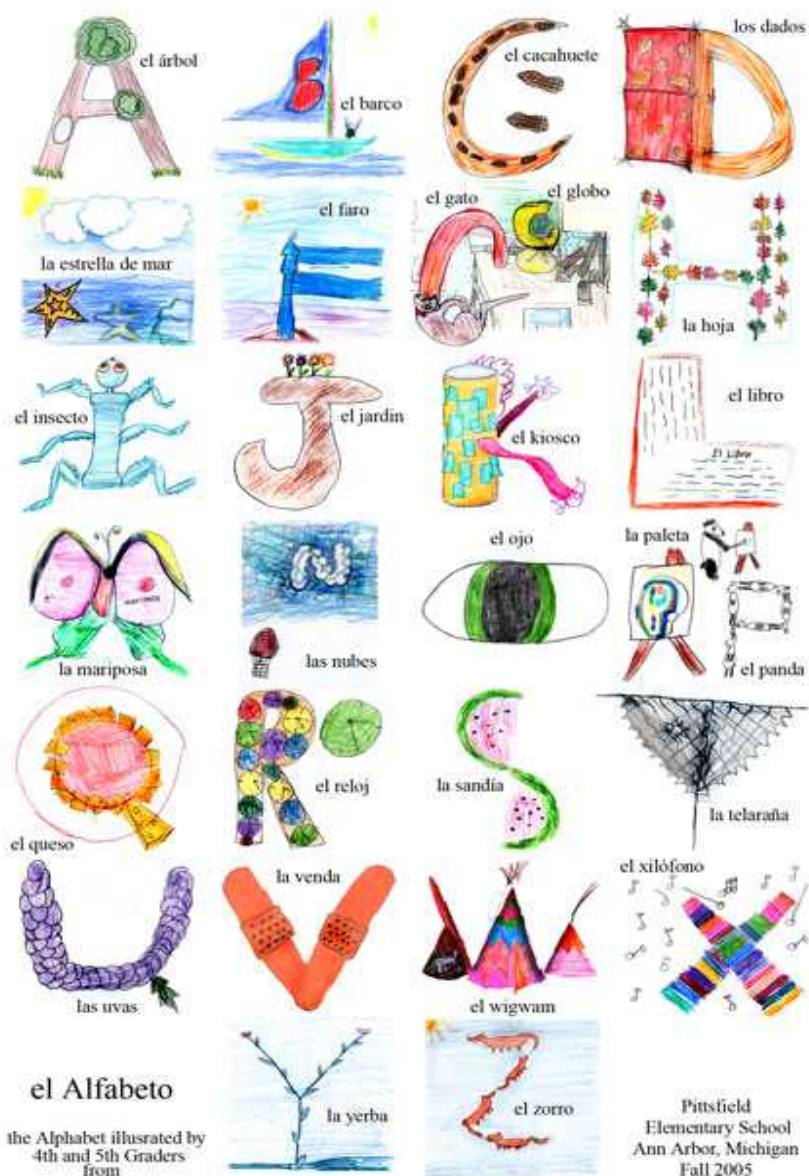


El Abecedario

para Consultoras de Lactancia
de
Dorothy Potter Snyder



A

Letter pronounced: AH (pronounced like **Mama**)

Amamantar



Mi **ma**má me **a**ma.

B

Letter pronounced: **B**ay (pronounced like **B**all)

Bebé



El **b**ebé es precioso!

C

Pronounced: **SAY**

C is soft (pronounced like S) in front of E and I; it is hard (pronounced like K) in front of A, O and U.

double CC sounds pronounced like “Kss”, as in “acción”

Cuna (hard C) (pronounced like **C**oca Cola)



Cerveza (soft C) (pronounced like **S**ame)



CH

Letter pronounced: CHAY (pronounced like **Choose**)

hin**CH**azón



Es un hin**ch**azón en el tobillo. ¡Duele!

