

DAFNA PALTIN M.S.

Curriculum Vitae | La Jolla, California | Dpaltin@health.ucsd.edu | (610) 804-3452

EDUCATION

San Diego State University / University of California San Diego, Joint Doctoral Program in Clinical Psychology. Behavioral Medicine Track. M.S. in Clinical Psychology, May 2024.
Anticipated Ph.D. May 2027

Temple University, B.Sc. in Neuroscience, double minor in Psychology and Art History.
Honors Program, Cum Laude, May 2015

PROFESSIONAL DEVELOPMENT

Motivational Interviewing	March 7, 2024
Polysubstance Use Symposium	October 24-25, 2024
Cannabis, Cannabinoids, Cancer and Longevity Symposium, New York University	October 17-28, 2024
UC San Diego Transgender Health Care Symposium, University of California, San Diego	Dec. 17, 2022
Foundations in R for Clinical Research	June 2022
Q-Forward: Building LGBTQI+ Leaders in Health Care, Yale University	April 30-May 1, 2022
Integrative Medicine Course 625: Principles of Clinical Research, Yale University	July 20-31, 2020
National First-Generation & Low-Income in Medicine Conference, Yale University	June 9-11, 2020
Advancing Excellence in Sexual and Gender Minority Health, Harvard University	March 20-22, 2020
Sex and Gender in Health Disparities Research, University of Pennsylvania	June 13-14, 2019
Q-Med: Building LGBTQI+ Leaders in Health Care, Yale University	March 30-31, 2019

HONORS & AWARDS

Graduate and Professional Student Association, Fall Travel Grant Award	2024
Best Poster Award, Herbert Wertheim School of Public Health's Annual Research Day	2024
Trainee Champion of Diversity Award, Psychiatry Department, UC San Diego	2023
Diversity Award, 2023 Lewis L. Judd Young Investigators Symposium	2023
Outstanding Student Poster, American Academy of Health Behavior Convention	2023
Department of Psychiatry Diversity Fellowship Award	2023
JDP Grant Submission Award	2022
Graduate Student Fellowship, San Diego State University	2022
Meritorious Student Award, Society of Behavioral Medicine 43 rd Annual Meeting	2022
SDSU Graduate Student Travel Award	2022
JDP Advancement/Enhancement Award	2021, 2023
San Diego Fellowship, UC San Diego	2021, 2023
Best Poster Award, 17 th International Conference on Neurology and Neuroscience	2017
Cum Laude, Temple University	2015
Diamond Peer Scholar Award, Temple University	2014
Dean's List, Temple University	2011, 2013

RESEARCH EXPERIENCE

Doctoral Student Researcher, University of California—San Diego Aug. 2021 – Present
HIV Neurobehavioral Research Program (HNRP)
Mentors: Jessica Montoya, PhD and David Moore, PhD

Program Manager, Yale University Feb 2018 – July 2021
Recognizing and Eliminating disparities in Addiction through Culturally informed Healthcare (REACH)
Mentor: Ayana Jordan, MD, PhD

Research Center Manager, University of Wisconsin—Madison
NIH National Center for Quantitative Biology of Complex Systems (NCQBCS)
Mentor: Joshua Coon, PhD

Oct. 2017 – Aug. 2018

Clinical Research Assistant, University of Wisconsin—Madison
Tactile Communication and Neurorehabilitation Laboratory (TCNL)
Mentors: Yuri Danilov, PhD and Mitchell Tyler, MS, BME, PE

Sept. 2015 – Aug. 2017

Research Assistant, Temple University
Center for Neural Decision Making (CNDM)
Mentor: Angelika Dimoka, PhD

Sept. 2013 – Oct. 2014

SCIENTIFIC PUBLICATIONS

In Advanced Stages of Preparation

Paltin, D., Rogers, J. M., Cherner, M., Marquine, M., Moore, D. J., Montoya, J. L. Multiple Discrimination and Substance Use Disorders Among Racial and Sexual Minority Individuals with HIV: A Latent Profile Analysis.

