

An aerial photograph of a winding asphalt road that curves through a dense, green forest. The road is light gray and contrasts with the dark green trees. The forest appears to be a mix of deciduous and coniferous trees. The road starts from the bottom left and winds upwards and to the right, disappearing into the trees in the distance. The overall tone is natural and serene.

# "The Dynamic Olympics: Exploring Changes in Athlete Profiles, Sporting Excellence, and Medal Patterns"

PAIR 27  
APPLIED DATA SCIENCE  
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# INTRODUCTION

- "The Olympic Games have been the pinnacle of international athletic competition for over a century, with a rich history that dates back to the first modern Games in Athens in 1896."
- "Spanning from the inaugural Athens Games to the 2016 Rio de Janeiro event, the Olympics have evolved into a global spectacle, reflecting the world's diversity and excellence in sports."

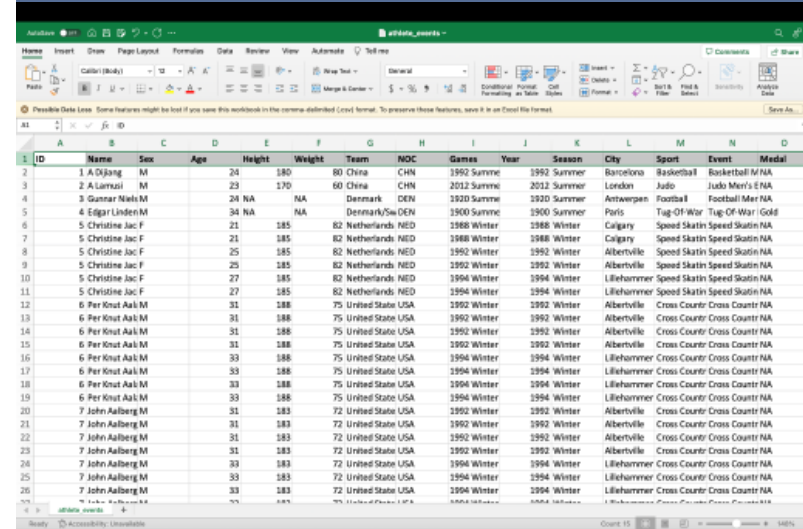


# DATASET

Our analysis is based on the 'athlete\_events.csv' file, a rich dataset that encapsulates the vast history of the Olympic Games through 271,116 rows and 15 columns.

- **ID:** "A unique identifier for each athlete, allowing us to track their events and performances."
- **Name:** "The athlete's name, the cornerstone of our demographic analysis."
- **Sex:** "The gender of the athlete, vital for understanding participation trends."
- **Age:** "The age at the time of competition, offering insights into the age distribution of Olympians."
- **Height and Weight:** "Physical attributes that may correlate with performance in certain sports."
- **Team and NOC:** "The team name and National Olympic Committee representation highlight the global diversity of the Games."
- **Games, Year, and Season:** "These columns allow us to track the temporal evolution of the Olympics and the distinction between Summer and Winter Games."
- **City:** "The host city, which speaks to the geographical spread and reach of the Olympics."
- **Sport and Event:** "The specific sport and event detail the range of athletic disciplines within the Games."
- **Medal:** "The type of medal won, if any, allowing us to analyze patterns of sporting excellence."

