



PLEASE READ AND COMPLETE ALL INFORMATION BELOW

TEST DATE: (See test notice that was emailed to you)

TEST TIME:

APPLICATION DUE:

By 8pm the Friday before Test Day!

(Late entries will not be admitted & a private test will need to be scheduled)

TEST DUES:

☐ **\$80** -To be remitted with this application

PRIVATE TESTING – By Appointment Only (Check below if required)

☐ add **\$25** to Test Dues*

*Please Note: As some aspects of the tests are partner based, you will need to bring a 'Test Buddy'

APPLICANT DECLARATION

- ☐ I have attended at least 2 classes/week for the last 4 months
- ☐ I have learned, practiced, & understand all the requirements of this test, and have read the Training Guide.
- ☐ I have received 1 Star on my Belt

Student Signature: _____
(Parent if under 18)

Check the Correct answers to the following questions (Read the Brown book for the answers)

- Who was the first master to bring Kempo to Eastern United States?
 - ☐ Grandmaster 'Sonny' Gascon
 - ☐ Grandmaster Fred Villari
 - ☐ Grandmaster George Pesare
 - ☐ Professor Nick Cerio
- From who did Grandmaster Tim learn Kempo?
 - ☐ Grandmaster 'Sonny' Gascon
 - ☐ Grandmaster Fred Villari
 - ☐ Grandmaster George Pesare
 - ☐ Professor Nick Cerio
- What are the 2 types of Harmonies?
 - ☐ Quartal and Quintal
 - ☐ Upper and Lower
 - ☐ Internal & External
 - ☐ Heaven and Earth

- Crane Strike is used on which targets?
 - ☐ Ribs, neck, face, armpits & groin
 - ☐ Areas along the spine
 - ☐ Kneecaps, Elbows, Hands & feet
 - ☐ All of the above
- How many Harmonies are there?
 - ☐ 12
 - ☐ 6
 - ☐ 4
 - ☐ I do now know
- What is the 21 Tibetans exercise used for?
 - ☐ Contacts to the head
 - ☐ Stabilizing breathing
 - ☐ Eliminate disorientation
 - ☐ All of the above
- When judging sparring distance, experienced fighter will position themselves:
 - ☐ Just outside of opponent's reach
 - ☐ Directly in front of the opponent
 - ☐ So they can punch or kick, without getting hit
 - ☐ As close to the opponent as possible
- In Kempo, fear is :
 - ☐ Something to be ashamed of
 - ☐ Erased through Sparring practice
 - ☐ Something one can learn to live with
 - ☐ Necessary to be a superior fighter
- Based on what we know of the 5 Animals, which Combos are dominantly Leopard?
 - ☐ 2, 3, 5, 7, 21, 26
 - ☐ 1, 4, 6, 8, 10, 13
 - ☐ 9, 11, 14, 15, 17
 - ☐ I am not sure
- Stances in Kung-Fu are at their best when..
 - ☐ They are rigid and solid
 - ☐ Coordinated with balance & coordination
 - ☐ Held with the strong side to the rear
 - ☐ Held in a super low squat

BROWN 2 Stripe PROMOTION APPLICATION

Name: _____

DO NOT WRITE IN THIS BOX -FOR GRADING PANEL ONLY!-

BASICS	E	S	NI	FC	Comments:
Strikes: 4-hit Combos	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Jump Spin-Kicks:					
<input type="checkbox"/> Rev-Cr. <input type="checkbox"/> Hook <input type="checkbox"/> Back	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Tornado-In <input type="checkbox"/> Tornado-out	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Jump Kicks:					
<input type="checkbox"/> Round <input type="checkbox"/> Cres <input type="checkbox"/> Rev. Cr	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Blocks: CH/OH w Yin-Yang	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
10 pt.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Stances: Snake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Dragon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Shaolin Stepping-Shuffle/Slide	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Break Falls (Fighting Stance)					
<input type="checkbox"/> Front <input type="checkbox"/> Back <input type="checkbox"/> Side	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Rolls: (Fighting Stance)					
<input type="checkbox"/> Front <input type="checkbox"/> Back <input type="checkbox"/> Side	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
KEMPO FORMS					
<input type="checkbox"/> Taolu (Kata) #3	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Taolu (Kata) #4	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Taolu (Kata) #5	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
L2 Review: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
L1 Review: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Basic Review: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
SHAOLIN FORMS					
Ba Bu Lian Huan Quan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
L1/2Review: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
108 QUAN-FA COMBINATIONS					
<input type="checkbox"/> #1 <input type="checkbox"/> #13 <input type="checkbox"/> #20	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> #21a <input type="checkbox"/> #21b <input type="checkbox"/> #26	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> #22 <input type="checkbox"/> #24 <input type="checkbox"/> #24b	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
L2 Review <input type="checkbox"/> # <input type="checkbox"/> #	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
L1 Review <input type="checkbox"/> # <input type="checkbox"/> #	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Basic Rev. <input type="checkbox"/> # <input type="checkbox"/> #	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
QIN-NA/SHUAI JIAO: Defense from 5 Punch, 3 Kick, 5 Grab, 3 Club attacks					
Elbow: <input type="checkbox"/> Up <input type="checkbox"/> In <input type="checkbox"/> Rev	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Throws: All Previous	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> 1 Arm <input type="checkbox"/> 2 Arm <input type="checkbox"/> Head	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Club <input type="checkbox"/> In <input type="checkbox"/> Out <input type="checkbox"/> Dwn	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

WRITTEN TEST 100 90 80 70 60 50 40 30 20 10 0

RESULTS
PASS FAIL HOLD