Skookumchuck means "Strong Water." Tidewater is forced through Skookumchuck Narrows and forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) in height. Current speeds can exceed 25 km/hr (15 mph). If it's big waves you're looking for, check out the "Flood Tide (+)," best seen from the Roland Point viewing area. The whirlpool activity is seen during the "Ebb Tide (–)" and can be viewed from the North Point viewing area. There is approximately a 20 minute window on either side of the "Best Viewing" times, so don't feel you need to be there right at the exact time – it's a process. This 8 km round trip hike on a well-developed trail with minimal elevation change, will take about one hour to walk each way. There are a few rough sections. Be prepared for darkness if "Best Viewing" time is near sunrise or sunset.

JANUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 10:03 AM -S 2:22 PM +M
2 10:52 AM -M 3:14 PM +M	3 11:48 AM -M	4 12:38 PM -M	5 1:30 PM -M	6 2:19 PM -L	7 8:32 AM +XL 3:17 PM -L	8 9:05 AM +XL
9 9:36 AM +XL	10 10:07 AM +L	11 10:39 AM +L	12 11:19 AM +M	13 12:11 AM +S	14 8:58 AM -S 1:08 PM +S	15 9:50 AM -S 1:58 PM +S
16 10:30 AM -S 2:48 PM +S	17 11:07 AM -S 3:27 PM +M	18 11:44 AM -M 4:06 PM +M	19 12:22 PM -M	20 1:02 PM -M	21 1:43 PM -M	22 2:23 PM -L
23 3:03 PM -L	24 8:38 AM +XL 3:41 PM -L	25 9:14 AM +XL 4:20 PM -L	26 9:51 AM +L	27 10:52 AM +M	28 12:06 PM +M	29 8:53 AM -S 1:15 PM +M
30 9:54 AM -M 2:14 PM +M	31 10:45 AM -M 3:06 PM +M					

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	+ = Flood (Incoming) Tide
M = Medium 7— 13km/hr (8mph)	XL = Extra Large – Over 20 km/hr	– = Ebb (Outgoing) Tide

Skookumchuck means "Strong Water." Tidewater is forced through Skookumchuck Narrows and forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) in height. Current speeds can exceed 25 km/hr (15 mph). If it's big waves you're looking for, check out the "Flood Tide (+)," best seen from the Roland Point viewing area. The whirlpool activity is seen during the "Ebb Tide (–)" and can be viewed from the North Point viewing area. There is approximately a 20 minute window on either side of the "Best Viewing" times, so don't feel you need to be there right at the exact time – it's a process. This 8 km round trip hike on a well-developed trail with minimal elevation change, will take about one hour to walk each way. There are a few rough sections. Be prepared for darkness if "Best Viewing" time is near sunrise or sunset.

FEBRUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 11:32 AM -M 3:56 PM +L	2 12:14 PM -M	3 1:05 PM -L	4 1:53 PM -L	5 2:36 PM -L
6 3:16 PM -L	7 8:24 AM +L 3:52 PM -L	8 8:50 AM +L 4:29 PM -L	9 9:21 AM +M	10 10:19 AM +S	11 11:42 AM +S	12 8:40 AM -S 1:04 PM +S
9:25 AM -S 1:53 PM +S	14 10:03 AM -M 2:36 PM +M	15 10:39 AM -M 3:17 PM +M	16 11:15 AM -M 3:58 PM +L	17 11:51 AM -M 4:41 PM +L	18 12:26 PM -L	19 1:00 PM -L
20 1:32 PM -L	21 2:04 PM -L	22 7:46 AM +XL 2:38 PM -XL	23 8:20 AM +L 3:03 PM -XL	24 9:17 AM +M 3:54 PM -XL	25 10:35 AM +M 5:05 PM -XL	26 7:36 AM -S 12:02 PM +S
27 8:48 AM -M 1:11 PM +M	28 9:40 AM -M 2:08 PM +M					

