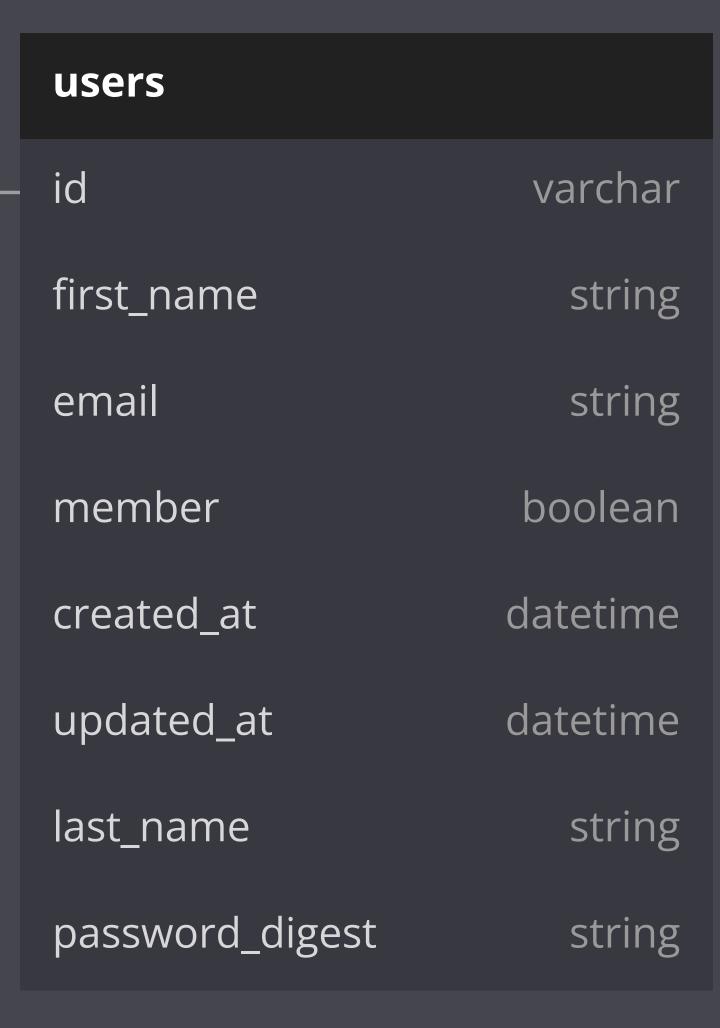
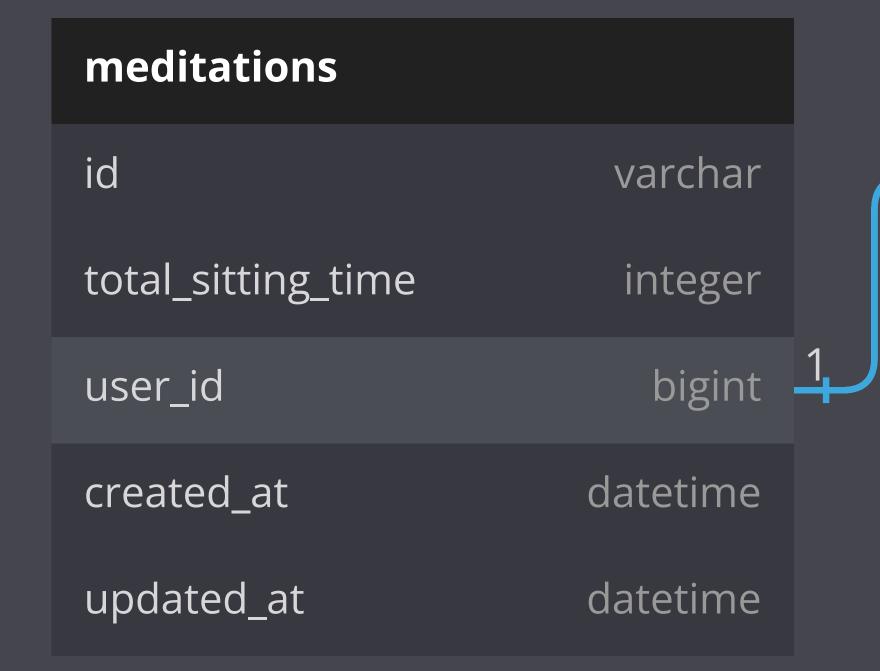
id varchar total_sitting_time integer user_id bigint created_at datetime updated_at datetime



videos	
id	varchar
title	string
speaker	string
topic	string
length	string
date_recorded	string
video_url	string
created_at	datetime
updated_at	datetime
embed_code	string





users	
id	varchar
first_name	string
email	string
member	boolean
created_at	datetime
updated_at	datetime
last_name	string
password_digest	string

videos	
id	varchar
title	string
speaker	string
topic	string
length	string
date_recorded	string
video_url	string
created_at	datetime
updated_at	datetime
embed_code	string

