
Part 1

```
load diariesFall2023.mat
waketime = (wakeTimes - floor(wakeTimes))*24;
bedtime = (bedTimes - floor(wakeTimes))*24;
hoursSleep = waketime - bedtime;
totalDailySleep = hoursSleep + (minutesNap/60)-(minsAwake/60) -
(toSleepMinutes/60);
```

Part 2

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