

OLUDIPE OREOLUWA OLUWATOYOSI

Staff Nurse

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☎ 0-703-451-0184

CAREER OBJECTIVE

Proactive professional with 1+ years of experience and a proven knowledge of recordkeeping, pre- and post-op care, and patient relations. Aiming to leverage my skills to successfully fill the Staff Nurse role at your company.

EXPERIENCE

Community Nurse

Comprehensive health centre, Akure, Ondo / Feb 2022 - Mar 2022

- Educated individuals and families on health education and disease prevention.
- Consulted and coordinated with healthcare team members to plan, implement, or evaluate patient care plans.
- Engaged in research activities related to nursing.
- Referred patients to specialized health resources and community agencies for further assistance.

Psychiatric Nurse

Neuropsychiatric Hospital, Akure, Ondo / Jan 2022 - Feb 2022

- Ordered, interpreted, and evaluated diagnostic tests to identify and assess patient's condition.
- Performed physical examinations to make tentative diagnoses.
- Consulted and coordinated with healthcare team members to plan, implement, or evaluate patient care plans.
- Assessed patient's physical and psychosocial status to determine readiness for discharge.
- Monitored, recorded, and reported symptoms or changes in patients' conditions.
- Administered medications to patients and monitored for reactions or side effects.
- Interviewed patients to obtain medical information and measure vital signs.
- Engaged in research activities related to nursing.
- Followed infection control procedures to prevent or stop spread of infections.

Staff Nurse/Midwife

Mother and child hospital, Akure, Ondo / Aug 2021 - Jan 2022

- Examined patient vital signs and reported patient condition changes and responses.
- Documented patients' medical histories and assessment findings.
- Identified patients' age-specific needs and altered care plans as necessary to meet those needs.
- Monitored patients' fluid intake and output to detect emerging problems, such as fluid and electrolyte imbalances.
- Estimated patients' due dates and re-evaluated as necessary based on examination results.
- Responded to breech birth presentations by applying methods such as exercises and external version.

- Tested patients' hemoglobin, hematocrit and blood glucose levels.
- Performed post-partum health assessments of mothers and babies at regular intervals.
- Assisted maternal patients to find physical positions that facilitated childbirth.
- Identified, monitored and treated pregnancy-related problems such as hypertension, gestational diabetes, pre-term labor, and retarded fetal growth.
- Developed, implemented and evaluated individualized plans for midwifery care.
- Provided patients with contraceptive and family planning information.
- Established and followed emergency and contingency plans for mothers and newborns.
- Counseled women regarding nutritional requirements of pregnancy.
- Set up and monitored administration of oxygen and medications.
- Monitored maternal condition during labor by checking vital signs, monitoring uterine contractions and performing physical examinations.
- Provided information about physical and emotional processes involved in pregnancy, labor, birth and postpartum periods.
- Assessed birthing environments to ensure cleanliness, safety and availability of appropriate supplies.
- Obtained complete health and medical histories from patients including medical, surgical, reproductive and mental health histories.
- Provided and referred patients to other providers for education and counseling on topics such as genetic testing, newborn care, contraception and breastfeeding.
- Maintained documentation of all patients' contacts, reviewed and updated records as necessary.
- Provided comfort and relaxation measures for mothers in labor through interventions such as massage, breathing techniques, hydrotherapy and music.
- Assessed status of post-date pregnancies to determine treatments and interventions.
- Monitored fetal growth and well-being through heartbeat detection, body measurement and palpation.
- Referred patients to specialists for procedures such as ultrasounds or biophysical profiles.
- Provided information about community health and social resources.

Nurse

State specialist hospital , Ikare Akoko, Ondo state / Feb 2021 - Aug 2021

- Determined availability of medical equipment and supplies, assisting in procurement of deficiencies.
- Provided customized patient and family education to foster continuum of care.
- Managed individualized patient care by promoting and restoring patient health through nursing process.
- Kept accurate records and charts related to medications and treatments according to policies, procedures and physician orders.
- Conducted patient assessment, prioritizing data collection based on patient condition or needs.
- Initiated resuscitative measures to reduce disability and death from acute circulatory and respiratory emergencies.
- Performed therapeutic nursing interventions to promote patient well-being.
- Maintained and enhanced knowledge of public health concerns through attendance at workshops, meetings, specialty clinics and classes.
- Maintained proper personal sanitation and regularly sterilized equipment.
- Prescribed and administered medications to patients based on symptoms and conditions.
- Reported symptoms, condition changes and vital signs to primary care doctors, patients and families.
- Presented health information and treatment options to patients and families as needed.
- Taught patients and significant others to manage illness or injury by explaining post-treatment home

care needs.

- Developed individualized plan of care to perform appropriate treatments as ordered by physician.
- Consulted and coordinated with health care team members to assess and evaluate patient care plans.
- Maintained confidentiality in patient matters to comply with HIPAA guidelines and measures.
- Delivered non-judgmental and non-discriminatory care sensitive to patient diversity, preserving dignity and rights.
- Prepared patients for examinations, procedures and treatments and assisted healthcare professionals during operations.
- Assessed and evaluated patient physical, mental and emotional status to assist with care needs.
- Developed and recorded treatment plans as directed by physician.

EDUCATION

Achievers University,Owo
Owo, Ondo state

Bachelor of Science (B.S.) Nursing (Dec 2020)

ADDITIONAL SKILLS

• Excellent communication, presentation and reporting skills with close attention to details

• Great collaborative mind, ability to work in a team and deliver great value

Familiar with Ms word, Ms excel

CERTIFICATIONS

REGISTERED NURSE
REGISTERED MIDWIFE

Bachelors of Nursing Science (Bnsc)

REFERENCES

References available upon request