



PLEASE READ AND COMPLETE ALL INFORMATION BELOW

TEST DATE: (See test notice that was emailed to you)

TEST TIME:

APPLICATION DUE:

By 8pm the Friday before Test Day!

(Late entries will not be admitted & a private test will need to be scheduled)

TEST DUES:

☐ **\$80** -To be remitted with this application

PRIVATE TESTING – By Appointment Only (Check below if required)

☐ add **\$25** to Test Dues*

*Please Note: As some aspects of the tests are partner based, you will need to bring a 'Test Buddy'

APPLICANT DECLARATION

- ☐ I have attended at least 2 classes/week for the last 4 months
- ☐ I have learned, practiced, & understand all the requirements of this test, and have read the Training Guide.
- ☐ I have received 1 Star on my Belt

Student Signature: _____
(Parent if under 18)

Check the Correct answers to the following questions (Read the Brown book for the answers)

1. Who was the first Hawaiian Kempo Master?

- ☐ Adriano Emporado
- ☐ William KS Chow
- ☐ James Mitose
- ☐ Victor 'Sonny' Gascon

2. What was the path of Kempo from Shaolin?

- ☐ Okinawa, Hawaii, Japan, China, USA
- ☐ Japan, Okinawa, China, Hawaii, Canada
- ☐ China, Okinawa, Hawaii, USA, Canada
- ☐ I do not know

3. Which statement is False: "Si Liu Bu is..."

- ☐ "...a Defensive stance."
- ☐ "...an Attacking position"
- ☐ "...a high stable stance."
- ☐ "...a highly mobile stance"

4. What position is the hand in Snake strike?

- ☐ Palm up
- ☐ Palm down
- ☐ Palm vertical
- ☐ Palm inverted

5. How many steps of the 10 pt. blocking system have you learned?

- ☐ Steps 1-4
- ☐ Steps 1-6
- ☐ Steps 1-8
- ☐ All 10 steps

6. What does the Archer exercise benefit?

- ☐ Heart & Liver
- ☐ Kidney Stones
- ☐ Headaches
- ☐ Leg Cramps

7. What is the definition of Power in Kung-Fu?

- ☐ The ability to lift heavy things
- ☐ An action with great speed and force
- ☐ Power is Strength
- ☐ None of the above

8. In Brown Belt Self-defense, I have learned:

- ☐ Downward & Upward Elbow Scoop
- ☐ Over & Under Elbow Fold-over
- ☐ Downward & Upward Elbow Wrap
- ☐ All of the Above

9. What Combinations have you learned so far?

- ☐ 1, 13, 20
- ☐ 21, 26
- ☐ 22, 24
- ☐ None

10. When fighting, the eyes should look ...

- ☐ ...at the opponent's hands & feet
- ☐ ...through the opponent
- ☐ ...straight into the opponent's eyes
- ☐ ...at the feet only

BROWN 1 STRIPE PROMOTION APPLICATION

Name: _____

DO NOT WRITE IN THIS BOX -FOR GRADING PANEL ONLY!-

BASICS	E	S	NI	FC	Comments:
Strikes: 4-hit Combos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Jump Spin-Kicks:					
<input type="checkbox"/> Rev-Cr. <input type="checkbox"/> Hook <input type="checkbox"/> Back	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Wushu-In <input type="checkbox"/> Wushu-Out	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Jump Kicks:					
<input type="checkbox"/> Round <input type="checkbox"/> Cres <input type="checkbox"/> Rev. Cr	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Blocks: CH/OH w Yin-Yang	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
10 pt.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Stances: Snake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Dragon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Shaolin Stepping-Shuffle/Slide	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Break Falls (Fighting Stance)					
<input type="checkbox"/> Front <input type="checkbox"/> Back <input type="checkbox"/> Side	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Rolls: (Fighting Stance)					
<input type="checkbox"/> Front <input type="checkbox"/> Back <input type="checkbox"/> Side	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
KEMPO FORMS					
<input type="checkbox"/> Taolu (Kata) #3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Taolu (Kata) #4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Taolu (Kata) #5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
L2 Review: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
L1 Review: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Basic Review: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
SHAOLIN FORMS					
Ba Bu Lian Huan Quan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
L1/2Review: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
108 QUAN-FA COMBINATIONS					
<input type="checkbox"/> #1 <input type="checkbox"/> #13 <input type="checkbox"/> #20	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> #21a <input type="checkbox"/> #21b <input type="checkbox"/> #26	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> #22 <input type="checkbox"/> #24 <input type="checkbox"/> #24b	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
L2 Review <input type="checkbox"/> # _____ <input type="checkbox"/> # _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
L1 Review <input type="checkbox"/> # _____ <input type="checkbox"/> # _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Basic Rev. <input type="checkbox"/> # _____ <input type="checkbox"/> # _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
QIN-NA/SHUAI JIAO: Defense from 5 Punch, 3 Kick, 5 Grab, 4 Club attacks					
Elbow: <input type="checkbox"/> Up <input type="checkbox"/> In <input type="checkbox"/> Rev	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Throws: All Previous	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> 1 Arm <input type="checkbox"/> 2 Arm <input type="checkbox"/> Head	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Club <input type="checkbox"/> In <input type="checkbox"/> Out <input type="checkbox"/> Dwn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

WRITTEN TEST 100 90 80 70 60 50 40 30 20 10 0

RESULTS
PASS FAIL HOLD