



2020 season

91 Riders

	Girls	Boys
Frosh	6	19
Soph	8	22
JV	8	20
Varsity	2	6
	24	67

32 Certified Adult Volunteers (Level 1-2-3)

Head Coaches	2	<- Tam District \$\$
Asst Coaches	10	<- Tam District \$\$
Ride Leaders	16	
Parent Comm	2	
Treasurer	1	
Director	2	
	33	



2020 Race Schedule



Race #1

March 7
March 8

Redding, CA

Race #3

April 4
April 5

Granite Bay

Race #5

May 2
May 3

Six Sigma Ranch
Lower Lake

Race #2

March 21
March 22

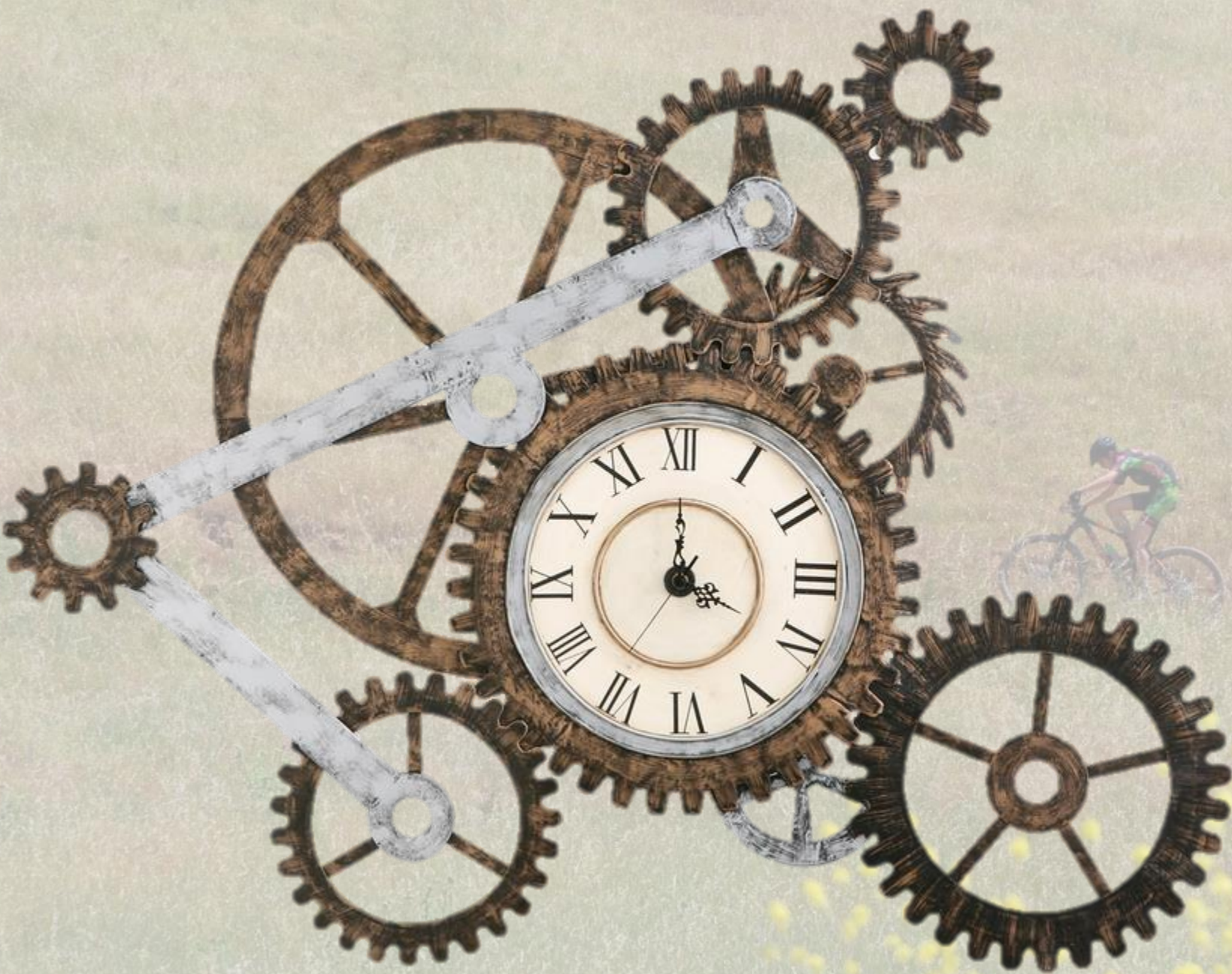
Race #4

April 25
April 26

Race #6

May 17

Six Sigma Ranch
Lower Lake



Drake MTB Master Calendar of Events, by Mgmt Team role

	1-Jun	1-Sep	15-Oct	1-Dec	15-Feb	15-May
	Offseason	Recruiting	PreSeason	Prep+Basebuilding	Race Season	Wrap Up
Captains	Girls Rides	Build on-campus presence	Plan and execute social events	Attend Time Trial	Kick-off dinner planning	New captain selection
	Casual Rides	Girls Lunches	- camping	Classroom talks (at night)	Kick Off dinner talks	Girls Rides
		Club Day	- girls night	- fix a flat and bike mech	NICA Rules kahoot	Party Help
		Follow up with every sign-up	- boys minecraft LAN night	- nutrition	Race report for EVERY race	
		Help plan pre-season events	- pitzone dry run at Drake (coach race)	- race strategy		
		Biketoberfest staffing	- fundraising ride	- team building activity		
			Complete WFA and CPR certs	- other??		
			Teambuilding event with Fred McAmis	Bike Check ride		
Head Coaches	Casual Rides	Club Day	Plan rides for Prep and Race time blocks	Hold New Parent Happy Hours	Kick Off Dinner	Awards selection
	Network	- Google forms	Assist Director with:	Conduct Time Trial	- Schedule it w school	Party agenda
	- camps	- devices	- Registration completion	Make sure:	- Set up agenda w Parent Comm	Plan Girls Rides
	- middle schools	- tables	- Tam district forms	- all Riders NICA registered	-Raffle drawn	
	Governance review	Pre-season event planning	- NICA registration for new Riders	- all coaches certified	Add NorCal race categories to Reg info	
