■ Bundesministerium Bildung, Wissenschaft und Forschung

Korrekturhinweise

Growing of age

0	1	2	3	4	5	6
С	С	В	D	С	Α	D

Begründungen

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The text says: "Raising adolescents is one long, often agonizing exercise in the hardest part of parenting: letting go. At each stage of the way, parents find themselves under pressure to loosen their hold as the adolescent pushes for more individuality and independence, bent on becoming a unique person free to live on his or her own terms." Throughout a parent-teen relationship, parents therefore have to learn to allow their children more freedom.

1

The text says: "Now parents lose their best buddy and tag-along who prized time with them, communicating everything and sharing in whatever they liked to do. For parents who were given such a golden childhood time, this letting go can be particularly painful." When children first start becoming independent, many parents therefore react by feeling great sadness.

2

The text says: "Now the double life of adolescence begins in earnest: the life about which parents are told and the one about which, for privacy's and freedom's sake, they are not. <u>Parents tend to be told less</u> as peers matter more." When beginning to spend more time with peers, teenagers may therefore be less open with their parents.

3

The text says: "The loss can be partly moderated <u>when their home becomes a hosting place for friends</u>, when their son or daughter is invited to include friends in family activities, when parents <u>can develop friendships with their adolescent's friends</u>." The second stage of growing up is therefore easier for parents if they show interest in their child's companions.

4

The text says: "During the third stage of adolescence, late adolescence (ages 15 – 18), there is the letting go of younger restrictions as some older freedoms (driving, dating, and part-time employment, for example) are allowed by parents, and others, not necessarily parent-approved, that are encouraged by peers (substance use, sex, and adventurous risk taking, for example)." Parents therefore might dislike young adults engaging in new activities which friends persuade them to do.

5

The text says: "This creates a very scary letting go for parents, who must accept that they cannot keep their teenager free of more worldly dangers that are associated with the worldly experience he or she is wanting." Parents therefore have to realize that it is impossible to always protect young people from negative life lessons.

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6

The text says: "What is important for parents to understand about the loss side of letting go is that simply because this progressive release allows the adolescent to live more independently doesn't mean parents are abandoning the child." Parents might therefore think that permitting more freedom is a sign of neglect.