

Pro Chicken fitness: from a chick to a chicken.

Description: Pro Chicken Fitness aim to provide users with details workout plan meal plan. It's a social media for fitness. In this app, user can get suggested meal, suggested workout plan and contact with the coach you want. If you are a coach and struggle at finding your customers, Pro Chicken fitness can help you find them. The only thing you need to do is providing the price each month a customer need to pay for you, a brief decription about what you can give them and Pro Chicken Fitness can find them for you. No need traditional ways of contacting, this app can help you contact with your customers so you can check their progress and give advice.

Target users and enviroment:

- User:
 - the ones that need helps in their workout plan or the ones finding a coach.
 - The coach that want to find customers or creating helpful tips for the fitness community.
- Environment:
 - Web: users can easily check out their workout plan on the internet web app
 - Mobile app: users can a have a protable way to check out their plan and gain access to the notification system of out app.

Key features:

- Login/Register: user can login/register into the app and customize their profile.
 - Favourite ingredients
 - Available workout time: to help the app give suggested workout plan
 - User can like, share, comment
- Blog:
 - any user can create their own blog/page. The blog are status about them. A coach can leverage blog to produce fitness tips, workout tips.
 - All user can access to a blog and watch them.
 - Advanced features:
 - Other user can like, subscribe, and comments inside the blog
 - User can rate a blog. If a blog has high rating, it will come first in other users' newsfeed
- Coach enrolling:
 - A coach can be registered with daily workout fee each month.
 - A user can see and hire a coach with an explicit price (just like enrolling in a course). Every month, the user can pay the coach via the app instead of traditional payment today.
 - A coach can chat with users and suggest meal plan and workout plan for them.
- Calander:
 - Meal plan: the app can suggest meal plan for users based on their favourite ingredients. A coach can also request the ingredients and meals for users. The meal will contains details about the ingredients and calorie.
 - Wokout plan: a workout plan can be created by the coach if they have enrolled.

- At beginning of each day, app will notify users about today's work.
- At the end of each day, app will summerize about the total calories users have consumed and calories users have burnt. Therefore, calculating calorie deficit for users.
- Advanced features:
 - Suggest food base on A.I
 - Allow user to set their goal and calculating how long they will achive their goal.