

Addition of Angular Momentum

Reference: Griffiths 4.4.3, McIntyre 11.4 - 11.6

So far, we've learned that elementary particles (like the electron) carry their own angular momentum (spin). Particles have a value of s , the spin quantum number, which doesn't ever change. The spin is a property of the particle (all electrons have $s = \frac{1}{2}$ always).

Now, what about the following situations:

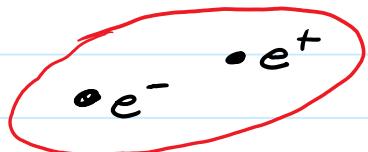
① A composite system made of 2 particles? If each particle has spin the total spin $\vec{S}_{\text{tot}} = \vec{S}_1 + \vec{S}_2$

② A system which has both spin and orbital angular momentum the total angular momentum is $\vec{J} = \vec{L} + \vec{S}$

In both cases we need to learn how to add angular momentum quantum mechanically. [It's not as simple as just adding vectors because, remember, I can't know all 3 components of the vectors at once!].

Let's focus on case ①. Case ② is done exactly the same way.

Example: Positronium - it is possible to create a bound state of an electron and its antiparticle (positron)



"positronium"

(it is not stable ... doesn't live long).

Both the electron and the positron have spin $s = \frac{1}{2}$. What are the possible spin states $|S, m\rangle$ for this bound state?

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The spin state of the composite state can be specified by the spin states of the two constituents. We'll label these by 4 numbers: *✓ order matters. The first ket is particle #1.*

$$|s_1, m_1\rangle |s_2, m_2\rangle \quad \text{I like this notation using 2 kets.}$$

Griffiths uses a single ket $|s_1 s_2 m_1 m_2\rangle$ *particle 1 quantum #s.*

quantum #'s for particle 2.

The operators $\hat{S}_z^{(1)}$ and $\hat{S}_z^{(2)}$ are understood to act only on the relevant particle. The superscript ⁽¹⁾ or ⁽²⁾ denotes this.

poll Q:

Consider the composite state formed from a spin 3 particle and a spin 2 particle: $|3221\rangle$. What is $S_z^{(1)}|3221\rangle$?

A.) $3\hbar$

C.) \hbar

B.) $2\hbar$

D.) 0

Let's go back to the positronium case which is two spin $\frac{1}{2}$ particles.

$$|\frac{1}{2}\frac{1}{2}, \frac{1}{2}-\frac{1}{2}\rangle = |\underbrace{\frac{1}{2}\frac{1}{2}}_{\text{electron}}\rangle |\underbrace{\frac{1}{2}-\frac{1}{2}}_{\text{positron}}\rangle = |\uparrow\rangle_e |\downarrow\rangle_p$$

e⁻ spin up, e⁺ spin down.

The two kets are basically independent. So, for example if I want the inner product

$$\begin{aligned} \langle \frac{1}{2}\frac{1}{2}, \frac{1}{2}-\frac{1}{2} | \frac{1}{2}\frac{1}{2}, \frac{1}{2}\frac{1}{2} \rangle &= \left(\langle \uparrow |_e \langle \downarrow |_p \right) \left(|\uparrow\rangle_e |\uparrow\rangle_p \right) \\ &= \langle \uparrow | \uparrow \rangle_e \langle \downarrow | \uparrow \rangle_p = 1 \cdot 0 = 0 \end{aligned}$$

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We'll write these states as a single ket: $| \uparrow \downarrow \rangle = | \uparrow \rangle_e | \downarrow \rangle_p$
 the order matters. The first arrow is for particle 1 (say, the e^-)
 the second is particle 2 (say, the positron).

There are four possible combinations:

$$\begin{aligned} |\frac{1}{2}\frac{1}{2}, \frac{1}{2}\frac{1}{2}\rangle &\equiv |\uparrow\uparrow\rangle \\ |\frac{1}{2}\frac{1}{2}, \frac{1}{2}\frac{-1}{2}\rangle &\equiv |\uparrow\downarrow\rangle \\ |\frac{1}{2}\frac{1}{2}, \frac{-1}{2}\frac{1}{2}\rangle &\equiv |\downarrow\uparrow\rangle \\ |\frac{1}{2}\frac{1}{2}, \frac{-1}{2}\frac{-1}{2}\rangle &\equiv |\downarrow\downarrow\rangle \end{aligned}$$

