

HIPAA Privacy Policy

1. Your Rights Under HIPAA

You have the right to:

- Request access to your health records
- Request correction of incorrect or incomplete information
- Request restrictions on certain uses or disclosures
- Receive a list of disclosures made about your health information
- Receive a copy of this privacy policy at any time

2. How We Use and Disclose Your Information

We may use and share your information:

- With your authorized therapist, only if you grant access
- To provide app features such as mood tracking and mental health insights
- To comply with law, including court orders and law enforcement requests
- For health oversight activities, such as audits or investigations
- With third-party service providers only as needed to deliver services, and always under strict confidentiality agreements

3. Your Consent and Authorizations

We require your explicit consent to:

- Authorize therapist access to your mood and journal data
- Authorize MoodPrints to collect and process your emotional and behavioral data

You may revoke this access at any time:

- Revoking therapist access will prevent your therapist from viewing or receiving your health data.
- Revoking MoodPrints access will disable mood tracking and chat features and may trigger automatic

account deletion within 10 days unless access is restored.

4. Data Protection and Security

We implement physical, electronic, and procedural safeguards to secure your personal health information,

including:

- End-to-end encryption
- Secure authentication
- Enforced access controls
- Regular security audits

5. Changes to This Policy

We may update this policy from time to time. All changes will be posted within the app and will be effective upon posting.

6. Contact Information

If you have any questions about this policy or your privacy rights, please contact us at:

Mood Prints