

## Reopening Guidance during Community Spread of COVID-19

**PHASED REOPENING: HEALTH CLUBS**

A phased approach enables businesses to reopen while protecting the health and safety of employees, patrons, and the general public.

**Recommended Criteria for Phased Reopening**

Phase One	
<b>Epidemiology</b>	<ul style="list-style-type: none"> <li>Decreased test positivity rate for at least 14 days</li> <li>Sustained reduction in number of cases for at least 14 days</li> <li>Decrease in deaths for at least 14 days</li> </ul>
<b>Health Care</b>	<ul style="list-style-type: none"> <li>Sufficient PPE for all health care workers even if cases double</li> <li>Sufficient face masks available to provide to patients seeking care, even if cases double</li> <li>More discharges than admissions for COVID-19 within a 7 day period</li> </ul>
<b>Public Health</b>	<ul style="list-style-type: none"> <li>All cases interviewed for contact elicitation</li> <li>Contacts elicited for at least 90% of cases</li> <li>Capacity to monitor all confirmed cases and their contacts</li> <li>Capacity* to test all people who are symptomatic</li> </ul>
<p>* Testing capacity is influenced by a loosening of testing criteria, availability of nasal swabs to obtain sample, and the availability of PPE.</p>	
<p>Move to <b>Phase Three</b> if the criteria above is met, a reduction in cases for an additional 14 days is observed, and a vaccine is available.</p>	
Phase Two	
<b>Epidemiology</b>	Sustained reduction in cases for an <b>additional</b> 14 days
<b>Health Care</b>	Same as Phase One
<b>Public Health</b>	Same as Phase One
Phase Three	
All previous criteria is met and vaccine is available	

**LEARN MORE**

Find data associated with each phase and phase status at <https://bit.ly/PhaseMetrics>



**Public Health**  
Prevent. Promote. Protect.

**Linn County, Iowa**

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## PHASED REOPENING: HEALTH CLUBS

### Mitigation Guidance

Action	Phase 1	Phase 2	Phase 3
<b>Wash hands often</b>	Continue	Continue	Continue
<b>Cover Coughs/Sneezes</b>	Continue	Continue	Continue
<b>Stay home when ill</b>	Continue	Continue	Continue
<b>Use mask/cloth covering if social distancing is difficult</b>	Continue	Continue	Discontinue
<b>Surface/object cleaning</b>	Continue	Continue	Continue
<b>Isolation of cases</b>	Continue	Continue	Continue
<b>Social distancing</b>	Continue	Continue	Pause social distancing
<b>Service Capacity</b>	50% of service capacity; consider appointment only	75% of service capacity; consider appointment only	100% of service capacity
<b>Equipment Layout</b>	Adjust equipment layout to 12' between machines	Adjust equipment layout to 12' between machines	Normal operation
<b>Air Exchange</b>	Increase, if possible.	Increase, if possible.	Normal operation
<b>Gatherings</b>	Limit to 10 people	Limit to 50 people	Allow all gatherings
<b>PPE Required</b>	Gloves if appropriate, mask or cloth face covering, increased hand hygiene	Gloves if appropriate, mask or cloth face covering, increased hand hygiene	Job-appropriate PPE
<b>Employee Health Checks</b>	Yes	Yes	No
<b>Disinfection of high traffic areas and high-touch surfaces</b>	Frequent	Frequent	Normal
<b>Communal Use Items</b>	Limited	Limited	Normal
<b>Pools/Hot tubs</b>	Daily testing/treatment	Daily testing/treatment	Normal Operation

Gloves maybe necessary if handling/serving food or beverages and for cleaning facilities

\*Please see the CDC for cleaning guidance: <https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>