

You have read the following post in a blog on health at work:

Sarah Evans

08:28am

Company is paying its employees to sleep more

Employees at a health insurance company can earn an extra \$300 a year if they get at least seven hours of sleep per night. All they have to do is wear a device that records their sleeping time. The program was introduced to improve well-being in the office.

What do you think about this idea?



You have decided to comment on this blog post.

In your **comment** you should:

- comment on the idea of paying employees to sleep more
- discuss the benefits of having well-rested employees
- suggest what else companies can do to have healthy employees

Write around **250 words**.

Notes (these will not be marked)

Übertragen Sie diese Formatvorlage auf Ihren Schreibbogen.

Blog comment

User
name:

Starting time:

Email:

Finishing time:

Number of words:

Comment: