



MI SAFE START
A PLAN TO RE-ENGAGE
MICHIGAN'S ECONOMY

RE-START SAFELY FOR AMATEUR ADULT AND YOUTH SPORTS



GOVERNOR GRETCHEN WHITMER

It is the objective under the leadership of Governor Whitmer to establish for Amateur Youth and Adult sports, the requirements and best-practice recommendations needed to safely restart practices, lessons, and play. In partnership with industry stakeholders, this guide has been created by the Michigan Veterans Affairs Agency (MVAA), the Department of Labor and Economic Opportunity (LEO), the Michigan Occupational Safety and Health Agency (MIOSHA), and the Department of Health and Human Services (DHHS). Amateur Adult and Youth Sports include: K-12 sports, community leagues, collegiate recreational leagues, clubs, studios, rinks, etc. All required practices and "next level" recommendations are to be done in accordance with current CDC guidelines and Executive Orders.

As those involved in this industry begin to re-start their activities, it is important that everyone, including spectators, who frequent these establishments, follow this guide and assist in creating a safe environment for all.

DEFINITIONS

- **Response Owner** - A response owner can be any person or entity where the sole responsibility rests for facilitation and management of activities and participants within any sport.
- **Participant** - A participant is a player, athlete, coach, staff, referee, official, volunteer, or trainer, who is engaged in the sport, excluding spectators/fans. This can include parents of participants under 18.
- **Spectator** - A spectator is anyone who attends a sporting event to watch participants engage in their respective sports, who is not defined as a participant.
- **Visitor** - A visitor is a person who does not actively engage in events as a participant but has close interactions with the participants from time to time (e.g., EMTs, Media personnel, visiting trainers, etc.).

REQUIRED PRACTICES

- Ensure a minimum of 6ft feet distance is maintained. Exception: the distance between a participant and opponent/teammate may be less than 6ft feet during an event.
- No pre or post event handshakes, hugs, fist bumps, high fives, or contact celebrations.
- Discontinue snack/mealtime and use of common water fountains and drink stations.
- Bring personal water bottle/drink receptacle and do not share with others.
- Self-Screen before coming to any event and stay home if symptomatic.
- Complete both the CDC hand washing and sanitation test (www.cdc.gov/handwashing/videos.html and www.cdc.gov/handwashing/pdf/hand-sanitizer-factsheet.pdf) prior to initially resuming sports activities.
- Sanitize hands & personal equipment between game play and when you come on/off event platform.
- Wash hands at the start of the events; breaks; bathroom trips; lunch; team huddles; at the end of the events; and after any close contact with someone displaying cough or cold symptoms.
- Submit to a temperature check and a COVID-19 screening prior to attending an event.
- Youth/Parents: After testing positive for COVID-19, an individual may not resume sport/activity until they provide a MD/DO/PA/NP slip indicating the affected individual is safe to return to play and is no longer infectious to response owner or designee.
- Adults- After testing positive for COVID-19, an individual may not resume sport/activity until recommended CDC self-quarantine guidelines are met and he/she must provide documentation of a negative diagnosis to response owner or designee.
- Individuals who develop symptoms while at an event, must immediately isolate and seek medical care.
- No spitting, chewing gum, or tobacco in the event areas.
- Immediately leave and do not congregate before, during, or after events.

"NEXT LEVEL" RECOMMENDATIONS

- Conduct a hygiene and safety talk before events.
- Utilize gloves, when feasible.
- Report in proper gear before events and launder clothing immediately upon return home.
- Stagger event time and team arrivals.
- Consider shortening event season.
- Increase cleaning of rest room facilities and portable sanitation facilities when possible. Provide ample time for employees/cleaning crew to clean at the start and end of shifts.

PARTICIPANTS



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RESPONSE OWNERS

REQUIRED PRACTICES

- Use questionnaire or other screening tool to screen all participants upon entry and before events with a requirement that symptomatic individuals leave the premises.
- Post social distancing signage at event location(s). Sanitize and disinfect high-contact surfaces such as (e.g., handrails, doors, bars, and handles and locker rooms, equipment, etc.) after every event.
- Provide and utilize hand sanitizer as a back-up if there is no running water.
- Ensure a minimum of 6 feet between participants and officials, when able.
- Place 6ft rule visual cues for lines that may accumulate at the event and entry points (e.g., tape, ground markings, walking traffic patterns).
- Provide individually packaged water for participants as needed.
- Clean and sanitize concession areas and shared personal use equipment (e.g., bowling shoes, skis, ski boots, etc.) before and after each use.
- Develop exposure plans, policies, and a communication plan for participants, visitors, and spectators to educate them on cleaning procedures, social distancing, PPE use, and hygiene.
- Establish a site-specific response plan for confirmed cases, including designated point-of-contact (POC) at start of season. POC will maintain a record of daily screenings and assessment forms from participants utilizing digital document sharing, where feasible.
- Require facial coverings to be worn upon entering any enclosed space, as feasible, by all participants, spectators, and visitors who cannot maintain 6 ft of separation from others.
- Volunteers will wear facial coverings, gloves, and use hand sanitizer when distributing water, pamphlets, etc. at events, as feasible.
- Require event administrator to make the call as to the continued participation of the individual who presents with multiple symptoms at an event.
- Create a process to provide CDC or other reliably sourced information about the signs and symptoms of COVID-19 to every participant. Information can be provided electronically, on paper, or by other feasible means.
- Post signage denying entrance at event venue to any individual experiencing COVID-19 or flu-like symptoms.
- Provide physical markers for locker rooms and weight rooms regarding physical distancing.

