Breast Cancer: Summary of important changes to original decision tree

Updated decision tree:

Red = percentages in simulation without 5f included (FAST Forward trial).

Blue = percentages that change when 5f is included (FAST Forward trial).

	Breast	Radiotherapy	40Gy 15f (START B trial) 100%/40%		
Ductal carcinoma in situ 12%	conserving	90%	Fast forward 5f 0%/60%		
	surgery 69%	No radiotherapy – all patients should have radiotherapy option discussed with them 10%			
	Mastectomy	Consider radiotherapy if margins involved - 40Gy 15f 1%			
	31%	No radiotherapy 99%			
Invasive	Breast	High risk (<50yrs or >50yrs with high risk)		40Gy 15f (START B) 100%/40%	
cancer	conserving	30%		Plus boost:	
	surgery			4f boost 15%	
	77%			5f boost 15%	
Stage 1				8f boost 70%	
37%					
				5f (FAST forward) 0%/60%	
				Plus boost:	
				4f boost 15%	
				5f boost 15%	
				8f boost 70%	
		Low risk 70%	Radiotherapy	40Gy 15f 100%/40%	
				5f (FAST forward) 0%/60%	
		Consider no rac		erapy if >=70yrs and willing to take adjuvant endocrine for	
			minimum 5yrs and h	ave regular mammograms	
	Mastectomy	High risk (if positive margin or <1mm) 8%		40Gy 15f 100%/40%	
	23%			FAST forward 5f 0%/60%	
		Intermediate risk (N1-3, LVI+, Grade 3) 4%		No radiotherapy 100%	

		Low risk (lymph node negative) 88%	No recurrence 96% No radiotherapy 100%			
			Recurrence 4%	Non- radiotherag	Non- radiotherapy treatment of	
				Radiotherapy treatment for	15f 90%/36%	
				recurrence 50%	Palliative radiotherapy 30-36Gy 6f 10%	
					Fast forward 5f 0%/54%	
	Breast	Breast and boost 80%	40Gy 15f (START B) 1	100%/40%		
	conserving		Plus boost:			
	surgery 53%		4f 15%			
			5f 15 %			
			8f 70%			
			5f (FAST Forward) 0% Plus boost: 4f 15%	<mark>6/</mark> 60%		
Stage 2 39%			5f 15%			
			8f 70%			
	Breast 20%		40Gy 15f (START B) 100%/40% 5f (FAST Forward) 0%/60%			
	Mastectomy	High risk (4 nodes, positive margins, T >5cm)	40Gy 15f 100%/40%			
	47%	35%	5f (FAST forward) 0%/60% No radiotherapy 100%			
		Intermediate risk (1-3 nodes, T3-5cm, LVI				
		+ve, grade 3) 16%	Consider SUPREMO trial			
		Low risk (pN0) 49%	No recurrence N	No radiotherapy 100%	6	

				Recurrence 4%	Non-radiotherapy treatment 50%	
					Radiotherapy treatment 50%	Curative: 40Gy 15f (START B) 90%/34% 5f (Fast forward) 0%/56% Palliative: 30Gy-36Gy 6f 10%
	Good performance status 65%	Mastectomy 59%	Radiotherapy No radiotherapy 0%	40Gy 15f 100%/40 42.5Gy 16f 0% 50Gy 25f 0% 5f (FAST Forward)		
Stage 3 8%		Breast conserving surgery 41%	Radiotherapy	40Gy 15f 100%/40 Plus boost: 4f 15% 5f 15% 8f 70% 5f (FAST Forward) Plus boost:		
			No radiotherapy 0%	4f 15% 5f 15% 8f 70%		
	Poor performance status 35%	Symptomatic T4 lesion		40Gy 15f 100%/40 16f 0% 25f 0%	%	

			30Gy 10f <mark>0%</mark>	
			5f (FAST Forward) 0%/60%	
		Asymptomatic lesion 35%	No radiotherapy 100%	
	Metastatic	Bone metastases 50%	Single fraction 75%	
	symptoms 40%		20Gy 5f if fracture or impending fracture 25%	
		Visceral metastases 20%	20Gy 5f <mark>20%</mark>	
			No radiotherapy 80%	
		Brain metastases 15%	30Gy 10f 60%	
			20Gy 5f 40%	
Stage 4		Spinal cord compression 15%	20Gy 5f 100%	
4%	Local breast symptoms 30%		30Gy 10f 32%	
			30-36Gy in 5-6 weekly f 16%	
			If good PS – 40Gy 15f 16%	
			6-8Gy in 1f <mark>8%</mark>	
			20Gy 5f <mark>8%</mark>	
			No radiotherapy 20%	
	Metastases, but	no symptoms 30%	No radiotherapy 100%	

Key changes

- In the model simulation where the recent FAST Forward results were taken into consideration a 40%:60% ratio was used for 40Gy/15f:5f
- 50Gy/25f is no longer used and 40Gy/15f is now the standard
 - o it is likely that future practice will use the further hypofractionated 5f regimen (FAST Forward trial) so this has been modelled in a separate simulation
- The T/N/M staging for stages 1-4 have been removed from the old decision trees
- DCIS
 - o it has been added that radiotherapy may be considered (1%) after mastectomy if there is margin involvement
- stage 1
 - o definition of high risk after BCS has changed from 'young age' to '<50yrs or >50 with high risk'

- radiotherapy fractions of 42.5Gy/16f and 50Gy/25f have been removed for all groups
- for low risk breast cancers where radiotherapy may be given in recurrence, model update includes which fractions are used for both curative and palliative radiotherapy (stage 1 and 2 after mastectomy)