### 0.1 Algorithms

Maximum likelihood estimation is a method of obtaining estimates of unknown parameters by optimizing a likelihood function. The ML parameter estimates are the values of the argument that maximise the likelihood function, i.e. the estimates that make the observed values of the dependent variable most likely, given the distributional assumptions

The most common iterative algorithms used for the optimization problem in the context of LMEs are the EM algoritm, fisher scoring algorithm and NR algorithm, which [cite:West] commends as the preferred method.

A mixed model is an extension of the general linear models that can specify additional random effects terms.

Parameter of the mixed model can be estimated using either ML or REML, while the AIC and the BIC can be used as measures of "goodness of fit" for particular models, where smaller values are considered preferable.

#### 0.1.1 ML v REML

(*Wikipedia*) The restricted (or residual, or reduced) maximum likelihood (REML) approach is a particular form of maximum likelihood estimation which does not base estimates on a maximum likelihood fit of all the information, but instead uses a likelihood function calculated from a transformed set of data, so that nuisance parameters have no effect.

In contrast to the earlier maximum likelihood estimation, REML can produce unbiased estimates of variance and covariance parameters.

### 0.2 Algorithms

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## 0.3 ML procedures for LME

The maximum likelihood procedure of Hartley and Rao yields simultaneous estimates for both the fixed effects and the random effect, by maximising the likelihood of  $\boldsymbol{y}$  with respect to each element of  $\boldsymbol{\beta}$  and  $\boldsymbol{b}$ .

# 0.4 ML procedures for LME

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#### 0.5 Estimation of random effects

Estimation of random effects for LME models in the NLME package is accomplished through use of both EM (Expectation-Maximization) algorithms and Newton-Raphson algorithms.

- EM iterations bring estimates of the parameters into the region of the optimum very quickly, but convergence to the optimum is slow when near the optimum.
- Newton-Raphson iterations are computationally intensive and can be unstable when far from the optimum. However, close to the optimum they converge quickly.
- The LME function implements a hybrid approach, using 25 EM iterations to quickly get near the optimum, then switching to Newton-Raphson iterations to quickly converge to the optimum.
- If convergence problems occur, the "control argument in LME can be used to change the way the model arrives at the optimum.