## **Coronavirus (COVID-19)**

## **Prevention in Apartment Housing**

## **RENTERS**

The best way to not get sick from the coronavirus or COVID-19, is to avoid being exposed to it. If you live in an apartment or rental housing, there are things you can do to help stop the spread of the coronavirus.

- Stay away from people not living in your household.

  Do social distancing by staying 6 feet away from people you do not live with.
- 2 Limit your errands.
  You or your family members should leave your home only when you have to for essential errands like going to the grocery store, pharmacy, work or medical appointments. If possible, pick 1-2 people who are not at a higher health risk to run all the errands.
- Wear a facemask or covering.
  You should wear a homemade mask or face covering if you go out in public places or common areas where social distancing is difficult. Please reserve medical masks for health care workers.



- If you are sick with COVID-19, stay home.

  If you or a family member has coronavirus or symptoms of the coronavirus (dry cough, fever, shortness of breath), stay at home. If possible, isolate in a separate bedroom with a window for good air flow. If possible, choose one person (someone who is not at a higher risk for illness) to care for the sick person. Keep other family members and pets separated from the sick person. Call your health care provider for testing or the health department at (517) 887-4517.
- Clean and disinfect surfaces.

  Disinfect commonly touched surfaces often with regular cleaners.



Rules for common areas may change.

Your landlord may limit access to or ask you to change your actions in shared spaces such as storage areas, gyms, or laundry rooms and other common areas.



## Resources to Connect & Stay Informed

- Ingham County Health
  Department:
  hd.ingham.org,
  COVID-19 response line
  at (517) 887-4517.
- Community Mental Health Authority of Clinton, Eaton, and Ingham Counties: COVID-19 Support Line: (517) 237-7100.
- Greater Lansing Food Bank: (517) 908-3680
- United Way Emergency
   Resources: Call 211
- Michigan Department of Health and Human Services: www.michigan.gov/ coronavirus, COVID-19 Hotline 1-888-535-6136.
- US Centers for Disease Control and Prevention: www.cdc.gov



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