



Health Portfolio

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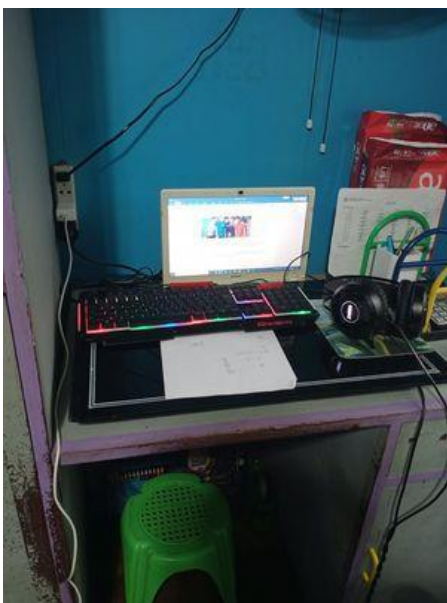
Opal

Before the pandemic started, we all went to school the normal way. We all learned in a classroom with our classmates beside us. We could all socialize with each other in our free time and we'd all listen to the teacher when it was time to discuss.



What I miss about normal learning was the ability to talk to my classmates and schoolmates. Sure, we can still talk in messaging apps like messenger but its just not the same as talking directly. I also miss having a teacher to discuss and explain to us the lesson. Yes, modules are just as good but sometimes modules can't explain a certain part of a lesson correctly and that's when we need a teacher to explain it for us.

But that was in the past. Today we are facing a serious pandemic and with it, comes different challenges. One of those challenges is to cope with the changes in our education because of the pandemic. We all need to cope with the changes no matter what.



My Setup during the pandemic

I coped with the changes by just being calm and collected. I also take a break from time to time so that I can rest and not be so tired all the time. I also managed to balance my time and I managed to organize my time well.

Let's all cope together

