

FOOTBALL PLAYER EQUIPMENT LIST



- ✓ **HELMET / CHIN STRAP**
- ✓ **SHOULDER PADS**
- ✓ **PANT PADS—KNEE, THIGH, HIP AND TAIL**
- ✓ **FOOTBALL CLEATS**—FOR USE ON GRASS SURFACES (MAKE SURE YOUR CLEATS ARE CLEAN BEFORE YOU PACK THEM: NO SOIL ON THEM AS IT MAY CAUSE PROBLEMS WITH AUSTRALIAN CUSTOMS)
- ✓ **GYM SHOES**—FOR WALK THROUGH PRACTICES
- ✓ **MOUTH PIECES**—IT IS ALWAYS GOOD TO HAVE MORE THAN ONE
- ✓ **PRACTICE PANTS & PRACTICE JERSEYS**
- ✓ **GAME UNIFORM**
- ✓ **TAPE / PRE-WRAP / TAPE CUTTER**—ENOUGH FOR PRACTICE AND GAMES. **YOU NEED TO PROVIDE YOUR OWN TAPE AND PRE-WRAP.**
- ✓ **EXTRA SHOE STRINGS**
- ✓ **BRACES OR PADS**—OF ANY TYPE, IF YOU WEAR THEM FOR PRACTICE AND GAMES (GLOVES OK)
- ✓ **MEDICAL EQUIPMENT**—ANYTHING YOU MUST USE DURING GAMES—INHALERS, ETC. (BE SURE YOUR COACHES KNOW OF ANY MEDICAL CONDITION YOU HAVE)
- ✓ **DEFLATED FOOTBALL FOR PRACTICE**—APPLIES PRIMARILY TO QUARTERBACKS, RECEIVERS AND DEFENSIVE BACKS

NOTES

- * **CHECK WITH YOUR HIGH SCHOOL COACH FOR EQUIPMENT. TELL THEM YOU ARE WILLING TO SIGN FOR IT AND YOU WILL MAKE SURE THEY GET IT BACK BEFORE FALL PRACTICE. IF YOU HAVE ANY PROBLEMS CONTACT YOUR TRAVELING COACH OR DOWN UNDER SPORTS FOR EQUIPMENT RENTAL IN AUSTRALIA.**
- * **YOUR EQUIPMENT BAG WILL COUNT AS 1 OF THE 2 PIECES OF BAGGAGE YOU'RE ALLOWED TO CHECK (50 LBS LIMIT).**

Checked Bag Packing List

You are allowed 2 checked bags—each should be 50 lbs or less. Your equipment counts as 1 checked bag. Please put a Down Under Sports luggage tag and wristband on your checked bag's handle. Spares will be available in Australia.

- Equipment
- Clothing
 - warm days & cool evenings
 - light jacket/hoodie
- Toiletries

Carry-On Bag Packing List

Please put a Down Under Sports luggage tag and wristband on your carry-on bag's handle. Spares will be available in Australia.

- Uniform
 - in case checked bags are lost or delayed
- Prescription Medication (in original packaging)
- Cell Phone & Charger
- Electronics
- Snacks

Reminders

- Save Down Under Sports in your phone: 435-753-4732
 - normal office hours: M-F 9:00am – 5:00pm
 - on call during off hours for emergencies
- Call us directly if there is a problem
 - we can solve airport problems better if we are speaking to the person at the airport
- Be aware of the time change
 - depending on your time zone, Australia is between 14-20 hours ahead—please keep this in mind when communicating
- Wear these items on travel day:
 - blue travel shirt
 - wristband (same as one's going on luggage)
 - lanyard
- Special seating requests are handled at the airport—please ask an agent when checking in or at the gate
- **BRING YOUR PASSPORT**
- **Arrive at airport at least 3 hours before departure**
- Australia has different power outlets. You will need an adapter and possibly a converter. Both can be purchased in the US or Australia.
 - American hair dryers used in Australia can often have power problems. A lot of hotels have them in the room, or we recommend buying a cheap one down there. There are several places close by to purchase one.