

# COVID-19 Guidance

## For Child Care Facilities

### Sick people must stay home.

#### Review your sick leave policies.

Make sure employees and children aren't sick when they arrive.



#### Check for symptoms.

Fever, chills, cough, shortness of breath, fatigue, muscle pain, headache, loss of taste or smell, sore throat, stuffy or runny nose, nausea, vomiting, diarrhea.



#### Let high risk employees stay home.

Aged 65 and over, pregnant or with weakened immune systems.

### Promote health.



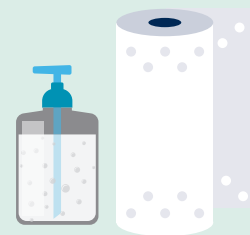
#### Don't touch ready to eat food with bare hands.

Use gloves, tongs or utensils.



#### Remind employees and children to wash their hands often.

Scrub for 20 seconds with soap and warm water.



#### Set up handwashing stations.

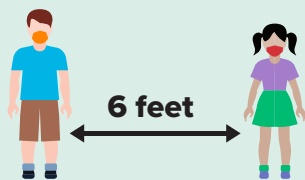
Provide soap, paper towels and hand sanitizer with at least 60% alcohol.



#### Cough or sneeze into a tissue or your elbow.

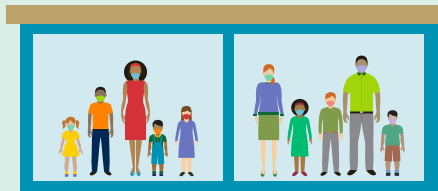
Throw used tissues in the trash and wash your hands right away.

### Support physical distancing.



#### Leave 6 feet between people.

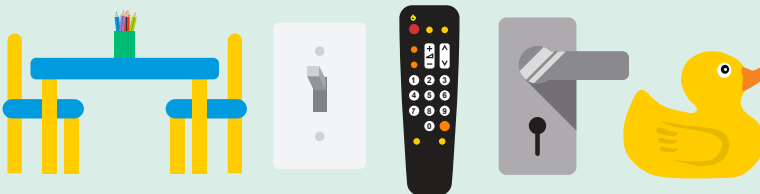
Choose activities that allow more physical space between children.



#### Keep children and staff in same groups of 22 or less.

Split large rooms into multiple areas.

### Clean and disinfect frequently.



#### Wipe down surfaces people touch often.

Like light switches, remotes, door handles, phones, countertops, tables and toys. Put away toys that are hard to clean.