	Recruit for new:	NICA invitations	Update REMIND contact info	- all Ride Leaders certified	Set up matrix of Riders and Races	
	- coaches	- returning coaches	Attend Nov 13 NorCal meeting for land use	Put Riders into color groups	Race Planning meeting w Coaches	
	- ride leaders	- returning riders	- MMWD, MCOSED, GGNRA permits		- pitzone responsibilities	
	- parent volunteers	- returning ride leaders	- China Camp permit		- who is going to which races	
	- sponsors	Kit Design updates			For Each Race:	
		Preseason activity form to Norcal			- Category Callups laminated	
		Fill out NICA team reg on Oct 1				
		Plan any fundraising activities			- Pitzone Schedule on website	
		- give back nights			- Callups on website	
		- biketoberfest			- Coaches Sched on website	
		- raffle tickets			- Category schedules on website	
					- short pre-race coaches meeting	
Director	Revisit sponsors	Wrap up kit design	Wrap up Reg/Tam/NICA forms	Maintain current NO RIDE List		Sponsor networking
	choose kit provider	Verify Tam District compliance needs	Get kit orders	- Chase down forms due		Find replacement
	kit designer prepped	Fill out NICA registration for team	Solicit scholarship requests	- Chase down Dues due		- if needed :)
		Biketoberfest planning and execution				
	Web site updates	Preseason event planning	Collect and track dues	- Track fundraising participation		
	- content	- forms	Work on hotels and travel	- Track non-certified adults		
	- forms	- schedule	Help execute on any fundraising events	Fulfill any scholarship requests		
	- pictures	- make sure attendees are compliant				
Treasurer	for Prior season:	Vet budget w mgmt team	Track dues and fundraising \$\$\$	Help wrap up:	Get check to NorCal before each race	end of year deficit/surplus
	- summarize \$\$'s	Wells Fargo access for any new mgmt	Assist with scholarship requests	- Dues collection	Pay mechanics on per-race basis	
	- post on website	Provide budget targets for:	Contact Drake Fund for \$\$\$	- fundraising efforts		
	Budget for new season	- Schwag		Project budget for race season		
		- preseason events				
		- races				