Paltin, D., Ma, J., Heskett, K., Montoya, J. L. Systematized scoping review of interventions on intersectional stigma among adults in the context of substance use.

Turner, E., Nowicki, G., **Paltin, D.**, Isa, W. I., McDaniel, M., Ayegba, E., Navarre, K., Treichler, E. Mental Illness Stigma Among Psychology Trainees.

Serrano, V.B., Prescott, M., **Paltin, D.**, Maves, A., Yeager, S., Rivera Saldana, C., Montoya, J. L., Moore, D. J. Social Determinants of ART Adherence among Black Adults with HIV

Under Review

Serrano, V.B., Prescott, M., **Paltin, D.**, Maves, A., Rivera-Saldana, C., Yeager, S., Montoya, J.L., & Moore, D. J. (Submitted to BMC Public Health). Examining social determinants of antiretroviral adherence among Black adults with HIV.

Paltin, D., Patel, H., Bell, T. R., Abrams, M., Askew, A., Benster, L., Chentsova, V., Shariff, D., Minassian, A., & Schneeberger, A. (submitted to Clinical Psychological Science). Increased adverse health outcomes in sexual- and gender-minority populations exposed to stressful childhood experiences: a meta-analysis.

Published

1. **Paltin, D.**, Prescott, M., Ma, J., Yeager, S., Ham, L., Serrano, S., Narez, J., Delgado, J., Burk, L., Goeaux, B., Beckwith, M., Morris, S. R., Moore, D. J., Montoya, J. L. (Accepted for publication, May 2025, AIDS and Behavior). Barriers and Facilitators to prep Adherence Among Transgender and Non-Binary Individuals: A Mixed-Methods Analysis of Psychosocial Factors and Health Belief Model Constructs
2. Ma, J., **Paltin, D.**, Miller-Perusse, M., Buch, K. B., Jaramillo, J., Horvath, K. J. (2025). Pre-exposure prophylaxis care engagement among men who have sex with men in the United States during the COVID-19 pandemic: A scoping review. AIDS and Behavior. Advanced online publication. 10.1007/s10461-025-04791-y.
3. Eger, W. H., **Paltin, D.**, Ross, J. D., Bailey, K., Nguyen, A. V., Solomon, E. M., & Bazzi, A. R. (2025). Naloxone distribution amidst shifting drug use patterns: insights from a needs-based syringe services program. *Drug and Alcohol Dependence*, 112591.
4. Martinez, N. G., Seidman, D. L., Briscoe, H., Hayes, C. M., Ojukwu, E. I., **Paltin, D.**, & Roberts, S. C. M. (2024). Patients, colleagues, systems, and self: Exploring layers of physician emotions in caring for

