



My Steps Help

[How It Works](#)[Charities](#)[Employers](#)[Get the App](#)

Support top charities one step at a time

Download the My Steps Help app!

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HOW IT WORKS

♥ Log Your Steps in the App

Ready to move? Why not log it in the app and convert it to charity donations! Our app is compatible with the biggest activity apps such as Strava, Map My Run, or Fitbit. Get ready, set, go!

♥ Get Sponsored by Employer

We're better together! Join the team of your company and contribute to a common charity goal. So far, we have contributed over €1 million for charity by employers donating through the app. Top EMEA employers are running the race with you!

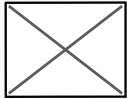
♥ Choose from 20+ Charities

Find a cause which is close to your heart and convert your steps into charity donations! Be the change in education, wildlife, the environment, human rights, health services and more. No better way to get that feel-good factor at the end of your workout!

♥ Live A Healthier Life

Contributing to charities helps you feel bursting out with energy, running and walking gives you that extra kick you need in your day-to-day life! Let's make the world a better place!

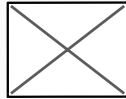
YOU HAVE SAID SO FAR



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Rain or shine, My Steps Help helps me get motivated. I've raised €700 and there's no stopping anytime soon!

Richard, UK



“

My company introduced me to My Steps Help and we managed to raise €2000 with the team for COVID-19 research!

Emanuele, Spain

CHARITIES YOU CAN SUPPORT

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