## athlete\_events.csv

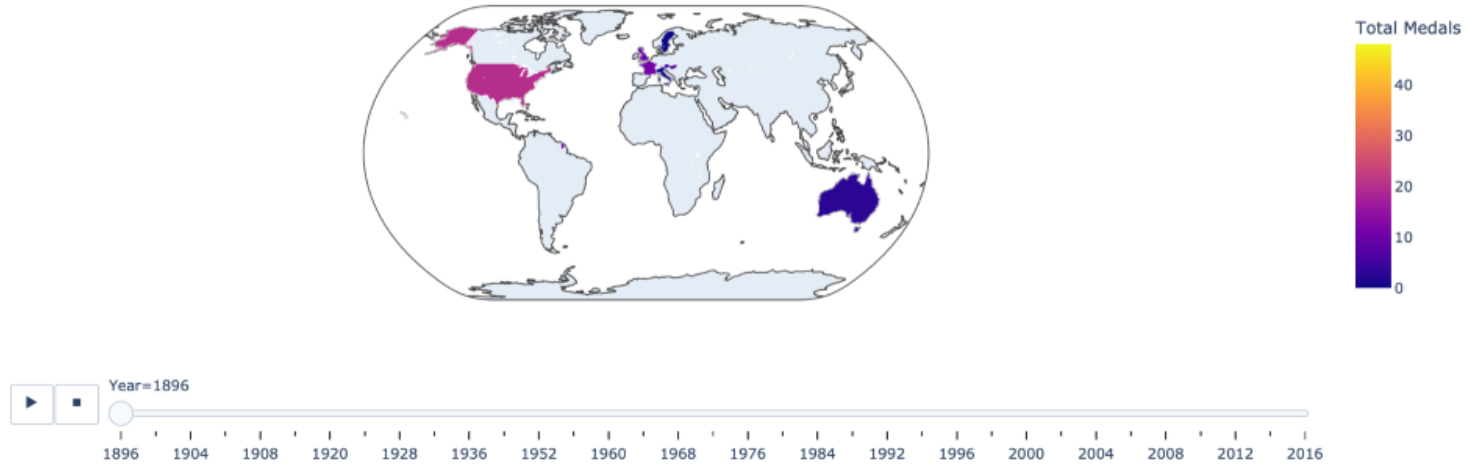


ID	Name	Sex	Age	Height	Weight	Team	NOC	Games	Year	Season	City	Sport	Event	Medal
1	A. Jiang	M	24	180	80	China	CHN	1992 Summer	1992	Summer	Barcelona	Basketball	Basketball M NA	
2	A. Lamusi	M	23	170	60	China	CHN	2012 Summer	2012	Summer	London	Judo	Judo Men's E NA	
3	Gunnar Niels	M	24	NA	NA	Denmark	DEN	1920 Summer	1920	Summer	Antwerpen	Football	Football Men NA	
4	Edgar Linden	M	34	NA	NA	Denmark/Sw	DEN	1900 Summer	1900	Summer	Paris	Tug-Of-War	Tug-Of-War NA	Gold
5	Christine Jac F	F	21	185	82	Netherlands	NED	1988 Winter	1988	Winter	Calgary	Speed Skatin	Speed Skatin NA	
6	Christine Jac F	F	21	185	82	Netherlands	NED	1988 Winter	1988	Winter	Calgary	Speed Skatin	Speed Skatin NA	
8	Christine Jac F	F	25	185	82	Netherlands	NED	1992 Winter	1992	Winter	Albertville	Speed Skatin	Speed Skatin NA	
9	Christine Jac F	F	25	185	82	Netherlands	NED	1992 Winter	1992	Winter	Albertville	Speed Skatin	Speed Skatin NA	
10	Christine Jac F	F	27	185	82	Netherlands	NED	1994 Winter	1994	Winter	Lillehammer	Speed Skatin	Speed Skatin NA	
11	Christine Jac F	F	27	185	82	Netherlands	NED	1994 Winter	1994	Winter	Lillehammer	Speed Skatin	Speed Skatin NA	
12	Per Knut Aak M	M	31	188	75	United State	USA	1992 Winter	1992	Winter	Albertville	Cross Count	Cross Count NA	
13	Per Knut Aak M	M	31	188	75	United State	USA	1992 Winter	1992	Winter	Albertville	Cross Count	Cross Count NA	
14	Per Knut Aak M	M	31	188	75	United State	USA	1992 Winter	1992	Winter	Albertville	Cross Count	Cross Count NA	
15	Per Knut Aak M	M	31	188	75	United State	USA	1992 Winter	1992	Winter	Albertville	Cross Count	Cross Count NA	
16	Per Knut Aak M	M	33	188	75	United State	USA	1994 Winter	1994	Winter	Lillehammer	Cross Count	Cross Count NA	
17	Per Knut Aak M	M	33	188	75	United State	USA	1994 Winter	1994	Winter	Lillehammer	Cross Count	Cross Count NA	
18	Per Knut Aak M	M	33	188	75	United State	USA	1994 Winter	1994	Winter	Lillehammer	Cross Count	Cross Count NA	
19	Per Knut Aak M	M	33	188	75	United State	USA	1994 Winter	1994	Winter	Lillehammer	Cross Count	Cross Count NA	
20	John Aalberg M	M	31	183	72	United State	USA	1992 Winter	1992	Winter	Albertville	Cross Count	Cross Count NA	
21	John Aalberg M	M	31	183	72	United State	USA	1992 Winter	1992	Winter	Albertville	Cross Count	Cross Count NA	
22	John Aalberg M	M	31	183	72	United State	USA	1992 Winter	1992	Winter	Albertville	Cross Count	Cross Count NA	
23	John Aalberg M	M	31	183	72	United State	USA	1992 Winter	1992	Winter	Albertville	Cross Count	Cross Count NA	
24	John Aalberg M	M	33	183	72	United State	USA	1994 Winter	1994	Winter	Lillehammer	Cross Count	Cross Count NA	
25	John Aalberg M	M	33	183	72	United State	USA	1994 Winter	1994	Winter	Lillehammer	Cross Count	Cross Count NA	
26	John Aalberg M	M	33	183	72	United State	USA	1994 Winter	1994	Winter	Lillehammer	Cross Count	Cross Count NA	
27	John Aalberg M	M	33	183	72	United State	USA	1994 Winter	1994	Winter	Lillehammer	Cross Count	Cross Count NA	

# 1. Dynamic Evolution of Global Olympic Medal Distribution

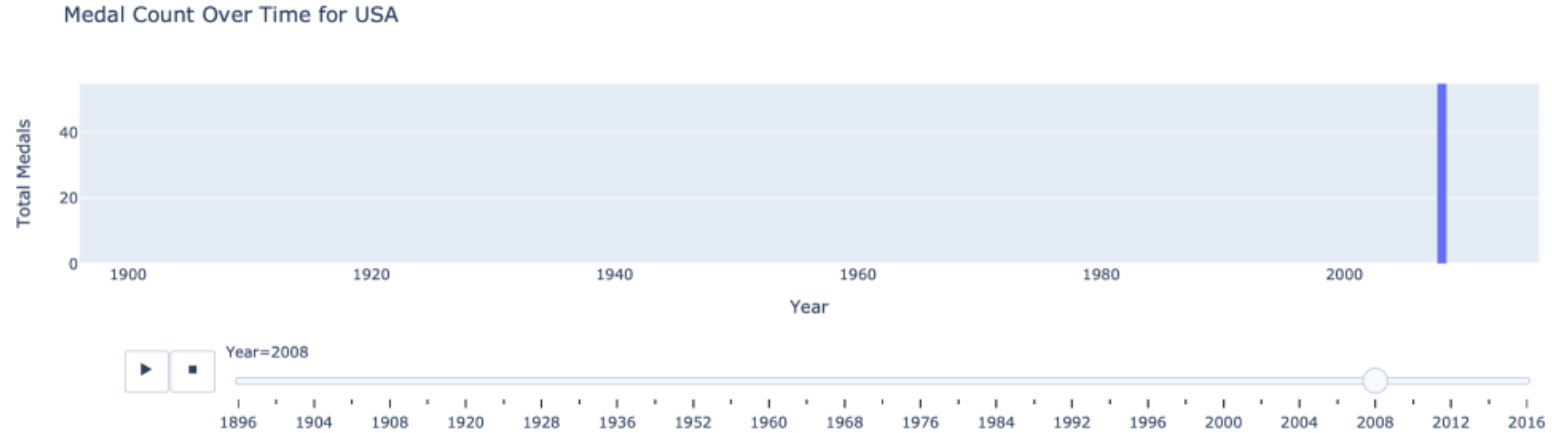


Total Medal Count by Country Over Time



- The color gradient on the globe, ranging from purple to yellow, illustrates the total medal count – with warmer colors indicating a higher count of Olympic medals.
- The interactive slider allows viewers to navigate through Olympic years, dynamically showcasing the shifting patterns of medal distribution across the globe.
- The visualization captures the historical dominance of certain countries in the Olympics over time.
- It also highlights emerging nations and their rise in Olympic success through different eras.

