HEAD & NECK CANCER Facts

WHAT IS HEAD AND NECK CANCER?

Head and neck cancer is a term used to describe a number of different malignant tumors that develop in or around the throat, larynx, nose, sinuses, and mouth.





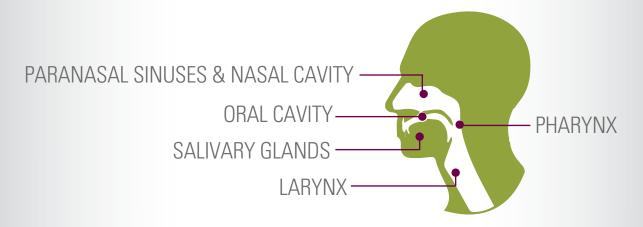
THE MEDIAN AGE AT DIAGNOSIS IS BETWEEN THE AGES OF

50-59

AND NECK CANCER IS



Areas of the head and neck where cancers begin:



2 FACTORS GREATLY INCREASE THE RISK OF HEAD AND NECK CANCER:

1. TOBACCO USE



of head and neck cancer is linked to tobacco use.

For example, smoking cigarettes, cigars, or pipes; chewing tobacco; and using snuff.

Secondhand smoke may increase a person's risk of developing head and neck cancer.

2. FREQUENT AND HEAVY CONSUMPTION OF ALCOHOL Using alcohol and tobacco together increases this risk even more.

Other risk factors include:

- prolonged sun exposure
- infection with cancer-causing types of human papillomavirus (HPV)
- Epstein-Barr virus
- gender

- age
- race
- poor oral/dental hygiene
- environmental/occupational inhalants
- poor nutrition
- gastroesophageal and laryngopharyngeal reflux diseases
- weakened immune system