Which leads to... <http://drakemtb.org/calendar/>

Welcome to the online home of the Drake Pirates MTB Team

8X California State Champs, 2009 - 2012, 2015-2018 and 10X NorCal High School Mountain Bike League Champs (2004, 2006, 2009 through 2017)

The screenshot displays the Drake Pirates MTB Team's online calendar. On the left, a sidebar lists events from Sunday, November 17 to Tuesday, December 3. The main calendar grid shows the month of November 2019. Events are listed as follows:

Date	Event
Sunday, November 17	12:00pm Fake Race/Trailer prep
Monday, November 25	School Break
Tuesday, November 26	School Break
Wednesday, November 27	School Break
Thursday, November 28	School Break
Friday, November 29	7:00am Turkey Ride
Saturday, November 30	School Break
Sunday, December 1	NorCal Season Starts
Monday, December 2	Scholarship Request Deadline
Tuesday, December 3	7:00pm MTB Parent Meeting

Events shown in time zone: Pacific Time - Los Angeles

- “Ground truth” on team events
- DrakeMTBDirector@gmail.com account is where events are built
- That account feeds website on Github:

<iframe src="https://calendar.google.com/calendar/embed?src=drakemtbdirector%40gmail.com"></iframe>



Intrinsic

- Location
- History

Extrinsic

- Parents are the Customer
- Coaches serve the Volunteers
- Aggressive risk management
 - Physical
 - Emotional
 - Financial
 - Administrative
- Winning is not a zero-sum game
- ABR – Always Be Recruiting!



- **Culture is everything**
- **Delegate outcomes vs tasks**
- **Leverage tech**
 - **Github**
 - **Google Sheets**
 - **Google Groups/email**
 - **Remind**
 - **Strava**
 - **Docusign (Tam District forms)**



other stuff



<http://drakemt看b.org/girls/>



“50% by 2025”

- Public commitment
- Stretch goal
- Critical mass is key on staff and as Riders
- Work work work



<http://drakemtb.org/captains/>

Drake captains are chosen for their integrity and leadership, helping the coaches with mentoring and support for such a large and diverse racing team. Perhaps most importantly, the captains are always available as resources for the other Riders on the Drake campus during school hours, something that coaches and parents cannot provide. And if captains are willing, they are encouraged to share their phone numbers so other Riders can text them for help.

- Meet Level 2 Certification*
- Be a Captain to become one
- Work work work

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		Follow up with every sign-up	- boys minecraft LAN night	- nutrition	Race report for EVERY race	
		Help plan pre-season events	- pitzone dry run at Drake (coach race)	- race strategy		
		Biketoberfest staffing	- fundraising ride	- team building activity		
			Complete WFA and CPR certs	- other???		
			Teambuilding event with Fred McAmis	Bike Check ride		

<http://drakemtb.org/coaches/>

This team of experienced and qualified adults are selected based on their being good role models, motivators, teachers, organizers, authority figures, risk managers, and perhaps most importantly friends and mentors. And they all have a love of the sport. In addition, all coaches and ride leaders have a responsibility to maintain a safe and harassment- and discrimination-free environment at all team events and rides, and are also expected to:

- Keep safety top of mind in all team rides and events
- Behave professionally
- Use appropriate language
- Model good sporting behavior
- Model being respectful of others and of our environment
- Be energized and upbeat
- Cheer the team
- Give specific feedback and praise
- Celebrate effort and victories
- Respect the land management rules whether with the team or not



How the heck do we handle group rides???

- 60% to 75% of Riders show up on any given Sunday
- Beginning of season time trial (permits!) in December to group kids into four groups
- Groups are identified by colors from the jerseys – Pink Blue Green Purple
- Colors rotate every year so that one color is never the “fast” color
- Last season we only cancelled two rides out of 50+ because of rain and/or temperature
- EVERY color group has a Lead, Sweep, and extra Level 1 or Level 2 certified adult
- ALL of the rides have a Strava route online (see next slide) for that specific date... leaders of slower groups adjust on the fly

