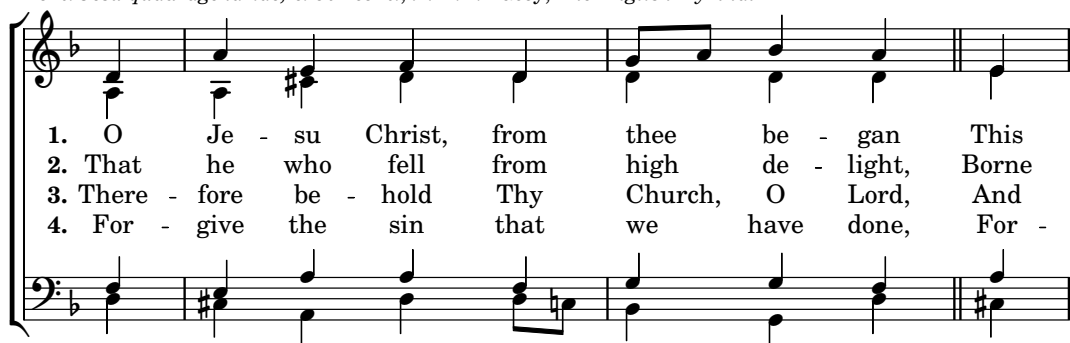


O JESU CHRIST, FROM THEE BEGAN

Music: PLAISTOW, L.M.; from *Magdalen Hymns*, c. 1760, *The English Hymnal*

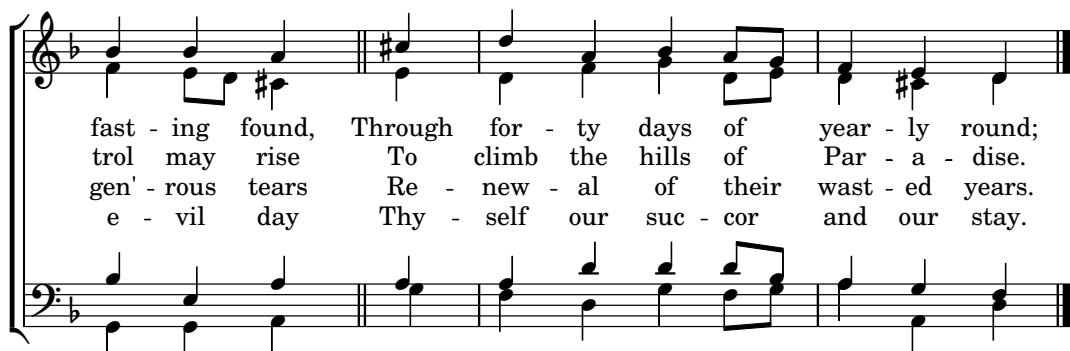
Text: *Jesu quadragenariae*, c. 9th cent.; tr. T.A. Lacey, *The English Hymnal*



1. O Je - su Christ, from thee be - gan This
2. That he who fell from high de - light, Borne
3. There - fore be - hold Thy Church, O Lord, And
4. For - give the sin that we have done, For -



heal - ing for the soul of man, By fast - ing sought, by
down to sens - ual ap - pe - tite, By dint of stern con -
grace of pen - i - tence ac - cord To all who seek with
give the course that we have run, And show hence - forth in



fast - ing found, Through for - ty days of year - ly round;
trol may rise To climb the hills of Par - a - dise.
gen' - rous tears Re - new - al of their wast - ed years.
e - vil day Thy - self our suc - cor and our stay.

5. But now let every heart prepare,
By sacrifice of fast and prayer,
To keep with joy magnificent
The solemn Easter festival.

6. Father and Son and Spirit blest,
To Thee be every prayer address,
Who art in threefold Name adored,
From age to age, the only Lord.