# IPMH Quant Survey Screening

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## Health Care Workers Demographics

Altogether, we have data for 174 participants currently.

Table 1: Basic Demographic Summary for HCWs

Characteristic	$N=174^{1}$
Age (Years)	34.0 [IQR: 31.0, 39.8]
Gender	
Female	111~(64%)
Male	63~(36%)
Education level	
Diploma	116~(67%)
Bachelor's degree or higher degree	39(22%)
Secondary school	16 (9.2%)
Primary school	3(1.7%)
Current Designation	, ,
Nurses	63~(36%)
Clinical officer	45 (26%)
HTS counsellor	30 (17%)
Mentor mother	24 (14%)
Psychiatrists	5(2.9%)
Psychologist	5(2.9%)
Medical officer	1(0.6%)
Mental health social worker	1~(0.6%)
Offering care to perinatal women	171 (98%)
Working in postnatal care	116 (67%)
Working in antenatal care	113 (65%)
Working in PMTCT	110 (63%)
Working in family planning clinic	72 (41%)
Working in immunization clinic	76 (44%)
Working in other department	98 (56%)
Current job duration (Years)	8.0 [IQR: 4.0, 10.0]
Duration in the facility (Years)	3.0 [IQR: 1.0, 5.0]
Terms of engagement in the facility	, ,
Contract	108 (62%)
Permanent and pensionable	56 (32%)
Volunteer	8 (4.6%)
Other	2 (1.1%)
Currently providing care to PW living with HIV	160 (92%)
Duration offering care to PW in the facility (Years)	3.0 [IQR: 1.0, 5.0]

 $^{1}\mathrm{Median}$  [IQR: IQR]; n (%)

# Screening

Table 2: PMAD screening

Characteristic	N	$N=171^{1}$
Ever provided PMAD screening to PW	171	133 (78%)
Ever provided PMAD screening to PWLHIV	133	129 (97%)
Ever provided PMAD screening to PW in current Facility	133	130 (98%)
Ever provided PMAD screening to PWLHIV in current Facility	126	126 (100%)
Last time screened PW for PMAD	130	, ,
This week		50 (38%)
More than a month ago		30~(23%)
Last week		26 (20%)
A month ago		22~(17%)
I don't remember		2(1.5%)
Frequency of screening PW for PMAD in this facility in the past 2 months	130	
More than 6 times		54 (42%)
Less than 2 times		41 (32%)
3 to 4 times		28~(22%)
5 to 6 times		7 (5.4%)
PHQ9	171	66 (39%)
No specific tool	171	61~(36%)
GAD-7	171	27~(16%)
PHQ2	171	0 (0%)
GAD-2	171	1 (0.6%)
Other	171	5(2.9%)
Other PMAD screening tools	5	
Beck's Depression Inventory (BDI)		2(40%)
GBV Screening Tool		1(20%)
HTS Screening.		1(20%)
MCH booklet		1(20%)
PMAD screening duration	130	15.0 [IQR: 10.0, 20.0]
Nurse	171	158 (92%)
Clinical Officer	171	145~(85%)
HTS counsellor	171	91~(53%)
Mentor mother	171	42~(25%)
Community Health Worker	171	12 (7.0%)
Psychologist	171	10 (5.8%)
Social Worker	171	9 (5.3%)
Psychitrist	171	8 (4.7%)
Medical Officer	171	7 (4.1%)
I don't know	171	2(1.2%)
No one	171	4(2.3%)
Other	171	64 (37%)
Others who should screen	75	( 20
Adherence Counsellor		65 (87%)
Peer Educator		9 (12%)
Triage Clerks		1 (1.3%)

Nurse	171	156 (91%)
Clinical Officer	171	151 (88%)
HTS counsellor	171	96~(56%)
Mentor mother	171	42~(25%)
Community Health Worker	171	12 (7.0%)
I don't know	171	2(1.2%)
No one	171	4(2.3%)
Other	171	75~(44%)
Is it your role to screen for PMAD	171	
Yes		149 (87%)
No		19 (11%)
I don't know		2(1.2%)
No answer		1 (0.6%)

 $<sup>^{1}\</sup>mathrm{n}$  (%); Median [IQR: IQR]

