

Florida College System Mental Health Services

By The Numbers

Insights from the Florida College System
Mental Health Survey





About This Survey

The Florida College System (FCS) is made up of **28 institutions**.

This presentation reflects mental health services data collected from survey responses.

Total Colleges in FCS: 28

Colleges that Responded: 22

The purpose of this survey was to better understand access to mental health support, counseling resources, funding structures, and trends across the state.

Colleges that Responded



Broward College
Chipola College
College of Central Florida
College of the Florida Keys
Daytona State College
Eastern Florida State College
Florida Southwestern State College
Florida State College of Jacksonville
Indian River State College
Lake-Sumter State College
Miami Dade College
Northwest Florida State College

Palm Beach State College
Pensacola State College
Polk State College
Santa Fe College
Seminole State College
South Florida State College
St. Johns River State College
St. Petersburg College
State College of Florida, Manatee-Sarasota
Tallahassee State College



52%

OF THE COLLEGES
HAVE A COUNSELING
OFFICE



45%

OF THE COLLEGES
HAVE A LICENSED
COUNSELOR ON-
CAMPUS

On Campus Counseling Access

Most FCS institutions provide access to on campus mental health services, though not all have a formal counseling office or licensed counselors on campus. This variation impacts how students access support and the immediacy of care available on site.

Third-party Providers

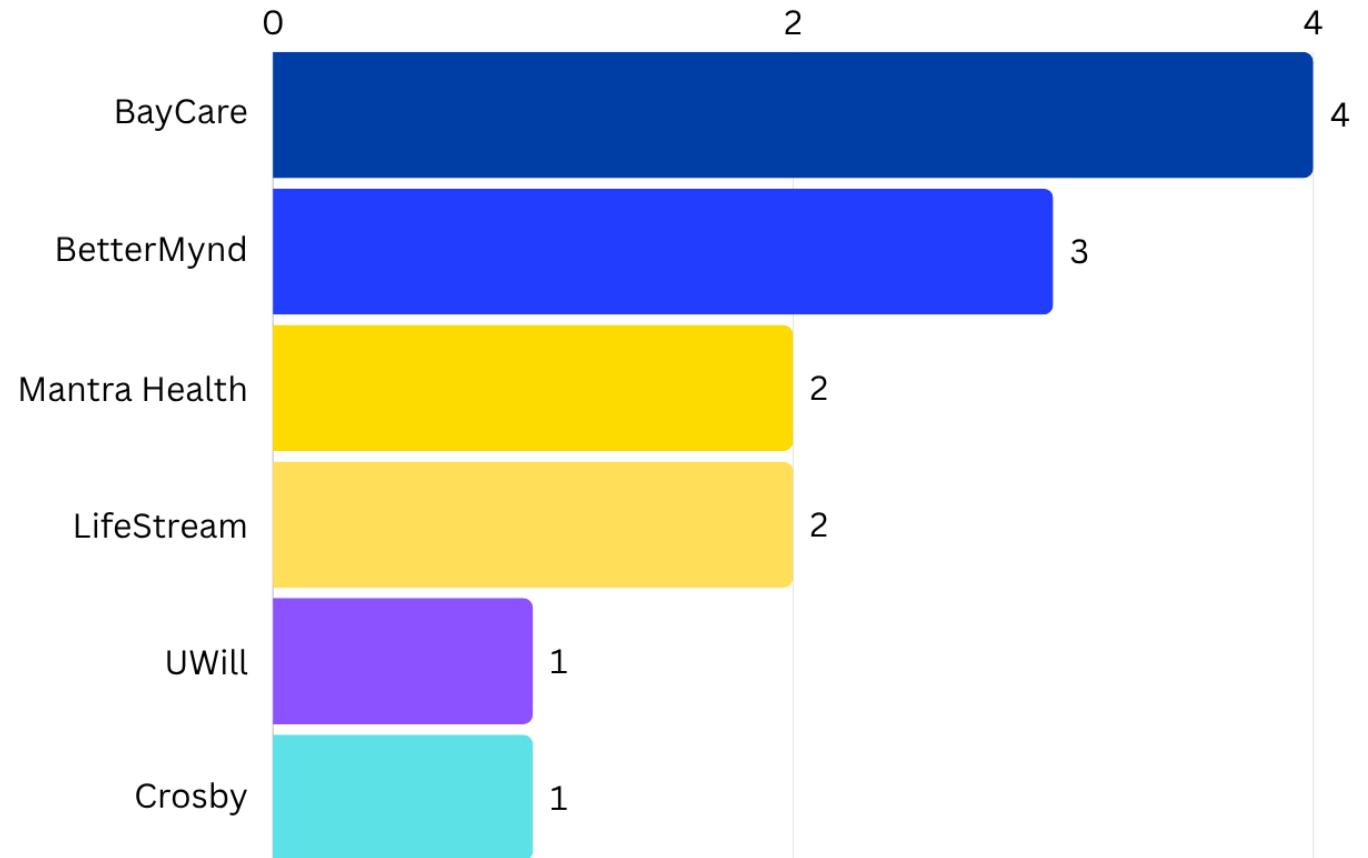
Most colleges use **external contracts** to provide mental health services for students.