D

Letter pronounced: **DAY** (pronounced like **D**ad)

Doctora

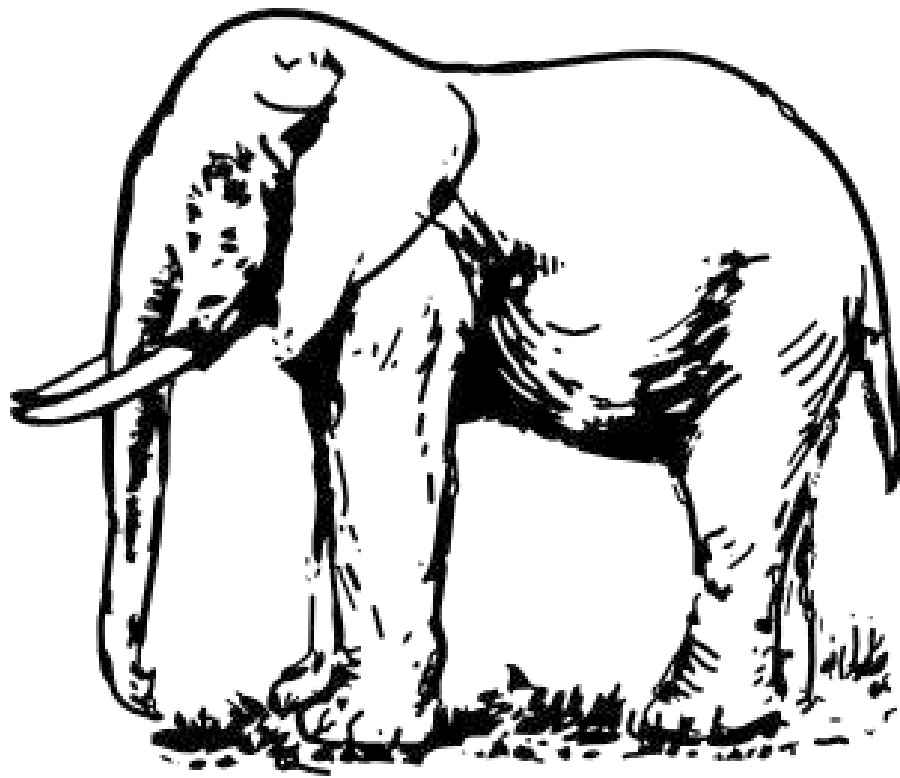


La doctora es buena.

E

Letter pronounced **A** (pronounced like **Hey**)

Elefante



El Elefante es muy grande!

F

Letter pronounced: **Efay** (pronounced like **F**un)

Farmacia



¿Dónde está la farmacia, por favor?

G

Letter pronounced: HAY

Gerardo (soft G, pronounced like **Help**) es de
Guatemala (hard G, pronounced like **Great**)

G is soft (pronounced like **Help**) in front of E and I; and it is hard (pronounced like **Great**) in front of A, O and U.



H

Letter Letter pronounced: **Ah**-chay

H is silent in Spanish! Shhhhh...No sound!

¡**H**ola! Soy **H**ortensia.



i

Letter pronounced: **EE** (pronounced like **E**ven)

la **i**nyección



Solo pica un poco.

J

Letter pronounced: **HO**-tah (pronounced like **h**otel)

