30 Powerful Thoughts TO BOOST YOUR CONFIDENCE



- 1. I know how to learn, I can figure this out.
- 2. My success is inevitable and I'm moving in the right direction.
- 3. My past does not determine my future.
- 4. I am proud of my identity, I am authentic and unique.
- 5. My mistakes in English don't define me.
- 6. People are curious to hear what I have to say.
- 7. I am constantly improving and learning.
- 8. I am grateful for being able to communicate in English and I find joy in connecting with people.
- 9. My words matter.
- 10. I love and enjoy speaking English.









- 11. English is easy for me.
- 12. I'm always learning, never failing.
- 13. I'm funny and witty in any language.
- 14. I am 100% committed to my goals.
- 15. Every day I feel more confident in English.
- 16. I release all doubts and fears and I'm ready to communicate freely.
- 17. Interesting people are attracted to me.
- 18. There are no limits to what I can achieve.
- 19. I am making a difference in this world by communicating my thoughts and feelings in English.
- 20. My vocabulary is constantly expanding.
- 21. I am able to speak clearly and confidently in English and still feel like myself.
- 22. I'm unique, valuable and highly intelligent.
- 23. I create daily opportunities to speak and connect in English.
- 24. I fully accept myself.
- 25. I am worthy of living the life I want to live.
- 26. Every mistake is an opportunity to learn.
- 27. I'm becoming better and better in English every day.









- 28. I love and enjoy speaking English.
- 29. Opportunities come to me whenever I speak English.
- 30. I am exactly where I need to be.

If you're ready for even more tools to build powerful thoughts and transform the way you think and feel in English, join my audio course, My English Mindset.

My English Mindset is designed to help you build confidence, ease, and a sense of ownership in English - in 30 days, in less than 10 minutes a day.

It's not about grammar, pronunciation, or vocabulary.

But it's all about using your voice, speaking with confidence and showing up unapologetically in English.

Join My English Mindset today