## 2.Temporal Analysis of United States' Olympic Medal Performance

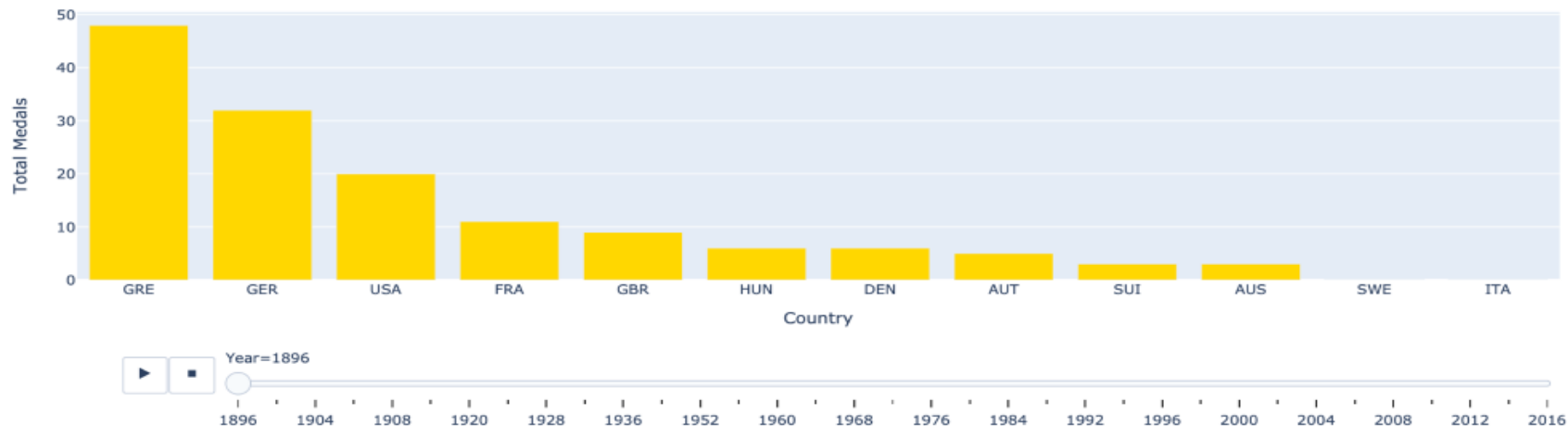


- The bar chart dynamically displays the count of Olympic medals won by the United States over time. The interactive slider allows for temporal navigation, showcasing performance in different Olympic years.
- The visualization provides insights into the USA's Olympic performance trends, including periods of high achievement and times of fewer medal wins, reflecting historical contexts and the evolution of the country's athletic programs.
- This dynamic bar chart serves as a crucial tool for analyzing long-term trends and patterns in the USA's Olympic history, aiding in our understanding of sports development and international competition



### 3. "Exploring Olympic Medal Trends: Dynamic Bar Chart Comparing Country Performances Over Time"

Total Medal Count by Country Over Time

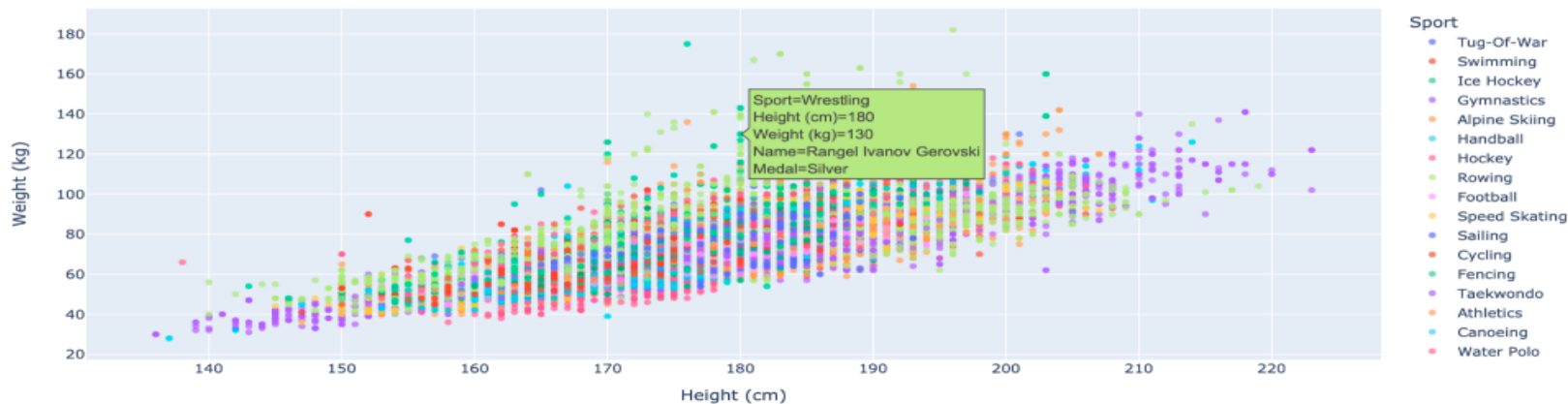


- This bar chart illustrates the total number of Olympic medals won by various countries in a selected year, providing a clear comparison of each country's performance.
- Below the chart is an adjustable slider, enabling viewers to change the displayed year. As the slider is moved, the chart animates to reveal the medal count fluctuations over time.
- This interactive feature allows for an in-depth analysis of historical performance, showing trends, peaks, and dips in countries' Olympic successes.

## 4. Exploring Athlete Physiques in the Olympics: A Scatter Plot Analysis Reveals Diverse Body Types, Correlation Trends, and Sport-Specific Clusters"



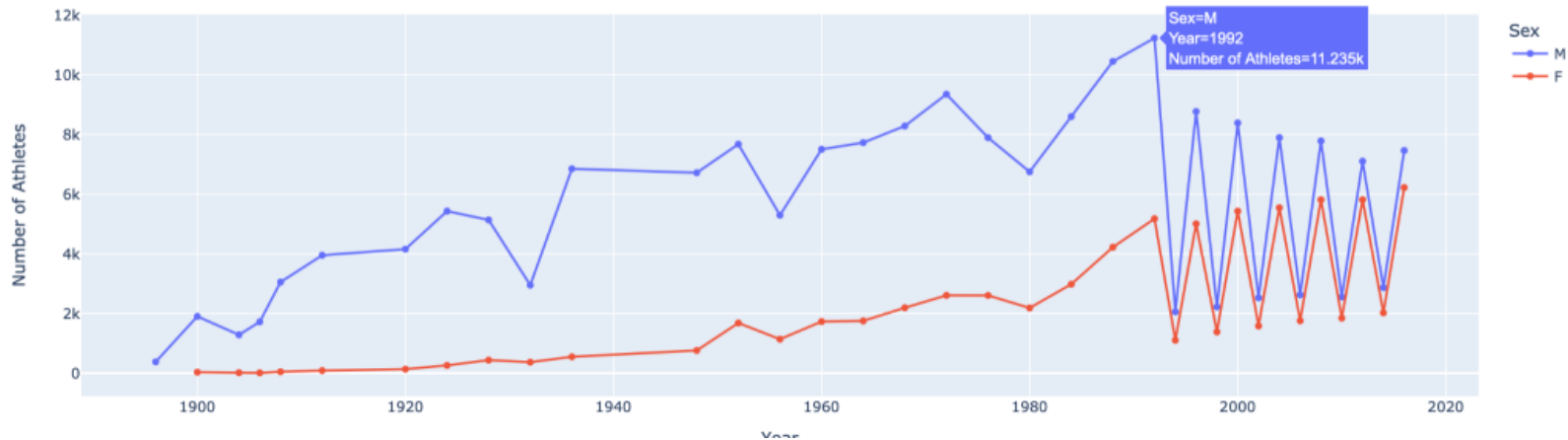
Relationship Between Height, Weight, and Medals