These four states define an orthonormal basis. By including two particles I now have 4 basis vectors.

$$|\uparrow\uparrow\rangle \rightarrow \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix} \quad |\uparrow\downarrow\rangle \rightarrow \begin{pmatrix} 0 \\ 1 \\ 0 \\ 0 \end{pmatrix} \quad |\downarrow\uparrow\rangle \rightarrow \begin{pmatrix} 0 \\ 0 \\ -1 \\ 0 \end{pmatrix} \quad |\downarrow\downarrow\rangle \rightarrow \begin{pmatrix} 0 \\ 0 \\ 0 \\ 1 \end{pmatrix}$$

Question: If I measure \hat{S}^2 , the total angular momentum squared and/or \hat{S}_z on one of these states, what values could I get? What are the probabilities?

We know how to attack this problem: Find the matrix elements of the operators & then find the eigenvalues & eigenvectors.

\hat{S}_z is easy. Just add the components. $\hat{S}_z = \hat{S}_z^{(1)} + \hat{S}_z^{(2)}$

What are its matrix elements? For example:

$$\langle \uparrow\downarrow | \hat{S}_z | \uparrow\downarrow \rangle = \langle \uparrow_p | \langle \downarrow_p | \hat{S}_z^{(1)} + \hat{S}_z^{(2)} | \uparrow_e \rangle | \downarrow_p \rangle$$

Group e^- and e^+ terms together

$$e \langle \uparrow_p | \langle \downarrow_p | \hat{S}_z^{(1)} | \uparrow_e \rangle | \downarrow_p \rangle + e \langle \uparrow_p | \langle \downarrow_p | \hat{S}_z^{(2)} | \uparrow_e \rangle | \downarrow_p \rangle$$

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Group c^- and c^+ terms together

$$e \langle \uparrow | \langle \downarrow | S_z^{(1)} | \uparrow \rangle_e | \downarrow \rangle_p + e \langle \uparrow | \langle \downarrow | \hat{S}_z^{(2)} | \uparrow \rangle_e | \downarrow \rangle_p$$

$$= \langle \uparrow | S_z^{(1)} | \uparrow \rangle_e \langle \downarrow | \downarrow \rangle_p + \langle \uparrow | \uparrow \rangle_e \langle \downarrow | S_z^{(2)} | \downarrow \rangle_p$$

$$= \frac{\hbar}{2} \cdot \langle \uparrow | \uparrow \rangle_e \langle \downarrow | \downarrow \rangle_p + \langle \uparrow | \uparrow \rangle_e \cdot \left(-\frac{\hbar}{2}\right) \langle \downarrow | \downarrow \rangle_p$$

$$= \frac{\hbar}{2} \cdot 1 \cdot 1 - \frac{\hbar}{2} \cdot 1 \cdot 1 = 0$$

Can you get the rest quickly? The state in the bra must match the ket by orthogonality. Only diagonal entries will be present. The value is the sum of $S_z^{(1)}$ + $S_z^{(2)}$

$$S_z = \begin{pmatrix} \langle \uparrow \uparrow | \hat{S}_z | \uparrow \uparrow \rangle & \langle \uparrow \uparrow | \hat{S}_z | \uparrow \downarrow \rangle & \langle \uparrow \uparrow | \hat{S}_z | \downarrow \uparrow \rangle & \langle \uparrow \uparrow | \hat{S}_z | \downarrow \downarrow \rangle \\ \langle \uparrow \downarrow | \hat{S}_z | \uparrow \uparrow \rangle & \langle \uparrow \downarrow | \hat{S}_z | \uparrow \downarrow \rangle & \langle \uparrow \downarrow | \hat{S}_z | \downarrow \uparrow \rangle & \langle \uparrow \downarrow | \hat{S}_z | \downarrow \downarrow \rangle \\ \langle \downarrow \uparrow | \hat{S}_z | \uparrow \uparrow \rangle & \langle \downarrow \uparrow | \hat{S}_z | \uparrow \downarrow \rangle & \langle \downarrow \uparrow | \hat{S}_z | \downarrow \uparrow \rangle & \langle \downarrow \uparrow | \hat{S}_z | \downarrow \downarrow \rangle \\ \langle \downarrow \downarrow | \hat{S}_z | \uparrow \uparrow \rangle & \langle \downarrow \downarrow | \hat{S}_z | \uparrow \downarrow \rangle & \langle \downarrow \downarrow | \hat{S}_z | \downarrow \uparrow \rangle & \langle \downarrow \downarrow | \hat{S}_z | \downarrow \downarrow \rangle \end{pmatrix}$$

$$S_z = \begin{pmatrix} \hbar & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -\hbar \end{pmatrix} = \hbar \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -1 \end{pmatrix}$$

