=d_multistate,</pre>
                scale.invariance=list(lait0=TRUE, lait1=TRUE, lat0=TRUE, lat1=TRUE))
coef(m1@lavaanres, type="user")
    eta1=~y11
                                                                  la210
##
                   la211 eta2=~y12
                                           la211
                                                      v11~1
                                                                             y12~1
##
        1.000
                   0.979
                               1.000
                                           0.979
                                                      0.000
                                                                  0.608
                                                                             0.000
                                ga20
##
        la210
                    ga10
                                           eps11
                                                      eps21
                                                                  eps12
                                                                             eps22
##
        0.608
                                           0.282
                                                      0.254
                                                                  0.310
                                                                             0.243
                   0.415
                               1.007
##
         psi1
                    psi2 eta1~~eta2
                                         vareta1
                                                    vareta2
                                                                 vary11
                                                                            vary21
                               2.194
                                           3.068
                                                                  3.350
                                                                             3.193
##
        3.068
                   3.280
                                                      3.280
```

```
## vary12 vary22 rely11 rely21 rely12 rely22 .p2.==.p4.
## 3.590 3.385 0.916 0.920 0.914 0.928 0.000
## .p6.==.p8.
## 0.000
```

Of course, the scale invariance argument can also be used for a multistate model with essential  $\eta_t$ -equivalence. Then, the lait1 entry is ignored.

```
m1 <- lsttheory(neta=2, data=d_multistate, equiv.assumption=list(tau="ess", theta="equi"), s</pre>
```

For a multistate model with  $\eta_t\mbox{-equivalence, all scale invariance settings are ignored.$ 

### 4 Multistate-Singletrait Models

#### 4.1 Multistate-Singletrait Models with $\theta$ -Congenericity

The same function lsttheory can also be used to fit multistate-singletrait models in LST-R theory. We only need to specify that there is one  $\theta$  variable in addition to the specification of the corresponding multistate model. The following syntax specifies a multistate-singletrait model with these assumptions:

- ullet  $\eta_t$ -congenericity (Box 4.1 of SMGC)
- conditional mean independence (Box 4.1 of SMGC)
- $\theta$ -congenericity (Box 5.1 of SMGC)

```
m1 <- lsttheory(neta=3, ntheta=1, data=d_multistate02)</pre>
print(m1)
##
##
   Singletrait-Multistate Model
##
##
       rely spey cony
## y11 0.73 0.25 0.47
## y21 0.83 0.29 0.54
## y31 0.64 0.22 0.42
## y12 0.77 0.20 0.57
## y22 0.81 0.21 0.60
## y32 0.65 0.17 0.48
## y13 0.74 0.26 0.48
## y23 0.79 0.28 0.51
## y33 0.68 0.24 0.44
##
##
```

Note that we use the multistate02 data set for this model -- it contains three indicators at three occasions of measurement. We now also get estimates for the occasion specificity and consistency coefficients in addition to the reliability coefficients. To see all parameters of the model:

```
coef(m1@lavaanres, type="user")
##
      eta1=~y11
                        la211
                                      la311
                                                eta2=~y12
                                                                  la221
                                                                               la321
          1.000
##
                        1.221
                                      0.801
                                                   1.000
                                                                  1.211
                                                                               0.772
      eta3=~y13
                        la231
##
                                      la331
                                                    y11~1
                                                                  la210
                                                                               la310
```

##	1.000	1.233	0.828	0.000	0.217	0.570
##	y12~1	la220	la320	y13~1	la230	la330
##	0.000	0.212	0.578	0.000	0.262	0.574
##	eta1~1	ga20	ga30	eps11	eps21	eps31
##	0.000	0.400	-0.115	1.070	0.874	1.029
##	eps12	eps22	eps32	eps13	eps23	eps33
##	0.932	1.036	0.956	1.028	1.146	0.944
##	psi1	psi2	psi3	theta1=~eta1	ga21	ga31
##	0.988	0.792	1.014	1.000	1.099	0.999
##	vartheta1	mtheta1	vareta1	vareta2	vareta3	vary11
##	1.857	0.611	2.845	3.035	2.869	3.914
##	vary21	vary31	vary12	vary22	vary32	vary13
##	5.116	2.853	3.967	5.483	2.765	3.897
##	vary23	vary33	rely11	rely21	rely31	rely12
##	5.511	2.912	0.727	0.829	0.639	0.765
##	rely22	rely32	rely13	rely23	rely33	spey11
##	0.811	0.654	0.736	0.792	0.676	0.252
##	spey21	spey31	spey12	spey22	spey32	spey13
##	0.288	0.222	0.200	0.212	0.171	0.260
##	spey23	spey33	cony11	cony21	cony31	cony12
##	0.280	0.239	0.474	0.541	0.417	0.565
##	cony22	cony32	cony13	cony23	cony33	
##	0.599	0.483	0.476	0.512	0.437	

#### 4.2 Multistate-Singletrait Models with $\theta$ -Equivalence

We don't show all possible combinations of assumptions. We just give one more example of a multistate-singletrait model with this set of assumptions:

- ullet essential  $\eta_t$ -equivalence (Box 4.1 of SMGC)
- scale invariance over time
- conditional mean independence (Box 4.1 of SMGC)
- $\bullet$   $\theta$ -equivalence (Box 5.1 of SMGC)

