

# Florida College System

## Mental Health Services

### By The Numbers

Insights from the Florida College System  
Mental Health Survey





# About This Survey

The Florida College System (FCS) is made up of **28 institutions**.

This presentation reflects mental health services data collected from survey responses.

**Total Colleges in FCS: 28**

**Colleges that Responded: 22**

The purpose of this survey was to better understand access to mental health support, counseling resources, funding structures, and trends across the state.

# **Colleges that Responded**

**Broward College**

**Chipola College**

**College of Central Florida**

**College of the Florida Keys**

**Daytona State College**

**Eastern Florida State College**

**Florida Southwestern State College**

**Florida State College of Jacksonville**

**Indian River State College**

**Lake-Sumter State College**

**Miami Dade College**

**Northwest Florida State College**

**Palm Beach State College**

**Pensacola State College**

**Polk State College**

**Santa Fe College**

**Seminole State College**

**South Florida State College**

**St. Johns River State College**

**St. Petersburg College**

**State College of Florida, Manatee-Sarasota**

**Tallahassee State College**





**52%**

OF THE COLLEGES  
HAVE A COUNSELING  
OFFICE



**45%**

OF THE COLLEGES  
HAVE A LICENSED  
COUNSELOR ON-  
CAMPUS

## On Campus Counseling Access

Most FCS institutions provide access to on campus mental health services, though not all have a formal counseling office or licensed counselors on campus. This variation impacts how students access support and the immediacy of care available on site.

# Third-party Providers

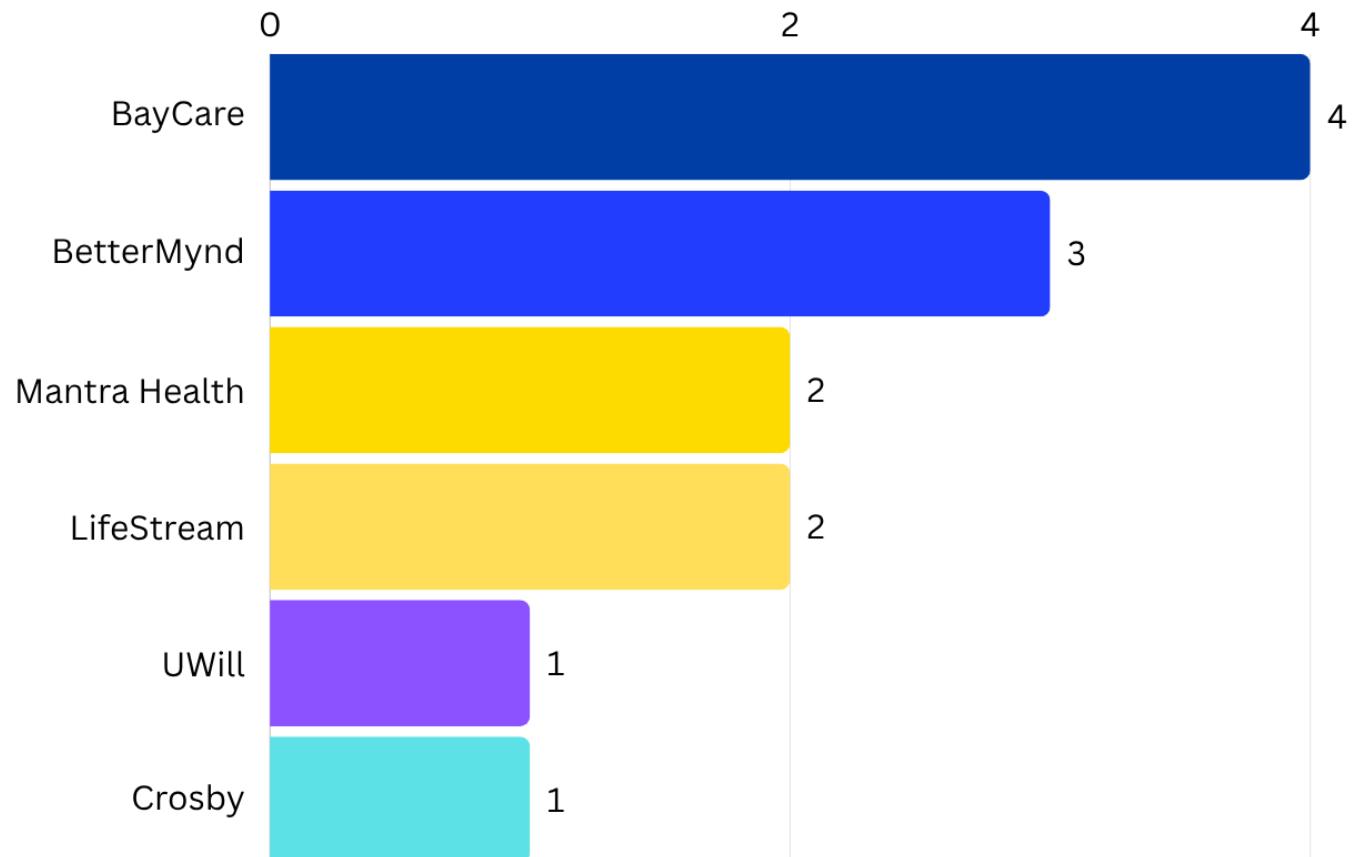
Most colleges use **external contracts** to provide mental health services for students.