- The scatter plot vividly demonstrates the diversity of athlete physiques across a range of Olympic sports, reflecting the unique physical demands of each discipline.
- A general positive correlation can be observed, indicating that taller athletes are often heavier, which may confer advantages in specific sports.
- The spread of medalists' physical attributes across sports suggests that while height and weight are factors, they are not definitive predictors of Olympic success.

## 5. Participation Trends by Gender Over the Years

Participation Trends by Gender Over the Years

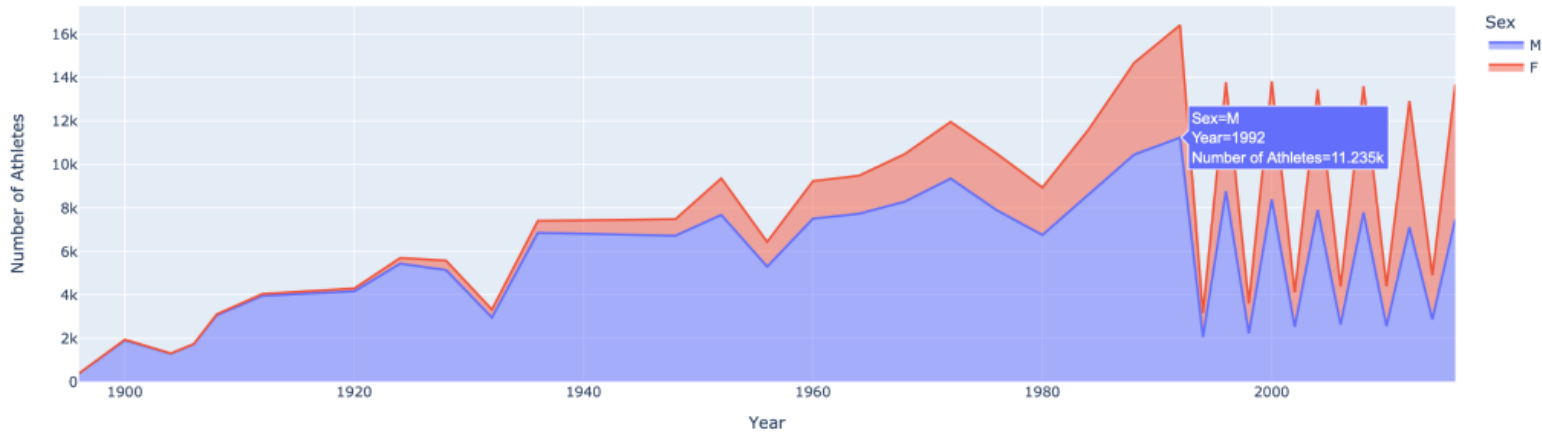


- Notable upward trajectory in female participation, demonstrating progress in gender diversity
- Despite the increase in female athletes, male participation has remained consistently higher, indicating an ongoing gender gap.
- The trends highlight a positive direction towards gender balance in the Olympics, yet underscore the need for continued efforts to close the gender gap.



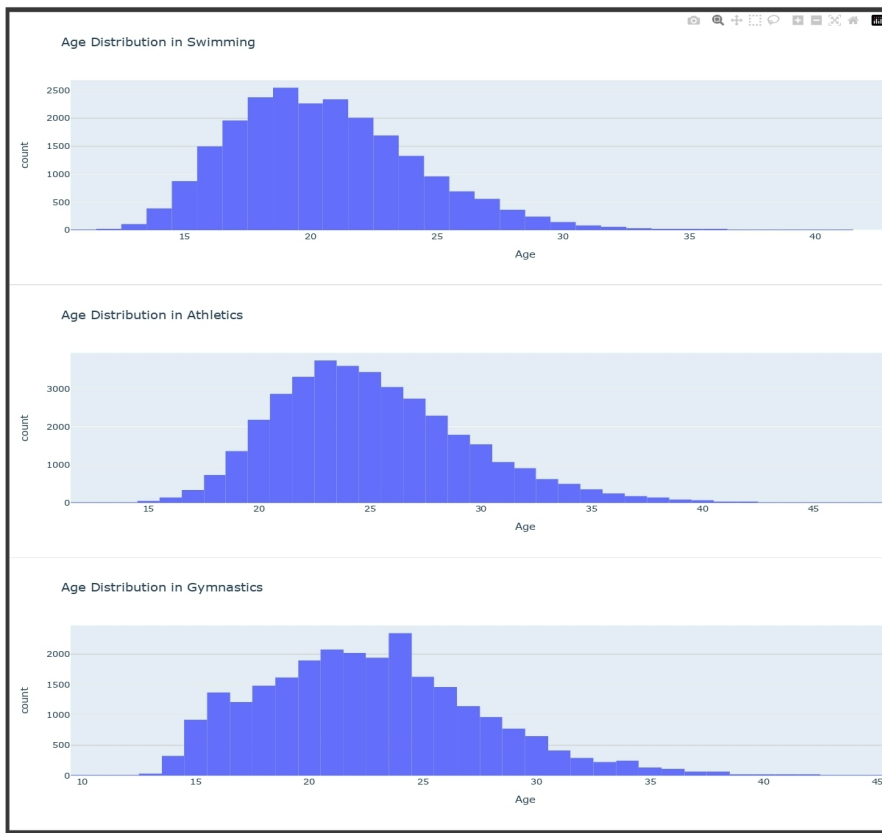
## 6. Growth of Athlete Participation by Gender

Growth of Athlete Participation by Gender



- Significant growth in female participation, with a steep increase since the 1980s reflecting progressive changes.
- Overall growth in male participation with noticeable periodic declines, potentially linked to historical events like wars or boycotts
- The data illustrates a broader narrative of societal change and the impact of international policies on promoting inclusivity in sports.