Eigenvalues: $m = \pm \hbar, 0$ matrix is diagonal. Note, $m=0$ is a degenerate eigenvalue, there are two eigenstates with this value of S_z .

Eigen vectors:

$m = \hbar$, $|\uparrow \uparrow \rangle$ is already an eigenvector

$m = -\hbar$, $|\downarrow \downarrow \rangle$ "

$m = 0$?

$$\begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & -1 \end{pmatrix} \begin{pmatrix} a \\ b \\ c \\ d \end{pmatrix} = 0 \Rightarrow \begin{array}{l} a=0 \\ b=0 \\ c=0 \\ d \text{ unconstrained} \end{array}$$

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Conclusion: $| \uparrow\uparrow \rangle, | \uparrow\downarrow \rangle, | \downarrow\uparrow \rangle, | \downarrow\downarrow \rangle$ are already eigenvectors of \hat{S}_z with eigenvalues $0, \pm \hbar$

There's something interesting going on with $m=0$... why are there two states? We'll see soon...

Now, what about \hat{S}^2 ? Remember:

$$\hat{S}^2 = (\hat{S}_{(1)} + \hat{S}_{(2)})^2 = \hat{S}_{(1)}^2 + \hat{S}_{(2)}^2 + 2 \hat{S}_{(1)} \cdot \hat{S}_{(2)}$$

↑

Total spin squared

$$= \underbrace{\hat{S}_{(1)}^2 + \hat{S}_{(2)}^2}_{\textcircled{1}} + 2 \left[\underbrace{\hat{S}_x^{(1)} \hat{S}_x^{(2)} + \hat{S}_y^{(1)} \hat{S}_y^{(2)} + \hat{S}_z^{(1)} \hat{S}_z^{(2)}}_{\textcircled{2}} \right] \textcircled{3}$$

We need to take it piece by piece...

(1) First: The \hat{S}^2 terms.

These matrix elements are easy to calculate.

$$\text{e.g. } \langle \uparrow\downarrow | \hat{S}_{(1)}^2 | \uparrow\downarrow \rangle = \hbar^2 \left(\frac{1}{2} \left(\frac{1}{2} + 1 \right) \right) \langle \uparrow\downarrow | \uparrow\downarrow \rangle = \frac{3\hbar^2}{4}$$

Both particles have $S = \frac{1}{2}$, and are eigenstates of $\hat{S}_{(1)}^2, \hat{S}_{(2)}^2$.

Matrices will be diagonal. Values are the same for all elements.

$$\hat{S}_{(1)}^2 = \frac{3\hbar^2}{4} \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix} \quad \hat{S}_{(2)}^2 = \frac{3\hbar^2}{4} \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$$

$$\hat{S}_{(1)}^2 + \hat{S}_{(2)}^2 = \frac{3\hbar^2}{2} \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix} = \frac{3\hbar^2}{2} \cdot \mathbb{1}$$

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(2) $2 \cdot \hat{S}_z^{(1)} \hat{S}_z^{(2)}$ this operator measures the product of m_1, m_2

example : $2 \langle \uparrow\downarrow | \hat{S}_z^{(1)} \hat{S}_z^{(2)} | \uparrow\downarrow \rangle = 2 \cdot \langle \uparrow | \hat{S}_z^{(1)} | \uparrow \rangle \langle \downarrow | \hat{S}_z^{(2)} | \downarrow \rangle$

$$= 2 \cdot \left(\frac{\hbar}{2}\right) \langle \uparrow | \uparrow \rangle \cdot \left(-\frac{\hbar}{2}\right) \langle \downarrow | \downarrow \rangle = -\frac{\hbar^2}{2}$$

$$2 \cdot \hat{S}_z^{(1)} \hat{S}_z^{(2)} \rightarrow \frac{\hbar}{2} \begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}$$

