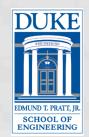# App Distribution Overview

- Your identity (certificate) is of type "iOS Development"
    - This allows you to load apps onto devices connected to your Xcode environment.
    - Provisioning profiles are updated automatically for you by Xcode, or you can register device in Member Center
    - You can managed your identities and provisioning profiles in Xcode -> Preferences -> Accounts
- To actually distribute an app, an "iOS Distribution" identity is required