

# INTERNATIONAL JOURNAL OF AYURVEDA

## User Guidelines & Submission Instructions

**Published by Dr. Kembhavi's Astanga Wellness Pvt. Ltd.**

Hubli, Karnataka, India

Website: [internationaljournalofayurveda.org](http://internationaljournalofayurveda.org)

Email: editor@internationaljournalofayurveda.org

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## ABOUT THE JOURNAL

The International Journal of Ayurveda is a peer-reviewed academic publication dedicated to advancing traditional medicine through rigorous scientific research. Our mission is to bridge ancient Ayurvedic wisdom with modern research methodologies, creating a platform for global scholars, practitioners, and researchers.

### Journal Scope

- Classical Ayurvedic principles and practices
- Clinical research in traditional medicine
- Pharmacological studies of Ayurvedic formulations
- Case studies and clinical observations
- Integration of Ayurveda with modern healthcare
- Educational methodologies in traditional medicine
- Historical and philosophical aspects of Ayurveda

### Publication Standards

- **Peer-reviewed:** All articles undergo rigorous expert review
  - **International reach:** Welcoming submissions from global researchers
  - **Open access:** Making research freely available to the community
  - **Professional quality:** Maintaining highest academic standards
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## FOR AUTHORS - SUBMISSION GUIDELINES

### What We Publish

- ✓ **Original Research Articles** (3000-6000 words)
- ✓ **Review Articles** (4000-8000 words)
- ✓ **Case Studies** (1500-3000 words)

- ✓ **Clinical Observations** (1000-2500 words)
- ✓ **Commentary & Opinion Pieces** (800-1500 words)
- ✓ **Book Reviews** (500-1000 words)

## Manuscript Preparation

### Essential Components:

1. **Title Page**
  - Article title (concise and descriptive)
  - Author names and affiliations
  - Corresponding author contact details
  - Word count and conflict of interest statement
2. **Abstract** (250-300 words)
  - Background and objectives
  - Methods (for research articles)
  - Results/findings
  - Conclusion and implications
3. **Keywords**
  - 5-8 relevant keywords
  - Use both Ayurvedic and modern medical terminology
4. **Main Text Structure**
  - **Introduction:** Background and objectives
  - **Methods:** Detailed methodology (for research)
  - **Results:** Clear presentation of findings
  - **Discussion:** Interpretation and implications
  - **Conclusion:** Key takeaways and future directions
  - **Acknowledgments:** Funding, support, contributions
5. **References**
  - Use Vancouver style citation
  - Include both classical texts and modern research
  - Minimum 15 references for research articles

## Formatting Requirements

- **File format:** Microsoft Word (.docx) or PDF
- **Font:** Times New Roman, 12pt
- **Line spacing:** Double-spaced
- **Margins:** 1 inch on all sides
- **Page numbers:** Bottom right
- **Tables and figures:** High resolution, properly labeled

## Submission Process

1. **Prepare your manuscript** according to guidelines
2. **Email submission** to: [editor@internationaljournalofayurveda.org](mailto:editor@internationaljournalofayurveda.org)
3. **Include cover letter** stating:
  - Article type and title
  - Brief summary of contribution

- Confirmation of originality
  - Author contact information
  - 4. **Wait for confirmation** (within 48 hours)
  - 5. **Peer review process** (4-6 weeks)
  - 6. **Revision process** (if required)
  - 7. **Final acceptance and publication**
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## PEER REVIEW PROCESS






### Review Timeline

- **Initial Review:** 1 week (editorial screening)
- **Peer Review:** 4-6 weeks (expert evaluation)
- **Author Revisions:** 2-4 weeks (if required)
- **Final Decision:** 1-2 weeks
- **Publication:** 2-3 weeks after acceptance

### Review Criteria

- **Originality:** Novel contribution to the field
- **Scientific rigor:** Appropriate methodology and analysis
- **Relevance:** Significance to Ayurvedic research
- **Clarity:** Clear writing and logical structure
- **References:** Adequate and appropriate citations
- **Ethics:** Compliance with research ethics standards

### Possible Outcomes

-  **Accept without revision**
  -  **Accept with minor revisions**
  -  **Major revisions required**
  -  **Reject with option to resubmit**
  -  **Reject**
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## FOR REVIEWERS

### Reviewer Responsibilities

- **Timely review:** Complete reviews within 4 weeks
- **Constructive feedback:** Provide detailed, helpful comments
- **Confidentiality:** Maintain manuscript confidentiality
- **Objectivity:** Unbiased evaluation based on merit
- **Professional conduct:** Respectful and ethical behavior