- pregnant people who use substances and their newborns. *Journal of substance use and addiction treatment*, 164, 209432. Advance online publication. <https://doi.org/10.1016/j.josat.2024.209432>
5. Prescott MR, Yeager S, Ham L, Rivera Saldana CD, Serrano V, Narez J, **Paltin D**, Delgado J, Moore DJ, Montoya J (2024) Comparing the Efficacy and Efficiency of Human and Generative AI: Qualitative Thematic Analyses. *JMIR AI* 2024;3:e54482. doi: [10.2196/54482](https://doi.org/10.2196/54482)
 6. Ma, J., **Paltin, D.**, Miller-Perusse, M., Black, A., Baker, J. V., Horvath, K. J. (2024). Sexual racism on geosocial networking applications and identity outness among sexual minority men in the US. *Journal of Homosexuality*. Advanced online publication.
 7. Ham, L., Montoya, J. L., Serrano, V., Yeager, S., **Paltin, D.**, Pasipanodya, E. C., Marquine, M. J., Hoenigl, M., Ramers, C. B., Kua, J., & Moore, D. J. (2023). High Psychosocial Burden Relates to Poorer Antiretroviral Treatment Adherence Among Black/African American People with HIV. *AIDS patient care and STDs*, 37(2), 103–113. PMCID: PMC9963477
 8. Yeager, S., Serrano, V. B., **Paltin, D.**, Fisher, A., Willging, C., Karris, M., Aarons, G. A., Rangel, A., Flynn, R., Bolan, R., Moore, D. J., & Montoya, J. L. (2023). Qualitative examination of the impact of the COVID-19 pandemic and adherence to pre-exposure prophylaxis (PrEP) among sexual and gender minorities. *AIDS Education and Prevention*, 35(4), e-pub ahead of print. PMCID: PMC10849009
 9. **Paltin, D.**, Montoya, J. L., Weise, C., Conroy, C., Radatz, E. E., Strange, K. C., Moore, D. J., Sajatovic, M., & Levin, J. B. (2022). Effective engagement of a stakeholder advisory board in severe mental illness (SMI) research: A case study of a clinical trial to improve adherence among people with SMI and hypertension. *International journal of healthcare*, 8(2), 9–18. PMCID: PMC9894380
 10. Jordan, A., Mathis, M., Haeny, A., Funaro, M., **Paltin, D.**, & Ransome, Y. (2021). An Evaluation of Opioid Use in Black Communities: A Rapid Review of the Literature. *Harvard review of psychiatry*, 29(2), 108–130. PMCID: PMC8335706
 11. Danilov, Y., **Paltin, D.** (2018). Translingual Neurostimulation (TLNS): Perspective on a Novel Approach to Neurorehabilitation after Brain Injury. In: Srivastava, A., Cox, C. (eds) Pre-Clinical and Clinical Methods in Brain Trauma Research. *Neuromethods*, vol 139. Humana Press, New York, NY. https://doi.org/10.1007/978-1-4939-8564-7_19
 12. **Paltin, D.**, Danilov. Y. P., Tyler, M. E. (2018). Direct and Indirect Benefits of Translingual Neurostimulation Technology for Neurorehabilitation of Chronic Stroke Symptoms. In *Brain-Machine Interfaces: Uses and Developments*. Nova Science Publishers, Inc, Hauppauge, NY.
 13. **Paltin, D.**, Tyler, M., & Danilov, Y. (2017). Cognitive enhancement exciting discovery using trans-lingual neuro-stimulation. *Journal of Neurology and Neurorehabilitation Research*, 2(1), 39–45.

POSTER PRESENTATIONS

1. **Paltin. D.**, Montoya, M., Holloway, I., Turner, C., Flynn, R., Choz, M., Baumgardner, M., Bolan, R., Morris, S. (2025, June). *A Community-Centered Research Collaborative to Support the Adoption of Long-Acting Injectable Pre-Exposure Prophylaxis (LAI PrEP)*. Poster presented at the 20th Annual Lewis L. Judd Young Investigator's Research Symposium, UC San Diego. San Diego, CA.
2. Serrano, V.B., Prescott, M., **Paltin, D.**, Maves, A., Rivera-Saldana, C., Montoya, J.L., Yeager, & Moore, D. J. (2025, May). *Social determinants of antiretroviral adherence among Black adults with HIV*. Poster presented at the 2025 Association for Psychological Science, Washington, D.C.
3. Nguyen, A., Solomon, E., **Paltin, D.**, McGriff, S., Sidhu, S., Chun, S., Bailey, K., Schieber, J., Ross, J., Morgan, C. (2025, May). *Student-led Harm Reduction Outreach for People Experiencing Homelessness in San Diego*. Poster presented at the American Psychiatric Association Annual Meeting, Los Angeles, CA.