Colleges using third-party services:  
**19 out of 22 (86%)**

## Vendors mentioned:

Timely Care  
Gee Resolutions  
Personal Advantage Health Advocate  
Citrus Health  
Aspire Mental Health Services  
Bridgeway Center, Inc.  
NAMI  
My College Doctor  
Directions for Living

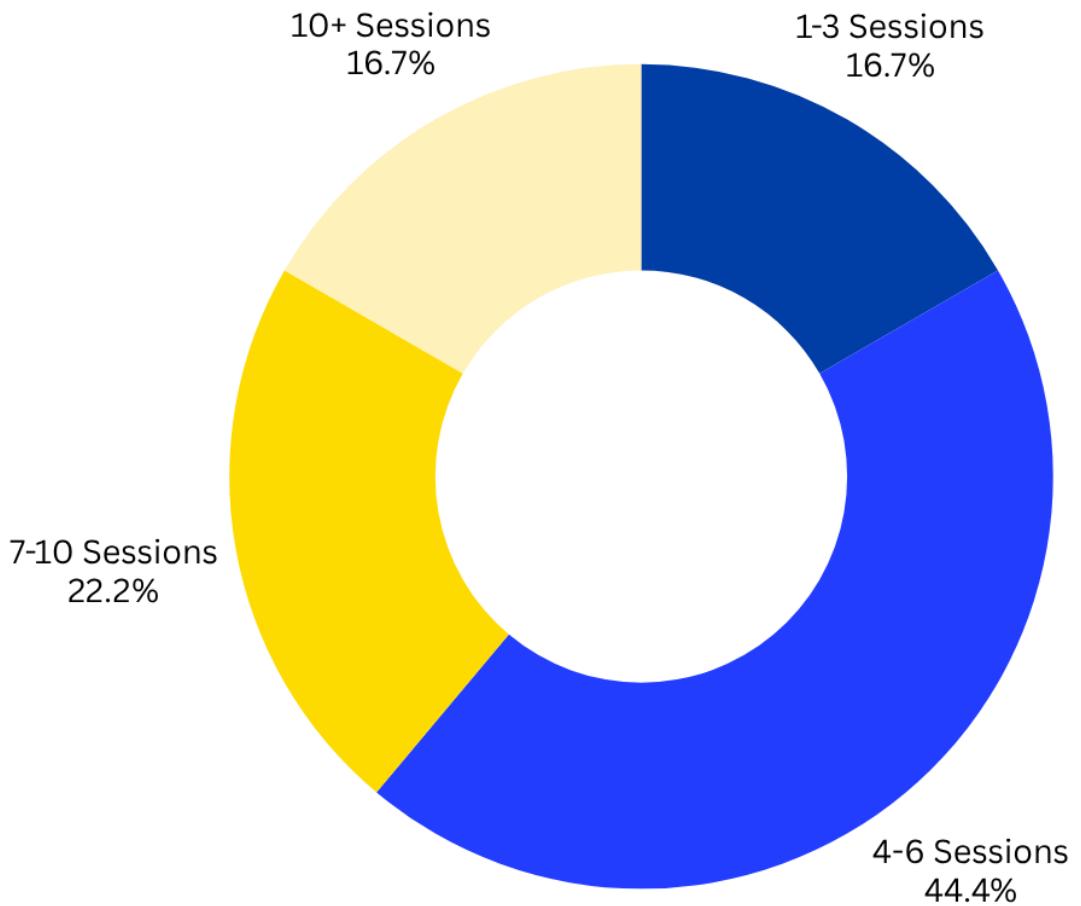
## TOP VENDORS USED

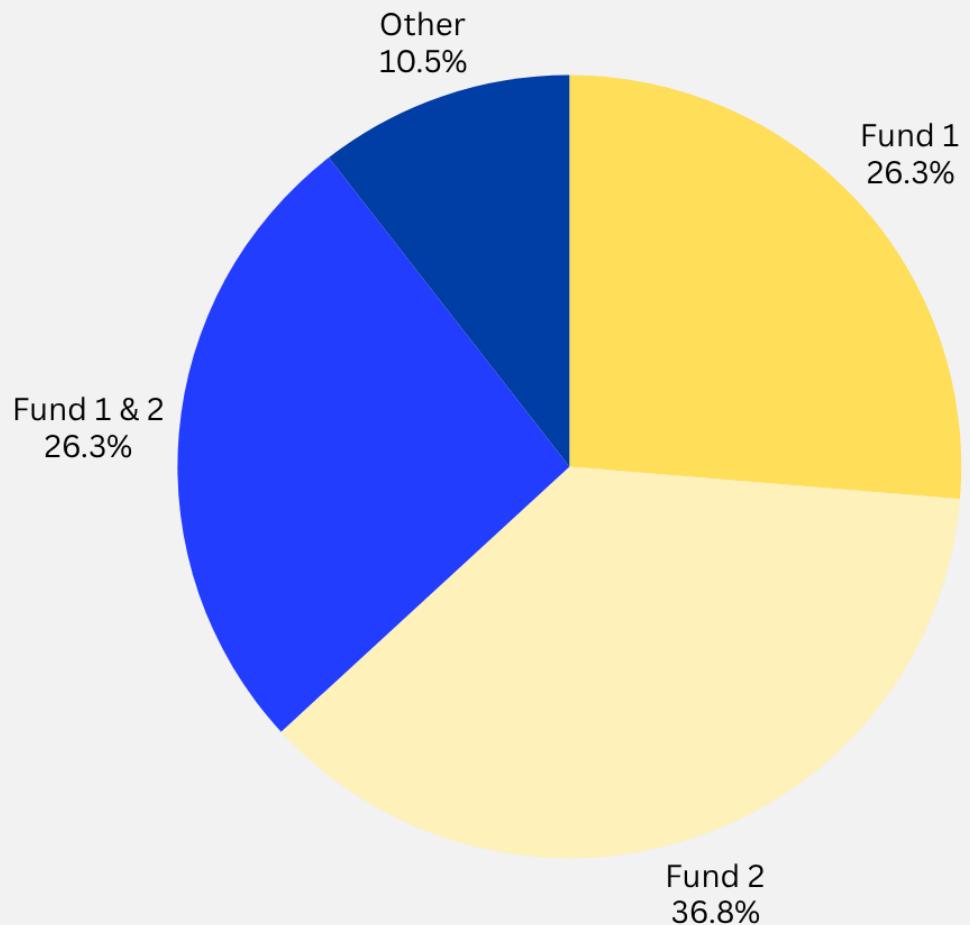


# Counseling Sessions Offered Per Student

The number of sessions available to students varies by institution.

Session limits can influence how much continuity of care a student receives.





# Funding Sources

Mental health services are primarily funded through two channels:

- **Fund 1:** Tuition and state support
- **Fund 2:** Student fees/grants & donations
- Some colleges are using a combination of both or outside funds.

## Key Insight:

Most institutions are finding **creative and flexible ways to fund** these critical services, often blending temporary relief dollars with ongoing institutional support.



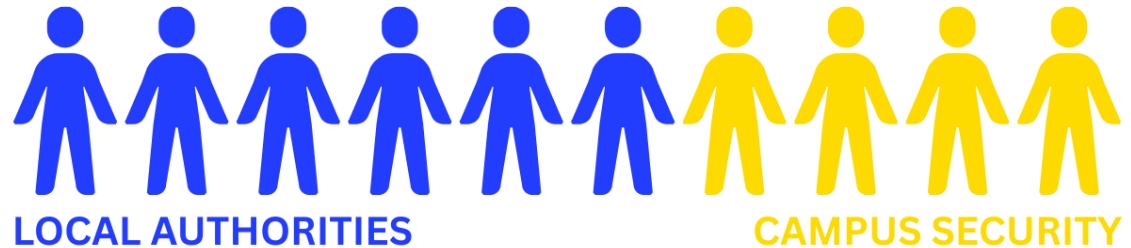
# Mental Health Trends

Colleges reported a variety of emerging and ongoing mental health trends:

- Increased demand for services
- Student preference **for in-person counseling**
- Growing needs related to **anxiety, depression, and crisis care**
- More students are expecting **free counseling** as part of their student experience

# Campus Support Structures

Support for students often includes partnerships beyond counseling to improve response time and student safety.



Of 23 responding colleges, 60% use **local law enforcement** for mental health crises, while 40% rely on **campus security & safety teams**

**80%** OF COLLEGES WORK WITH **STUDENT CONDUCT OFFICES**



# Key Takeaways

- Most FCS colleges offer mental health services, but delivery methods vary.
- Third-party contracts are widely used to extend or provide services.
- Students are seeking more support, and session limits/funding plays a critical role.
- Costs and vendors differ significantly, creating room for shared best practices.
- Mental health trends highlight a growing, complex need across all campuses.

# Thank You