



**HEAD OF DEPARTMENT: JAMES NYAVOGA**

## **Mwala Technical and Vocational College Sports and Recreation Department**

The Sports and Recreation Department at Mwala TVC is dedicated to nurturing physical fitness, teamwork, and personal growth among trainees and staff. The department has become a dynamic hub for sports excellence and recreational engagement.

### **Key Responsibilities and Activities:**

- **Sports Programs:** Organizing and managing college teams in various sports, including football, volleyball, basketball, athletics, and indoor games.
- **Recreational Activities:** Hosting wellness programs, fitness sessions, and fun events that promote mental and physical well-being.
- **Facilities Management:** Overseeing the maintenance and improvement of sports grounds, gym facilities, and recreational spaces.
- **Talent Development:** Identifying and nurturing talented athletes, providing opportunities for participation in local and national competitions.
- **Inclusive Participation:** Encouraging widespread involvement in sports and recreation, ensuring that every student has access to physical activities regardless of skill level.
- **Community Engagement:** Collaborating with external organizations and institutions to promote sports and community-based recreational events.

Under James Nyavoga's guidance, the department continues to thrive, creating a vibrant environment where students and staff can excel both academically and physically. His commitment to holistic development ensures that Mwala TVC remains a leader in sports and recreational excellence.