PINK	13-Jan	20-Jan	27-Jan	3-Feb	10-Feb	17-Feb	Ft Ord	3-Mar	10-Mar	24-Mar
Arthur Lueck	x	x					x	x		x
Ashton Stranton	x	x			race	x	x	x	x	x
Audrey Fehhaber	x	x	x	x	x	x	x	x	x	x
Conor Whyte	x	x	x	x		x				
Darwin Janson Smith	x	x	x	x	race	x	UN	x	sick	
Ethan Laursen					x		x	x		
Evan Lee	x	x	x	x	x	x	x	x	x	x
Finn Melton				x	x		x	x	x	
Kai Melton	x			x	x	race	x	x	x	x
Logan Sweett	x			x	x		x			
Luke Willis	x	x	x	x	x	x	x	x	x	x
Michael Kelly	x	x	x	x	x	x	x	x	x	x
Ris Lyons							x	x	x	
River Samet	x	x		x			x	x	x	x
Robin Stranton	x			x	race		x	x	x	
Sasha Plichta	x	x		x	x		x	x	x	
Thomas Kenton	x	x	x	x	x	x	x	x	x	
Townsend Moore	x	x		x	x	x	x	x	x	x
William Guild	x	x	x	x	race	x	x	x	x	x
count	13	9	10	13	16	7	18	16	14	10

BLUE	13-Jan	20-Jan	27-Jan	3-Feb	10-Feb	17-Feb	Ft Ord	3-Mar	10-Mar	24-Mar
Ben Gallagher				x			x			
Carson Cox			x	x	x		x			
Eli Wrathall	x	x	x	x	x	x	UN	x	x	x
Eric Overaa	x	x	x				x	x		x
Garrison Hunt	x		x			x	x		x	
Jack Simon	x					x	x		x	
Jasper Brown	x	x	x	x	x	x	x	x	x	x
Jonas Plichta	x	x	x	x	x	x	x	x	x	x
Justine McDout	x	sick		x		sick	x	x		x
Kyle Wernick	x			x		sick	x			
Landon Schoop	x	x	x				x	x	x	
Landon Mackessel	x	x		x	x		x	x	x	x
Lucas Greenholtz	x	x	x	x	x	x	x	x	x	x
Maximilian Vaarek	x	x	x	x	x	x	x	x	x	x
Miles Fin-Fisher	x	x	x	x			x	x	x	
Nick Hagan				x			x			
Parker Blomendale	x	x	x	x	x	x	x	x	x	x
Phillip Mason	x		x	x		x	x	x	x	
Skyler Asher	x	x	sick	x		x	x			
Skyler Brown	x	x	x	x	x	x	x	x	x	x
count	15	10	11	14	11	8	18	12	11	10

GREEN	13-Jan	20-Jan	27-Jan	3-Feb	10-Feb	17-Feb	Ft Ord	3-Mar	10-Mar	24-Mar
61% Alana Mollison	x	x	x	x	x		x	x	x	x
Ceci Hellman	x	x	x						x	
Felix Macphail	x	x	x				x			
Giovanni Lando	x	x	x	x	x	x	x	x	x	x
James Worthington				x	x	x	x	x	x	x
John Henry Murray	x	x	x	x	x	x	x	x	x	x
Jonah Penrod	x	x	x	x	x	x				
Maggie Nelson	x	x	x	x	x	x	x	x	x	x
Mina Jackson	x			x	x	x	x	x		
Nasimi Betz	x	x		x			x	x	x	
Rider Miller	x	x	x	x			x	x	x	x
Sadie Margult	x	x	x	x	x		x	x	x	x
Shayna Thurston	x		x	x	x				x	
Tiger Macphail	x	x	x	x	x		sick	x		x
Tristan Swain	x	x	x	x	x	x	x	x		
Tucker Briggs				x	x		x	x	x	
Willi Burch				x	x	x	x	x	x	x
count	11	13	15	17	16	10	17	12	9	10

