

# Wayne County Guide to Caring for Someone Sick at Home

## Guidelines for when someone in your home is sick:

- Monitor your health and contact your doctor if you develop a fever ( $>100.4^{\circ}\text{F}$ ), cough, and/or shortness of breath
- Make sure that you understand and can help the patient follow their healthcare provider's instructions for medication(s) and care
- Monitor the patient's symptoms and call their health provider if symptoms worsen and tell them that the patient has laboratory-confirmed COVID-19
- Stay in another room or be separated from the patient as much as possible
- Prohibit visitors who do not have an essential need to be in the home
- Wash/disinfect your hands frequently
- Avoid touching your eyes, nose, mouth with unwashed hands
- If the patient is unable to wear a facemask (for example, because it causes trouble breathing), wear a mask when you are in the same room as the patient
- Avoid sharing personal household items
- Clean/disinfect all "high-touch" surfaces and items and wash laundry thoroughly everyday
- Wear gloves when cleaning up after the patient
- Place all used disposable gloves, facemasks, and other contaminated items in a lined container before disposing of them with other household waste
- Discuss any additional questions with healthcare provider



**Public Health**



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**Info Lines: 2-1-1 or (734) 287-7870**