Colleges using third-party services:
19 out of 22 (86%)

Vendors mentioned:

Timely Care
Gee Resolutions
Personal Advantage Health Advocate
Citrus Health
Aspire Mental Health Services
Bridgeway Center, Inc.
NAMI
My College Doctor
Directions for Living

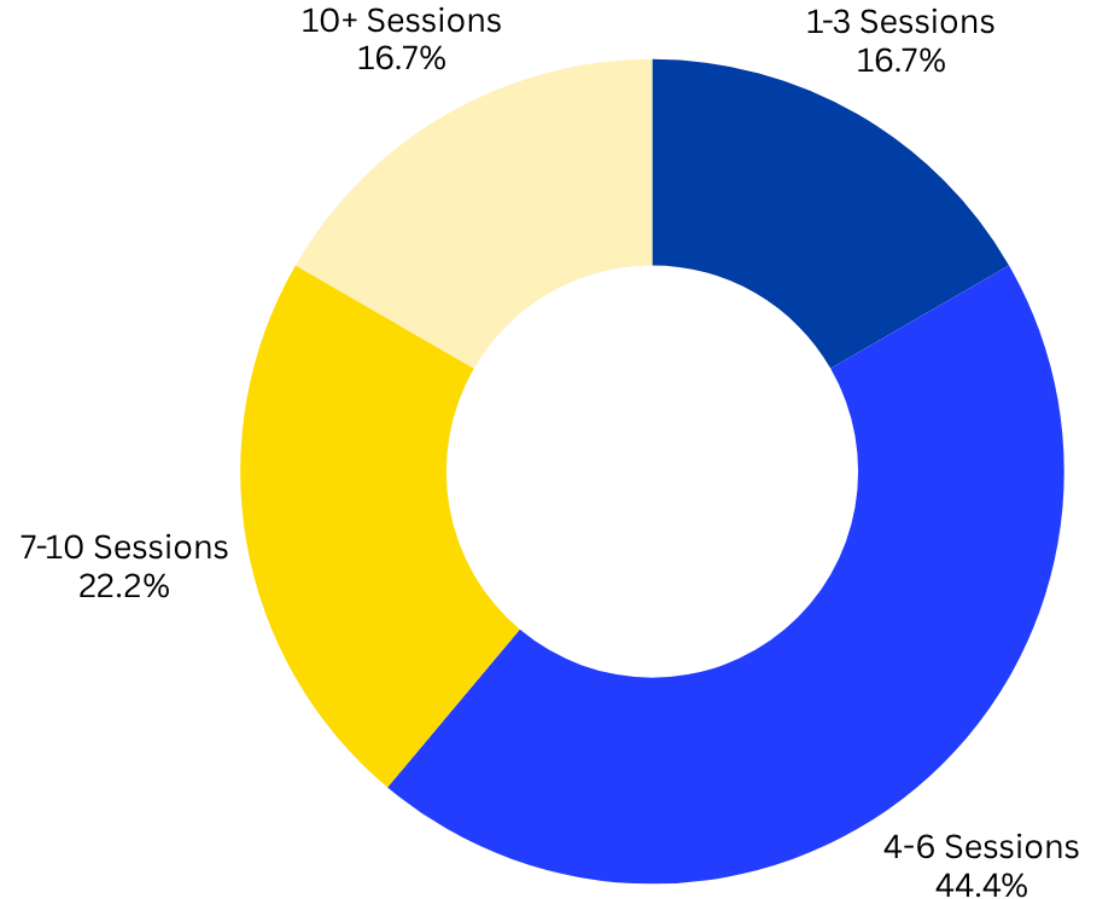
TOP VENDORS USED

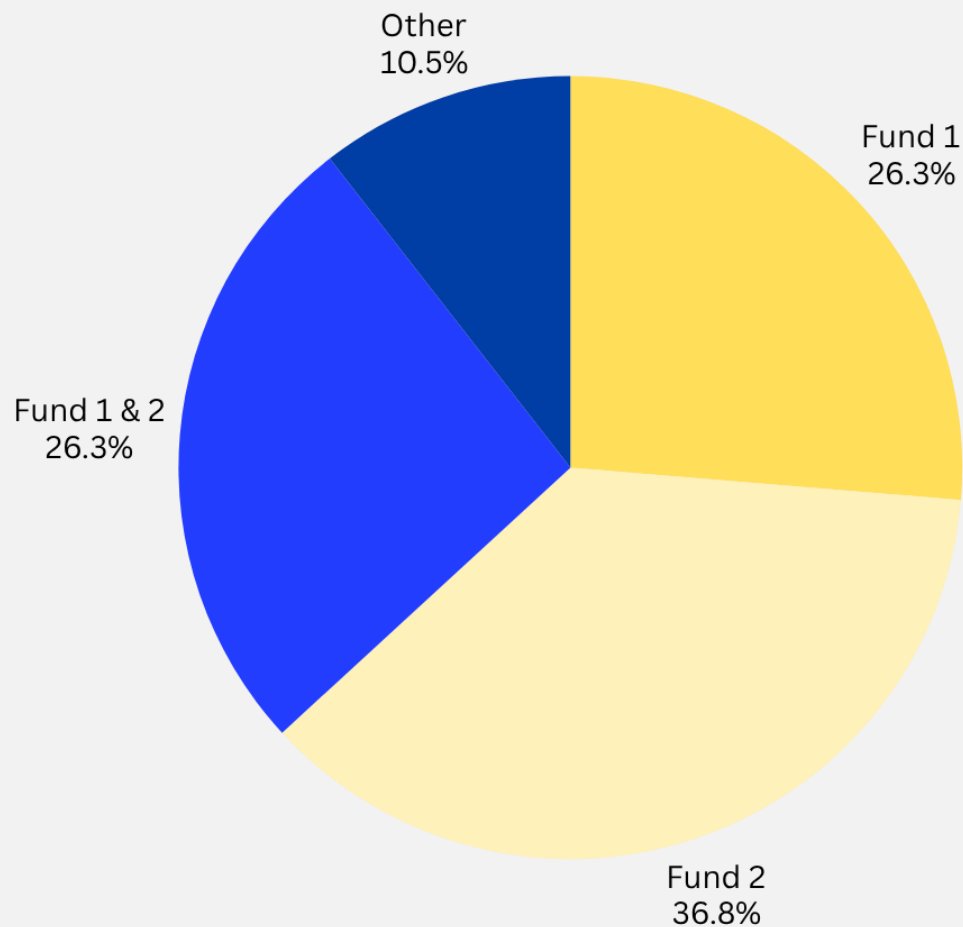


Counseling Sessions Offered Per Student

The number of sessions available to students varies by institution.

Session limits can influence how much continuity of care a student receives.





Funding Sources

Mental health services are primarily funded through two channels:

- **Fund 1:** Tuition and state support
- **Fund 2:** Student fees/grants & donations
- Some colleges are using a combination of both or outside funds.

Key Insight:

Most institutions are finding **creative and flexible ways to fund** these critical services, often blending temporary relief dollars with ongoing institutional support.



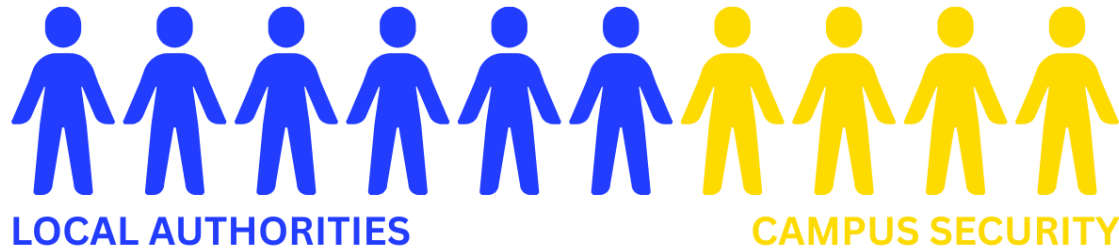
Mental Health Trends

Colleges reported a variety of emerging and ongoing mental health trends:

- Increased demand for services
- Student preference **for in-person counseling**
- Growing needs related to **anxiety, depression, and crisis care**
- More students are expecting **free counseling** as part of their student experience

Campus Support Structures

Support for students often includes partnerships beyond counseling to improve response time and student safety.



Of 23 responding colleges, 60% use **local law enforcement** for mental health crises, while 40% rely on **campus security & safety teams**

80% OF COLLEGES WORK WITH **STUDENT CONDUCT** OFFICES



Key Takeaways

- Most FCS colleges offer mental health services, but delivery methods vary.
- Third-party contracts are widely used to extend or provide services.
- Students are seeking more support, and session limits/funding plays a critical role.
- Costs and vendors differ significantly, creating room for shared best practices.
- Mental health trends highlight a growing, complex need across all campuses.

**Thank
You**