COVID-19

EMPLOYEE + VOLUNTEER PRE-WORK HEALTH CHECKLIST

IN THE PAST 24 HOURS, HAVE YOU EXPERIENCED ANY OF THE FOLLOWING:

Subjective fever (felt feverish)	Yes No
New or worsening cough	Yes No
Shortness of breath	Yes No
Sore throat	Yes No
Diarrhea	Yes No
New loss of taste or smell	☐ Yes ☐ No

If you answered yes to any of the above, or you have a temperature of **100.4°F of higher**:

PLEASE - DO NOT GO TO WÖRK OR VOLUNTEER.

Self-isolate at home and contact a physician or urgent care facility for further direction.

- Isolate at home for at least 7 days from the onset of symptoms
- Do not return to work/volunteer until you've had 3 days without fever and respiratory symptoms have improved

IN THE LAST 14 DAYS, HAVE YOU:

Traveled domestically or internationally? *

∃Yes □No

If yes, SELF-MONITOR FOR SYMPTOMS

Been in close contact with a person diagnosed with COVID-19? *

∃Yes □No

If yes, SELF-MONITOR FOR SYMPTOMS

* You may work at your employer's discretion-provided that you remain asymptomatic

COVID-19 SPREADS THROUGH CLOSE CONTACT

KNOW THE SYMPTOMS

PRACTICE SIMPLE PRECAUTIONS















For more information

visit our website at www.gchd.us/coronavirus and follow us on Facebook!

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