



Fun at the Fort

Saturday, March 5th – South Conference

Sunday, March 6th – North Conference

Race Day Info

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A Historical Course

We've been racing at this venue for over 10 years, and with good reason. East Garrison has a great mix of singletrack and double track with some wide fire roads. This race course provides some super fun rolling hills, beautiful oak tree forest, twisty turns and loose sandy corners and will appeal to beginner and expert riders. We're looking forward to starting off the season with this race!



Race Schedule

Coaches Meeting

SOUTH (Saturday) at 7:45am
NORTH (Sunday) at 8:45am

Pre-Ride Info

SOUTH CONFERENCE

(racing Saturday): The course will be open for the South Conference teams to pre-ride between 2-5:30 on Friday, and again between 7:00-8:30am on Saturday morning.

NORTH CONFERENCE

(racing Sunday): The course will be open for North Conference teams to pre-ride between 3-5:30 on Saturday, and again between 8-9am on Sunday morning.

Please note that we close the course exactly at 8:30am on Saturday and 9am on Sunday, so if you plan to pre-ride on your race day, please give yourselves plenty of time.

	CATEGORY	START		LAPS	DISTANCE
		SOUTH	NORTH		
WAVE 1	Varsity Girls	9:00 am	10:00 am	4	20 miles
	JV Girls	9:05 am	10:05 am	3	15 miles
	Sophomore Girls	9:10 am	10:10 am	2	10 miles
	Freshmen Girls	9:15 am	10:15 am	2	10 miles
WAVE 2	Sophomore Boys (5000's)	10:40 am	11:40 am	3	15 miles
	Sophomore Boys (6000's)	10:45 am	11:45 am	3	15 miles
	Freshman Boys (8000's)	10:50 am	11:50 am	2	10 miles
	Freshman Boys (9000's)	10:55 am	11:55 am	2	10 miles
WAVE 3	Varsity	12:20 pm	1:20 pm	5	25 miles
	JV Boys (2000's)	12:25 pm	1:25 pm	4	20 miles
	JV Boys (3000's)	12:30 pm	1:30 pm	4	20 miles

We hope you'll stay after the race for the awards ceremony!

Registration

2016 Race Pricing*

League Registration Fee: \$50

Race Fee (per race): \$50

* +\$10 Late Fee (if doing same-day registration)

On-site registration

On-site registration will result in a late fee of \$10 for League Registration and \$10 for Race Registration. **All racers must register at least one hour prior to their start time.**

Missing Forms

Waivers are available online in the Pit Zone. If you have not mailed in your registration forms by race day, riders and their parents will need to fill out paper waivers at the registration tent. If you are unsure if you've submitted the forms, please check the Pit Zone. Contact Registration Services (registration@nationalmtb.org) with questions or problems.

Race Plates

You will be using the same race plate (your race number) for your bike for the whole season. If you lose it, you can get another one for \$20 at the registration booth at the race.

There are no same day category petitions!

Please contact the NorCal League with any questions regarding payment and forms to complete your registration: vanessa@norcalmtb.org

East Garrison

Monterey, CA

Directions from HWY 1

From Hwy 1, take the Lightfighter exit (this exit name changed from Fort Ord Main Entrance and is north of Seaside and south of Marina). Proceed on Lightfighter and turn right at the third stoplight onto Gen. Jim Moore Blvd. Continue down Gen. Jim Moore Blvd. At the first stoplight, turn left onto Gigling Rd and proceed down Gigling for 1mi. You'll come to a stop sign where you need to sign the local landmanager's waiver, and then you'll proceed about 2.5mi to the race course where you'll see signs for parking.

Directions from HWY 101

Take the Hwy 156 West exit (at Prunedale - EASY TO MISS, PAY ATTENTION) and head toward the Monterey Peninsula. Go through Castroville to Hwy 1 South. Once on Hwy 1, continue south toward Monterey and follow the same directions to the left (from HWY 1).

