DOWNTOWN CREDO

BOWLS & BITES

AVOCADO TOAST

Avocado spread on bread of choice. Topped with arugula, pepitas, sun dried tomatoes, and housemade pickled onions. Finished with a drizzle of balsamic glaze and a lemon twist.

SUNSHINE TOAST

Sunflower butter spread on bread of choice.

Topped with arugula, fresh fruit tossed in housemade jam and granola. Finished with a drizzle of
balsamic glaze.

POWER SAMMIE

Scrambled Just Egg with vegan cheddar cheese, plant-based chorizo, arugula, sun dried tomatoes, pepitas, house-made pickled onions and cilantro-lime crema on pan brioche.

POWER SALAD

Quinoa, chickpeas, and avocado on a bed of arugula.
Topped with house-made pickled onions, candied pecans, croutons, sun dried tomatoes, and blueberries. Choice of house-made cilantro-lime crema or citrus vinaigrette.
Add plant-based chorizo (+2)
Make it a wrap (+1)

ACAI BOWL

Açaí topped with house-made granola, fresh fruit, pepitas, and flax, hemp + chia seeds. Finished with a drizzle of agave or honey. Add sunflower butter (+1)

BREAKFAST BOWL

Home fries, black beans, avocado, scrambled Just Egg, and mushroom bacon on a bed of arugula. Topped with pepitas, house-made pickled onions and cilantro-lime crema.

Make it a wrap (+1)

BERRIES & CREAM FRENCH TOAST

Pan brioche stuffed with plant-based mascarpone, dusted with powdered sugar and topped with fresh fruit. Includes a side of housemade jam, berry syrup and/or brown sugar syrup.

VLT

Our take on the classic BLT. Plant-based bacon, arugula, tomatoes. Choice of mayo or cilantro-lime crema.

CHOICE OF SOURDOUGH OR MULTI GRAIN
GLUTEN FREE BREAD (+1)

DOWNTOWN CREDO

SMALL BITES

POWER OATS

Warm or overnight oats topped with our housemade jam and granola, fresh fruit, and flax, hemp + chia seeds. Finished with your choice of agave or honey. Add toast for + \$1

PARFAIT

Plant-based yogurt, topped with our housemade jam and granola, fresh fruit, and flax, hemp + chia seeds. Finished with your choice of honey or agave.

GRILLED CHEEZE

Vegan cheddar cheese on bread of choice.

S&J

Our take on a traditional PB&J. Made with sunflower butter and house-made jam on your bread of choice.

SIDES

HOME FRIES

BAKED GOODS

SEASONAL FRUIT

TOAST

MUSHROOM BACON

DESSERT

ICE CREAM FLOAT

Choice of soda with oat-based ice cream.

TIRAMISU

Vanilla sponge cake dipped in espresso, layered around creamy mascarpone and dusted with cacao.