

## Getting Started with Agile Central

Agile Central is an agile work management system that allows you to plan, prioritize, manage, track and continuously improve your work in the context of users stories along with associated tasks and defects. The application integrates timeboxes that you define for your planning-execution cycles and provides a variety of views and charts to help you track progress against your plans.

1. Complete [this form](#) with your team information in order to get an invite from Jeff and the Agile Central team.
2. Once you receive the invite, follow the instructions to set your password and setup your profile
3. Get an overview of Agile Central by follow the link to [Your First Steps in CA Agile Central](#)
4. Identify your project work, then plan and track:
  - a. Create a backlog of user stories (and tasks) from the Backlog page
  - b. Setup Timeboxes
  - c. Create a team plan (Team Planning page)
  - d. Execute, track work and update stories using the Iteration Status and/or Team Board pages
  - e. Repeat steps C and D for each iteration (suggested timebox = 1 week)