

August 2025

8:15 at Boatwright

Breakfast

[illegible]

- [illegible]

- [illegible]

<ul style="list-style-type: none"> • Strawberry Balsamic Pistachio Yogurt Parfait • Black Forest Yogurt Parfait • Lemon Curd Yogurt Parfait • Key Lime Yogurt Parfait • Mixed Berry Yogurt Parfait • Peach Yogurt Parfait • Pina Colada Yogurt Parfait • Pear & Honey Cashew Yogurt Parfait 	<ul style="list-style-type: none"> • Strawberry Balsamic Pistachio Yogurt Parfait • Black Forest Yogurt Parfait • Lemon Curd Yogurt Parfait • Key Lime Yogurt Parfait • Mixed Berry Yogurt Parfait • Peach Yogurt Parfait • Pina Colada Yogurt Parfait • Pear & Honey Cashew Yogurt Parfait 	<ul style="list-style-type: none"> • Strawberry Balsamic Pistachio Yogurt Parfait • Black Forest Yogurt Parfait • Lemon Curd Yogurt Parfait • Key Lime Yogurt Parfait • Mixed Berry Yogurt Parfait • Peach Yogurt Parfait • Pina Colada Yogurt Parfait • Pear & Honey Cashew Yogurt Parfait 	<ul style="list-style-type: none"> • Strawberry Balsamic Pistachio Yogurt Parfait • Black Forest Yogurt Parfait • Lemon Curd Yogurt Parfait • Key Lime Yogurt Parfait • Mixed Berry Yogurt Parfait • Peach Yogurt Parfait • Pina Colada Yogurt Parfait • Pear & Honey Cashew Yogurt Parfait 	<ul style="list-style-type: none"> • Strawberry Balsamic Pistachio Yogurt Parfait • Black Forest Yogurt Parfait • Lemon Curd Yogurt Parfait • Key Lime Yogurt Parfait • Mixed Berry Yogurt Parfait • Peach Yogurt Parfait • Pina Colada Yogurt Parfait • Pear & Honey Cashew Yogurt Parfait 	<ul style="list-style-type: none"> • Strawberry Balsamic Pistachio Yogurt Parfait • Black Forest Yogurt Parfait • Lemon Curd Yogurt Parfait • Key Lime Yogurt Parfait • Mixed Berry Yogurt Parfait • Peach Yogurt Parfait • Pina Colada Yogurt Parfait • Pear & Honey Cashew Yogurt Parfait 	<ul style="list-style-type: none"> • Strawberry Balsamic Pistachio Yogurt Parfait • Black Forest Yogurt Parfait • Lemon Curd Yogurt Parfait • Key Lime Yogurt Parfait • Mixed Berry Yogurt Parfait • Peach Yogurt Parfait • Pina Colada Yogurt Parfait • Pear & Honey Cashew Yogurt Parfait
Grab & Go Meals (Rotational Menu)	Grab & Go Meals (Rotational Menu)	Grab & Go Meals (Rotational Menu)	Grab & Go Meals (Rotational Menu)	Grab & Go Meals (Rotational Menu)	Grab & Go Meals (Rotational Menu)	Grab & Go Meals (Rotational Menu)
<ul style="list-style-type: none"> • Greek Meatballs • Creamy Asiago Shrimp Bowl • Lime Chicken Bowl • Birria Street Tacos • Peruvian Burrito • Oaxacan Bowl • Harvest Bowl • Sesame Tofu Bowl • Coconut Tofu Rice Bowl 	<ul style="list-style-type: none"> • Greek Meatballs • Creamy Asiago Shrimp Bowl • Lime Chicken Bowl • Birria Street Tacos • Peruvian Burrito • Oaxacan Bowl • Harvest Bowl • Sesame Tofu Bowl • Coconut Tofu Rice Bowl 	<ul style="list-style-type: none"> • Greek Meatballs • Creamy Asiago Shrimp Bowl • Lime Chicken Bowl • Birria Street Tacos • Peruvian Burrito • Oaxacan Bowl • Harvest Bowl • Sesame Tofu Bowl • Coconut Tofu Rice Bowl 	<ul style="list-style-type: none"> • Greek Meatballs • Creamy Asiago Shrimp Bowl • Lime Chicken Bowl • Birria Street Tacos • Peruvian Burrito • Oaxacan Bowl • Harvest Bowl • Sesame Tofu Bowl • Coconut Tofu Rice Bowl 	<ul style="list-style-type: none"> • Greek Meatballs • Creamy Asiago Shrimp Bowl • Lime Chicken Bowl • Birria Street Tacos • Peruvian Burrito • Oaxacan Bowl • Harvest Bowl • Sesame Tofu Bowl • Coconut Tofu Rice Bowl 	<ul style="list-style-type: none"> • Greek Meatballs • Creamy Asiago Shrimp Bowl • Lime Chicken Bowl • Birria Street Tacos • Peruvian Burrito • Oaxacan Bowl • Harvest Bowl • Sesame Tofu Bowl • Coconut Tofu Rice Bowl 	<ul style="list-style-type: none"> • Greek Meatballs • Creamy Asiago Shrimp Bowl • Lime Chicken Bowl • Birria Street Tacos • Peruvian Burrito • Oaxacan Bowl • Harvest Bowl • Sesame Tofu Bowl • Coconut Tofu Rice Bowl
Tarts & Cheesecakes (Rotational Menu)	Tarts & Cheesecakes (Rotational Menu)	Tarts & Cheesecakes (Rotational Menu)	Tarts & Cheesecakes (Rotational Menu)	Tarts & Cheesecakes (Rotational Menu)	Tarts & Cheesecakes (Rotational Menu)	Tarts & Cheesecakes (Rotational Menu)
<ul style="list-style-type: none"> • Fresh Fruit Tart • Key Lime Tarts • Chocolate Cheesecake • Honey Lavender Cheesecake 	<ul style="list-style-type: none"> • Fresh Fruit Tart • Key Lime Tarts • Chocolate Cheesecake • Honey Lavender Cheesecake 	<ul style="list-style-type: none"> • Fresh Fruit Tart • Key Lime Tarts • Chocolate Cheesecake • Honey Lavender Cheesecake 	<ul style="list-style-type: none"> • Fresh Fruit Tart • Key Lime Tarts • Chocolate Cheesecake • Honey Lavender Cheesecake 	<ul style="list-style-type: none"> • Fresh Fruit Tart • Key Lime Tarts • Chocolate Cheesecake • Honey Lavender Cheesecake 	<ul style="list-style-type: none"> • Fresh Fruit Tart • Key Lime Tarts • Chocolate Cheesecake • Honey Lavender Cheesecake 	<ul style="list-style-type: none"> • Fresh Fruit Tart • Key Lime Tarts • Chocolate Cheesecake • Honey Lavender Cheesecake