## 7. "Age Trends in Competitive Sports: Analyzing Athlete Demographics Across Swimming, Athletics, and Gymnastics"



### FIRST PLOT

- **Peak Performance:** The highest concentration of swimmers is at age 20, indicating a trend where competitive swimming is most favored by younger adults
- **Career Lifespan:** Rapid decline post-peak suggests competitive swimming careers are shorter, likely due to the sport's intense physical demands.

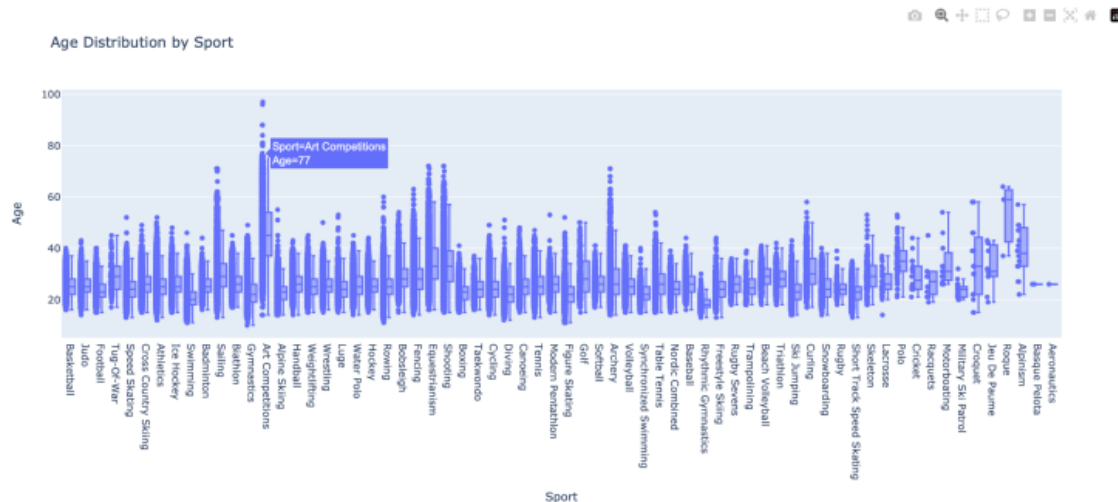
### SECOND PLOT

- **Dominant Age Bracket:** Athletes are most commonly aged between 20 to 25 years, signifying the prime age for competition.
- **Sustained Competitiveness:** The decline after mid-20s reflects the transition of athletes to other roles or retirement from active competition.

### THIRD PLOT

- **Youth Dominance:** A pronounced presence of gymnasts in their late teens highlights the sport's reliance on the agility and flexibility of youth.
- **Competitive Longevity:** The stark decline beyond the early 20s may be attributed to the high physical demands and the peak performance window in gymnastics.

## 8. Analyzing Age Distribution Variability Across Athletic Disciplines



- This graph showcases the varying age ranges across different sports, reflecting the unique career spans and inclusivity of age groups in each discipline
- Sports such as Art Competitions show a wide age range, implying longer athletic careers or varying competition levels catering to a broad spectrum of ages
- Median ages differ by sport, indicating certain disciplines may be more favorable to or dominated by specific age groups. For example, sports with lower median ages may prioritize youth due to the high physical demands.
- Outliers represent exceptional cases of athletes who compete outside the typical age range, highlighting the individual variations within each sport.

## 9. Diverse Athlete Physiques Among Olympic Gold Medalists



- This scatter plot reveals the diversity of body types among Olympic gold medalists, showcasing that champions come in all sizes.
- Athletes from sports with varying physical demands demonstrate a broad spectrum of heights and weights.
- The plot underlines that optimal physique for gold medalists varies by sport, aligning with the specific physical demands of each discipline.



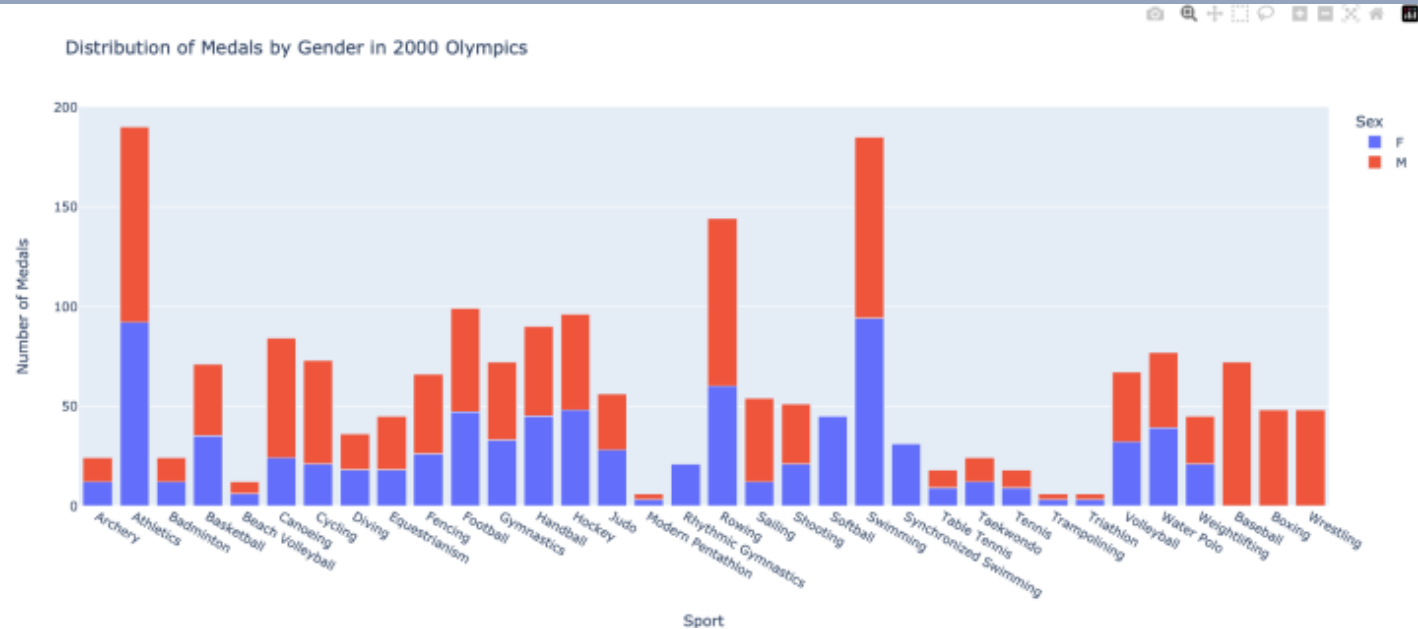
## FIRST PLOT

- This chart illustrates the median heights of male (blue) and female (red) athletes across a spectrum of sports, highlighting taller statures in male athletes in most disciplines.
- Certain sports like basketball exhibit taller height profiles for both genders, suggesting a competitive edge for height in these disciplines

## SECOND PLOT

- This graph displays the weight ranges of male and female athletes, with males generally showing higher median weights across sports.
- Sports such as weightlifting and rugby favor higher weight ranges, emphasizing the role of mass and strength, while gymnastics favors lighter weights, aligning with the need for agility.