PMAD screening Tools

Characteristic	N	$N = 130^{1}$
PHQ9	130	66~(51%)
No specific tool	130	61 (47%)
GAD-7	130	27 (21%)
PHQ2	130	0 (0%)
GAD-2	130	1~(0.8%)
Other	130	5(3.8%)

### Others to Screen PMAD

Characteristic	N	$N=64^1$
Others who should provide screening for PMAD to PW	61	
Adherence Counsellor		53~(87%)
Peer Educator		7 (11%)
Triage Clerks		1 (1.6%)
Unknown		3

<sup>1</sup>n (%)

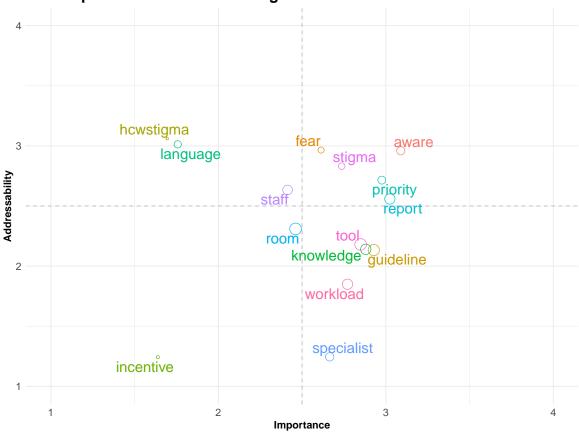
## Others to Provide PMAD Screening to PWLHIV

Characteristic	N	$N = 75^1$
Others who should provide screening for PMAD to PWLHIV	75	
Adherence Counsellor		65~(87%)
Peer Educator		9~(12%)
Triage Clerks		1 (1.3%)

### Screening prioritization

#### **Barriers**

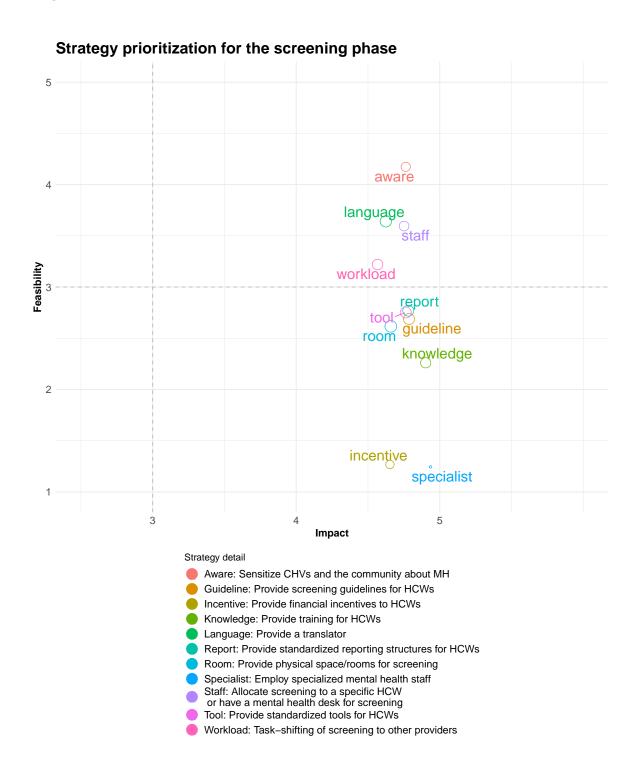




#### Barrier detail

- Aware: Lack of community awareness/sensitization in MH such that women are unaware of the need for screening
- Fear: Women's fear of opening up to HCW
- Guideline: Lack of guidelines
- HCWstigma: HCW stigmatization of patients with mental illnesses
- Incentive: Lack of financial incentives to motivate HCW
- Knowledge: Insufficient training or knowledge gap
- Language: Language barrier between women and HCW
- Priority: Lack of prioritization MH among HCW
- Report: Lack of targets or reporting requirements
- Room: Lack of a specific room/enough rooms
- Specialist: The unavailability of psychologists/counsellors
- Staff: Lack of a specific person to screen
- Stigma: Stigma whereby women not wanting to be associated with mental illness
- Tool: Lack of tools
- Workload: Having too many clients to see

