FT Dojo Daily Planner (70-90 hours/wk)												
												[Write Your Name Here]
	Sun	Mon	Tues	Wed	Thurs	Fri	Sat					
6:00 AM	sleep	sleep	sleep	sleep	sleep	sleep	sleep					
7:00	sleep	get ready										
8:00 AM	sleep	dojo	dojo	dojo	dojo	dojo	dojo					
9:00	dojo	dojo	dojo	dojo	dojo	dojo	dojo					
10:00 AM	dojo	dojo	dojo	dojo	dojo	dojo	dojo					
11:00	dojo	dojo	dojo	dojo	dojo	dojo	dojo					
12:00 PM	lunch	lunch	lunch	lunch	lunch	lunch	lunch					
13:00	dojo	dojo	dojo	dojo	dojo	dojo	dojo					
2:00 PM	dojo	dojo	dojo	dojo	dojo	dojo	dojo					
15:00	dojo	dojo	dojo	dojo	dojo	dojo	rest					
4:00 PM	dojo	dojo	dojo	dojo	dojo	dojo	gym					
17:00	dojo	dojo	dojo	dojo	dojo	dojo	rest					
6:00 PM	rest	rest	rest	rest	rest	rest	dojo					
19:00	gym	dojo	rest	dojo	rest	dojo	dojo					
8:00 PM	dinner	dojo	dojo	dojo	dojo	dojo	rest					
21:00	rest	dojo	dojo	dojo	dojo	dojo	rest					
10:00 PM	rest	rest	rest	rest	rest	rest	rest					
23:00	sleep	sleep	sleep	sleep	sleep	sleep	sleep					

	FT Dojo Daily Planner												
(70-90 hours/wk)													
[Write Your Name Here]													
	Sun	Mon	Tues	Wed	Thurs	Fri	Sat						
6:00 AM	Family Time	Work out	Get Ready	Work out	Get Ready	Work out	Sleep						
7:00	Family Time	Get Ready	Get Kids Ready	Get Ready	Get Kids Ready	Get Ready	Coding Dojo						
8:00 AM	Family Time	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo						
9:00	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo						
10:00 AM	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo						
11:00	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo						
12:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch						
13:00	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo						
2:00 PM	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo						
15:00	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Family Time						
4:00 PM	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Family Time						
17:00	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Family Time						
6:00 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner						
19:00	Rest	Coding Dojo	Kids to bed	Coding Dojo	Kids to bed	Coding Dojo	Kids to bed						
8:00 PM	Rest	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo						
21:00	Rest	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo	Coding Dojo						
10:00 PM	Rest	Rest	Rest	Rest	Rest	Rest	Rest						
23:00	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep	Sleep						