4. **Paltin, D.**, Rogers, J. M., Cherner, M., Marquine, M., Moore, D. J., Montoya, J. L. (2025, March). *Multiple Discrimination and Substance Use Disorders Among Racial and Sexual Minority Individuals with HIV: A Latent Profile Analysis*. Poster presented at the Society of Behavioral Medicine 46th Annual Meeting, San Francisco, CA.
5. Mastropietro, K. F., Rattigan, J. A., **Paltin, D.**, Umlauf, A., Grelotti, D. J., Fitzgerald, R. L., Grant, I., & Marcotte, T. D. (2025, February 12-15). *Does cannabis use impact driving performance when not acutely intoxicated? A study of 204 adults*. Poster presented at the International Neuropsychological Society 53rd Annual Meeting, New Orleans, LA.
6. Mastropietro, K. F., Rogers, J. M., **Paltin, D.**, Rattigan, J. A., Umlauf, A., Grelotti, D. J., Fitzgerald, R. L., Grant, I., & Marcotte, T. D. (2024, October). *Probing the relationship between cannabis users' sex and subjective cannabis intoxication in relation to cannabis use patterns and post-smoking blood THC concentrations*. Poster presented at the 2024 Medicinal Cannabis & Cannabinoid Science Symposium, Center for Medicinal Cannabis Research, UC San Diego, San Diego, CA.
7. **Paltin, D.**, Herry, P., Bell, T., Askew, A., Abrams, M., Minassian, A., Schneeberger, A. (2024, May). *Bridging Perspectives: A Multidisciplinary Team's Approach to Understanding Childhood Adversity and LGBTQ+ Health Outcomes*. Poster presented at the LGBT Health Workforce Conference 2024. New York, NY.
8. **Paltin, D.**, Rogers, J., Cherner, M., Marquine, M., Moore, D. J., Montoya, J. L. (2024, April). *Does Meeting Criteria for a Substance Use Disorder Mediate the Association between Discrimination and Depression Severity?* Poster presented at the 19th Annual Lewis L. Judd Young Investigator's Research Symposium, UC San Diego. San Diego, CA.
9. Eger, W., **Paltin, D.**, Ross, J., Han, B., Montoya, J. L., Moore, D. J., Bazzi, A. R. (2024, April) *Implementation considerations for safer smoking supplies and naloxone distribution in response to shifting substance use patterns in San Diego, California*. Poster presented at the 2024 Herbert Wertheim School of Public Health's Annual Research Day. San Diego, CA. ***Best poster award***
10. Serrano, V.B., Prescott, M., Rivera-Saldana, C, Narez, J., Maves, A., Yeager, S., **Paltin, D.**, Montoya, J.L., Moore, D.J. (2024, April). *Latent Growth Curve Modeling to Estimate ART Adherence Patterns among Black Adults with HIV*. Poster presented at the 19th Annual Lewis L. Judd Young Investigator's Research Symposium, UC San Diego, San Diego, CA.
11. Ma, J., **Paltin D.**, Amico, R. K., Hightow-Weidman, L., Sullivan, P., Horvath, K. J. (2024, April). The association between COVID-19's impact and adherence to antiretroviral therapy (ART) among youth living with HIV. Abstract published in the *Annals of Behavioral Medicine*, 58(1), S79, kaae014.01.
12. Turner, E., Nowicki, G., **Paltin, D.**, Isa, W. I., McDaniel, M., Ayegba, E., Navarre, K., Treichler, E. (2023, November). *Mental Illness Stigma Among Psychology Trainees*. Poster presented at the Association for Behavioral and Cognitive Therapies 57th Annual Convention. Seattle, WA.
13. **Paltin, D.**, Prescott, M., Burk, L., Morris, S. R., Moore, D. J., Montoya, J. L. (2023, June) *Increased Stress Among Transgender and Non-Binary Individuals Decreased PrEP Intervention Engagement* Poster presented at the 18th International Conference on HIV Treatment and Prevention Adherence. El Conquistador, PR.
14. **Paltin, D.**, Ma, J., Ham, L., Yaeger, S., Serrano, V., Prescott, M., Narez, J., Delgado, J., Burke, L., Morris, S. R., Moore, D. J., Montoya, J. L. (2023, April). *Taking other medications facilitates PrEP adherence among transgender women*. Poster presented at the 18th Annual Lewis L. Judd Young Investigator's Research Symposium, UC San Diego, San Diego, CA. ***Judd Symposium Diversity Award Winner***