#### Strategies



## Diagnosis and Treatment Hcw

Table3: PMAD Diagnosis and Treatment

Characteristic	$\mathbf{N}$	$\mathbf{N}=171^{1}$
Ever provided PMAD Diagnosis to PW	171	103 (60%)
Ever provided PMAD Diagnosis to PWLHIV	103	96~(93%)
Clinical judgement	171	69 (40%)
PHQ9	171	51 (30%)
CESD	171	1 (0.6%)
DSM5	171	12 (7.0%)
Other	171	13~(7.6%)
Ever provided PMAD diagnosis to PW in current facility	103	98 (95%)
Ever provided PMAD diagnosis to PWLHIV in current facility	99	87 (88%)
Clinical judgement	171	65 (38%)
PHQ9	171	49 (29%)
DSM5	171	12 (7.0%)
Other	171	13 (7.6%)
Other PMAD screening tools in the current facility	171	,
		158 (92%)
Beck's Depression Inventory (BDI)		4 (2.3%)
Generalized Anxiety Disorder 7 (GAD-7)		8 (4.7%)
History Taking		1(0.6%)
Ever offered treatment to PW	171	81 (47%)
Ever offered treatment to PWLHIV	81	71 (88%)
Manualized counselling	171	6 (3.5%)
Medication	171	43 (25%)
Unspecific counselling	171	60 (35%)
Other	171	4(2.3%)
Ever offered treated to PW in curent Facility	81	79 (98%)
Ever offered treated to PWLHIV in curent Facility	79	70 (89%)
manualized counselling	171	6 (3.5%)
medication	171	40 (23%)
Unspecific Counselling	171	58 (34%)
Other	171	5 (2.9%)
Last time diagnosed and/or treated PW with PMAD	101	0 (2.070)
More than a month ago		54 (53%)
Last week		18 (18%)
A month ago		18 (18%)
This week		7 (6.9%)
I don't remember		4 (4.0%)
PW PMAD diagnosis or treatment frequency in the past 2 months	101	4 (4.070)
Less than 2 times	101	67 (66%)
3 to 4 times		22 (22%)
5 to 6 times		5(5.0%)
More than 6 times		7 (6.9%)
	101	30.0 (20.0, 45.0)
Time to diagnose and/or treat PW with PMAD (Minutes)	101	30.0 (20.0, 45.0)
Last time diagnosed and/or treated PWLHIV with PMAD	90	40 (5407)
More than a month ago		49 (54%)
Last week		17 (19%)
A month ago		15 (17%)
I don't remember		5 (5.6%)
This week	00	4 (4.4%)
PWLHIV PMAD diagnosis or treatment frequency in the past 2 months	90	01 (0004)
Less than 2 times		61~(68%)

3 to 4 times		18 (20%)
5 to 6 times		6 (6.7%)
More than 6 times		5 (5.6%)
Time to diagnose and/or treat PWLHIV with PMAD (Minutes)	90	30.0 (20.0, 48.8)
Antidepressants	171	41 (24%)
Antipsychotics	171	15~(8.8%)
Mood stabilizers	171	17 (9.9%)
Sedatives	171	12 (7.0%)
Other	171	2(1.2%)
Does PMAD treatment PW differ?	70	8 (11%)
Manualized counselling	171	2(1.2%)
Medication	171	5(2.9%)
Other	171	2 (1.2%)
Antidepressants	171	4(2.3%)
Antipsychotics	171	1 (0.6%)
Mood stabilizers	171	1 (0.6%)
Nurse	171	$143 \ (84\%)$
Clinical Officer	171	161 (94%)
Psychiatrist	171	27~(16%)
Psychologist	171	27 (16%)
Medical Officer	171	$21\ (12\%)$
HTS counsellor	171	6 (3.5%)
Mentor mother	171	1 (0.6%)
Other	171	8 (4.7%)
Clinical Officer	171	161 (94%)
Nurse	171	140~(82%)
Psychiatrist	171	26 (15%)
Psychologist	171	23 (13%)
Medical Officer	171	22 (13%)
HTS counsellor	171	8 (4.7%)
Mentor mother	171	2(1.2%)
I don't know	171	1 (0.6%)
Others	171	$14 \ (8.2\%)$
Is it your role to diagnose and/or treat PW for PMAD	171	
Yes		118 (69%)
No		51 (30%)
I don't know		2 (1.2%)

 $<sup>^{1}\</sup>mathrm{n}$  (%); Median (IQR)

### PMAD Treatments

Characteristic	N	$N = 81^{1}$
Unspecific counselling	81	60 (74%)
Medication	81	43 (53%)
Manualized Counselling	81	6(7.4%)
Others	81	4 (4.9%)