Parking

All parking will be located in the East Garrison day camp area lot on the right and left sides of the road as you turn into the venue. **No parking anywhere else will be allowed.**



Handicapped parking will be located between the two Parking areas and will require a hangtag or sticker. Parking attendants will direct you. All attendees will need to stop at the entrance gate to obtain a pass from our gate attendant. Please allow ample time to get into the venue, cars tend to back up because of the entrance pass requirement.

Accommodations

Camping

There is no camping at the race venue! Camping is available at Marina State Beach Marina State Beach Reservations and Laguna Seca Camping Reservations. Both campgrounds fill up fast. Additional camping can be found here at the California Department of Parks and Recreation

Los Laureles Lodge

Families can get rooms at a discounted rates starting at \$75 per night. Book your room before they're all taken. Call 831-659-2233 and mention NorCal League to receive the discounted rate. For more information you may visit www.loslaureles.com



Do you know about poison oak?

You definitely want to know how to identify poison oak by the time you get to the race. Remember “leave of three, let them be!” If you happen to touch some, wash the area off with Technu or with soapy water.



Bring your dog!

You are welcome to bring your furry friend to the race! Please keep them under control and on leash at all times, and be sure to clean up after the do their business.

Volunteer

We're always looking for a few extra hands at our races! Want to help set up the course on Friday afternoon? Only have a few hours on Saturday or Sunday and can help with the Feed Zone, Course Marshaling, or Scoring? We'd love to have your help and it's a great opportunity to see a few different sides of how our races operate, so check out what we have available here → <http://vols.pt/1K6Mqd>

Come by for the post-race BBQ



Our generous friends at Santa Cruz Bicycles are hosting barbeques both Saturday and Sunday for our teams and families. Stop by and say hello!

Big thanks to Star Sanitation!



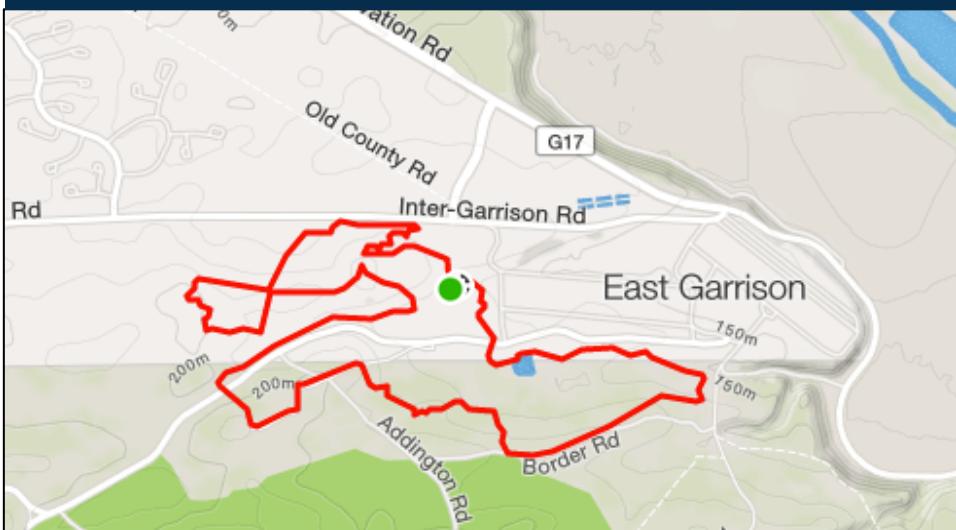
Portalets and sanitation generously donated by local Star Sanitation Services. Thanks so much for your support of high school cycling, Star Sanitation!

Neutral Support by Mike's Bikes



Neutral support is free mechanical assistance for any student athlete with an emergency. Brian Popplewell, Community Events Manager, provides this service. Spare parts are also available for sale at the neutral support tent. Student athletes are expected to come to each race with fully functional, race ready bicycle. Coaches and adults are not given priority at the neutral support tent. Mike's Bikes is a proud NorCal League sponsor, and it is our hope that you will choose to support them as well.

Course Map and Profile



Lap: 5mi
Elevation: 653ft



Venue Layout



Pit Zone