PURPLE	13-Jan	20-Jan	27-Jan	3-Feb	10-Feb	17-Feb	Ft Ord	3-Mar	10-Mar	24-Mar
A. Jordan Gauna	x	x	x	x	x	x	x	x	x	x
Alexa Mathieux	x	x	x	x	x		x	x	x	x
Dylan Webster Prieto	x	x	x				x	x	x	
Ella Ross	x				x	x	x	x	x	
Finn Hummel	x		x	x	x	tahoe	x	x	x	x
Finn McInerick	x	x	x	x	x	x	x			
Gianni Segura	x	x	x	x	x		x	x	x	
Graham Wilson	x	x	x	x			x	x	x	
Hannah Betz	x	x	x	x	x		x	x	x	
Joylyn Freund	x	x	x	x	x	x	x	x	x	x
Mae Hutchinson	x			x	x	x	x			x
Maya Riley	x	x	x	x	x	x	x	x	x	x
Michael Skyvara	x	x	x	x	x	x	x	x	x	x
Odum Brillault-Cooper	x	x	x	x	x		x	x	x	x
Zoe Nicol	x	x	x	x			x	x	x	
Liam Nelson								x	x	x
count	14	9	11	9	12	8	15	12	11	8
totals	53	41	47	53	55	33	68	52		






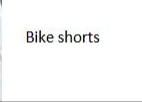




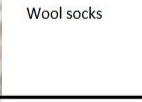
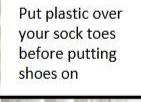





Oh, that weather thing...

If the weather is:

Sunny 50° +		Sunny 35° to 50°		Rain/mist 35° to 60°	
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Then wear this:

	Short-sleeved jersey					Add arm warmers and/or Long-sleeved layer of Merino Wool
	Bike shorts					
	Full-fingered bike gloves					Add waterproof and breathable shell (Goretex, eg)
	Drake socks					
	MTB shoes					Add shoe covers if really wet

But not these!



Where and when we ride (from <http://drakemtb.org/coaches/>)