<sup>1</sup>n (%)

PW PMAD screening tools

Characteristic	$\mathbf{N}$	$N = 103^1$
Clinical judgement	103	69~(67%)
PHQ9	103	51 (50%)
DSM5	103	12 (12%)
Other	103	13~(13%)
CESD	103	1 (1.0%)

### PW PMAD screening tools

Characteristic	N	$N = 13^1$
$dx_way_other$	13	
Beck's Depression Inventory (BDI)		4(31%)
Clinical Intake		1(7.7%)
Generalized Anxiety Disorder 7 (GAD-7)		7 (54%)
History Taking		1(7.7%)

<sup>1</sup>n (%)

### PW PMAD screening Tools in the current facility

Characteristic	N	$N = 98^1$
Clinical judgement	98	65 (66%)
PHQ9	98	49 (50%)
$\mathbf{DSM5}$	98	12 (12%)
Other	98	13~(13%)

<sup>1</sup>n (%)

## Other PMAD Screening tools

Characteristic	$\mathbf{N}$	$N = 13^1$
Other PMAD screening tools in the current facility	13	
Beck's Depression Inventory (BDI)		4 (31%)
Generalized Anxiety Disorder 7 (GAD-7)		8~(62%)
History Taking		1(7.7%)

<sup>1</sup>n (%)

#### PW PMAD treatmet

Characteristic	N	$N = 81^1$
Unspecific counselling	81	60 (74%)
Medication	81	43~(53%)
Manualized counselling	81	6 (7.4%)
Other	81	4 (4.9%)

PW PMAD treatmet in the Current Facility

Characteristic	N	$N = 79^{1}$
Manualized counselling	79	6 (7.6%)
Medication	79	40 (51%)
Unspecific counselling	79	58 (73%)
Other	79	5~(6.3%)

### PW PMAD Medications Prescribed

Characteristic	N	$N = 43^{1}$
Antidepressants	43	41 (95%)
Antipsychotics	43	15 (35%)
Mood stabilizers	43	17 (40%)
Sedatives	43	12~(28%)
Other	43	2(4.7%)

<sup>1</sup>n (%)

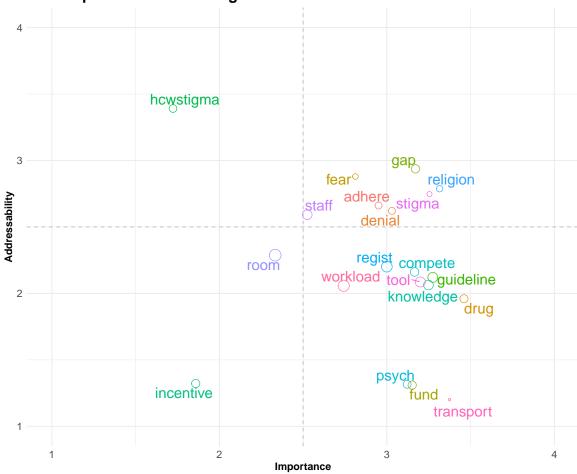
## Different PMAD Medication for PWLHIV

Characteristic	N	$N = 5^1$
Antidepressants	5	4 (80%)
Antipsychotics	5	1(20%)
Mood stabilizers	5	1(20%)