[Basis]
 $|\uparrow\uparrow\rangle$
 $|\uparrow\downarrow\rangle$
 $|\downarrow\uparrow\rangle$
 $|\downarrow\downarrow\rangle$

(3) Matrix elements of $\hat{S}_x^{(1)} \hat{S}_x^{(2)}$:

For example: $2 \langle \uparrow\downarrow | \hat{S}_x^{(1)} \hat{S}_x^{(2)} | \downarrow\uparrow \rangle$

$$= 2 \langle \uparrow | \underbrace{\hat{S}_x^{(1)}}_{\text{off diagonal}} | \downarrow \rangle \langle \downarrow | \underbrace{\hat{S}_x^{(2)}}_{\text{off diagonal}} | \uparrow \rangle = 2 \frac{\hbar}{2} \frac{\hbar}{2} = \frac{\hbar^2}{2}$$

$$\hat{S}_x = \frac{\hbar}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$

To get a non-zero entry, each arrow on left must be different from its partner on right.

call it \tilde{S}_x

$$\tilde{S}_x^{(1)} \tilde{S}_x^{(2)} = \begin{pmatrix} \langle \uparrow\uparrow | \tilde{S}_x | \uparrow\uparrow \rangle & \langle \uparrow\uparrow | \tilde{S}_x | \uparrow\downarrow \rangle & \langle \uparrow\uparrow | \tilde{S}_x | \downarrow\uparrow \rangle & \langle \uparrow\uparrow | \tilde{S}_x | \downarrow\downarrow \rangle \\ \langle \uparrow\downarrow | \tilde{S}_x | \uparrow\uparrow \rangle & \langle \uparrow\downarrow | \tilde{S}_x | \uparrow\downarrow \rangle & \langle \uparrow\downarrow | \tilde{S}_x | \downarrow\uparrow \rangle & \langle \uparrow\downarrow | \tilde{S}_x | \downarrow\downarrow \rangle \\ \langle \downarrow\uparrow | \tilde{S}_x | \uparrow\uparrow \rangle & \langle \downarrow\uparrow | \tilde{S}_x | \uparrow\downarrow \rangle & \langle \downarrow\uparrow | \tilde{S}_x | \downarrow\uparrow \rangle & \langle \downarrow\uparrow | \tilde{S}_x | \downarrow\downarrow \rangle \\ \langle \downarrow\downarrow | \tilde{S}_x | \uparrow\uparrow \rangle & \langle \downarrow\downarrow | \tilde{S}_x | \uparrow\downarrow \rangle & \langle \downarrow\downarrow | \tilde{S}_x | \downarrow\uparrow \rangle & \langle \downarrow\downarrow | \tilde{S}_x | \downarrow\downarrow \rangle \end{pmatrix}$$

Only non-zero terms are in green. All entries are $\frac{\hbar^2}{4}$ since all entries of S_x are $\frac{\hbar}{2}$.

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$$2S_x^{(1)}S_x^{(2)} = \frac{\hbar^2}{2} \begin{pmatrix} 0 & 0 & 0 & 1 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \\ 1 & 0 & 0 & 0 \end{pmatrix}$$

$\hat{S}_y^{(1)}\hat{S}_y^{(2)}$ is similar (it's off diagonal), but we need to watch signs.

For example:

$$\begin{aligned} & \langle \uparrow\downarrow | \hat{S}_y^{(1)}\hat{S}_y^{(2)} | \downarrow\uparrow \rangle \\ &= \langle \uparrow | \hat{S}_y^{(1)} | \downarrow \rangle \underbrace{\langle \downarrow | \hat{S}_y^{(2)} | \uparrow \rangle}_{\text{off diagonal}} = \frac{\hbar}{2}(-i) \cdot \frac{\hbar}{2}(i) = \frac{\hbar^2}{4} \\ & \hat{S}_y = \frac{\hbar}{2} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix} \end{aligned}$$

Again, I'll only get a non-zero entry if the arrow on the left is different than its partner on the right. The signs are tricky. If the two arrows in the ket are the same, I have

$$\begin{aligned} & \langle \uparrow | S_y^{(1)} | \downarrow \rangle \langle \uparrow | S_y^{(2)} | \downarrow \rangle \\ &= \langle \uparrow | S_y | \downarrow \rangle^2 = (\hbar/2)^2 \end{aligned}$$

