OLUDIPE OREOLUWA OLUWATOYOSI

(Qualified Nurse/Midwife)

(

oreoluwa2307@gmail.com

+234-(0)-7034510184

# **PROFILE SUMMARY**

Proactive professional with 1+ years of clinical experience and a proven knowledge of providing care certified in view with the practice of teamwork management, good nurse-patient interpersonal relationship and good critical thinking ability. Aiming to leverage my skills to successfully fill the Staff Nurse role at your company that not only provides a stimulating and challenging environment, but also opportunities for career growth and promotion.

# **PROFESSIONAL EXPERIENCE**

**Staff Nurse**

**State specialist hospital, Ikare-Akoko (Feb 2021 - Aug 2021)**

* Provided customized patient and family education to foster continuum of care.
* Managed individualized patient care by promoting and restoring patient health through nursing process.
* Kept accurate records and charts related to medications and treatments according to policies, procedures, and physician orders.
* Conducted patient assessment, prioritizing data collection based on patient condition or needs.
* Initiated resuscitative measures to reduce disability and death from acute circulatory and respiratory emergencies.
* Performed therapeutic nursing interventions to promote patient well-being.
* Maintained proper personal sanitation and regularly sterilized equipment.
* Prescribed and administered medications to patients based on symptoms and conditions.
* Reported symptoms, condition changes and vital signs to primary care doctors, patients, and families.
* Presented health information and treatment options to patients and families as needed.
* Taught patients and significant others to manage illness or injury by explaining post-treatment home care needs..
* Consulted and coordinated with health care team members to assess and evaluate patient care plans
* Delivered non-judgmental and non-discriminatory care sensitive to patient diversity, preserving dignity and rights..
* Assessed and evaluated patient physical, mental, and emotional status to assist with care needs.

**Staff Nurse/Midwife**

**Mother and child hospital, Akure, Ondo / Aug 2021 - Jan 2022**

* Examined patient vital signs and reported patient condition changes and responses.
* Documented patients' medical histories and assessment findings.
* Estimated patients' due dates and re-evaluated as necessary based on examination results.
* Responded to breech birth presentations by applying methods such as exercises and external version.
* Tested patients' hemoglobin, hematocrit, and blood glucose levels.
* Performed post-partum health assessments of mothers and babies at regular intervals.
* Identified, monitored, and treated pregnancy-related problems such as hypertension, gestational diabetes, pre-term labor, and retarded fetal growth.
* Provided patients with contraceptive and family planning information.
* Established and followed emergency and contingency plans for mothers and newborns.
* Counseled women regarding nutritional requirements of pregnancy.
* Set up and monitored administration of oxygen and medications.
* Monitored maternal condition during labor by checking vital signs, monitoring uterine contractions, and performing physical examinations.
* Provided information about physical and emotional processes involved in pregnancy, labor, birth, and postpartum periods.
* Assessed birthing environments to ensure cleanliness, safety, and availability of appropriate supplies.
* Obtained complete health and medical histories from patients including medical, surgical, reproductive, and mental health histories..
* Maintained documentation of all patients' contacts, reviewed and updated records as necessary.
* Provided comfort and relaxation measures for mothers in labor through interventions such as massage, breathing techniques.
* Monitored fetal growth and well-being through heartbeat detection, body measurement and palpation.

**Psychiatric Nurse**

**Neuropsychiatric Hospital, Akure, Ondo / Jan 2022 - Feb 2022**

* Ordered, interpreted, and evaluated diagnostic tests to identify and assess patient's condition.
* Consulted and coordinated with healthcare team members to plan, implement, or evaluate patient care plans.
* Assessed patient's physical and psychosocial status to determine readiness for discharge.
* Monitored, recorded, and reported symptoms or changes in patients' conditions.
* Administered medications to patients and monitored for reactions or side effects.
* Interviewed patients to obtain medical information and measure vital signs.
* Engaged in research activities related to nursing.
* Followed infection control procedures to prevent or stop spread of infections.

**Community Nurse**

**Comprehensive health Centre, Akure, Ondo / Feb 2022 - Mar 2022**

* Educated individuals and families on health education and disease prevention.
* Consulted and coordinated with healthcare team members to plan, implement, or evaluate patient care plans.
* Engaged in research activities related to nursing.
* Referred patients to specialized health resources and community agencies for further assistance.

**ADDITIONAL SKILLS**

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| |  | | --- | | • Excellent communication, presentation and reporting skills with close attention to details | |  |  |

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| • Great collaborative mind, ability to work in a team and deliver great value |

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| * Familiar with Microsoft word, Microsoft excel |

# **EDUCATION**

Achievers University Owo (2016 - 2020)

St louis grammar school akure ondo state (2008 – 2014)

**CERTIFICATION**

Bachelor of Nursing Science (BNSc; Achievers UNIVERSITY) - 2020

Registered Nurse Certificate (RN) - 2020

Regsitered Midwife (RM) - 2020

WEST AFRICAN SENIOR SCHOOL CERTIFICATE EXAMINATION (WASSCE) - 2014

# **REFERENCES**