#### Diagnosis and treatment prioritization

#### **Barriers**

#### Barrier prioritization for diagnosis and treatment

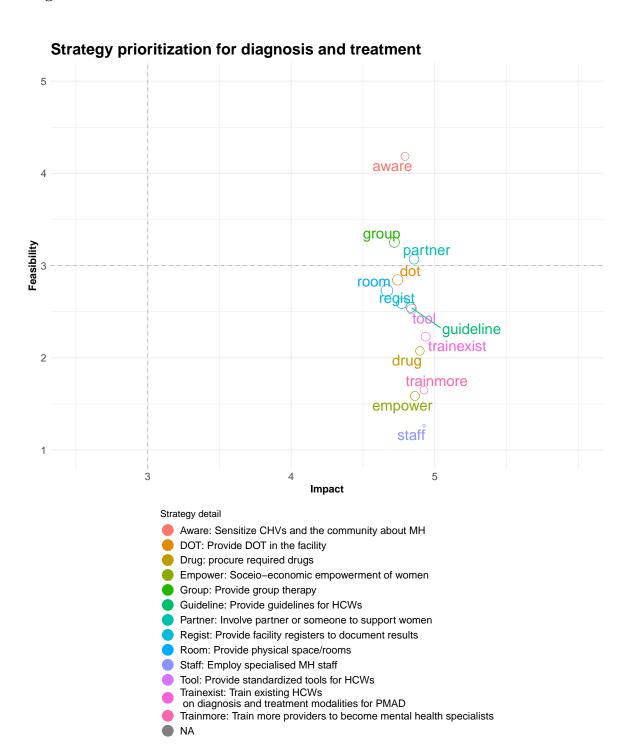


#### Barrier detail

- Adhere: Poor patient adherence to treatment
- Denial: Patients' denial of PMAD
- Drug: ILmited drug supply to manage patients
- Fear: Women's fear of opening up to HCW
- Fund: Lack of funding support for diagnosis
- Gap: Lack of knowledge among clients on where to seek treatment services
- Guideline: Lack of guidelines
- HCWstigma: HCW stigmatization of patients with mental illnesses
- Incentive: Lack of financial incentives to motivate HCW
- Knowledge: Insufficient training of CHWS resulting in reduced confidence to handle the cases
- Patient's competing priorities

- Psych: The unavailability of psychologists/counsellors
- Regist: Lack of designated facility registers to document res
- Religion: Exisiting cultural beliefs and religion
- (witchcraft and services from pastors instead of HCWs)
- Room: Lack of a specific room/enough rooms
- Staff: Lack of a specific person to diagnose and/or treat
- Stigma: Stigmatization from the community
- Tool: Lack of tools
- Transport: Lack of funds for transport to seek treatment
- Workload: Having too many clients to see
- NA

#### Strategies



#### Referral and Remission

\*\*Table 4: Referral or remission assessment provision and condition\*\*

Ever provided PMAD referral to PW Providing PMAD referral currently Ever provided PMAD referral services for PWLHIV Jaramogi Oginga Odinga TRH Homa Bay TRH	171 86 75 171 171	86 (50%) 75 (87%) 68 (91%) 1 (0.6%)
Ever provided PMAD referral services for PWLHIV Jaramogi Oginga Odinga TRH	75 171 171 171	68 (91%) 1 (0.6%)
Jaramogi Oginga Odinga TRH	171 171 171	1 (0.6%)
	171 171	, ,
Homa Bay TRH	171	0 (5 304)
		9~(5.3%)
Siaya TRH	4 1 1	$30 \ (18\%)$
Kisumu CRH	171	16 (9.4%)
Other facilities	171	22 (13%)
Other PW referral Facilities	171	140 (0507)
Bondo Sub-County Hospital		149 (87%) 4 (2.3%)
Booking for Psychiatric review		2 (1.2%)
Chulaimbo Sub-County Hospital		1 (0.6%)
Kayole Health Centre		1 (0.6%)
Kendu Adventist Hospital		1 (0.6%)
Madiany Sub-County Hospital		1 (0.6%)
Mathare National Teaching and Referral Hospital		8 (4.7%)
Rachuonyo Sun-County Hospital		2(1.2%)
Within the facility		1 (0.6%)
Yala Sub-County Hospital		1 (0.6%)
Is the referral facility for PW and PWLHIV the same?	68	67 (99%)
Other facilities	171	1 (0.6%)
Ever assessed PMAD remission	171	58 (34%)
Assessing PMAD remission currently	58	51 (88%)
Ever assessed PMAD remission among PWLHIV	51	48 (94%)
Last time to refer or assess remission	75	40 (3470)
More than a month ago	10	42 (56%)
A month ago		16 (21%)
I don't remember		9 (12%)
Last week		5(6.7%)
This week		3(4.0%)
Times to refer or assess remission in the last two month	s 75	0 (1.070)
Less than 2 times		61 (81%)
3 to 4 times		11 (15%)
More than 6 times		2(2.7%)
5 to 6 times		1(1.3%)
Clinical Officer	171	164~(96%)
Nurse	171	152 (89%)
Medical Officer	171	22 (13%)
Psychologist	171	20 (12%)
Psychiatrist	171	14 (8.2%)
HTS counsellor	171	10 (5.8%)
Community Health Worker	171	8 (4.7%)
Social worker	171	7(4.1%)
Mentor mother	171	5(2.9%)
Other	171	2(1.2%)
Clinical Officer	171	164 (96%)
Nurse	171	152 (89%)
Medical Officer	171	23 (13%)
Psychologist	171	19 (11%)

