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# 1 Theoretical Aspects of Fitting Models

#### 1.1 The Law of Parsimony

More things should not be used than are necessary.

- Ockham's razor, sometimes known as the law of parsimony, is simply a maxim that states that simple explanations are usually better than complicated ones. **Ockham's razor** was originally proposed by a monk named William of Ockham. (He did not call it "Ockham's razor" or even "my razor." This is a name that has been given to it over time.)
- Another version of this principle is the Law of parsimony. This says that if you are choosing between two theories, choose the one with the fewest assumptions. Assumptions here means claims of fact that have no evidence.
- A theory that doesn't have many assumptions, and is very simple, is called a parsimonious theory.
- In the context of statistics, the law of parsimony can be interpreted as an adequate model which requires the fewest independent variables is the preferred model.

#### 1.2 Model building

- The traditional approach to statistical model building is to find the most parsimonious model that still explains the data.
- The more variables included in a model (overfitting), the more likely it becomes mathematically unstable, the greater the estimated standard errors become, and the more dependent the model becomes on the observed data.
- Choosing the most adequate and minimal number of explanatory variables helps to find out the main sources of influence on the response variable, and increases the predictive ability of the model.
- As a rule of thumb, there should be more than 10 observations for each variable in the model.

### 1.3 Overfitting

# 1.4 Overfitting

- The problem with evaluating a predictive model on training data is that it does not inform you on how well the model has generalized to new unseen data.
- This is a modelling error which occurs when a function is too closely fit to a limited set of data points. Over-fitting the model generally takes the form of making an overly complex model to explain the behaviour in the data under study.

- A model that is selected for its accuracy on the training dataset rather than its accuracy on an unseen test dataset is very likely have lower accuracy on an unseen test dataset. The reason is that the model is not as generalized. It has specalized to the structure in the training dataset. This is called **overfitting**.
- In reality, the data being studied often has some degree of error or random noise within it. Thus attempting to make the model conform too closely to slightly inaccurate data can infect the model with substantial errors and reduce its predictive power.
- Overfitting occurs when a statistical model does not adequately describe of the underlying relationship between variables in a regression model.
- When overfitting happens, the model predicts the fitted data very well, but predicts future observations poorly.
- Overfitting generally occurs when the model is excessively complex, such as having too many parameters (i.e. predictor variables) relative to the number of observations.
- A model which has been overfit will generally have poor predictive performance, as it can exaggerate minor fluctuations in the data.

#### 1.5 Variable-Selection Procedures

In regression analysis, variable-selection procedures are aimed at selecting a reduced set of the independent variables - the ones providing the best fit to the model, in keeping with the Law of Parsimony.

## 1.6 Data dredging

- Data dredging (data fishing, data snooping) is the inappropriate (sometimes deliberately so) use of data mining to uncover misleading relationships in data. Data-snooping bias is a form of statistical bias that arises from this misuse of statistics. Any relationships found might appear to be valid within the test set but they would have no statistical significance in the wider population.
- Data dredging and data-snooping bias can occur when researchers either do not form a hypothesis in advance or narrow the data used to reduce the probability of the sample refuting a specific hypothesis. Although data-snooping bias can occur in any field that uses data mining, it is of particular concern in finance and medical research, both of which make heavy use of data mining techniques.

### 1.7 Type III Errors

- Type III error is related to hypotheses suggested by the data, if tested using the data set that suggested them, are likely to be accepted even when they are not true.
- This is because circular reasoning would be involved: something seems true in the limited data set, therefore we hypothesize that it is true in general, therefore we (wrongly) test it on the same limited data set, which seems to confirm that it is true.

- Generating hypotheses based on data already observed, in the absence of testing them on new data, is referred to as **Post Hoc theorizing**.
- The correct procedure is to test any hypothesis on a data set that was not used to generate the hypothesis.

#### 1.8 Validation and Testing

- When you have sufficient data, you can subdivide your data into three parts called the training, validation, and test data. Rather than estimating parameter values from the entire data set, the data set is broken into three distinct parts. During the *variable selection* process, models are fit on the training data, and the prediction error for the models so obtained is found by using the validation data. Validation is the process of using part of a data set to estimate model parameters, and using the other part to assess the predictive ability of the model. Validation can be used to assess whether or not overfitting has occurred.
- This prediction error on the validation data can be used to decide when to terminate
  the selection process or to decide what effects to include as the variable selection process
  proceeds. Finally, once a selected model has been obtained, the test set can be used to
  assess how the selected model generalizes on data that played no role in selecting the
  model.
  - 1 The training set is the part that estimates model parameters.
  - 2 The validation set is the part that assesses or validates the predictive ability of the model.
  - 3 The test set is a final, independent assessment of the models predictive ability.
- A validation set is a portion of a data set used to assess the performance of prediction or classification models that have been fit on a separate portion of the same data set (the training set). Typically both the training and validation set are randomly selected, and the validation set is used as a more objective measure of the performance of various models that have been fit to the training data (and whose performance with the training set is therefore not likely to be a good guide to their performance with data that they were not fit to).
- It is difficult to give a general rule on how many observations you should assign to each role. One important textbook recommended that a typical split might be 50% for training and 25% each for validation and testing.