

HOSTEL ADMINISTRATION, NIT HOSTELS, NATIONAL INSTITTUTE OF TECHNOLOGY, KARAİKAL- 609609							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAK FAST (BBJ-(EXCEPT MONDAY), TCM,RAGI JAVA,IDLI PODI)	POORI, POTATO MASLA, POHA	CORN FLAKES IDLY VADACURRY SEMIYA KICHADY COCONUT CHUTNEY BOILED EGG(NV) BANANA(VEG)	VEN PONGAL BIG VADA (1) SAMBAR COCONUT CHUTNEY T.BREAD (4)	UGGANI / PUTTU, POTTUKADALAI POWDER, UPMA, COCONUT CHUTNEY,BLACK CHANNA GRAVY	MASALA DOSA/ OINON DOSA SAMBAR VADA, TOMATO CHUTNEY BANANA	ALOO PARATHA(2) ONION RAITHA RAVA UPPUMA MINT CHUTNEY	PLAIN DOSA, RAVA UPPUMA, SAMBAR, GROUNDNUT CHUTNEY
LUNCH (JUICE,SALAD,CURD, PICKLE, WHITE RICE, RASAM,FRYMS)	MUSHROOM BRIYANI, RAITHA, MEALMAKER GRAVY, CURD RICE, FRUIT CUSTARD	POORI, CHANNA MASALA, SAMBAR, MIXED VEG PORIYAL, KESARI	CHAPATHI TOOR DAL, RICE, VATHAKULAMBU/ MORKULAMBU KOOTTU (CHOW/SNAKE GOURD / BOTTLE GOURD/KEERAI) LADDO	KUSHKA, PEPPER CHICKEN, PANNER GRAVY RAITHA, RICE RASAM BREAD HALWA	CHAPATHI, PEAS GRAVY/DHAL, JEERA RICE, KOVAKAI / LADIES FINGER/ KARAMANI MASALA, SWEET PONGAL	CHAPATHI, KADAI VEG, KEERAI SAMBAR POTATO/ BRINJAL PORIYAL, SEMIYA PAYASAM	CHAPATHI RAJMA GRAVY RICE SAMBAR POTATO PORIYAL PINAPPLE KESARI
SNACKS (TCM,SAUCE)	SWEET CORN/VEG- PUFF	SAMOSA (1)	SAMBAR VADA (1)	GROUNDNUT	BAJJI/CUTLET	ONION PAKODA	PAV BHAJI(2)
DINNER (WHITE RICE, RASAM,BUTTER MILK, FRYMS, PICKLE)	PAROTA(3) CHICKEN KURUMA(NV) PANNER CURRY(V) BADUSHA	CHAPATHI TOMATTO DAL PEAS PULAV KADAI PANNER GULLAB JAMUN	CHAPATHI VEG GRAVY VEG BRIYANI RAITHA BOILED EGG (NV) MEALMAKER DRY(V)	CHAPATHI, CHANNA MASALA, FRIED RICE, POTATO FRY	PODI UTTAPAM / ONION UTTAPAM, SAMBAR, COCONUT CHUTNEY ICE CERAM	KUSHKA, MEALMAKER PEPPER GRAVY, RAITHA, HOT BADAM MILK BOILED EGG(NV) BANANA(VEG)	IDLY, SAMBAR, TOMATO CHUTNEY, SAMBAR SADHAM GOBI 65,

(NOTE: **TCM** = TEA, COFFEE, MILK, **BBJ** = BREAD, BUTTER, JAM, **FRYMS** = WHEEL CHIPS, APPALAM, **SALAD**= CUCUMBER, CARROT, BEETROOT, TOMATO)

WARDEN