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	+ = Flood (Incoming) Tide
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MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 10:24 AM -M 3:00 PM +L	2 11:16 AM -L 4:00 PM +L	3 11:49 AM -L 4:54 PM +L	4 12:27 PM -L	5 1:02 PM -L
6 1:39 PM -L	7 2:07 PM -L	8 7:11 AM +L 2:35 PM -L	9 7:37 AM +M 3:05 PM -L	10 8:11 AM +S 3:42 PM -L	11 4:42 PM -L	12 7:12 AM -S
13* 9:09 AM -M 1:48 PM -S	14 9:50 AM -M 2:39 PM +S	15 10:27 AM -M 3:24 PM +M	16 11:03 AM -M 4:07 PM +L	17 11:37 AM -L 4:51 PM +L	18 12:09 PM -L 5:47 PM +L	19 12:39 PM -L 6:36 PM +L
20 1:07 PM -XL	21 1:35 PM -XL	22 2:07 PM -XL	23 7:59 AM +L 2:29 PM -XL	24 8:51 AM +M 3:27 PM -XL	25 9:59 AM +S 4:41 PM -XL	26 11:35 AM +S 5:58 PM -L
27 8:34 AM -M 1:03 PM +S	28 9:26 AM -M 2:09 PM +M	29 10:20 AM -L 3:05 PM +L	30 11:02 AM -L 4:08 PM +L	31 11:40 AM -L 5:01 PM +L		

^{*}Daylight Savings begins; times given in Pacific Daylight Time up to and including November 5, 2022.

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	+ = Flood (Incoming) Tide
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APRIL 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 12:14 PM -L 5:52 PM +XL	2 12:43 PM -XL 6:41 PM +XL
3 1:06 PM -XL	4 1:30 PM -XL	5 1:46 PM -L	6 1:26 PM -L	7 7:44 AM +S 1:40 PM -L	8 8:26 AM +S 2:28 PM -L	9 4:44 PM -L
10 6:03 PM -L	11 8:26 AM -M 1:32 PM +S 7:11 PM -L	9:07 AM -M 2:25 PM +M	9:45 AM -L 3:12 PM +M	14 10:19 AM -L 2:58 PM +L	15 10:49 AM -L 4:54 PM +XL	16 11:18 AM -XL 5:43 PM +XL
17 11:45 AM -XL 6:32 PM +XL	18 11:50 AM -XL 7:23 PM +XL	19 12:24 PM -XL	20 6:49 AM +L 1:08 PM -XL	21 7:38 AM +M 2:12 PM -XL	8:36 AM +S 3:26 PM -XL	9:57 AM +S 4:37 PM -L
7:09 AM -M 11:41 AM +S 5:47 PM -L	25 8:08 AM -M 1:06 PM +S 6:54 PM -L	26 9:08 AM -L 2:10 PM +M	27 9:53 AM -L 3:16 PM +L	28 10:32 AM -L 4:10 PM +L	29 11:06 AM -XL 5:01 PM +XL	30 11:32 AM -XL 5:48 PM +XL

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MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 12:29 PM -XL 6:34 PM +XL	2 12:20 PM -XL 7:19 PM +XL	3 12:24 PM -XL 8:02 PM +XL	4 11:43 AM -L	5 6:41 AM +S 12:11 PM -L	6 7:21 AM +S 12:59 PM -L	7 2:42 PM -L
8 4:10 PM -L	9 6:14 AM -M 5:20 PM -L	10 7:36 AM -M 1:13 PM +S 6:26 PM -L	11 8:18 AM -L 2:08 PM +M 7:33 PM -M	12 8:54 AM -L 2:58 PM +L	13 9:27 AM -L 3:56 PM +L	14 9:57 AM -XL 4:48 PM +XL
15 9:58 AM -XL 5:41 PM +XL	16 10:33 AM -XL 6:33 PM +XL	17 11:18 AM -XL 7:25 PM +L	18 12:16 PM -XL 8:18 PM +XL	19 6:35 AM +M 1:19 PM -XL	20 7:29 AM +M 2:23 PM -XL	21 8:34 AM +S 3:27 PM -XL
22 10:04 AM +S 4:30 PM -L	23 6:47 AM -L 11:51 AM +S 5:32 PM -L	24 7:47 AM -L 1:06 PM +M 6:36 PM -M	25 8:38 AM -L 2:17 PM +M 7:48 PM -M	26 9:21 AM -XL 3:17 PM +L	27 9:58 AM -XI 4:13 PM +L	28 11:28 AM -XL 5:04 PM +XL
29 12:01 PM -XL 5:51 PM +XL	30 12:16 PM +M 6:35 PM +XI	31 11:56 AM -L 7:15 PM +XL				