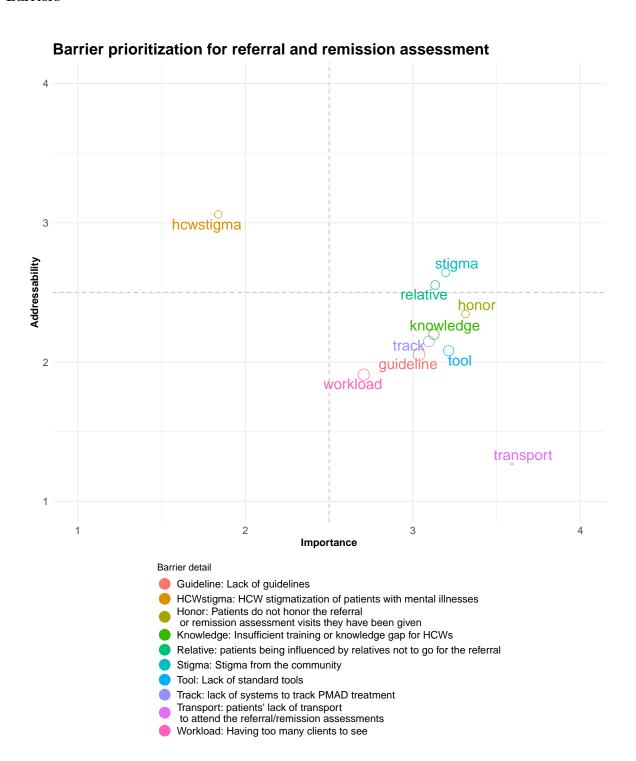
Psychiatrist	171	12 (7.0%)
HTS counsellor	171	11~(6.4%)
Community Health Worker	171	8(4.7%)
Mentor mother	171	6 (3.5%)
Other	171	4(2.3%)
I don't know	171	1~(0.6%)
Is it your role to refer or assess remission?	171	
Yes		115~(67%)
No		54 (32%)
I don't know		2 (1.2%)

## Referral Facilities

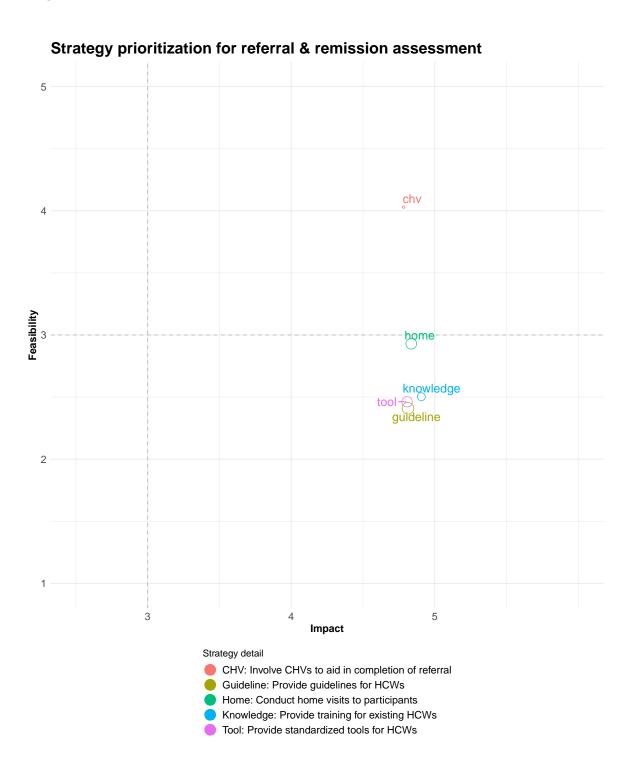
Characteristic	N	$N = 75^1$
Siaya TRH	75	30 (40%)
Kisumu CRH	75	16 (21%)
Homa Bay TRH	75	9(12%)
Jaramogi Oginga Odinga TRH	75	1 (1.3%)
Other	75	22~(29%)

#### Referral and monitor remission prioritization

#### **Barriers**



### Strategies



### **IPMH**

### Screening prioritization

#### Barriers

