

Column name	Type	description
users	table	Stores core user account info (id, email, auth provider, timestamps)
user_profiles	table	Extended profile info like tags, roles, habits, goals
calendar_integrations	table	OAuth tokens, calendar type (Google/Outlook), sync metadata
tasks	table	User-created to-dos with priority, status, scheduledAt
suggestions	table	AI-generated tasks, their proposed times, and acceptance status
mood_logs	table	Daily mood tracking entries (energy, focus, notes, emoji)
reflections	table	Weekly reflections tied to goal alignment or task effort
task_events	table	Audit log of user interaction with tasks (created, updated, completed)
suggestion_feedback	table	Feedback on suggestions (e.g., helpful, skipped, why?) to improve AI
onboarding_audit	table	Logs of survey answers and key onboarding data (timestamps, skips)