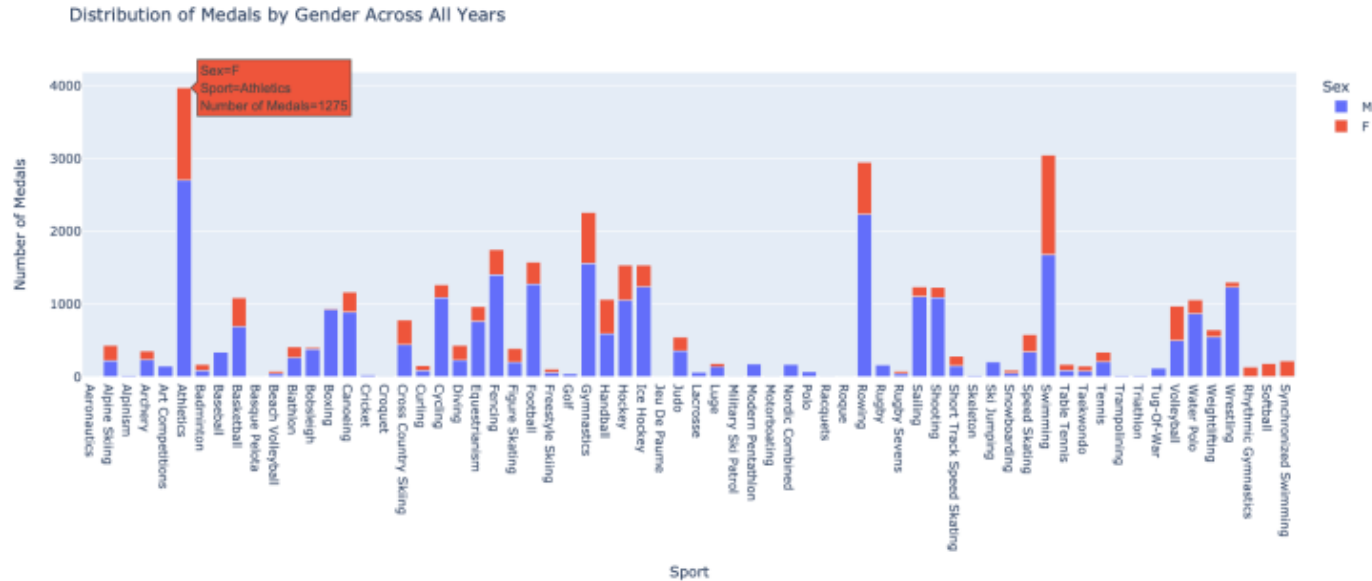
## 11. Gender Disparities in Medal Distribution: A Comparison of Male and Female Athletes' Medal Counts Across Sports in the 2000 Olympics"



- Male athletes have secured more medals in a majority of sports, indicating potential disparities in medal distribution between genders during the 2000 Olympic
- Sports such as gymnastics and diving witnessed a higher medal count for female athletes, perhaps reflecting greater competitiveness or more opportunities for females in these events during the games.



## 12. Medal Disparities Across Olympic Sports: A Comparative Analysis of Male and Female Athlete Performances



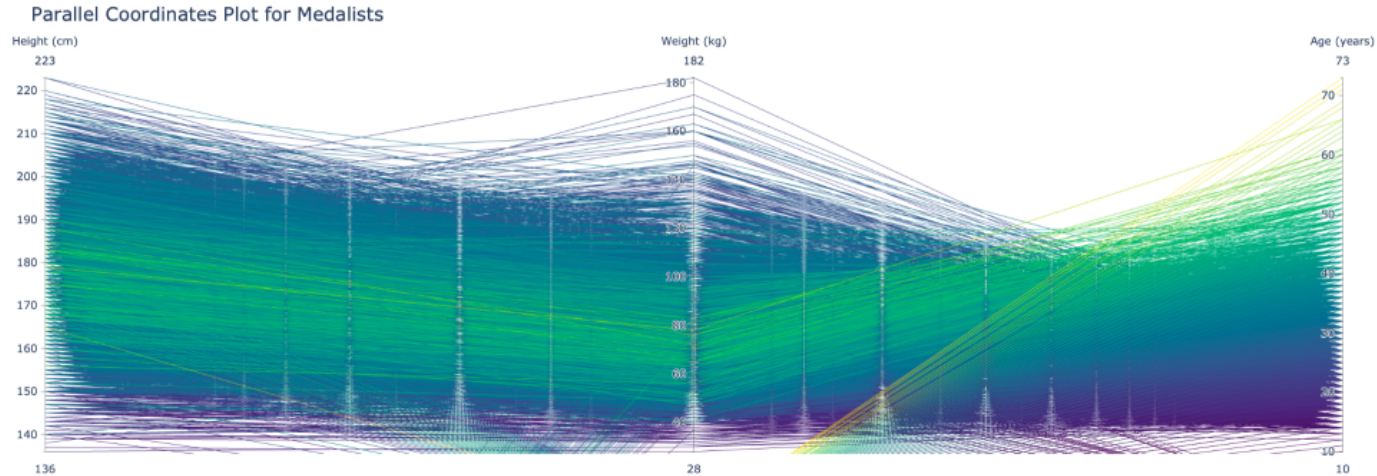
- Athletics stands out as the sport with the most medals won, with a significant disparity showing male athletes winning considerably more medals than female athletes.
- The pattern observed across most sports suggests male athletes historically winning more medals. Factors contributing to this may include variations in participation rates, the number of events available to each gender, and the evolution of gender equality in the Olympics.