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JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 12:10 PM -L 7:54 PM +XL	2 5:49 AM +S 12:31 PM -L 8:32 PM + XL	3 6:28 AM+S 1:04 PM -L	4 7:11 AM +S 1:50 PM -L
5 2:43 PM -L	6 3:41 PM -L	7 5:56 AM -M 4:43 PM -L	8 6:43 AM -L 12:47 PM +S 5:51 PM -M	9 7:23 AM -L 1:46 PM +M 7:11 PM -M	10 7:59 AM -L 2:51 PM +M 8:38 PM -S	11 7:55 AM -XL 3:51 PM +L
12 8:33 AM-XL 4:50 PM +XL	13 9:24 AM -XL 5:47 PM +XL	14 10:32 AM -XL 6:40 PM +XL	15 11:34 AM -XL 7:31 PM +XL	16 12:30 PM -XL 8:19 PM +XL	17 6:29 AM +M 1:27 PM -XL	18 7:26 AM +M 2:25 PM -XL
19 8:37 AM +S 3:23 PM -XL	20 10:16 AM +S 4:19 PM -L	21 5:17 AM -L 11:46 AM +S 5:17 PM -M	22 7:10 AM -L 1:02 PM +M 6:23 PM -M	23 7:58 AM -XL 2:11 PM +L 7:42 PM -S	24 9:34 AM -XL 3:18 PM +L	25 10:21 AM -XL 4:17 PM +XL
26 11:03 AM -XL 5:08 PM +XL	27 11:41 AM -XL 5:53 PM +XL	28 12:10 PM -XL 6:34 PM +XL	29 11:57 AM -XL 7:04 PM +XL	30 12:08 PM -XL 7:50 PM +XL		

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JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 12:34 PM -XL 8:18 PM +XL	2 6:23 AM +S 1:05 PM -XL 8:46 PM +XL
3 7:08 AM +S 1:42 PM -L	4 8:02 AM +S 2:25 PM -L	5 9:19 AM +S 3:16 PM -L	6 10:59 AM +S 4:18 PM -M	7 5:46 AM -L 12:15 PM +M 5:38 PM -M	8 6:24 AM -L 1:30 PM +M 7:13 PM -S	9 6:27 AM -XL 2:45 PM +L 8:36 PM -S
10 7:09 AM -XL 3:54 PM +L	11 8:16 AM -XL 4:56 PM +XŁ	12 9:41 AM -XL 5:46 PM +XL	13 10:45 AM -XL 6:40 PM +XL	14 11:39 AM -XL 7:25 PM +XL	15 12:31 AM -XL 8:05 PM +XL	16 6:26 AM +M 1:25 PM -XL 8:41 PM +XL
17 7:26 AM +M 2:20 PM -XL	18 8:43 AM +M 3:01 PM -L	19 10:10 AM +M 3:53 PM - L	20 11:22 AM +M 5:01 PM -M	21 6:22 AM -L 12:44 PM +L 6:09 PM -S	22 7:53 AM -XL 2:01 PM +L 7:28 PM -S	23 8:55 AM -XL 3:09 PM +L
24 9:46 AM -XL 4:07 PM +XL	25 10:31 AM -XL 4:57 PM +XL	26 11:12 AM -XL 5:41 PM +XL	27 11:44 AM -XL 6:21 PM +XL	28 11:48 AM -XL 6:56 PM +XL	29 11:55 AM -XL 7:25 PM +XL	30 12:19 PM -XL 7:49 PM +XL
31 6:19 AM +M 12:50 PM -XL 8:09 PM + XL						

