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Dear readers of this anthology,

Welcome! I am so grateful and happy to see that you have chosen to dive deeper into the world of poetry, the world of resonating and liberating your inner world of thoughts through paper and pen, through lyrics and music. Maybe it is because you are bored and have nothing to do with your free time. Maybe you are immersed in your feelings and need poetry to accompany you. Maybe you are a poet and need inspiration for your next great poem. Either way, welcome to my anthology. Let's first explore what poetry is and how this anthology is built upon that ideology.

Poetry is like having a BFF that you can always turn to when you need to vent or express your feelings. It's a way of getting your thoughts and emotions out in the open while adding a touch of

beauty and creativity. [Reading and?](#) Writing poetry can help you tap into your deepest self and express yourself in a way that feels genuine and meaningful. With each word and line, you're painting a portrait of your inner being, showcasing the complexities and richness of your personal world.

Poetry is an effective way of finding comfort and inspiration during difficult times or celebrating life's victories. Sharing your poems with others can bring you closer to others, creating a sense of camaraderie and understanding. In this way, poetry is not only a form of personal expression but also a way to connect with others and promote empathy across different backgrounds.

Poetry comes in many forms. Even though the terminology seems academic, we have been familiar with poetry since birth. Poetry is the nursery rhymes, the ABC's song. Poetry is written in literature and exists in lyrics. Poetry has touched the life of every person on Earth, and to each person, poetry has its own meaning. Many scholars have attempted to allocate a clear definition for poetry. Some describe it as follows: "Poetry is a type of literature based on the interplay of words and rhythm. It often employs rhyme and meter (a set of rules governing the number and arrangement of syllables in each line). In poetry, words are strung together to form sounds, images, and ideas that might be too complex or abstract to describe directly." (*Poetry: Definition and examples*). Generally, it does sound comprehensive and reflective of how most poetry is formatted. But it simply stops at that: format. Obviously, the statement is not wrong, but it sounds so out of touch with our humanity and excludes the emotional spectrum. A whole dimension of aspect was disregarded by that definition. Poetry is so much more complex than just an employment of rhyme and meter. In the simplest but most elegant terms, the condensation of feelings and emotion expressed through the ink onto the paper is poetry. Whatever you write,

even if conveyed the heaviness of your emotions, is beautiful enough to be classified as poetry. In other words, poetry is feelings written on paper.

Observe how the majority of poems possess a rhythmic and melodic quality, much like music, which serves as a powerful medium for self-expression. Might it be that human emotions are inherently attuned to musical resonance? Research has demonstrated that music and poetry were once interwoven, exemplifying the deep connection between the two art forms (Francis, Verbal Art Across Language and Culture: Poetry as Music - Neohelicon). Indeed, music is poetry, and poetry is music, as reflected in the nuances of our verbal communication. While plain words can be easily pronounced, mere pronunciation fails to inspire thoughts, incite action, or soothe the soul. It is only when our language is imbued with tone, color, and a sense of musicality that our emotions are truly captured. Music allows us to resonate with our passions, which are frequently conveyed through poetry.

This anthology stands as a testament to this profound interrelationship. In the ensuing pages, it is my aspiration to demonstrate the remarkable and encompassing power of poetry and music to stir the soul, while eloquently transmitting the authors' emotions to their audience.

First and foremost, poetry is a form of higher expression (Foster, Poetry and emotive meaning). Sometimes, ordinary words and sentences cannot convey fully the emotions that we go through. It is sad to admit that our vocabulary is not and may never be developed enough to intrinsically deliver our vehemence. That is where poetry comes in, and that might be the reason why poetry was born. Poetry innovates our conventional way of communicating by introducing a musical tone.

The best integration of music and poetry is rap. Rap has the rhythm of the beat, and the rhymes of the lyrics – the perfect combination of music and poetry. Because of this, rap bears astonishing resemblance to poetry. Some of the most artistic people in the world are exceptional rappers. Rap best represents the main ideology of this anthology. Because of that, we will dive into how rap and poetry share similarity and see how rappers and poets are, in essence, the same.