		Click HERE for Ride Leader Contact Info	Coach/Ride Leader Signup					
10/19/2018	Saturday	Cohort Ride (captains will reach out to coaches for assistance)						
10/26/2018	Saturday	Masquerade Ride						
11/2/2018	Saturday	Olema Camping						
11/9/2018	Monday	Stafford Lake Skills Clinic						
11/16/2018	Thursday	Fake Race/Trailer prep/Pitzone practice						
11/28/2018	Thursday	Turkey Ride/Appetite Seminar (optional)						
12/1/2018	Sunday	Team Ride and/or Trails to Trails in Headlands						
12/7/2018	Saturday	MANDATORY Time Trial for Riders (need minimum six coaches)						
			Bill Mellon	Shawn Nelson	Chris Miller	Leah Childress		
			Bill Mellon	Shawn Nelson	Chris Miller	Leah Childress	Kari Vavrek	
			Bill Mellon					
			Bill Mellon	Kari Vavrek	Shawn Nelson	Chris Miller	Mitch Brown	
			Bill Mellon	Rob Reed	Matt Willis	Chris Kenton	Leah Childress	
				Kari Vavrek		Chris Miller		
ALL RIDES START AT DEER PARK SUNDAY 9AM TUES/THUR 8.4 PM			Pink (sub-12 minute Time Trial)			Blue (12 to 17 minute Time Trial)		
Dates	Day	Ride route for Pink/Purple and Blue groups	Ride Leader	Ride Sweep	extra Pink	pink cadillac	pink floyd	Ride Leader
1/12/2019	Sunday	https://www.strava.com/routes/7185977 - West Point	Shawn Nelson					
1/19/2019	Sunday	https://www.strava.com/routes/7556633 - Coastal						
1/26/2019	Sunday	https://www.strava.com/routes/3978543 - Big Rock						
2/2/2019	Sunday	https://www.strava.com/routes/4500396r - Bolinas Ridge Shafter option						
2/9/2019	Sunday	https://www.strava.com/routes/3978535 - Drake MTB Turkey Ride plus Whitehill						
2/11/2019	Tues	https://www.strava.com/routes/3978508 - Fish Els						
2/13/2019	Thurs	optional casual team ride						
2/16/2019	Sunday	https://www.strava.com/routes/7556633 - Coastal						
2/23/2019	Sunday	https://www.strava.com/routes/8075738 - West Point Rock Springs Bon Tempe						
2/25/2019	Tues	https://www.strava.com/routes/7175401 - Windy Ridge						
2/27/2019	Thurs	https://www.strava.com/routes/7175417 - Loma Alta						
3/1/2019	Sunday	https://www.strava.com/routes/3978535 - Pine Mountain SGR Whitehill						
3/3/2019	Tues	https://www.strava.com/routes/7175417 - Loma Alta						
3/5/2019	Thurs	casual team ride as a group, route TBD						
3/7/2019	Saturday	Redding (likely)						
3/10/2019	Tues	https://www.strava.com/routes/7175410 - Tamarancho Loop (clockwise)						
3/12/2019	Thurs	https://www.strava.com/routes/7175417 - Loma Alta						
3/15/2019	Sunday	https://www.strava.com/routes/8075738 - West Point Rock Springs Bon Tempe						
3/17/2019	Tues	https://www.strava.com/routes/7175401 - Windy Ridge						
3/19/2019	Thurs	casual team ride as a group, route TBD						
3/21/2019	Saturday	Petaluma						
3/24/2019	Tues	https://www.strava.com/routes/7175410 - Tamarancho Loop (clockwise)						
3/26/2019	Thurs	https://www.strava.com/routes/7175410 - Tamarancho Loop (clockwise)						
3/29/2019	Sunday	https://www.strava.com/routes/4500396r - Bolinas Ridge Shafter option						
3/31/2019	Tues	https://www.strava.com/routes/11688052 - Uncle Charlie's Wild Ride						
4/2/2019	Thurs	casual team ride as a group, route TBD						
4/4/2019	Saturday	Granite Bay						
4/11/2019	Saturday	https://www.strava.com/routes/11688052 - Pine Mtn Flow Porcupine						
4/14/2019	Tues	https://www.strava.com/routes/8339151 - Chase the Rabbit Bon Tempe Style						
4/16/2019	Thurs	https://www.strava.com/routes/7175410 - Tamarancho Loop (clockwise)						
4/19/2019	Sunday	https://www.strava.com/routes/3978521 - Queenstone!						
4/21/2019	Tues	https://www.strava.com/routes/8339163 - Porcupine Flow Alchemist						
4/23/2019	Thurs	casual team ride as a group, route TBD						
4/26/2019	Sunday	Exchequer MTB Park (think Yosemite ish)						
4/28/2019	Tues	https://www.strava.com/routes/3978508 - Fish Els						
4/30/2019	Thurs	https://www.strava.com/routes/7175410 - Tamarancho Loop (clockwise)						
5/2/2019	Saturday	Six Sigma						
5/5/2019	Tues	https://www.strava.com/routes/7175417 - Loma Alta						
5/7/2019	Thurs	https://www.strava.com/routes/3978508 - Fish Els						
5/9/2019	Saturday	https://www.strava.com/routes/12967450 - Up Railroad Down Eldridge						
5/12/2019	Tues	https://www.strava.com/routes/8339151 - Chase the Rabbit Bon Tempe Style						
5/14/2019	Thurs	casual team ride as a group, route TBD						
5/17/2019	Sunday	States Race Six Sigma						



<http://drakemt看b.org/parents/>

Our goal is to help families and Riders have the most rewarding Drake MTB experience by providing a way for parents and guardians to spend more time with their Riders before they move on to life beyond high school. We have generally found that the more Riders and families participate in activities together, the more satisfying the mountain bike team experience.



http://drakemtb.org/images/2017_budget.pdf

- \$1,000 per Rider per year on average
- Income: 50% from dues, 25% from sponsors, 25% from fundraising activities
- Expenses: 50% to race fees, 40% to Coaches + Travel, 10% to Scholarships



Advocacy partnership with MCBC

- Mandatory Trail work every year, every Rider
- Regular attendance at land manager meetings for captain(s)
- Protect what we have, grow where possible and sensible

<http://www.marinbike.org/news/offroad/comments-needed-today-on-azalea-hill-ceqa-document/>



- Comments due by Oct 9th
- MMWD Board Meeting to make final decision on Azalea Hill is evening of Oct 17th



Governance

- Management Team
 - Head Coach(es)
 - Director(s)
 - Parent Committee President(s)
 - Treasurer
- Consensus votes on
 - Budget items over \$250
 - Personnel change-overs
 - “Idiots go home” removals



Work to be done:

- By-Laws with governance spelled out clearly
- Anonymous online feedback mechanism (like university faculty members)
- More girls on bikes
- Defining “adventure” Rider activities for Drake MTB