```
m1 <- lsttheory(neta=3, ntheta=1, data=d_multistate02,</pre>
               equiv.assumption=list(tau="ess", theta="equi"),
               scale.invariance=list(lait0=TRUE, lait1=TRUE, lat0=TRUE, lat1=TRUE))
coef(m1@lavaanres, type="user")
##
     eta1=~y11
                 eta1=~y21
                             eta1=~y31
                                         eta2=~y12
                                                    eta2=~y22
                                                                  eta2=~y32
     1.000
               1.000
                                                                      1.000
##
                            1.000 1.000 1.000
```

##	eta3=~y13	eta3=~y23	eta3=~y33	y11~1	la210	la310
##	1.000	1.000	1.000	0.000	0.385	0.421
##	y12~1	la210	la310	y13~1	la210	la310
##	0.000	0.385	0.421	0.000	0.385	0.421
##	eta1~1	eta2~1	eta3~1	eps11	eps21	eps31
##	0.000	0.000	0.000	1.064	1.381	0.961
##	eps12	eps22	eps32	eps13	eps23	eps33
##	1.004	1.591	0.878	1.090	1.673	0.831
##	psi1	psi2	psi3	theta1=~eta1	theta1=~eta2	theta1=~eta3
##	0.861	0.939	0.963	1.000	1.000	1.000
##	vartheta1	mtheta1	vareta1	vareta2	vareta3	vary11
##	1.855	0.727	2.716	2.794	2.817	3.779
##	vary21	vary31	vary12	vary22	vary32	vary13
##	4.097	3.677	3.797	4.384	3.672	3.908
##	vary23	vary33	rely11	rely21	rely31	rely12
##	4.490	3.648	0.719	0.663	0.739	0.736
##	rely22	rely32	rely13	rely23	rely33	spey11
##	0.637	0.761	0.721	0.627	0.772	0.228
##	spey21	spey31	spey12	spey22	spey32	spey13
##	0.210	0.234	0.247	0.214	0.256	0.246
##	spey23	spey33	cony11	cony21	cony31	cony12
##	0.214	0.264	0.491	0.453	0.504	0.488
##	cony22	cony32	cony13	cony23	cony33	.p11.==.p14.
##	0.423	0.505	0.475	0.413	0.508	0.000
##	.p11.==.p17.	.p12.==.p15.	.p12.==.p18.			
##	0.000	0.000	0.000			

#### 5 Multistate-Doubletrait Models

For the mulistate doubletrait models, we need to use a different data set, because we need at least two common state variables for each of the  $\theta$  variables. The simulated data set is called multitraitmultistate and contains 8 manifest variables  $Y_{it}$  distributed across 4 occasions of measurement:

```
data(d_multitraitmultistate)
head(round(d_multitraitmultistate,2))
##
                                            y24
                          y13
                                y23
                                       y14
      y11
           y21
                y12
                     y22
## 1 1.55 1.99 0.63 0.02 1.61 2.26 4.85 3.55
## 2 1.92 3.43 -0.66 -0.58 2.81 4.27
                                     1.58 0.97
## 3 -0.07 0.32 1.81 1.83 1.73 4.05 0.70
## 4 -0.67 -1.67 1.01 1.55 -1.79 -2.35 -0.67 0.79
## 5 0.53 0.65 0.11 -0.47 -1.10 -1.03 2.91 -0.56
## 6 -1.90 -2.47 1.46 3.04 1.02 -0.08 0.88 1.39
```

#### 5.1 Multistate-Doubletrait Models with $\theta_1, \theta_2$ -Congenericity

The first model that we want to show with this dataset is a multistate-doubletrait model with these assumptions:

- ullet  $\eta_t$ -congenericity (Box 4.1 of SMGC)
- conditional mean independence (Box 4.1 of SMGC)
- $\theta_1$ -congenericity (Box 6.1 of SMGC)
- $\theta_2$ -congenericity (Box 6.1 of SMGC)

The model syntax is:

```
m1 <- lsttheory(neta=4, ntheta=2, data=d_multitraitmultistate)
coef(m1@lavaanres, type="user")
##
        eta1=~y11
                            la211
                                        eta2=~y12
                                                             la221
                                                                         eta3=~y13
            1.000
                                            1.000
                                                             1.195
                                                                             1.000
##
                            1.203
##
            la231
                        eta4=~y14
                                            la241
                                                             y11~1
                                                                             la210
##
            1.204
                            1.000
                                            1.080
                                                             0.000
                                                                             0.313
                                             y13~1
                                                                             y14~1
##
            y12~1
                            la220
                                                             la230
##
            0.000
                            0.380
                                             0.000
                                                             0.307
                                                                             0.000
##
            la240
                                                            eta3~1
                            eta1~1
                                             ga20
                                                                             ga40
##
            0.382
                            0.000
                                             0.398
                                                             0.000
                                                                             0.234
##
            eps11
                            eps21
                                             eps12
                                                             eps22
                                                                             eps13
```

1	##	0.941	1.020	1.136	0.857		0.915
1	##	eps23	eps14	eps24	psi1		psi2
1	##	1.038	0.901	1.158	0.955		1.141
1	##	psi3	psi4	theta1=~eta1	ga21	t]	heta2=~eta3
1	##	1.390	0.681	1.000	0.649		1.000
1	##	ga41	vartheta1	vartheta2	mtheta1		mtheta2
1	##	0.858	2.694	2.580	0.450		0.928
1	##	theta1~~theta2	vareta1	vareta2	vareta3		vareta4
1	##	1.721	3.649	2.277	3.970		2.583
1	##	vary11	vary21	vary12	vary22		vary13
1	##	4.590	6.303	3.413	4.106		4.885
1	##	vary23	vary14	vary24	rely11		rely21
1	##	6.795	3.484	4.173	0.795		0.838
1	##	rely12	rely22	rely13	rely23		rely14
1	##	0.667	0.791	0.813	0.847		0.741
1	##	rely24	spey11	spey21	spey12		spey22
1	##	0.722	0.208	0.219	0.334		0.397
1	##	spey13	spey23	spey14	spey24		cony11
1	##	0.284	0.297	0.196	0.191		0.587
1	##	cony21	cony12	cony22	cony13		cony23
1	##	0.619	0.333	0.395	0.528		0.551
1	##	cony14	cony24				
1	##	0.546	0.532				

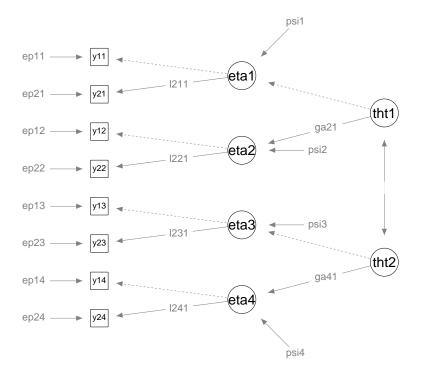


Figure 1: Multistate-Doubletrait Model.

## 6 Plot LST-R Theory Models with semPlot

The package semPlot by Sacha Epskamp can be used to plot such LST-R models as shown in this vignette. To plot the multistate-doubletrait model shown in last section, we call:

which gives the figure shown in Figure 1.

#### References

Epskamp, S. (2013). semPlot: Path diagrams and visual analysis of various SEM packages' output. R package version 0.3.2. http://

#### CRAN.R-project.org/package=semPlot

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- Steyer, R., Mayer, A., Geiser, C., & Cole, D.A. (in press). A theory of states and traits -- revised. Annual Review of Clinical Psychology.