Forrest - a young, evocative, and talented artist - masterfully demonstrates the intricate relationship between music and poetry in his work. His compositions serve as powerful examples of how the two art forms can be intertwined to create a compelling emotional landscape. First and foremost, Forrest's lyrics showcase a poetic sensibility, brimming with vivid imagery, metaphors, and symbolism. He is well-known for having a vibe of romantic, naivete and positiveness in his lyrics that elevates good mood. These poetic devices serve to elevate the narrative within his songs, enabling listeners to delve deeper into the themes and emotions he explores. Through carefully crafted verses, Forrest invites his audience on an emotional journey, allowing them to see the world through his eyes and fostering a sense of connection and empathy. Moreover, Forrest's music possesses a unique melodic quality that complements and enhances his poetic lyrics. The harmonies, rhythms, and instrumentation are thoughtfully arranged, creating a soundscape that resonates with the listener and underscores the emotive power of his words. This synergy between the poetic and the musical element of his work demonstrates Forrest's ability to effectively communicate complex feelings and ideas, touching his audience on a profound level. In addition, Forrest's vocal delivery is characterized by a distinctive cadence and expressiveness, further emphasizing the poetic nature of his music. The artist's voice serves as an instrument in itself, imbuing each word with emotion and nuance, ultimately bringing the poetry to life. By seamlessly integrating poetry and music, Forrest

exemplifies the notion that these art forms are indeed interconnected. His work transcends the boundaries of traditional songwriting and offers listeners an immersive, emotive experience that showcases the transformative power of poetry in music. ¶

Forrest is just an example of the positive expression of emotions and feelings. Many other artists, like Honeypie and Dawin, follow suit. ¶

Contradictory to Forrest's upbeat melody and childishly romantic lyrics, Powfu, a young rapper, uses poetry to convey an emotion of sadness and melancholy. One of his most famous songs is "deathbed". Powfu's hit single "death bed" is another prime example of how poetry and music can intersect to create a resonant and affecting composition. The song's lyrics are poetically crafted, touching on themes of love, loss, and the passage of time. Powfu's use of imagery and metaphors within the lyrics imbues the song with a poignant and emotive quality. Lines such as "Don't stay awake for too long / Don't go to bed / I'll make a cup of coffee for your head" create a vivid sense of intimacy and tenderness between the song's narrator and their subject. The song's refrain, "So, baby, don't you cry / As long as we have each other / We'll never say goodbye," further emphasizes the connection between the two individuals and highlights the song's themes of love and loss. In addition to the poetic lyrics, Powfu's musical composition underscores the emotional weight of the song. The stripped-back instrumentation, featuring a simple guitar riff and subtle beats, allows the lyrics to take center stage, intensifying their impact. Powfu's gentle, conversational vocal delivery further amplifies the song's emotional resonance, imbuing each word with a sense of longing and vulnerability. Overall, "death bed" is a poignant example of how poetry and music can come together to create a deeply affecting composition. The song's poetic lyrics, emotive vocal delivery, and understated musical composition combine to produce a moving and resonant piece of music.

Both Forrest and Powfu are exemplary artists of the young generation. In this hectic era, gen Z-ers who are struggling to secure a place in life, to climb the corporate ladder, to pursue financial independence, often neglect their mental well-being. As a result, many have fallen into depression and have a dark and pessimistic outlook on life. What is so admirable about the work of Forrest and Powfu is that they have healing power. Their music touches the soul of young people in a way as a cue to be more aware of your internal battle, to take care of your inner self, to be more in touch with your feelings, and to take time to heal. Even though the theme of the artists does not directly instruct listeners on how to take care of their mental health, its sense of happiness or melancholic emptiness reminds them to take it slow, life is so beautiful and so much more than just work. Forrest reminds us that being in love is beautiful and deliberating, while Powfu reminds us that health and depression is not something to be indifferent about, especially at a young age. In a way, their poetry acts like an anchor, keeping listeners from drifting along the storm that is called “life”.

Sometimes, a normal statement can be categorized as a poem. There is nothing wrong with doing so, it is just that it is a little bit too convenient, and too easy. If any statement can be a poem, then anyone can be a poet. This anthology sets its standards unconventionally higher. A good poem is one that has rhyme, and in this anthology, every piece of poetry has rhymes and musicality in its nature. It is the rhyme and the musicality that makes poetry stand out from other forms of literature. Rhymes play an important role in leaving a mark in the readers’ heart.

Firstly, rhyme creates a sense of musicality in poetry. It does that by saturating a poem with a melodious sensation that makes it more enjoyable and memorable. This musicality can enhance the emotional impact of the poem, as the rhythmic pattern created by the rhyming words evokes feelings and emotions that reside inside the audience. This link between sound and emotion is a

fundamental aspect of human experience, making rhyme a powerful tool for poets to convey their message.

Furthermore, rhyme helps to the coherence and structure of a poem by assisting the author in organizing his or her ideas and feelings in a cohesive manner. The poet can create a feeling of order and coherence that helps the reader or listener to follow the narrative or emotional arc of the work more readily by utilizing a regular rhyme scheme. This form can make the poetry more approachable and understandable to the audience, allowing them to connect more intimately with the author's feelings.