- Breakfast All Day
- Red Pepper Jam
 - Cilantro Chutney
 - Cheddar Protein Egg Bites
 - Ham & Cheese Egg Bites
 - Prosciutto & Caramelized Onion Egg Bites
 - Spinach, Tomato & Feta Egg Bites
- Bagels
- Bacon and Egg Bagel Sandwich
 - Sundried Tomato & Chicken Bagel Sandwich
 - Lox Bagel Sandwich
 - Sundried Tomato Cream Cheese
 - Dill Caper Cream Cheese
 - Veggie Cream Cheese
 - Everything Bagel Spice Cream Cheese
 - Cinnamon Cream Cheese
 - Blueberry Cream Cheese
 - Chewy's Everything Bagel
 - Chewy's Blueberry Bagel
 - Chewy's Cinnamon Raisin Bagel
 - Chewy's Asiago Bagel
 - Chewy's Rosemary Sea Salt Bagel
 - Chewy's Plain Bagel

- Ham & Cheese Bagel Sandwich
- Turkey, Egg, & Pepper Jam Bagel Sandwich
- Veggie Bagel Sandwich

Charcuterie Boxes

- Cheese Charcuterie Box
- Meat & Cheese Charcuterie Box
- Veggie & Cheese Charcuterie Box

Everyday Pastries

- Ham & Swiss Croissant
- Chocolate Croissant
- Butter Croissant
- Chocolate Babka Bites
- Vegan Chia Croissant
- Chocolate Eclair
- Ham & Swiss Palmier

Bakery Classics

- Cakes By Jen Pumpkin Spice
- Cakes By Jen GF Double Chocolate Cake
- Cakes by Jen Lemon Glazed Cake
- Cakes By Jen Classic Cinnamon Cake
- Cakes By Jen Southern Butter Cake
- Cakes By Jen Triple Chocolate Cake
- Cinnamon Bun
- Ironclad Raspberry and Brie Croissant
- Ironclad Pistachio Chocolate Croissant
- Ironclad Browned Butter Chocolate Chip Cookie
- Ironclad Sugar Cookie
- French Apple Square
- Ironclad Everything Bagel Cruffin
- Ironclad Banana Chocolate Chip Muffin
- Chocolate Muffin
- Blueberry Muffin
- Ironclad Bacon Cheddar Scone
- Ironclad Vegan Blueberry Scone
- Ironclad Gluten Free Chocolate Chip Scone
- Tea Cake

Overnight Oats (Rotational Menu)

- Sun Butter & Apricot Overnight Oats
- Sun Butter and Blueberry Jam Overnight Oats
- Sun Butter and Fig Jam Overnight Oats
- Sun Butter and Raspberry Jam Overnight Oats

- Apple Overnight Oats
- Mixed Berry Overnight Oats
- Orange Creamsicle Overnight Oats
- Peaches & Cream Overnight Oats

Yogurt Parfaits (Rotational Menu)

- Strawberry Balsamic Pistachio Yogurt Parfait
- Black Forest Yogurt Parfait
- Lemon Curd Yogurt Parfait
- Key Lime Yogurt Parfait
- Mixed Berry Yogurt Parfait
- Peach Yogurt Parfait
- Pina Colada Yogurt Parfait
- Pear & Honey Cashew Yogurt Parfait

Grab & Go Meals (Rotational Menu)

- Greek Meatballs
- Creamy Asiago Shrimp Bowl
- Lime Chicken Bowl
- Birria Street Tacos
- Peruvian Burrito
- Oaxacan Bowl
- Harvest Bowl
- Sesame Tofu Bowl
- Coconut Tofu Rice Bowl

Tarts & Cheesecakes (Rotational Menu)

- Fresh Fruit Tart
- Key Lime Tarts
- Chocolate Cheesecake
- Honey Lavender Cheesecake

