

SLEDDING AND TUBING

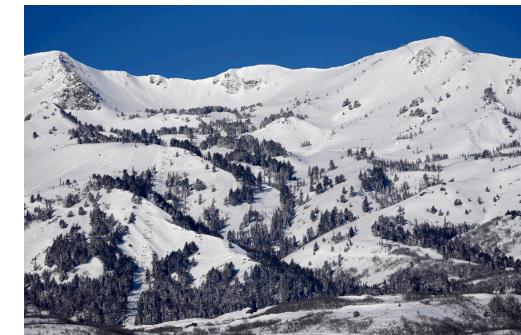


One other fun winter activity that can be done in Utah is sledding and tubing. There are many sledding hills all over Utah, and many of them are easily accessible for families. Also, there are many spots on hiking trails in the winter that become perfect backcountry sledding spots. Sledding's cousin, tubing, also has many easily accessible spots. One of the more famous spots include Soldier Hollow a previous Olympic center. Tubing is easier, because most places provide the tubes, and a conveyor belt to take people up hills.

HAVE FUN



UTAH OUTDOOR ACTIVITIES FOR SUMMER AND WINTER



There are many outdoor activities in Utah for both summer and winter. Some activities that are available in the summer include hiking and rockhounding. While in the winter there is skiing, sledding, and tubing.

HIKING



Utah has many great places to hike, including many famous national parks like Arches, Zions, and Moab among others. All of these places offer fun hikes, for families with little kids, to hardcore adventures. Some of the more famous hikes include Delicate Arch in Arches, and the narrows, in Zions. There are also many lesser known hikes in or close to SLC like Donut falls and Big Cottonwood Canyon. These hikes can still be very beautiful, and provide a great exercise.

ROCKHOUNDING



Rockhounding, is the hobby of searching for and collecting fossils, rocks, etc. Utah has so many great places to go rock hounding, and there are many different rocks that can be found. Some of those rocks are Topaz, Opal, Wonderstone, Geodes, and Trilobites. Most of the rockhounding quarries are far away from SLC. But there are others that can be accessed more easily. One quarry, for geodes is the Dugway geodes beds. This quarry is great, because the geodes are easy to find, and there is no hiking involved.

SKIING



Skiing in Utah, is known worldwide, for the great snow, and resorts. Some of these resorts include Alta, Snowbird, Brighton, and Solitude, all within 30 minutes from SLC. These resorts have a variety of different terrains from beginners to experts. There are also terrain parks for skiers that want to try their hand at tricks. On the other hand, there are bunny slopes for beginners, that makes skiing an enjoyable experience for all skill levels. The resorts also have lodges right next to the ski runs for people to stay.