If the arrows in the ket are different, I get $\hbar^2/4$ as above.

$$2S_y^{(1)}S_y^{(2)} = \frac{\hbar^2}{2} \begin{pmatrix} 0 & 0 & 0 & -1 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \\ -1 & 0 & 0 & 0 \end{pmatrix}$$

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Put it all together:

$$\begin{aligned}\hat{S}^2 &= \underbrace{\hat{S}_{(1)}^2 + \hat{S}_{(2)}^2}_{+ 2\hat{S}_z^{(1)}\hat{S}_z^{(2)}} + 2\hat{S}_x^{(1)}\hat{S}_x^{(2)} + 2\hat{S}_y^{(1)}\hat{S}_y^{(2)} \\ &= \frac{3\hbar^2}{2} \underbrace{\begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}}_{+} + \frac{\hbar^2}{2} \underbrace{\begin{pmatrix} 1 & 0 & 0 & 0 \\ 0 & -1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & 1 \end{pmatrix}}_{+} + \frac{\hbar^2}{2} \underbrace{\begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 2 & 0 \\ 0 & 2 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}}_{+}\end{aligned}$$

$$\hat{S}^2 = \frac{\hbar^2}{2} \begin{pmatrix} 4 & 0 & 0 & 0 \\ 0 & 2 & 2 & 0 \\ 0 & 2 & 2 & 0 \\ 0 & 0 & 0 & 4 \end{pmatrix} = \hbar^2 \begin{pmatrix} 2 & 0 & 0 & 0 \\ 0 & 1 & 1 & 0 \\ 0 & 1 & 1 & 0 \\ 0 & 0 & 0 & 2 \end{pmatrix}$$

matrix representation
of \hat{S}_{TOT}^2 in the
basis $|1\uparrow\rangle, |1\downarrow\rangle$
 $|1\uparrow\rangle, |1\downarrow\rangle$.

(Whew!)

Eigenvalues:

$$\begin{vmatrix} 2\hbar^2 - \lambda & 0 & 0 & 0 \\ 0 & \hbar^2 - \lambda & \hbar^2 & 0 \\ 0 & \hbar^2 & \hbar^2 - \lambda & 0 \\ 0 & 0 & 0 & 2\hbar^2 - \lambda \end{vmatrix}$$

$$(2\hbar^2 - \lambda) \left\{ (\hbar^2 - \lambda)(\hbar^2 - \lambda)(2\hbar^2 - \lambda) - \hbar^2 \hbar^2 (2\hbar^2 - \lambda) \right\} = 0$$

$$(2\hbar^2 - \lambda)^2 \left\{ (\hbar^2 - \lambda)^2 - \hbar^4 \right\} = 0$$

$$(2\hbar^2 - \lambda) \left\{ \hbar^4 - 2\hbar^2 \lambda + \lambda^2 - \hbar^4 \right\} = 0$$

$$(2\hbar^2 - \lambda) \left\{ \lambda(\lambda - 2\hbar^2) \right\}$$

$$\lambda = 0$$

$$\lambda = 2\hbar^2 \quad [3 \times \text{degenerate!}]$$

i.e. There is one state with $s(s+1) = 0$ We call it the singlet

There are three states with $s(s+1) = 2\hbar^2 \Rightarrow s = 1$

↪ we call these the triplet states.

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Eigenvectors: $\boxed{\lambda=0} \cdot \hbar^2 \begin{pmatrix} 2 & 0 & 0 & 0 \\ 0 & 1 & 1 & 0 \\ 0 & 1 & 1 & 0 \\ 0 & 0 & 0 & 2 \end{pmatrix} \begin{pmatrix} a \\ b \\ c \\ d \end{pmatrix} = \begin{pmatrix} 0 \\ 0 \\ 0 \\ 0 \end{pmatrix}$

$$= a=0, d=0, b=-c$$

eigenvector = $\frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ 1 \\ -1 \\ 0 \end{pmatrix} = \frac{1}{\sqrt{2}} [|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle]$

Remember λ is the eigenvalue of \hat{S}_{tot}^2
so $\lambda=0$ means $s=0, m=0$

Apparently: $|\underline{00}\rangle = \frac{1}{\sqrt{2}} [|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle]$

total angular momentum = 0.

