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substitution for integration

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For determining the antiderivative $F(x)$ of a given real function $f(x)$ in a “closed form”, i.e. for integrating $f(x)$, the result is often obtained by using the

Theorem. If

$$\int f(x) dx = F(x) + C$$

and $x = x(t)$ is a differentiable function, then

$$F(x(t)) = \int f(x(t)) x'(t) dt + c. \quad (1)$$

Proof. By virtue of the chain rule,

$$\frac{d}{dt}F(x(t)) = F'(x(t)) \cdot x'(t),$$

and according to the supposition, $F'(x) = f(x)$. Thus we get the claimed equation (1).

Remarks.

- The expression $x'(t) dt$ in (1) may be understood as the differential of $x(t)$.
- For returning to the original variable x , the inverse function $t = t(x)$ of $x(t)$ must be substituted to $F(x(t))$.

Example. For integrating $\int \frac{x dx}{1+x^4}$ we take $x^2 = t$ as a new variable. Then, $2x dx = dt$, $x dx = \frac{dt}{2}$, and we get

$$\int \frac{x dx}{1+x^4} = \frac{1}{2} \int \frac{dt}{1+t^2} = \frac{1}{2} \arctan t + C = \frac{1}{2} \arctan x^2 + C.$$