"NEXT LEVEL" RECOMMENDATIONS

- Identify an on-site Covid-19 Response Manager.
- Bar all non-essential visitors from the event space and control site access points by restricting contractors and deliveries to one entry point.
- Clean all common areas and shared items (e.g., footballs, mats, etc.) between use.
- Utilize a touchless mechanism for ticket sales and assign seats, where applicable.
- Create a process to share information about access controls, sanitation controls, hygiene controls, and best practices for visiting teams and fans.
- Place COVID-19 symptom reminders on back of tickets and include an information sheet with new guidelines within season ticket-holder paperwork.
- Utilize a digital filing and information dissemination system rather than paper format (e.g. documentation, invoices, schedules, screening, etc.).
- Place hand sanitizer in high contact locations including entry points at the event venue.
- All participants with suspected infections or exposures should be tested before returning to play.
- Have multiple modes of transportation to reduce the spread of COVID-19 and assign seating for riders.
- Create one-way flow corridors. Close common choke point areas, break rooms, etc.
- Close locker rooms and weight rooms and organize equipment to reduce multiple interactions.
- Utilize portable restrooms and handwashing stations.
- Utilize whistle alternatives when possible.
- Encourage increased hand washing through signage and/or announcements on event facility PA system.
- Increase spacing in common areas such as weight rooms, locker rooms, and bathrooms.
- Eliminate occasions for interactions with the general public.
- Provide soap and running water wherever possible.
- Provide face coverings upon entry to those entering an event without appropriate face covering.
- Disallow shared use of personal use equipment (e.g., bowling shoes, skis, saddles, etc.).



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SPECTATORS AND VISITORS

REQUIRED PRACTICES

- Ensure a minimum of six feet distance between spectators unless the spectators are from the same household.
- Spectators and visitors will be denied entry if symptomatic. Symptoms will be made known by signage.
- Stagger entry of spectators and visitors. Limit capacity of seating in event venue to achieve proper social distancing.
- Facial coverings will be worn by all participants, spectators, and visitors who cannot consistently maintain 6 ft of separation from others, unless otherwise specified. Spectators, visitors, and any individual who can medically tolerate a face covering must wear a face covering over his or her nose and mouth such as a homemade mask, scarf, bandana, or handkerchief when in any enclosed public space. Spectators may temporarily remove mask only when eating or as medically necessary.

"NEXT LEVEL" RECOMMENDATIONS

- Reminders to wear face coverings will be posted via signage at the entrance to events for spectators, barring any medical restrictions.
- Limit bringing in personal items or require a clear plastic bag for transporting their personal items when at the event venue.
- Share basic contact information, (e.g., name and phone number) in case contact tracing is necessary, with event organizers.

CONFIRMED CASES

REQUIRED PRACTICES

- Verify accurate information on participants and spectators, if applicable, including date and time of event, name of individual, and contact information to assist in contact tracing.
- Immediately isolate and seek medical care for any individual who develops symptoms while at events.
- Contact health department about suspected or confirmed cases of exposure. Provide health department with contact tracing information, circumstances and contacts of infected individuals.
- Shutdown area for deep sanitation. Work with local health department to identify potentially infected or exposed individuals to help facilitate contact tracing and notifications.
- Response Owner should identify isolation locations within event venue for symptomatic individuals.

"NEXT LEVEL" RECOMMENDATIONS

- Once testing is readily available, all suspected infectious individuals should be tested.
- Following testing, contact local health department to initiate appropriate care and tracing.
- If an event participant is sent home for COVID-19 symptoms, a follow up to that participant should be made by Response Owner.
- Response Owner(s) should inform participants of their potential exposure when someone is sent home, in accordance with HIPPA laws.
- Announce closure of facility to the local media when and where applicable. The announcement should include closure dates and potential exposure risk dates.



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For more resources, visit:

Michigan.gov/coronavirus

[Department of Labor & Economic Opportunity](#)

[CDC Reopen Guidance](#)