$\lambda=2\hbar^2$ means $s(s+1)\hbar^2 = 2\hbar^2$ i.e. these states have $s=1$

Find eigenvectors

$$\hbar^2 \begin{pmatrix} 2 & 0 & 0 & 0 \\ 0 & 1 & 1 & 0 \\ 0 & 1 & 1 & 0 \\ 0 & 0 & 0 & 2 \end{pmatrix} \begin{pmatrix} a \\ b \\ c \\ d \end{pmatrix} = 2\hbar^2 \begin{pmatrix} a \\ b \\ c \\ d \end{pmatrix}$$

$2a=2a \Rightarrow a \text{ can be anything}$

$b+c=2b \Rightarrow b=c$.

$2d=2d \Rightarrow d \text{ can be anything}$

Orthonormal choice:

$$|V_1\rangle \rightarrow \begin{pmatrix} 1 \\ 0 \\ 0 \\ 0 \end{pmatrix}$$

$|\uparrow\uparrow\rangle \quad s=1, m=1$

$$|V_2\rangle \rightarrow \begin{pmatrix} 0 \\ 0 \\ 0 \\ 1 \end{pmatrix}$$

$|\downarrow\downarrow\rangle \quad s=1, m=-1$

$$|V_3\rangle \rightarrow \begin{pmatrix} 0 \\ 1/\sqrt{2} \\ 1/\sqrt{2} \\ 0 \end{pmatrix}$$

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Total Angular
Momentum Basis
 $|S_{\text{TOT}}, m_{\text{TOT}} \rangle$

Composite Basis.

triplet
 $S=1$

$$\left\{ \begin{array}{l} |1,1\rangle \\ |1,0\rangle \\ |1,-1\rangle \end{array} \right. = \begin{array}{l} |\uparrow\uparrow\rangle \\ \frac{1}{\sqrt{2}}[|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle] \\ |\downarrow\downarrow\rangle \end{array}$$

singlet
 $s=0$

$$\left\{ \begin{array}{l} |0,0\rangle \end{array} \right. = \frac{1}{\sqrt{2}}[|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle]$$

FYI, when it comes to positronium, the triplet states are called "ortho-positronium" and the singlet state is called "para-positronium".

Of course we could write this the other way around:

$$|\uparrow\downarrow\rangle = \frac{1}{\sqrt{2}}[|10\rangle + |00\rangle]$$

$$|\downarrow\uparrow\rangle = \frac{1}{\sqrt{2}}[|10\rangle - |00\rangle]$$

We have the answer to our question. If I measure S_z on the state $|\uparrow\downarrow\rangle$ I will get $S_z = 0$ with 100% probability

If I measure \hat{S}^2 on the state $|\uparrow\downarrow\rangle$ I'll get:

$$\begin{aligned} S_{\text{TOT}}^2 &= 2\hbar^2 & (S=1) & \cdot \text{with 50% probability} \\ &= 0 & (S=0) & \cdot \text{with 50% probability.} \end{aligned}$$

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We just added spin $\frac{1}{2}$ + spin $\frac{1}{2}$. Now let's try to generalize this...

Generally, we're interested in what values for $|SM\rangle$ are possible for the composite state.

In a very "hand-waving" sense, we could see that the largest value of M which is possible is $S_1 + S_2$

$$M \leq S_1 + S_2 \quad \text{This happens when the two spins are aligned.}$$

$$\text{But this also implies } S \leq S_1 + S_2$$

Similarly, the lowest value of M would be $|S_2 - S_1|$, this occurs when the spins are anti-aligned.

$$\text{So } M \geq |S_2 - S_1| \quad \text{which also implies } S \geq |S_1 - S_2|.$$

This turns out to be correct. Combining 2 spins S_1 and S_2 , the possible values for S are

$$S = |S_2 - S_1|, |S_2 - S_1| + 1, \dots, S_1 + S_2 - 1, S_1 + S_2$$

Poll Q:

A spin $\frac{3}{2}$ particle and a spin 1 particle form a bound state. Which of the following are not a possible state $|SM\rangle$ for the total system?