Jalapeño

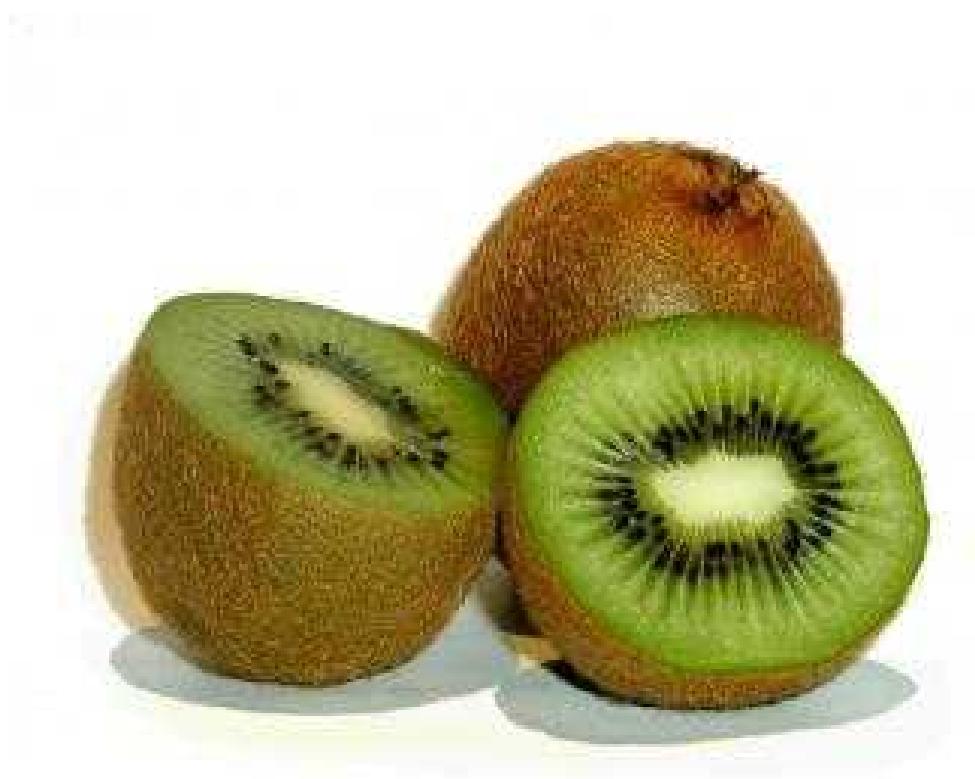


El **j**alapeño es picante.

K

Letter pronounced: **KAH** (pronounced like **c**arrot)

Kiwi



Kiwi es una fruta.

L

Letter pronounced: **A-lay** (pronounced like **L**ook)

La **L**eche Materna



La **l**eche materna es la comida perfecta.

LL

Letter Pronounced: **A**-yay (pronounced like **Y**ummy)

Llamar



¡Hola bebé! ¡Me **Ll**amo María!

M

Letter pronounced: **Em**-ay (pronounced like **M**om)

La **M**adre



La **m**adre acuna a su bebé.

N

Letter pronounced: **En**-ay (pronounced like **No**)

La **N**evera



¿Hay comida en la **n**evera? Sí, hay.

Ñ

Letter pronounced: **EN**-yay (pronounced like can**ny**on)

pa**Ñ**ales.



¡6 pa**ñ**ales y 6 bebés!

O

Letter pronounced: **OH** (pronounced like **O**ly)

Omblico



¡Mi **o**mblico es preci**o**so!

(Shape your mouth like an OMBLIGO when you say **O**.)

P

Letter pronounced: **PAY** (pronounced like **p**aid)

El **P**ezón

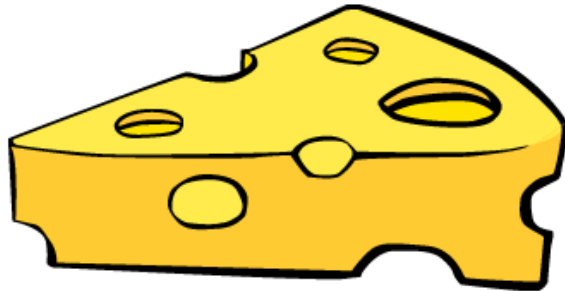


Es un **p**ezón invertido.

Q

Letter pronounced: **COO** (pronounced like **Cool**)

¿**Q**ué es esto?



¡Es un **Q**ueso!

¿**Q**ue rico!

R

Letter pronounced: AIR-ay (pronounced like Bear)

Barbillas



Cuatro (4) personas, cuatro barbillas diferentes.

(R at the beginning of words is rolled pronounced like RR.)

RR

Letter pronounced: **AIR-rray** (pronounced like **Brrr!**)

