COVID-19 TALKING TO CHILDREN **ABOUT CORONAVIRUS**

REASSURE







THEM. Remind children that researchers are learning all they can about the virus. Reassure them steps are being taken to keep everyone safe.

Let children know there are steps they can take to help keep themselves and others safe. Washing hands often and coughing into a tissue or their sleeve.

SHOW THEM HOW TO TAKE CONTROL.







MONITOR THEM FOR SIGNS OF ANXIET

Your children may not know how to express their worry, but it may be visible in other ways. They may be cranky, clingy, distracted, or have trouble sleeping.



KEEP AN EYE ON THEIR MEDIA EXPOSURE.

Keep children away from images that may be frightening on TV, social media, computers, etc. Talk with older children about things they have heard.

DVID-19 SPREADS THROUGH **CLOSE** CONTACT

KNOW THE SYMPTOMS











PRACTICE SIMPLE PRECAUTIONS



LOOKING FOR MORE RESOURCES?

For information on preventing the spread of COVID-19, handwashing tips, and more, check out our website!



For more information visit www.gchd.us/coronavirus

and follow us on Facebook! Last reviewed: 06/08/2020