15. Mastropietro, K. F., Rogers, J. M., **Paltin, D.**, Umlauf, A., Grelotti, D. J., Fitzgerald, R. L., Grant, I., & Marcotte, T. D. (2023, April). *Examining sex differences in subjective and objective indicators of intoxication: Cannabis use patterns and post-smoking whole blood THC*. Poster presented at the 18th Annual Lewis L. Judd Young Investigator's Research Symposium, UC San Diego, San Diego, CA.
16. Ma, J., **Paltin, D.**, Black, A., Baker, J. V., Horvath, K. J. (2023, March). *Sexual racism on geosocial networking applications and perceived social support among sexual minority men in the U.S.* Poster presented at the American Academy of Health Behavior 2023 Annual Meeting. San Francisco, CA. ***Outstanding Student Poster Award***
17. Mastropietro, K. F., Rogers, J. M., **Paltin, D.**, Umlauf, A., Grelotti, D. J., Fitzgerald, R. L., Grant, I., & Marcotte, T. D. (2023, Feb). *Exploration of sex differences in cannabis use patterns, driving performance, and subjective intoxication effects*. Poster presented at the International Neuropsychological Society 51st Annual Meeting, San Diego, CA.
18. Jordan, A., Tetrault, J., **Paltin, D.**, Cates-Wessel, K. (2020, Dec.). *REACH-ing to Eliminate Disparities in Addiction Treatment*. Poster presented at the American Academy of Addiction Psychiatry Annual Meeting and Scientific Symposium. Providence, RI. Virtual presentation due to COVID-19
19. Jordan, A., Tetrault, J., **Paltin, D.**, Cates-Wessel, K. (2020, June). *REACH - Recognizing and Eliminating disparities in Addiction through Culturally-informed Healthcare*. Poster presented at the The College on Problems of Drug Dependence (CPDD), Annual Scientific Meeting. Hollywood, FL. Virtual presentation due to COVID-19
20. Jordan, A., Tetrault, J., **Paltin, D.**, Cates-Wessel, K. (2020, June). *REACH-ing to Eliminate Disparities in Addiction Treatment*. Poster presented at the Yale Medical Education Day, New Haven, CT. Virtual presentation due to COVID-19
21. **Paltin, D.**, Mendiola, A., Gupta, S. (2020, June). *Understanding Perceptions and Improving Mental Health Care for LGBTQ+ Populations: A Qualitative Study*. Poster presented at the Yale Medical Education Day, New Haven, CT. Virtual presentation due to COVID-19
22. **Paltin D.**, Tyler, M. E., Danilov, Y. P. (2017, Oct.) *Cranial nerve non-invasive neuromodulation using the investigational PoNSTTM device for treatment of symptoms due to mild or moderate traumatic brain injury*. Poster presented at the 17th International Conference on Neurology and Neuroscience and 4th International Conference on Mental Health and Primary Care, Toronto, CA. ***Best Poster Award***
23. **Paltin D.**, Tyler, M. E., Danilov, Y. P. (2017, May) *CN-NINM intervention for the neurorehabilitation of disordered speech and emotion*. Poster presented at the 64th Annual Meeting of the American College of Sports Medicine (ACSM), 8th World Congress on Exercise Is Medicine and World Congress on The Basic Science of Exercise and the Brain, Denver, CO.
24. **Paltin, D.**, Tyler, M. E., Danilov, Y. P. (2017, March) *Cognitive enhancement: exciting discovery using TLNS technology*. Poster presented at the 12th World Congress on Brain Injury hosted by the International Brain Injury Association (IBIA), New Orleans, LA.