peRRo

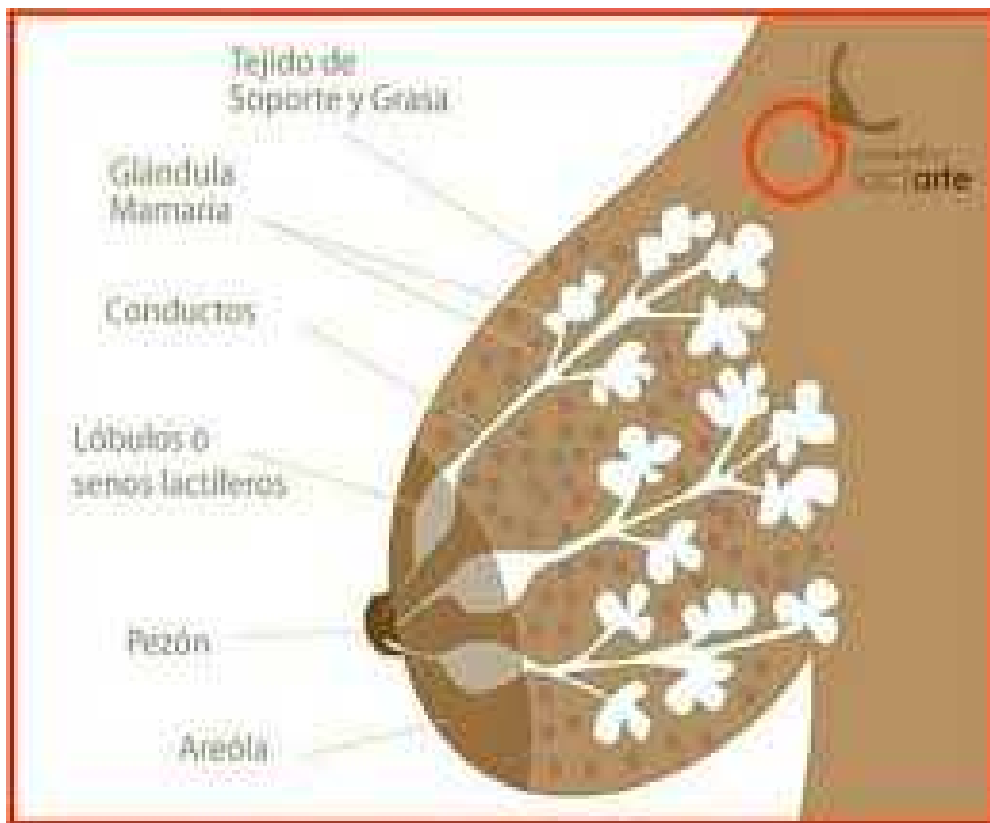


El perro dice: “Grrrrrrrrrrrrrrrrrr!”

S

Letter pronounced: AY-say (pronounced like **Same**)

El **S**eno



La anatomía de un **s**eno.

T

Letter pronounced: **TAY** (pronounced like **T**omato)

Un **T**azón



Un **t**azón de leche a **t**emperatura ambiental.

U

Letter pronounced: OO (pronounced like **Blue**)

Uvas



V

Letter pronounced: **BAY** OR **OO**-bay
(pronounced like **B**aby)

Verduras

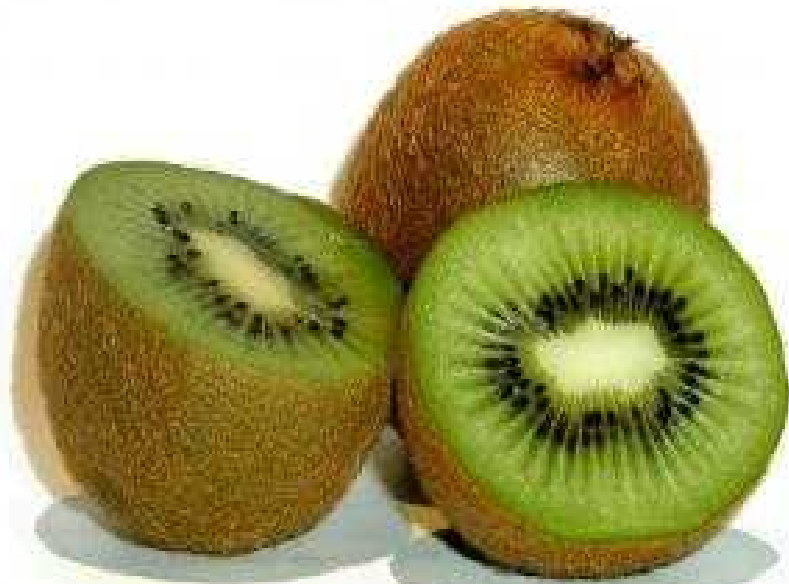


Verduras son parte de una dieta balanceada.

W

Letter pronounced: oo-bay-**DOH**-blay (pronounced like **W**ee)

ki**W**i



*There are very few words in Spanish that use letter **W**!*
Woops!

X

Letter pronounced: A-keys

Los Rayos **X**



Y

Letter pronounced: ee-gree-**A**-guh
(pronounced like **EE**)

Yogur



Yogur es un producto lácteo.

Z

Letter pronounced: SAY-tah

boste**Z**o



El bebé hace un boste**z**o. ¡Buenas noches, bebé!

Zzzzzzzzzzz.....