### 13. "Exploring Physiological Trends and Sport-Specific Attributes: Correlations Between Height, Weight, and Age in Olympic Athletes"



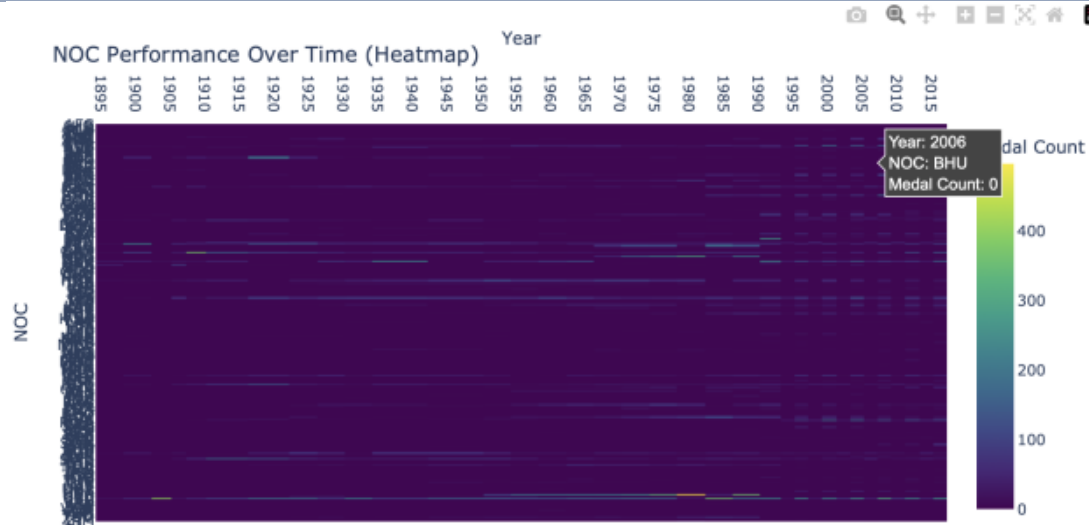
- Across Olympic disciplines, a positive correlation exists between an athlete's height and weight, aligning with general physiological patterns where taller individuals have a greater body mass
- Age, height, and weight distributions showcase distinct trends in different sports. Gymnastics often features younger athletes who are lighter and shorter, while basketball is characterized by taller and heavier athletes.
- The observed physical attribute clusters highlight how specific sports favor certain physiological traits, reflecting the unique demands and performance characteristics of each sport.

## 14. "Common Physique Traits Among Olympic Medalists: Analyzing Height and Weight Trends in Successful Athletes"



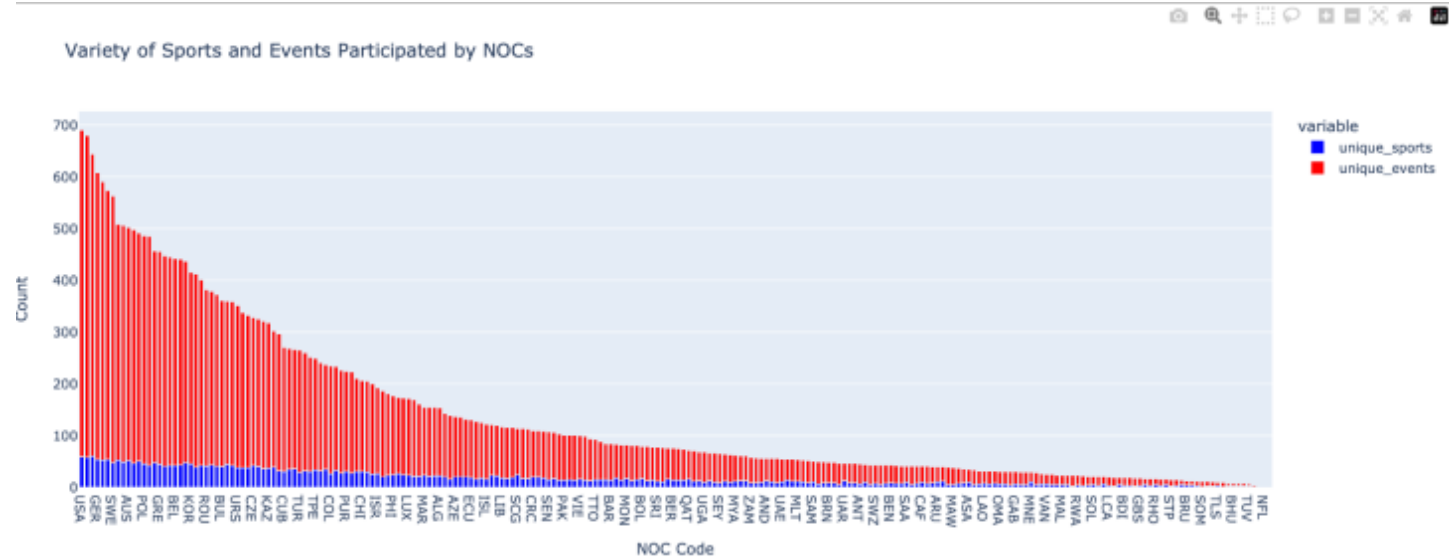
- An analysis of Olympic medalists reveals a prevalent physique profile, with most medalists falling into the height range of 170-190 cm and weight range of 60-90 kg.
- As athletes' ages increase, a shift towards shorter stature and lighter weight is observed. This may reflect the changing demands of sports over time or indicate that historically, athletes were generally smaller.