## Review Process

1. **Invitation:** Receive email invitation with manuscript details
2. **Accept/Decline:** Respond within 48 hours
3. **Review period:** 4 weeks to complete review
4. **Submit review:** Detailed feedback and recommendation
5. **Follow-up:** Available for clarification if needed

## Review Form Sections

- **Summary:** Brief overview of the manuscript
  - **Strengths:** What the paper does well
  - **Weaknesses:** Areas needing improvement
  - **Specific comments:** Line-by-line feedback
  - **Recommendation:** Accept/Revise/Reject with justification
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# PUBLICATION ETHICS & GUIDELINES

## Author Ethics

- **Originality:** Submit only original, unpublished work
- **Multiple submission:** Do not submit to multiple journals simultaneously
- **Authorship:** Include only contributors who meet authorship criteria
- **Conflicts of interest:** Declare all relevant conflicts
- **Data integrity:** Ensure accuracy and availability of data
- **Plagiarism:** Properly cite all sources and avoid self-plagiarism

## Editorial Ethics

- **Fair review:** Equal treatment regardless of author background
- **Confidentiality:** Protect manuscript and reviewer confidentiality
- **Conflicts of interest:** Editors recuse themselves from own submissions
- **Transparency:** Clear communication about decisions and processes

## Institutional Guidelines

- **Ethics approval:** Required for human/animal research
  - **Informed consent:** Necessary for clinical studies
  - **Data protection:** Comply with privacy regulations
  - **Traditional knowledge:** Respect for indigenous knowledge systems
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# WEBSITE NAVIGATION GUIDE

## Homepage Features

- **Current issue:** Latest published articles
- **Journal information:** About, scope, and editorial board
- **Submission portal:** Guidelines and contact information
- **Archives:** Past issues and articles
- **Search function:** Find specific topics or authors

## Article Access

- **Open access:** All articles freely available
- **PDF download:** Direct download links
- **Citation tools:** Standard citation formats
- **Social sharing:** Share articles easily

## User Accounts (Future Feature)

- **Author dashboard:** Track submission status
- **Reviewer portal:** Manage review assignments
- **Alerts:** Notification of new issues
- **Favorites:** Save articles of interest

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# CONTACT INFORMATION

## Editorial Office

**Dr. Kembhavi's Astanga Wellness Pvt. Ltd.**  
Hubli, Karnataka, India

## Correspondence

- **General inquiries:** [editor@internationaljournalofayurveda.org](mailto:editor@internationaljournalofayurveda.org)
- **Submission questions:** Same email address
- **Technical support:** Same email address
- **Website:** [internationaljournalofayurveda.org](http://internationaljournalofayurveda.org)

## Response Times

- **General inquiries:** Within 48 hours
- **Submission confirmations:** Within 24 hours
- **Review status updates:** Weekly (during review process)
- **Technical issues:** Within 24 hours

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# FREQUENTLY ASKED QUESTIONS

## Submission Questions

**Q: Is there a submission fee?**

A: No, we do not charge submission or publication fees.

**Q: What language should manuscripts be in?**

A: English is the primary language, but we welcome Sanskrit terms with translations.

**Q: Can I submit case studies?**

A: Yes, well-documented case studies are welcome.

**Q: Do you accept review articles?**

A: Yes, comprehensive review articles are highly valued.

## **Review Process**

**Q: How long does peer review take?**

A: Typically 4-6 weeks, depending on reviewer availability.

**Q: Can I suggest reviewers?**

A: Yes, you may suggest suitable reviewers in your cover letter.

**Q: What if I disagree with reviewer comments?**

A: You may respond to comments in your revision letter with justification.

## **Publication**

**Q: When will my accepted article be published?**

A: Typically 2-3 weeks after final acceptance.

**Q: Can I share my published article?**

A: Yes, our open access policy allows free sharing.

**Q: How do I cite articles from your journal?**

A: Standard academic citation format; examples provided on website.

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# **FUTURE DEVELOPMENTS**

## **Planned Features**

- **DOI assignment:** Digital object identifiers for all articles
- **Indexing applications:** Major database inclusion
- **Online submission system:** Automated manuscript handling
- **Mobile app:** Easy access to journal content
- **Webinars:** Regular educational sessions

## **Growth Initiatives**

- **Special issues:** Themed collections on specific topics

- **International collaborations:** Partnerships with global institutions
- **Conference proceedings:** Publishing selected conference papers
- **Mentorship program:** Supporting early-career researchers

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**Thank you for your interest in the International Journal of Ayurveda. Together, we advance the understanding and application of traditional medicine through rigorous scientific inquiry.**

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