



For Administrators:

PID: _____

We are interested in how you typically use various forms of media. Your name is not attached to the questionnaire, so please answer as honestly and accurately as possible.

PART 1

Please report the total number of HOURS PER WEEK you spend doing each of the following activities. For each response, please write a single number, NOT a range of numbers:

1. **Reading** (e.g., books, ebooks, comics, magazines, etc.): _____ *hours/week*
2. **Homework** (other than reading): _____ *hours/week*
3. **Watching videos, movies, TV** (on a TV, computer, tablet, or phone): _____ *hours/week*
4. **Listening to music, radio, audiobooks, other:** _____ *hours/week*
5. **Playing videogames** (e.g., on a video game console, phone, tablet, or computer): _____ *hours/week*
6. **Browsing the internet** (e.g., on a phone, tablet, ebook reader, TV, or computer): _____ *hours/week*
7. **Texting, using social media** (e.g., posting, reading, commenting, messaging, liking, sharing, etc.) **or Instant Messaging (IM):** _____ *hours/week*
8. **Talking on the phone or video chatting** (e.g., FaceTime, Skype): _____ *hours/week*
9. **Other computer activities** (e.g., coding, photo or video editing, etc.): _____ *hours/week*

PART 2

We're also interested in how often you multitask with media. For each question below, please mark the oval to share how often you use that type of media while ALSO using each of the other types of media AT THE SAME TIME. For example, if you spend a lot of time reading WHILE ALSO listening to music, you would mark the oval that says, 'Most of the time' next to 'Listening to music' below:

1. For reading (e.g. books, ebooks, comics, magazines, etc), indicate how often you simultaneously engage in each of the following activities: *

Mark only one oval per row.

	Never	A little of the time	Some of the time	Most of the time
Homework (other than reading).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Watching videos, movies, TV shows (on TV, computer, tablet, or phone).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Listening to music, radio, audiobooks, other.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playing video games (e.g., on a phone, tablet, video game console, or computer).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Browsing the web (e.g., on a phone, tablet, ebook reader, TV, or computer).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Texting, engaging in social media (posting, reading, commenting, messaging, liking, sharing, etc.) and instant messaging (IM).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking on the phone or video chatting (e.g., FaceTime, Skype, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other computer activities (e.g., coding, photo or video editing, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. For homework (other than reading), indicate how often you simultaneously engage in the following types of activities: *

Mark only one oval per row.

	Never	A little of the time	Some of the time	Most of the time
Watching videos, movies, TV shows (on TV, computer, tablet, or phone).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Listening to music, radio, audiobooks, other.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playing video games (e.g., on a phone, tablet, video game console, or computer).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Browsing the web (e.g., on a phone, tablet, ebook reader, TV, or computer).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Texting, engaging in social media (posting, reading, commenting, messaging, liking, sharing, etc.) and instant messaging (IM).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking on the phone or video chatting (e.g., FaceTime, Skype, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other computer activities (e.g., coding, photo or video editing, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. For watching online videos, movies, TV shows (on TV or streaming online); indicate how often you simultaneously engage in each of the following types of activities: *

Mark only one oval per row.

	Never	A little of the time	Some of the time	Most of the time
Listening to music, radio, audiobooks, other.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playing video games (e.g., on a phone, tablet, video game console, or computer).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Browsing the web (e.g., on a phone, tablet, ebook reader, TV, or computer).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Texting, engaging in social media (posting, reading, commenting, messaging, liking, sharing, etc.) and instant messaging (IM).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking on the phone or video chatting (e.g., FaceTime, Skype, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other computer activities (e.g., coding, photo or video editing, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4. For listening to music, radio, audiobooks, other; indicate how often you simultaneously engage in each of the following types of activities: *

Mark only one oval per row.

	Never	A little of the time	Some of the time	Most of the time
Playing video games (e.g., on a phone, tablet, video game console, or computer).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Browsing the web (e.g., on a phone, tablet, ebook reader, TV, or computer).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Texting, engaging in social media (posting, reading, commenting, messaging, liking, sharing, etc.) and instant messaging (IM).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking on the phone or video chatting (e.g., FaceTime, Skype, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other computer activities (e.g., coding, photo or video editing, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. For playing video games (e.g. on a smartphone, cell phone, tablet, iPad, video game console or computer), indicate how often you simultaneously engage in each of the following types of activities: *

Mark only one oval per row.

	Never	A little of the time	Some of the time	Most of the time
Browsing the web (e.g., on a phone, tablet, ebook reader, TV, or computer).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Texting, engaging in social media (posting, reading, commenting, messaging, liking, sharing, etc.) and instant messaging (IM).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking on the phone or video chatting (e.g., FaceTime, Skype, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other computer activities (e.g., coding, photo or video editing, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. For browsing the web (e.g. on a cell phone, iPad, tablet, ebook reader, TV or computer), indicate how often you simultaneously engage in each of the following types of activities: *

Mark only one oval per row.

	Never	A little of the time	Some of the time	Most of the time
Texting, engaging in social media (posting, reading, commenting, messaging, liking, sharing, etc.) and instant messaging (IM).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking on the phone or video chatting (e.g., FaceTime, Skype, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other computer activities (e.g., coding, photo or video editing, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7. For texting, engaging in social media (posting, reading, commenting, messaging, liking, sharing, etc) and instant messaging (IM), indicate how often you simultaneously engage in the following types of activities: *

Mark only one oval per row.

	Never	A little of the time	Some of the time	Most of the time
Talking on the phone or video chatting (e.g., FaceTime, Skype, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other computer activities (e.g., coding, photo or video editing, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8. For calling on the phone or video chatting (e.g. FaceTime, Skype, etc), indicate how often you simultaneously engage in the following types of activities: *

Mark only one oval per row.

	Never	A little of the time	Some of the time	Most of the time
Other computer activities (e.g., coding, photo or video editing, etc).	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>