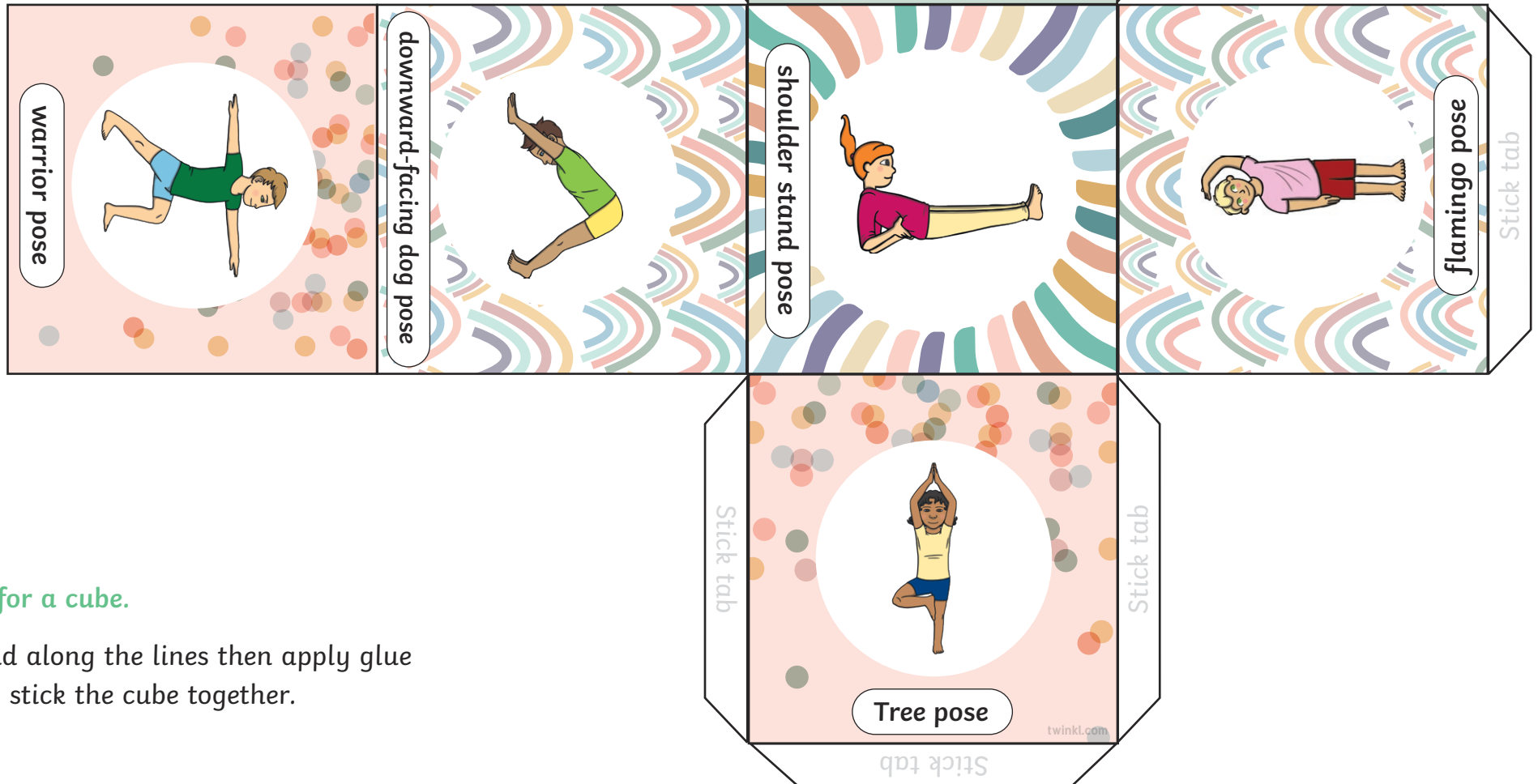


Roll a Yoga Pose

Brain Break Dice

Instructions: Roll a yoga pose and hold for 60 seconds.
Repeat as many times as the brain break lasts.



This is a net for a cube.

Cut it out, fold along the lines then apply glue to the tabs to stick the cube together.