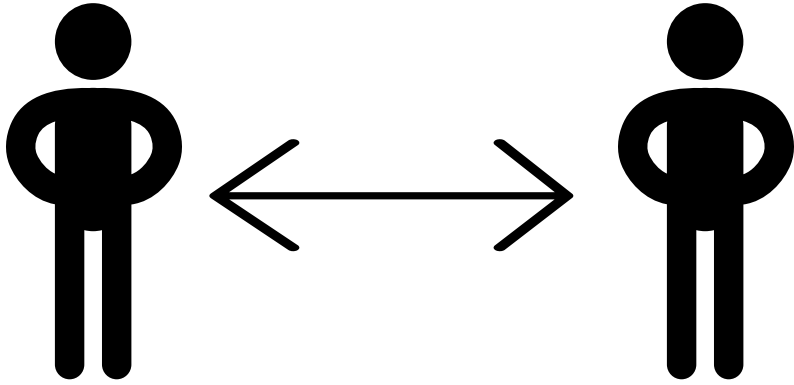


# MIND YOUR COVID-19 MANNERS

## RESPECT SOCIAL-DISTANCING



Remember to **leave at least 6-feet distance between yourself and others.**

Wear a facemask or face covering when this is not possible.

Do not gather in doorways or hallways, keep these clear for traffic.  
**Avoid gathering in confined spaces.**

## MONITOR YOUR HEALTH



**Take your temperature twice daily + monitor for signs of fever.**

- Must be at least 30 minutes after eating, drinking, or exercising
- Wait 6 hours after taking fever-reducing medications
- Clean thermometer with soap and water after each use

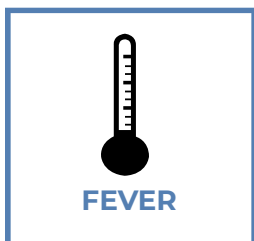
**Stay home if you become sick.**

Isolate yourself from others.  
Leave only to seek medical care.

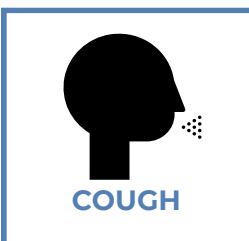


## COVID-19 SPREADS THROUGH **CLOSE** CONTACT

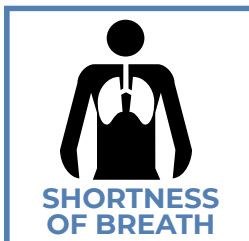
### KNOW THE SYMPTOMS



FEVER



COUGH



SHORTNESS  
OF BREATH

### PRACTICE SIMPLE PRECAUTIONS



WASH YOUR  
HANDS OFTEN



DON'T TOUCH  
YOUR FACE



AVOID THOSE  
THAT ARE SICK



Genesee County  
Health Department  
Your Health. Our Work.



@GeneseeCountyHealthDepartment

**For more information**  
visit our website at  
[www.gchd.us/coronavirus](http://www.gchd.us/coronavirus)  
and follow us on Facebook!

Last reviewed: 06/08/2020