ORAL PRESENTATIONS

1. Endres-Dighe, S., et al., (2025). *Mechanisms of resilience and coping to intersectional HIV prevention and drug-use stigma among people who inject drugs in rural Appalachian Ohio*. [Journal Club Presentation by Paltin, D., 2025, May.]. HIV Neurobehavioral Research Center, University of California—San Diego
2. **Paltin, D.**, *Harm Reduction International Health Collective (HR-IHC)* (2025, January). [Council of Investigators (COI) Presentation]. HIV Neurobehavioral Research Center, University of California—San Diego

3. Turpin, R. et al., (2022) *Latent profiles of stigma and HIV pre-exposure prophylaxis among Black sexual minority men: an exploratory study*, [Journal Club Presentation by Paltin, D., 2025, Jan.]. HIV Neurobehavioral Research Center, University of California—San Diego.
4. **Paltin D.**, *Multiple Discrimination and Methamphetamine Use among Racial/Ethnic and Sexual Minority Individuals with HIV* (2025, January). Monthly People of Color Community Meeting.
5. **Paltin, D.**, *Harm Reduction International Health Collective (HR-IHC)* (2024, November). Guest lecture for FMPH 491: Substance Use and Population Health.
6. **Paltin, D.** *Multiple Discrimination and Meth Use among Racial/Ethnic and Sexual Minority People with HIV* (2024, October). UCSD HIV and Substance Use Research Seminar, Division of Infectious Diseases and Global Public Health.
7. **Paltin, D.** *Introduction to Harm Reduction*. (2024, July). Core Topics in Biomedical Sciences (CTBS) for entering UC San Diego medical students and pharmacy students. UC San Diego School of Medicine
8. **Paltin, D.** *How to Identify and Respond to an Opioid Overdose: Naloxone Training for Healthcare Professionals*. (2024, July). UC San Diego School of Public Health and Human Longevity Science
9. **Paltin, D.** *Mixed-Methods analysis of PrEP Adherence in a Sample of Transgender and Nonbinary Adults*, [Journal Club Presentation by Paltin, D., 2024, Feb.]. HIV Neurobehavioral Research Center, University of California—San Diego].
10. **Paltin, D.**, Burke, L., Morris, S. R., Moore, D. J., Montoya, J. L. (2023, April) *Taking Other Medication Facilitates PrEP Adherence Among Transgender Women*. [Paper presentation]. 44th annual meeting of the Society of Behavioral Medicine. Phoenix, AZ.
11. **Paltin, D.**, Montoya, J. L., Weise, C., Conroy, C., Radatz, E. E., Strange, K. C., Moore, D. J., Sajatovic, M., Levin, J. B. (2022, April). *A Model for Improving Stakeholder Engagement in Mental Health Care*. [Paper presentation]. 43rd annual meeting of the Society of Behavioral Medicine. Baltimore, MD.
Meritorious Student Award
12. Schafer, K. R., et al., (2022) *Stigma, Social Support, and Substance Use in Diverse Men Who Have Sex with Men and Transgender Women Living with HIV in the US Southeast*, [Journal Club Presentation by Paltin, D., 2022, Feb.]. HIV Neurobehavioral Research Center, University of California—San Diego.
13. Calabrese, S. K., et al., (2022) *An Experimental Study of the Effects of Patient Race, Sexual Orientation, and Injection Drug Use on Providers' PrEP-Related Clinical Judgments*, [Journal Club Presentation by Paltin, D., 2022, Dec.]. HIV Neurobehavioral Research Center, University of California—San Diego.
14. **Paltin, D.** (2022, Aug.) *PrEP Adherence in Transgender and Nonbinary Persons*, [Council of Investigators (COI) Presentation]. HIV Neurobehavioral Research Center, University of California—San Diego.
15. Morales, S., **Paltin, D.**, Dew, K., Wagner, K., Higginbottom, J., Funaro M. (2021, Sept.). *Bi+ Invisibility in Primary Care: Bi+ Health Disparities, Gaps in Healthcare, and Recommendations for Healing the Gaps*. [Oral Presentation]. Bisexuality Research Conference. Virtual conference
16. Gupta, S., Mendiola, A., **Paltin, D.** (2020, Oct.). *Knowledge, Attitudes, and Practices of Mental Health Professionals with Clients Identifying as LGBTQ+*. [Workshop presentation] American Association for Community Psychiatry. Philadelphia, PA. Cancelled due to COVID-19
17. **Paltin, D.** (2021, April) *Critical Evaluation of Research Methods Centering Sexual and Gender Minority Populations*, Guest Lecturer, Graduate student course Research Methods, University of Connecticut.