# 15. Olympic Medal Counts Heatmap Analysis



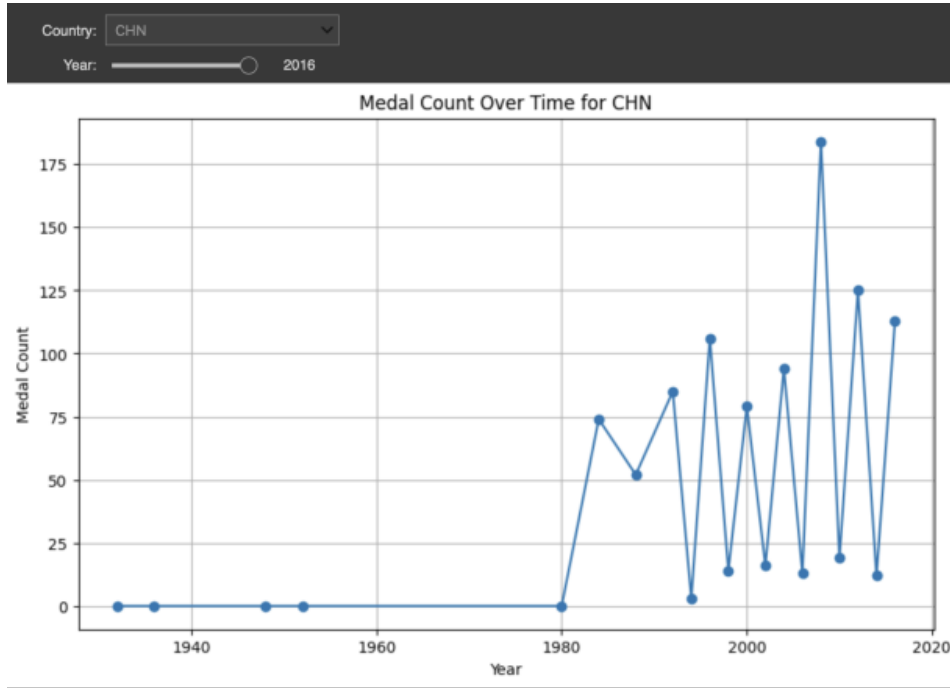
- This heatmap provides a visual representation of Olympic medal counts by NOC across different years, highlighting disparities in Olympic success
- A displayed tooltip for the year 1948 and the NOC code 'CPV' indicates zero medals won, reflecting the competitive landscape of that particular Olympic Games.
- Darker hues represent lower medal counts, with the preponderance of dark purple signifying that many NOCs seldom win medals. In contrast, bright spots denote higher medal tallies, showcasing the dominance of a select few NOCs in the Olympic arena.

## 16. Variety of sports and events participated by NOCs



- The left-most bar represents the NOC with the most diverse participation across Olympic sports and events, with the USA leading in both unique sports and events counts.
- A noticeable trend illustrates a decrease in the variety of sports and events as we move from left to right across the NOCs, signifying diverse levels of Olympic engagement
- The variance in participation can be attributed to factors such as the resources available to NOCs or strategic decisions to specialize in certain sports.

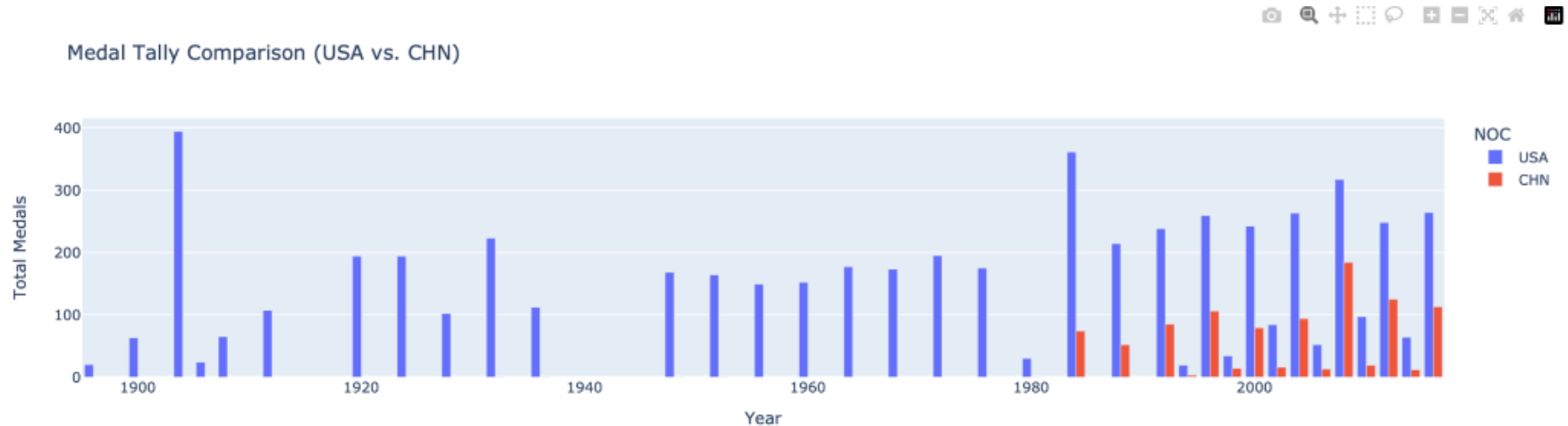
## 17. Interactive Medal Count Visualization: Exploring Olympic Medal Trends by Country and Year



- This interactive line graph traces the trajectory of Olympic medals won by China, revealing significant milestones and trends.
- Using the interactive dropdown and year slider, viewers can explore medal counts for different countries across Olympic history, with the graph currently set to display China's count up to 2016
- For Ex, In the graph, there is a distinct peak in the number of medals won by China around the year 2008. This peak corresponds with the Beijing Olympics, which China hosted. It is a common trend for host nations to experience a surge in medal counts during their hosted games, often due to increased investment in sports and the advantage of competing on home soil. This peak represents a historical high point for China in the Olympic Games, reflecting the culmination of their efforts to excel in various sports disciplines during the year they hosted the event.



## 18. Medal Counts in Olympic History - USA vs. China



- The chart highlights the overall higher medal counts for the USA across the years, with a marked uptick in medals for China in more recent Olympic Games.
- While the USA has maintained a lead in total medals won historically, China's significant increase, especially noted in the years post-1980, showcases their growing prominence on the Olympic stage.
- Interactive elements of this visualization allow for the selection of different countries and years, enabling a dynamic exploration of medal counts over time



## INSIGHTS

- We've observed distinct physiological profiles across Olympic sports, with optimal height and weight ranges corresponding to the specific demands of each discipline.
- Our analysis highlighted gender disparities in medal distribution, revealing both the progress towards and the challenges of achieving gender parity in the Olympics.
- The historical data showed the changing tides of Olympic success among countries, with the USA historically leading the medal counts, but with notable increases by countries like China in recent years
- A wide range in the number of sports and events participated in by different NOCs was evident, suggesting various levels of engagement and resources across the Olympic landscape.
- "Interactive visualizations have allowed us to explore how medal counts have evolved over time, reflecting the socio-political and economic shifts that influence Olympic participation and success



## FUTURE CONSIDERATIONS

- Utilize machine learning to predict future trends in athlete performance based on historical Olympic data.
- Support initiatives for more women's events in the Olympics and programs to encourage female participation at grassroots levels.
- Invest in youth sports development programs worldwide to build a more robust pipeline of Olympic athletes.
- Promote studies on the impact of intense training on athlete health and explore ways to extend athletic careers while maintaining peak performance.

**THANK YOU**