A.) $| \frac{5}{2}, \frac{1}{2} \rangle$

B.) $| \frac{1}{2}, \frac{1}{2} \rangle$

C.) $| 1, 0 \rangle$

D.) $| \frac{3}{2}, \frac{3}{2} \rangle$

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We can express the states with total angular momentum $|S, M\rangle$, or we could use the $|\uparrow\uparrow\rangle, |\uparrow\downarrow\rangle, |\downarrow\uparrow\rangle, |\downarrow\downarrow\rangle$ basis and we know the relationships between them.

These results can be summarized in a Clebsch-Gordan table

(S_1)	(S_2)	$ 1,1\rangle$		
$1/2 \times 1/2$		1	$ 1,0\rangle$	$ 0,0\rangle$
		+1	1	0
$ \uparrow\uparrow\rangle$		+1/2 +1/2	1	0
$ \uparrow\downarrow\rangle$		+1/2 -1/2	1/2	1/2
$ \downarrow\uparrow\rangle$		-1/2 +1/2	1/2	-1/2
			-1/2 -1/2	1
				$ 1,-1\rangle$

Notation:

S	S	...
m_1	m_2	
m_1	m_2	
\vdots	\vdots	
		Coefficients

* A square root is implied over every coefficient. The $(-)$ goes outside it
 Reading horizontally gives the composite basis states in terms of the total spin states

$$|1\downarrow\uparrow\rangle = \frac{1}{\sqrt{2}} |1,0\rangle - \frac{1}{\sqrt{2}} |0,0\rangle$$

Reading vertically gives it the other way around.

$$|0,0\rangle = \frac{1}{\sqrt{2}} |1\uparrow\downarrow\rangle - \frac{1}{\sqrt{2}} |1\downarrow\uparrow\rangle$$

One can repeat the same procedure for higher spins...
 Here are the results.

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The procedure can be generalized to adding other spins:
Here is a full set of tables (!)

$1/2 \times 1/2$
$\begin{array}{ c c c } \hline & 1 & 0 \\ \hline +1/2 & 1 & 0 \\ \hline +1/2+1/2 & 1 & 0 \\ \hline \end{array}$
$\begin{array}{ c c c c c } \hline & +1/2 & -1/2 & 1/2 & 1/2 & 1 \\ \hline -1/2 & +1/2 & 1/2 & -1/2 & -1 \\ \hline -1/2-1/2 & 1 \\ \hline \end{array}$
$\begin{array}{ c c c c c } \hline & 3/2 & 3/2 & 1/2 \\ \hline +1 & +1/2 & 1/2 & +1/2 \\ \hline +1-1/2 & 1/3 & 2/3 & 3/2 \\ \hline 0+1/2 & 2/3 & -1/3 & -1/2 \\ \hline 0-1/2 & 2/3 & 1/3 & 3/2 \\ \hline -1+1/2 & 1/3 & -2/3 & -3/2 \\ \hline \end{array}$
$\begin{array}{ c c c c c } \hline & 3 & 2 & 1 \\ \hline +2 & +1 & 1 & +2 & +2 \\ \hline +2-1 & 0 & 1/3 & 2/3 & 1 \\ \hline +1+1 & 2/3 & -1/3 & +1 \\ \hline +2-1 & 1/15 & 1/3 & 3/5 \\ \hline +1 & 0 & 8/15 & 1/6 & -3/10 \\ \hline 0+1 & 2/5 & -1/2 & 1/10 \\ \hline \end{array}$
$\begin{array}{ c c c c c } \hline & 2 & 1 \\ \hline +1 & +1 & +1 & +1 \\ \hline +1-0 & 1/2 & 1/2 & 0 \\ \hline 0+1 & 1/2 & -1/2 & 0 \\ \hline +1-1 & 1/6 & 1/2 & 1/3 \\ \hline 0 & 0 & 2/3 & -0/1/3 \\ \hline -1+1 & 1/6 & -1/2 & 1/3 \\ \hline \end{array}$
$Y_{\ell}^{-m} = (-1)^m Y_{\ell}^{m*}$

$$Y_1^0 = \sqrt{\frac{3}{4\pi}} \cos \theta$$

$$Y_1^1 = -\sqrt{\frac{3}{8\pi}} \sin \theta e^{i\phi}$$

$$Y_2^0 = \sqrt{\frac{5}{4\pi}} \left(\frac{3}{2} \cos^2 \theta - \frac{1}{2} \right)$$

