Leading Population Health Improvement

Reflections and tips from public health practice

Tomás Aragón, MD, DrPH

8/26/2022

Table of contents

Pr	eface	4
	Outline	4
	Testing	6
	citations	6
	tikz	6
	r code	6
	julia code	7
Ac	knowledgments	10
	Organizations or associations	10
	Selected people (in alphabetical order by last name)	10
	Selected authors (in alphabetical order by last name)	11
1	Introduction	12
I	Leadership foundations	13
_		1.4
2	Defining leadership	14
3	Theory of change	15
4	Leadership philosophy	16
5	True north compass	17
H	Respect for people	18
111	Continuous improvement	19
IV	Scientific problem solving	20
V	Flimination of waste and variability	21

VI Being agile, adaptive, and responsive	22
VII Decision intelligence	23
VIIIScience and technology	24

Preface

Since January 2021, I have served as the state public health officer and director of the California Department of Public Health. From January 2011 to December 2020, I was the health officer of the City and County of San Francisco and director of the Population Health Division at the San Francisco Department of Public Health.

The lean DNA codes for the following:

- 1. Respect for people (staff, community, client, patient)
- 2. Continuous improvement (incremental and breakthrough)
- 3. Scientific thinking, problem solving, and innovation
- 4. Elimination of waste and undesired variability
- 5. Being agile, adaptive, and responsive to meet challenges

Outline

- 1 Leadership foundations
 - \square Defining leadership
 - Theory of change
 - Leadership philosophy
 - True north compass
- 2 Respect for people
 - Respect for people
 - Shingo principles
 - Transforming self and interpersonal relationships
 - * humility
 - * reflective listening
 - * reflection
 - * trust
 - * courage
 - Transforming teams and organizations
 - * psychological safety
 - * accountability

- * conflict
- Transforming communities
- 3 Continuous improvement
 - Continuous improvement
 - True north metrics
 - Results-based accountability
 - Lean management
 - Lean production
- 4 Scientific problem solving
 - PDSA cycle
 - Double-loop learning
 - Lean thinking
 - A3 reporting
 - Validated learning
- 5 Elimination of waste and variability
 - Introduction
 - Standard work
 - Eight wastes
 - -5S
 - Process mapping
- 6 Being agile, adaptive, and responsive
 - Introduction
 - Agility
 - Adaptiveness
 - Responsiveness
- 7 Decision intelligence
 - What is DI?
 - Decision quality overview
 - * Frame
 - * Information
 - * Alternatives
 - * Reasoning
 - * Commitment to action
 - * Prospects
 - Structured decision making
 - Decisions under uncertainty
 - Decisions under deep uncertainty

- 8 Science and technology
 - Causal inference
 - Probabilistic reasoning
 - Implementation science
 - Population health data science
 - Artificial intelligenece

Testing

citations

Here are some citations [1–3].

tikz

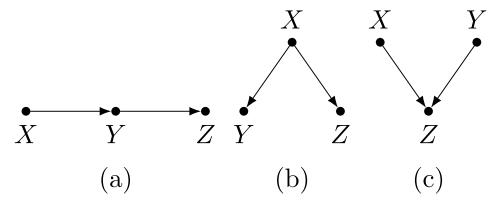


Figure 1: Some caption

r code

Figure 2 further explores the impact of temperature on ozone level.

```
library(ggplot2)

ggplot(airquality, aes(Temp, Ozone)) +
   geom_point() +
   geom_smooth(method = "loess"
)
```

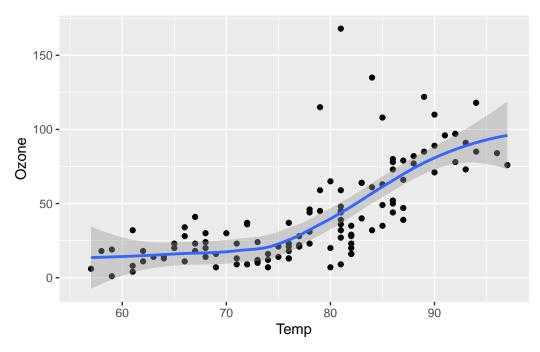


Figure 2: Temperature and ozone level.

julia code

Julia version 1.8.0 at location /Applications/Julia-1.8.app/Contents/Resources/julia/bin will Loading setup script for JuliaCall...

Finish loading setup script for JuliaCall.

