



## Johnson County Public Health Johnson County Emergency Management



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For immediate release

### **Johnson County, Iowa, COVID-19 update for March 31, 2020**

Johnson County Public Health (JCPH) continues to work with the Iowa Department of Public Health (IDPH) and a number of other local agencies to contain the spread of COVID-19 in our community. As of today, Tuesday, March 31, 2020, there are 73 confirmed positive cases in Johnson County. Thirty-one have recovered from COVID-19, are no longer considered infectious, and are now under the same recommendations as the general public.

Currently, there is a total of 497 confirmed positive cases in Iowa. There have been a total of 6,888 negative tests to date, which includes testing reported by the State Hygienic Lab and other labs. A status report of monitoring and testing of COVID-19 in Iowa is provided by IDPH and can be found [here](#). In addition, a public hotline has been established for Iowans with questions about COVID-19. The line is available 24/7 by calling 2-1-1 or 1-800-244-7431.

### **Safer at home**

Remember, the best way to protect yourself and prevent getting sick is to avoid being exposed in the first place. Staying home is the safest thing for everyone. However, staying home does not mean having people in your house who don't live there. Neighbors, friends and extended family should not be visiting your home under any circumstances. Interactions with people not living in your home should be done by phone, email, social media or a video application.

### **Social distancing is for everyone**

Social distancing is for everyone, including children. When visiting parks or other outdoor spaces, it is important that all members of your household physically distance themselves six feet from other people. Children should not be playing in groups with other children. You should not invite other children into your home or yard. If you are allowing this, you are not protected and you are not protecting your friends, family and neighbors. You or your children could pass COVID-19 to someone who is at greater risk of getting seriously ill—someone who is elderly or has underlying health conditions.

It is perfectly normal for everyone to feel stressed at this time. Social and physical distancing can feel isolating and stressful, and requires great discipline, but we are all in this together. Thank you to all Johnson County residents who are making big and small sacrifices in their daily lives to stop the spread of COVID-19.

Information about COVID-19 in Johnson County is available at [www.johnson-county.com/covid19](http://www.johnson-county.com/covid19).

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