$$Y_2^1 = -\sqrt{\frac{15}{8\pi}} \sin \theta \cos \theta e^{i\phi}$$

$$Y_2^2 = \frac{1}{4} \sqrt{\frac{15}{2\pi}} \sin^2 \theta e^{2i\phi}$$

$$3/2 \times 1/2$$

$$\begin{array}{|c|c|c|c|c|} \hline & 5/2 & 5/2 & 3/2 \\ \hline +5/2 & +1/2 & 1 & +3/2 \\ \hline +3/2 & +1/2 & 1 & +1 \\ \hline \end{array}$$

$$\begin{array}{|c|c|c|c|c|} \hline & 2 & 1 \\ \hline +2 & +1 & 1 & +1 \\ \hline +3/2-1/2 & 1/4 & 3/4 & 2 \\ \hline +1/2+1/2 & 3/4 & -1/4 & 0 \\ \hline \end{array}$$

$$\begin{array}{|c|c|c|c|c|} \hline & 2 & 1 \\ \hline +2 & +1 & 1 & +1 \\ \hline +3/2-1/2 & 1/2 & 1/2 & 2 \\ \hline -1/2+1/2 & 1/2 & -1/2 & -1 \\ \hline \end{array}$$

$$\begin{array}{|c|c|c|c|c|} \hline & 2 & 1 \\ \hline +2 & +1 & 1 & +1 \\ \hline +3/2-1/2 & 1/10 & 2/5 & 1/2 \\ \hline +1/2+1/2 & 3/5 & 1/15 & -1/3 \\ \hline -1/2+1/2 & 3/10 & -8/15 & 1/6 \\ \hline \end{array}$$

$$\begin{array}{|c|c|c|c|c|} \hline & 3 & 2 & 1 \\ \hline +3 & +2 & 1 & +1 \\ \hline +3/2-1/2 & 1/10 & 2/5 & 1/2 \\ \hline -1/2+1/2 & 3/5 & 1/15 & -1/3 \\ \hline -1/2-1/2 & 3/10 & -8/15 & 1/6 \\ \hline \end{array}$$

$$\begin{array}{|c|c|c|c|c|} \hline & 2 & 1 \\ \hline +2 & +1 & 1 & +1 \\ \hline +3/2-1/2 & 1/10 & 8/15 & 1/6 \\ \hline -1/2+1/2 & 3/5 & -1/15 & -1/3 \\ \hline -1/2-1/2 & 3/10 & -2/5 & 1/2 \\ \hline \end{array}$$

$$\begin{array}{|c|c|c|c|c|} \hline & 2 & 1 \\ \hline +2 & +1 & 1 & +1 \\ \hline +3/2-1/2 & 3/5 & 2/5 & 5/2 \\ \hline -1/2+1/2 & 2/5 & -3/5 & -5/2 \\ \hline -3/2-1 & 1 \\ \hline \end{array}$$

Notation:		J J ...
m ₁	m ₂	M M ...
Coefficients		

$$\langle j_1 j_2 m_1 m_2 | j_1 j_2 JM \rangle = (-1)^{J-j_1-j_2} \langle j_2 j_1 m_2 m_1 | j_2 j_1 JM \rangle$$

Example: A spin 2 particle is in a composite state with a spin 1 particle
the composite particle has $S = 2, m = 1$. If you
measured S_z for the spin 1 particle, what's the probability
that it is found to be 0?

See yellow highlight above.

$$|21\rangle = \frac{1}{\sqrt{3}} |22\rangle |1-1\rangle + \frac{1}{\sqrt{6}} |21\rangle |10\rangle - \frac{1}{\sqrt{2}} |20\rangle |11\rangle$$

$$\text{Answer : } \boxed{1/6}$$

Example: Two particles are in states $| \frac{3}{2}, \frac{1}{2} \rangle$ and $|1, 0\rangle$. They form a composite state. What's the probability that the total spin S is measured to be $\frac{3}{2}$? See green highlight:

$$| \frac{3}{2}, \frac{1}{2} \rangle |10\rangle = \sqrt{\frac{3}{5}} | \frac{5}{2}, \frac{1}{2} \rangle + \sqrt{\frac{1}{5}} | \frac{3}{2}, \frac{1}{2} \rangle - \sqrt{\frac{1}{3}} | \frac{1}{2}, \frac{1}{2} \rangle$$

$$\text{Answer : } \boxed{1/5}$$