

THE ONE THING YOU NEED TO LEARN SPANISH QUICKLY



Muy Bien
Español



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IN THIS PDF I WILL SHOW YOU THE ONE THING TOP LANGUAGE LEARNERS USE TO ACCELERATE THEIR PROGRESS.

I'm Elias, and I help adults who want to speak Spanish to achieve fluency in the most efficient way possible. What you will get here is the tool I used to learn English in record time - a tool that helped me stay motivated, energetic, and consistent day after day.

Clarity Creates Power

As Brian Tracy teaches, **clarity** is the starting point of all success. The clearer you are about WHAT you want, **WHY** you want it, and WHAT is stopping you, the more likely you are to succeed.

The truth is, most people don't fail because of a lack of talent, but because of a lack of clarity and **reasons**.

I would like you to write this down:

"The more reasons I have to do something and the fewer excuses not to do it, the greater my **desire will be."**

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Desire is the necessary fuel that will propel you along the way.

You can have the best **vehicle** (Program, Tutor, App)... but without fuel, you won't get anywhere.

Likewise, someone may have the best training equipment, the best coach, and the best sportswear, but if they don't get off the couch, get dressed, and go train, they won't achieve results or go the distance.

The Exercise That Changes Everything

1. Take a sheet of paper and divide it in half.
2. On the left side, write the title: REASONS.
On the right side, write: EXCUSES.
3. Start with the reasons by writing down everything that motivates you to become fluent in Spanish.
4. Visualize it. Imagine yourself **already** speaking confidently. What are you doing? Who are you with? How does it feel?

These are your OUTCOMES – your real WHYS.

5. Then write down the **limiting beliefs** that hold you back, in other words, the excuses.
6. Tackle them down one by one, so that you only end up with reasons to take action.
7. EVERY DAY, read aloud your reasons.
Remember why you're doing it,
Imagine the successful outcomes.

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Example:

REASONS / Now I can...	<i>excuses</i>
Speak with over 500M new people.	I don't have time.
Enjoy authentic experiences in Spain, Latin America, and beyond.	I'm too old to learn a language.
Access better business and job opportunities and connect with wonderful people. (In medicine, customer service, education, law, tourism, and tech — bilinguals get hired and promoted faster.) The Spanish-speaking market is massive and underserved in many regions.	I was bad at languages (in school). Or "I already tried and failed."
Boost my brain and memory .	I don't need it right now.
Enjoy Latin music, movies, and books in their original form.	Spanish is so difficult, so why bother?
Meet partners, lifelong friends and Fall in love — literally or with a culture.	I don't live in a Spanish-speaking country.
Think differently. Learning a new language reshapes how you think, solve problems, and perceive the world.	I can just use Google Translate.
Speak like I belong , get better service, laugh with people and get along easier.	...
Be the bridge. Help others connect, translate, and build relationships across cultures.	Blah blah blah

Your reasons must outweigh your excuses. Writing down your goals and your why isn't just motivational fluff, it's neuroscience. It tells your brain: "This matters. Pay attention. Allocate resources"

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Tony Robbins says **80% of success is psychology**, only 20% is strategy. That means your mind is your greatest tool – or your greatest barrier.

So right now, take 10 minutes and do this exercise. Be honest. Be bold. Be clear. And most importantly, read every day your reasons.

To help you overcome excuses, I've created a series of Instagram videos where I tackle the most common myths about language learning and give you real reasons and facts to leave them behind.



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You can also subscribe to my youtube channel where I have a series of videos to learn Spanish with images, correct pronunciation, tips and more quality videos.



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