TEACHING EXPERIENCE

- Course Instructor, UCSD Summer Springboard Program June-July 2025
- Lead instructor for an Intro to Psychology & Neuroscience course
 - Two-week program for ambitious high school students preparing to transition to college in the Fall
 - Provided daily didactics (4 hours/day) in-person for 40 students
- Education Co-Director, Harm Reduction Outreach and Syringe Service Program Jan. 2024 – Present
Harm Reduction International Health Collective (IHC)
- Student-led independent 501c3 organization
 - Design and implement Harm Reduction elective course for the UCSD School of Medicine
 - Provide community workshops and training for overdose prevention and reversal
 - Distribute free harm reduction supplies and resources to unhoused communities of San Diego and Tijuana
- Undergraduate Teaching Assistant, Temple University Sept. 2014 – Dec. 2014
College of Liberal Arts, Department of Neuroscience
- Recipient of the Diamond Scholar Teacher Award
 - Independent Research Topic: Neurorehabilitation via Sensory Substitution

CLINICAL POSITIONS

- San Diego State University Psychology Clinic, San Diego, CA
Psychology Trainee July 2022 – June 2023
Supervisors: Nader Amir, Ph.D., Miguel Villodas, Ph.D.
Duties: Provided diagnostic and psychotherapeutic services in a community mental health facility to a diverse array of adults and children experiencing a wide array of mood, anxiety, and social/developmental disorders. Services included comprehensive psychological assessments, individual psychotherapy for adults, and family-systems therapy for parents and children, primarily utilizing cognitive-behavioral therapy modalities.
- Dial Diagnosis Recovery Program (DDRP) Clinic, VA San Diego Healthcare System, La Jolla, CA
Psychology Trainee July 2023 – June 2024
Supervisor: James McDonald, Ph.D.
Duties: Provided diagnostic and psychotherapeutic services to veterans with dual diagnoses of substance use, mood disorders, and trauma. Services included diagnostic clinical assessments to differentiate substance-induced from independent psychiatric services. Services included individual psychotherapy, integrated group therapy, medication assisted treatment consultation, and harm reduction from a cognitive-behavioral lens.
- Family Mental Health Program (FMHP), VA San Diego Healthcare System, Rio, CA
Psychology Trainee July 2024– June 2025
Supervisor: Shelley Kind, Ph.D.
Duties: Provided diagnostic and psychotherapeutic services to veterans experiencing marriage and relationship challenges, often comorbid with PTSD, anxiety, depression, substance use, severe mental illness, and/or other mental health issues. Services included comprehensive psychological assessments, individual sex therapy, and group psychotherapy for couples using transdiagnostic treatment approaches that rely on case formulations.
- Behavioral Sleep Medicine Clinic, UC San Diego Health System, La Jolla, CA
Psychology Trainee July 2025 – June 2026
Supervisor: Henry Orff, Ph.D.
Duties: Provided diagnostic and psychotherapeutic services in an academic medical center specifically focused on sleep disorders (i.e., sleep apnea, insomnia, restless legs syndrome, narcolepsy, sleepwalking and other parasomnias, sleep disorders related to medical or psychiatric conditions, sleep-related neurologic disorders, circadian rhythm sleep disorders, and REM behavior disorders). Services include assessment; diagnosis; and intervention using cognitive-behavioral therapy and motivational interviewing.