Plot function pair (x(u), y(u)). See Figure 3 for an example.

```
using Plots

plot(sin,
    x->sin(2x),
    0,
    2,
    leg=false,
    fill=(0,:lavender))
```

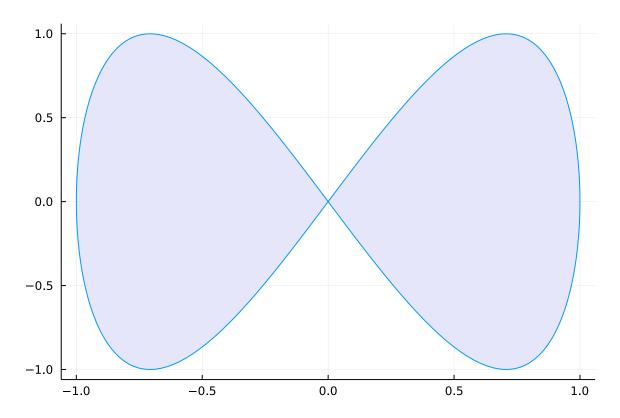


Figure 3: Parametric Plots

By default Julia cells will automatically print the value of their last statement (as with the example above where the call to plot() resulted in plot output). If you want to display multiple plots (or other types of output) from a single cell you should call the display() function explicitly. For example, here we output two plots side-by-side with sub-captions:

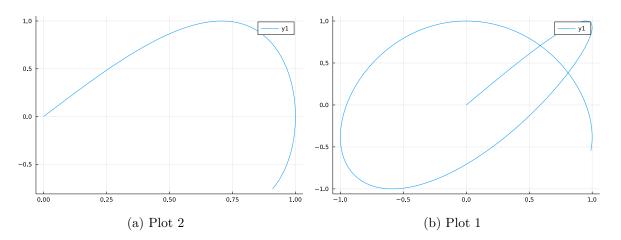


Figure 4: Multiple Plots

Acknowledgments

DRAFT—not comppleted

Organizations or associations

- California Healthcare Foundation (CHCF) and Health- force Center at UCSF (leadership fellowship)
- National Association of County and City Health Officials (NACCHO)
- Big Cities Health Coalition (BCHC) and "Survive and Thrive" (leadership fellowship)
- Kresge Foundation Emerging Leaders in Public Health (ELPH) (leadership fellowship)
- Center for Health Leadership and Practice (executive leadership training)
- California Department of Public Health
- California Conference of Local Health Officers (CCLHO), and Health Officers Association of California (HOAC)
- California Health Executives Association of California (CHEAC)
- Association of Bay Area Health Officials (ABAHO)
- University of California, Berkeley School of Public Health
- University of California, San Francisco
- San Francisco Department of Public Health

Selected people (in alphabetical order by last name)

- Deitre Epps
- Bonnie Jacobson
- Erica Lorie
- Joanna Omi
- Mike Rona
- Monica Sharma
- Craig Vercruysse

Selected authors (in alphabetical order by last name)

- Kim Barnes
- Lisa Feldman Barrett
- Mark Friedman,
- Daniel Kahneman
- Jeffrey Liker, The Toyota Way
- Michael Maccoby
- Eric Ries, Lean Startup
- Mike Rother, The Improvement Kata
- Edgar Schein
- Peter Senge
- John Toussaint

1 Introduction

This is a book created from markdown and executable code.

See [knuth84?] for additional discussion of literate programming.

Part I Leadership foundations

2 Defining leadership

3 Theory of change

In summary, this book has no content whatsoever.

4 Leadership philosophy

5 True north compass

Part II Respect for people

Part III Continuous improvement

Part IV Scientific problem solving

Part V Elimination of waste and variability

Part VI Being agile, adaptive, and responsive

Part VII Decision intelligence

Part VIII Science and technology

- 1. Aragón T, Reiter R, Katcher B. San francisco burden of disease & injury study: Mortality analysis 1990-1995 [Internet]. San Francisco Department of Public Health; 1998. Available from: http://bit.ly/SFDPH1998-BODI-Report
- 2. Aragón TJ, Ulrich S, Fernyak S, Rutherford GW. Risks of serious complications and death from smallpox vaccination: A systematic review of the united states experience, 1963-1968. BMC public health. 2003 Aug;3:26.
- 3. Aragón TJ, Fernyak SE. The risks and benefits of pre-event smallpox vaccination: Where you stand depends on where you sit. Annals of emergency medicine. 2003 Nov;42:681–4.