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AUGUST 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 7:07 AM + M 1:26 PM -XL 8:27 PM +XL	2 8:06 AM +M 2:11 PM -L	3 9:17 AM +M 3:08 PM -L	4 10:30 AM +M 4:10 PM -M	5 11:53 AM +M 5:47 PM -S	6 1:18 PM +L 7:12 PM -S
7 2:09 PM +L	8 7:02 AM -XL 3:50 PM +XL	9 8:32 AM -XL 4:48 PM +XL	10 9:44 AM -XL 5:39 PM +XL	11 10:41 AM -XL 6:22 PM +XL	12 11:34 AM -XL 6:59 PM +XL	13 12:25 PM -XL 7:31 PM +XL
14 6:35 AM +L 1:17 PM -XL 8:00 PM +XL	15 7:39 AM +L 1:55 PM -XL	16 8:38 AM +L 2:42 PM -L	17 9:45 AM +L 3:36 PM -M	18 11:01 AM +L 4:43 PM -S	19 12:17 PM +L 5:49 PM -S	20 1:32 PM +L 7:04 PM -S
21 7:50 AM -L 2:39 PM +XL	22 8:54 AM -L 3:43 PM +XL	23 9:44 AM -L 4:27 PM +XL	24 10:23 AM -L 5:11 PM +XL	25 10:50 AM -XL 5:48 PM +XL	26 11:07 AM -XL 6:18 PM +XL	27 11:31 AM -XL 6:41 PM + XL
28 12:11 PM -XL 7:07 PM +XL	29 12:39 PM -XL 7:13 PM +XL	30 7:19 AM +L 1:25 PM -L 7:30 PM +XL	31 8:14 AM +L 2:11 PM -L			

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SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:13 AM +L 3:11 PM -M	2 10:19 AM + L 4:32 PM -S	3 11:38 AM +L 5:45 PM -S
4 12:17 PM +L 7:02 PM -S	5 2:30 PM +XL	6 7:07 AM -XL 3:25 PM +XL	7 8:25 AM -XL 4:21 PM +XL	8 9:31 AM -XL 5:06 PM +XL	9 10:28 AM -XL 5:44 PM +XL	10 11:22 AM -XL 6:15 PM +XL
11 12:15 PM -XL 6:39 PM +XL	12 12:52 PM -L 6:59 PM +XL	13 7:32 AM +L 1:38 PM -L	14 8:28 AM +L 2:28 PM - M	15 9:27 AM +XL 3:27 PM -M	16 10:30 AM +XL 4:21 PM -S	17 11:36 AM +XL 5:23 PM -S
18 12:44 PM +XL	19 1:54 PM +XL	20 2:47 PM +XL	21 8:19 AM -L 3:38 PM +XL	9:08 AM -L 4:19 PM +XL	23 9:50 AM -L 4:53 PM +XL	24 10:29 AM -L 5:18 PM +XL
25 11:11 AM -L 5:39 PM +L	26 11:57 AM -L 5:51 PM +L	27 12:37 PM -L 6:09 PM +L	28 1:26 PM -M	29 8:09 AM +XL 2:22 PM -M	30 9:06 AM +XL 3:26 PM -M	

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OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 10:11 AM +XL 4:26 PM -S
2 10:30 AM +XL 5:33 PM -S	3 12:22 PM +XL	4 2:11 PM +XL	5 2:45 PM +XL	6 8:06 AM -L 3:36 PM +XL	7 9:12 AM -L 4:16 PM +XL	8 10:17 AM -L 4:49 PM +XL
9 11:05 AM -L 5:17 PM +L	10 11:54 AM -L 5:31 PM +L	11 12:42 PM -L 5:47 PM +L	12 1:34 PM -M	13 8:13 AM +XL 2:18 PM -M	14 9:04 AM +XL 3:05 PM -M	15 9:57 AM +XL 3:55 PM -S
16 10:51 AM +XL 5:02 PM - S	17 11:48 AM + XL	18 1:06 PM +XL	19 2:02 PM +XL	20 2:26 PM +XL	21 3:05 PM +L	22 9:07 AM -L 3:36 PM +L
23 10:06 AM -L 4:04 PM +L	24 10:55 AM -L 4:23 PM +L	25 11:47 AM -M 4:47 PM +L	26 12:47 PM -M 5:10 PM +L	27 1:34 PM -M	28 2:23 PM -M	29 9:04 AM +XL 3:14 PM -S
30 9:09 AM +XL 4:12 PM -S	31 10:13 AM +XL					