ACADEMIC SERVICE

University of California, San Diego (UCSD)

Member, Graduate and Professional Student Association	Sept. 2021 – Present
Invited Speaker, Clinical Psychology Research, Undergraduate Course	Dec. 2022
Panelist, Health Disparities Initiative (HDI) Mental Health Awareness Seminar, Undergraduate Psychology Department	Nov. 10, 2021
Panelist, Pathways to PhD's, Undergraduate Psychology Department	Oct. 28, 2021

UCSD School of Medicine, Psychiatry Department

Early Career Council	Sept. 2024 – Present
Chair's Advisory Committee on Diversity Issues, Psychiatry Department	April 2022 – Present
Member of LGBTQ+ Working Group, Psychiatry Department	
Member of Addiction Special Interest Group (ASIG), Psychiatry Department	Sept. 2022 – Present
Litrownik Scholar Award Selection Committee	April 2022 – Present
Student Review of Faculty Candidates, Psychiatry Department	May 2022; 2023; 2024; 2025 Dec. 2022

San Diego State University (SDSU), Psychology Department

Member, Diversity Committee, SDSU Psychology Department	
Panelist, Psychology Graduate Student Welcome Reception	Oct. 2022 – Present Aug. 18, 2022

SDSU/UC San Diego Joint Doctoral Program (JDP)

JDP Student Council and Steering Committee, Cohort Representative	Oct. 2021 – Present
Justice, Equity, Diversity, Inclusion (JEDI) Committee	
Student Review of JDP applicants, Behavioral Medicine Track	May 2023 December 2022

Yale University, LGBTQ+ Affinity Group

Co-chair of LGTBQ+ Affinity Group	
Co-Founder, Yale Q-BIPOC Support Group, Yale University	July 2020 – June 2021
Founder, Invisible Majority Bi+ Support Group, Yale University	Sept. 2020 March 2019

Yale School of Medicine

Member, Dean's Advisory Council (DAC) on LGBTQI+ Affairs	March 2020 – June 2021
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Connecticut Mental Health Center (CMHC)

Interim-Chair, GENSIS Committee	Sept. 2020 – June 2021
Member, Gender, Sexual Inclusivity, and Safety (GENSIS) Committee	Oct. 2019 – Sept. 2020

COMMUNITY SERVICE

Education Co-Director, Harm Reduction Outreach and Syringe Service Program	Jan. 2024 – Present
Team Leader, Harm Reduction Outreach and Syringe Service Program	Dec. 2022 – Present
Mentor, Psychin'Out Mentorship Program for Aspiring Psychology Students	2021 – Present
Panelist, Harm Reduction in Practice, MUIR pre-medical students	May 2025
Panelist, Careers in Psychology, Psych 116 Undergraduate Course	January 2024
Panelist, "Breaking Down Barriers" Community Health Fair	November 2023
Panelist, Judd Symposium Mental Health Career Panel	April 2023
Moderator & Panelist, Psychin' Out Workshop <i>Fall 2023 Application Bootcamp</i>	Summer 2022
- <i>Part 1: Applying to Grad School & Research Goals.</i>	July 20, 2022
- <i>Part 2: Picking Programs.</i>	July 27, 2022

- *Part 3: Statements & Application Materials.*

Committee member, A Place to Nourish your Health (APNH), New Haven, CT
Mentor, Yale Office of LGBTQ Resources, Yale University, New Haven, CT
Mentor, True Colors Inc. Sexual Minority Youth and Family Services, Hartford, CT
Member, Community Leadership Program, William Caspar Graustein Memorial Fund

August 3, 2022
Oct. 2020-Oct. 2021
Sept. 2019-May 2021
April 2019-May 2021
July 2019-June 2020

MANUSCRIPTS REVIEWED

Journal Name, Date

Journal of AIDS and Behavior, March 2022
Journal of AIDS and Behavior, July 2022
Archives of Sexual Behavior, October 2021

PROFESSIONAL MEMBERSHIP

American Psychological Association (APA)
Association for Behavioral and Cognitive Therapies (ABCT)
Society for Behavioral Medicine (SBM)