**TOURNAMENT CRITERIA FOR KARATE EVENT**

**KUMITE (SPARRING):**

Duration of kumite bout is 1 minute 30 second

**Scoring Criteria**

|  |  |  |
| --- | --- | --- |
| IPPON | 3 Points | Jodan Kick (Kick to face or head), Throwing or leg sweeping followed by a scoring technique |
| WAZAARI | 2 Points | Chudan Kick (Kick to chest, back & side) |
| YUKO | 1 Point | Chudan or Jodan Tsuki, uchi |

1. Result of a bout is determined by a contestant obtaining a clear lead of 6 points or at time up, having the highest number of points.
2. No throat attack is allowed in Kumite events.

**PROHIBITED BEHAVIOUR**

1. Techniques which make excessive contact.
2. Attacks to the arms / legs / groin / joints.
3. Attacks to the face, with open hand technique.
4. Dangerous throws.
5. Exaggerating injury.
6. Repeated exits from competition area (jogai).
7. Self endangerment (mubobi)
8. Clinching, Pushing, Wrestling, attack with head, knees, elbows.

There are **14 categories** in Kumite event**. 8 for men** and **6 for women**. The weight categories will be decided at the time of the event as per the participants.

**KATA:** There will be two categories for kata demonstration as senior belt and junior belt. Interested participants can show their skills in both the events.