

HOW TO JOIN

1

Register on the Platform

2

Complete Payment

3

Fill Your Questionnaire

4

Trainer Creates Your Plan

5

Start Your Training Journey



SCAN TO JOIN NOW

YOUR JOURNEY STARTS HERE

Transform your body with science-backed training and nutrition. Our certified trainers design personalized programs tailored to your goals.

- ✓ Certified Expert Trainers
- ✓ Personalized Approach
- ✓ Scientific Methodology
- ✓ Proven Results
- ✓ Ongoing Support



FIT WITH DY

**REAL
TRANSFORMATION.
REAL RESULTS.**

Elite coaching. Discipline. Results.

START YOUR TRANSFORMATION

WWW.FITWITHDY.COM

WHY CHOOSE FIT WITH DY?

- ✓ Personalized Diet Plans designed for your body type and goals
- ✓ Custom Workout Programs created by certified trainers
- ✓ Real-Time Progress Tracking with metrics and analytics
- ✓ Transformation Monitoring through photo documentation
- ✓ Direct Trainer Support for guidance and motivation
- ✓ Scientific Nutrition System backed by research
- ✓ Flexible Subscription Plans to fit your schedule
- ✓ Digital Platform Access from anywhere, anytime

WHAT YOU GET

-  Complete Diet Plan Access
-  Custom Workout Program
-  Progress Dashboard
-  Photo Transformation Tracking
-  Direct Trainer Feedback
-  Subscription-Based Coaching
-  Supplement Guidance
-  24/7 Platform Access

YOUR GOALS. OUR EXPERTISE.

EVERYTHING YOU NEED TO TRANSFORM

TRANSFORMATION SYSTEM

1

JOIN THE
PLATFORM

2

COMPLETE
QUESTIONNAIRE

3

RECEIVE
CUSTOM PLAN

4

FOLLOW THE
SYSTEM

5

TRACK YOUR
PROGRESS