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NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 12:32 PM +XL	2 1:00 PM +XL	3 1:52 PM +XL	4 2;36 PM +XL	5 9:01 AM -M 3;13 PM +L
6** 9:02 AM -M 2:49 PM +L	7 10:07 AM -M 3:12 PM +L	8 10:54 AM -M 3:34 PM +M	9 11:35 AM -M 4:00 PM +M	10 12:16 PM -M	11 12:57 PM -M	12 1:40 PM -M
13 8:27 AM +XL 2:37 PM -M	14 8:35 AM +XL 3:17 PM -M	15 10:01 AM +XL	16 11:07 AM +XL	17 11:51 AM +XL	18 11:59 AM +L	19 12:38 PM +L
20 1:12 PM +L	21 8:55 AM -M 1:44 PM +L	9:55 AM – M 2:21 PM +L	23 10:46 AM -M 3:00 PM +L	24 11:34 AM -M 3:42 PM +M	25 12:20 PM -M	26 1:07 PM -M
27 1:58 PM -M	28 8:48 AM +XL 3:08 PM -M	29 9:36 AM +XL	30 10:23 AM +XL			

^{**}Daylight Savings time ended; times given in Pacific Standard Time to Dec. 31, 2022

S = Small — Under 7km/hr (5mph)	L = Large 13 — 20 km/hr (12mph)	+ = Flood (Incoming) Tide
M = Medium 7— 13km/hr (8mph)	XL = Extra Large – Over 20 km/hr	– = Ebb (Outgoing) Tide

Skookumchuck means "Strong Water." Tidewater is forced through Skookumchuck Narrows and forms the Sechelt Rapids. The difference in water levels between one side of the rapids and the other can exceed two metres (6.5 feet) in height. Current speeds can exceed 25 km/hr (15 mph). If it's big waves you're looking for, check out the "Flood Tide (+)," best seen from the Roland Point viewing area. The whirlpool activity is seen during the "Ebb Tide (–)" and can be viewed from the North Point viewing area. There is approximately a 20 minute window on either side of the "Best Viewing" times, so don't feel you need to be there right at the exact time – it's a process. This 8 km round trip hike on a well-developed trail with minimal elevation change, will take about one hour to walk each way. There are a few rough sections. Be prepared for darkness if "Best Viewing" time is near sunrise or sunset.

DECEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 11:08 AM +XL	2 11:50 AM +XL	3 12:30 PM +L
4 1:06 PM +L	5 9:02 AM -S 1:41 PM +M	6 9:55 AM -S 2:16 PM +M	7 10:39 AM -S 2:59 PM +M	8 11:17 AM -S 3:33 PM +S	9 12:04 PM -S	10 12:43 PM -M
11 1:25 PM -M	12 2:11 PM -M	13 8:31 AM +XL 3:00 PM -M	14 9:02 AM +XL 3:29 PM -M	15 9:32 AM +XL	16 10:05 AM +XL	17 10:41 AM +L
18 11:21 AM +L	19 11:59 AM +L	20 8:42 AM -S 12:54 PM +M	21 9:39 AM -S 1:48 PM +M	22 10:29 AM -S 2:40 PM +M	23 11:15 AM -S 3:29 PM +M	24 12:00 PM -M
25 12:58 PM -M	26 1:52 AM -M	27 2:43: PM -M	28 8:58 AM +XL 3:45 PM -L	29 9:34 AM +XL	30 10:10 AM +XL	31 10:46 AM +L

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