# What is the True Human Body Temperature?

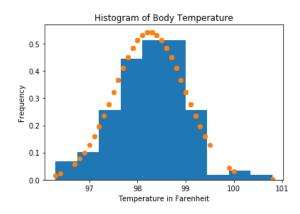
Pamela Augustine

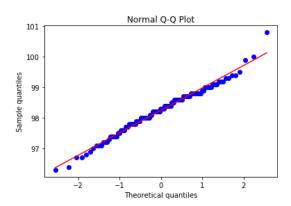
#### **BACKGROUND**

The mean normal body temperature was held to be 98.6 oF for more than 120 years since it was first conceptualized and reported by Carl Wunderlich in a famous 1868 book. But is this value statistically correct?

#### **NORMALITY TEST**

The data in this exercise is body temperature of 130 people composed of 65 male and 65 female participants. The mean temperature of 130 people is 98.25 °F. The distribution of body temperatures was tested for normality using Q-Q plot and by comparing theoretical normal distribution to the histogram of body temperature of the sample.





Inspecting graphically, the sample set follows a Normal Distribution.

Sample size of 130 is sufficiently large to apply the central limit theorem in the data analysis (CLT) which requires a sample size of greater than 30. All samples are also independent on each other since it was taken from different people.

#### IS 98.6 °F the TRUE POPULATION MEAN?

Z-statistic will be used since sample size is greater than 30. Two hypotheses were tested to answer if 98. 6 °F is the true population mean.

Ho: True population mean is 98.6 °F

H1: True population mean is not 98.6 °F

One sample test was used to test these two hypotheses using the formula below.

$$z = \frac{sample mean - 98.6}{sample standard deviation/\sqrt[2]{sample size}} = -5.45$$

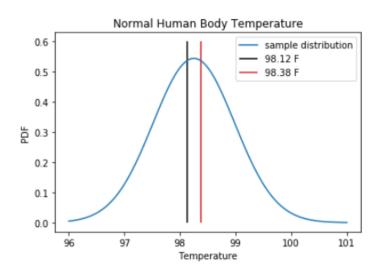
This calculated z-value of -5.45 mean that the sample mean of 98.25 °F is 5.45 standard error units below the assumed population mean of 98.6 °F. The probability of getting a population mean that is within 5.45 standard error units from 98.25 °F is calculated using the p\_value. The p\_value is calculated the calculated z above and using 2 tails using the following formula

p\_value=stats.norm.cdf(z) x 2=  $4.9 \times 10^{-8}$ 

Calculated p\_value < 0.05 assumed significance level so the null hypothesis Ho: True population mean is 98.6 °F is rejected and H1: True population mean is not 98.6 °F is accepted.

#### **NORMAL TEMPERATURES**

Both z-statistics and t-statistics using 95% confidence level yielded the same margin of error (0.13 °F) and range of normal temperature. The calculated t\_value of 1.98 is very similar to the calculated z\_value of 1.96 When sample size are greater than 30, t statistics and z statistics will give same results. The graph below shows the range of "Normal Human Body Temperature" which range from 98.12 °F to 98.38 °F. Any temperature outside this range is considered "ABNORMAL". The mean body temperature of "98.6 °F" by Carl Wunderlich is out of this range and is considered ABNORMAL.



### **DIFFERENCE BETWEEN MALE & FEMALE TEMPERATURES**

Two hypotheses were used to test if male and female temperatures are significantly different.

Ho: Female mean temperature is equal to male mean temperature

H1: Female mean temperature is NOT equal to male mean temperature

Two sample t- test with significance level of 0.05 was used to test these two hypotheses using the following formula.

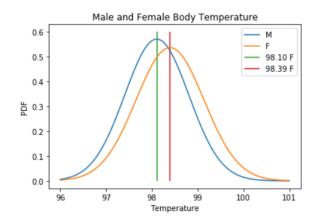
$$t_{x_{1-x_{2}}} = \frac{(Tmean_{female} - Tmean_{male}) - d}{SE}$$
 where d is difference of mean, d=0 for Ho

$$SE = \sqrt[2]{\frac{s_1^2}{n_1} + \frac{s_2^2}{n_2}}$$
 where SE is standard error,  $s_1$  is female temperature standard deviation,  $s_2$  is male temperature standard deviation and  $n_1$  and  $n_2$  are their respective sample sizes.

$$DF = \frac{\left(\frac{s_1^2}{n_1} + \frac{s_2^2}{n_2}\right)^2}{\left(\frac{s_1^2}{n_1}\right)^2 + \left(\frac{s_2^2}{n_2}\right)^2}$$
 where DF is degrees of freedom.

The calculated  $t_{x_1-x_2}$  and DF are used to calculate p value using t distribution table. Two tail distribution was used in solving p value.

P value = Probability (Mean temperature difference of male and female > 2.29)



$Tmean_{female}$ – $Tmean_{male}$	0.29 °F
Assumed significance level	0.05
SE	0.13
$t_{x_{1-x_2}}$	2.29
DF	128
p value	0.024

Below is the summary of results.

The calculated p value < 0.05 which means the null hypothesis *Ho: Female mean temperature is equal to male mean temperature* will be rejected and H1 is accepted. So yes, there is a significant difference in temperature of male and female temperatures.

## **IPython NOTEBOOK SOLUTIONS**

All solutions can be viewed in IPython Notebook in my github below.

https://github.com/DrAugustine1981/Springboard/blob/master/human\_body\_temp.ipynb