

# Headings

To create a heading, add number signs (#) in front of a word or phrase. The number of number signs you use should correspond to the heading level. For example, to create a heading level three (<h3>), use three number signs (e.g., ### My Header).

## Heading level 1

### Heading level 2

#### Heading level 3

##### Heading level 4

##### Heading level 5

##### Heading level 6

## Alternate Syntax

Alternatively, on the line below the text, add any number of == characters for heading level 1 or -- characters for heading level 2.

## Heading level 1

### Heading level 2

## Heading Best Practices

Markdown applications don't agree on how to handle a missing space between the number signs (#) and the heading name. For compatibility, always put a space between the number signs and the heading name.

You should also put blank lines before and after a heading for compatibility.