

All About Help Me!

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What the App is About + How it Works

Help Me!™ is an all-in-one app for people in emergencies **or** pain (primarily pain).

One feature of the app is designed to help people in pain identify what is happening to them if they do not already know.

For instance, let's say a man is starting to feel pain in his lower leg and upper-right chest. He would go to the app, describe what level of pain he are experiencing (low, medium, high, on & off low, on & off medium, on & off high). After describing the areas of pain, they can submit the report to the back-end of the app. This part is a concept, but we are hoping to have medical professionals on the back-end of the app to be able to chat with the user about what is going on. Additionally, when possible, we hope to have an AI Chatbot to talk about potential diagnoses to the user.

Target Audience

Help Me!™ is designed as an all-in-one app for emergencies, but the primary use of the app is its pain report feature, allowing them to talk to a doctor right from home. The app can be invaluable for a wide range of users, including:

Individuals with chronic pain: Those living with conditions like arthritis, fibromyalgia, or back pain can use the app to track and better understand their symptoms.

People experiencing acute or sudden pain: Whether it's an injury from physical activity or a sudden health concern, users can quickly assess what might be happening and decide if medical intervention is necessary.

Caregivers: People who assist others with health conditions can use the app to help assess symptoms and provide informed guidance to those they care for.

Health-conscious individuals: Those who are proactive about their health can use the app to monitor and analyze their symptoms, allowing for better preventative care or early detection of health issues.

Features and Functionality

Customized Reports: Users can quickly connect to medical professionals by generating reports based on the location, frequency, and intensity of their area(s) of pain.

Reminders: The app can send users gentle reminders to update their pain reports, helping them stay on top of their health monitoring. These prompts can also suggest when it might be time to seek in-person medical attention.

Location-Based Emergency Assistance:

Emergency Services Integration: In cases where users report severe pain or symptoms that might indicate an emergency, the app could provide immediate access to emergency services. Users could call an ambulance directly through the app or be given the location and contact details of nearby hospitals or urgent care centers.

Location Detection: Using the device's GPS, the app can pinpoint the user's location and provide the nearest healthcare options. In cases of severe pain, like chest pain or a potential stroke, this feature can save valuable time by quickly connecting the user to the nearest emergency care center.