Rhyming poems are already more special than other forms of poetry because of the chemistry between the science behind the brain and rhythm. Rhyme can serve as a mnemonic device, aiding in the memorization and recollection of poetry. The repetition of sounds in a rhyming poem makes it easier for the reader or listener to remember the words and their meaning. This aspect of rhyme strengthens the connection between the author and the audience, as the poem's message and emotions become more deeply ingrained in the reader's or listener's mind. Rhyming leaves a sense of reverberation for the readers, making a long-lasting effect that stick to the audience to the end of life.

Rhyming poems are much more playful to read, thus it requires a creativeness in order to create such a poem. Rhyme can add an element of playfulness and creativity to a poem, as poets often experiment with language, word choice, and sound to create unique and engaging rhymes, i.e., wordplay. We see wordplay many times in poetry. Wordplay can make a poem stand out from the rest, and make an impression to the readers. This playful aspect can make the poem more enjoyable and captivating for the audience, inviting them to explore the language and emotions



more deeply. By engaging the reader or listener in this way, the poet can foster a stronger connection between their emotions and the audience's experience.

A piece of writing can never be a poem just because it rhymes. For a poem to be what it is, the author's intention must be recognized. But it is so broad to define recognition. In this anthology, a poem is recognized when the person reading the piece feels a mental connection to the author. For that to be the case, poetry should be a confession – an intimate sharing of thoughts, emotions, and experiences that transcends the boundaries of time and space – between the authors and the readers/listeners, in essence. This connection is vital for the young generation, as it provides a platform to explore the complexities of human experience while navigating the unique challenges of the modern era.

Poetry's ability to disclose the author's deepest thoughts and emotions is one of its most fascinating aspects. Poets frequently employ the written word as a therapeutic form of self-exploration, exposing their vulnerabilities to the audience. This unvarnished depiction of the human experience fosters closeness between the poet and the reader or listener, allowing for a more in-depth comprehension of the author's emotions and thoughts. Moreover, poetry is a conduit for empathy and emotional resonance. When the audience connect with a poem, they are not only empathizing with the poet but also drawing upon their own personal experiences and emotions. This connection fosters a sense of community and understanding, bridging the gap between individuals, and fostering a shared human experience.

More than ever, this anthology is relevant to the contemporary social dynamic because it refers to the unique issues and experiences that young people confront nowadays. The current day can be overwhelming and perplexing due to rapid technological breakthroughs, the advent of social media, and the constant flood of information. Established above, poetry is a reminder, a speed

bump to slow down the hassle lifestyle and allow young people to absorb their experiences and make sense of the world around them.

Poetry also provides a forum for self-expression and self-discovery. Poetry allows young people to explore deeper into their thoughts, feelings, and experiences in a world where identity and self-worth are often related to superficial markers of success. Poetry allows today's youth to better understand themselves and the world around them, generating a sense of personal growth and development.

Furthermore, poetry lends itself particularly to addressing and investigating complicated social and political topics. Poets can use metaphors, symbolism, and other poetic tropes to address difficult subjects such as race, gender, and social inequity, making them more accessible and interesting for today's age. Young people can become more aware of the larger social and political scene by interacting with these subjects, enabling them to engage in meaningful conversations and drive positive change.

Poetry serves as a powerful medium of communication and confession between the author and the audience, offering an intimate and profound connection that is both timeless and deeply relevant to the young generation. As young people navigate the unique challenges of the modern era, poetry provides an essential platform for self-discovery, empathy, and social awareness, helping to foster a more connected and compassionate world.

That is the introduction to my anthology. I have personally hand-picked these poems that embody the virtues of what poetry is. I hope that by reading the poems and listening to the songs in this anthology, you will have a more positive outlook on life, and we will form an invisible bond that will last. Now go and emerge yourself into this amazing world of poetry!📖

Harry¶

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I admire the generous and welcoming tone of the anthology project, but as I write in a marginal note on p. 4, I'm concerned that your definition—"poetry is feelings written on paper"—is too broad. See that marginal note for more specifics regarding that concern, as well as subsequent notes that identify departures from that definition, such as when you argue that music and poetry are synonymous, or when you discuss both the lyrics of a song and its instrumentation. I come away from the essay uncertain as to what exactly your ideas of poetry and "good poetry" are, in part because of these unexplained contradictions. Your work on rhyme might be one way to resolve some of these issues, narrowing your definition to works (poems, songs, even mnemonic devices) that rhyme. But as of now I don't see how this section fits into the rest of your definition or criteria. I would encourage you to reconsider your definition and criteria such that you provide a clearer, more consistent sense of what is or isn't poetry, as far as you're concerned. Then I would encourage you to look closely at more of your examples so as to demonstrate with models what for you qualifies as the best poetry. Please see my marginal notes for more specifics, and please let me know if you have questions.¶

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